

June, 1905.

the girls have white gowns. Nothing is so sweet as a young girl in a clean white frock, no matter how plain it may be. And they can only be girls once and white frocks and pretty hats are a part of the happiness of girlhood. Any girl of twelve ought to be able to iron her own white dress and I am sure given the choice will learn to iron it rather than go without.

Light Skirts and Dark Waists.

One of the fads of the moment, but one that is both pretty and useful, has been brought in by the women of Paris to whom be thanks. This is a waist of satin or silk with a skirt of wool of a very much lighter shade. Sometimes, to give the effect of a complete costume, some slight decoration of the same shade as the bodice, is placed on the skirt, but more often the bodice is made in the form of a little house coat and the gimpe or chemisette is of the shade of the skirt. This fashion opens up another possibility that was in favor some years ago and that is the wearing of dark blouses with white skirts. A blouse of dark blue or deep buff or pink can often be worn with a white linen or vesting skirt that would not look quite fresh enough with a white waist.

Lustre Bloomers.

There is nothing that adds more to the washing and ironing account than the wearing of washing undershirts, and there is nothing more tiring to the woman doing her own work than the wearing of petticoats. Let me make a suggestion to the woman that does her own work. Do not wear any petticoat. Do not be shocked; you would not wear petticoats riding a bicycle and why should you wear them over your housework. Get two and a quarter yards of grey lustre and make a pair of bloomers, (any good pattern house furnishes patterns for these), and put the full width of the goods into the leg, gathering or pleating it into the band that comes just below the knee. Fit the front with darts and leave the back the full width and pleat into the band. The band of the front should go right round the waist and button at the back, allowing the back to button at the sides. Put a little flap of the goods on the fronts at each side so that when the back is buttoned up the spares at the sides will be entirely closed. These bloomers are very light and cool and all that is needed under them is a pair of thin white drawers, the woven ones are best because they are easy to wash and require no ironing. The bloomers should be seamed first on the right side and then on the wrong so that there may be no raw edges and it is well to face them in the breech with some thin cotton. A pair made in this way will last an entire summer and the woman who has had them once will never be without them.

A skirt of dark blue duck is a good one for a house skirt because it can be washed, but will not soil easily. A house skirt should be at least four inches clear of the ground and six is better. In house cleaning time let the woman who has to hang curtains and pictures leave off her skirt and work in blouse and bloomers. She will look perfectly neat, modest and respectable and oh, the amount of nerve wear she will be saved in holding up skirts while attempting to climb ladders. The bloomers made in this way and of this material are full and stand out like a skirt, indeed at a little distance they cannot be told from a short full skirt, but the comfort of being able to walk up a ladder or up stairs without holding up a skirt is not to be overestimated. The lustre does not hold the dust and as it never touches the skin is not soiled so as to need washing. Do not buy a cheap lustre unless you want to make the bloomers twice in a season. A lustre that retails at 60 to 75c. per yard will be about right, but it is better to pay a little more and get what will last long and continuous wear.

The woman who has to do much housework, nothing could be better than bloomers, as the bloomers never get on the grass as do undershirts. A clever doctor friend of mine once said that more women died of overwork than did of overwork, and

though it was said in jest there is a good deal of truth in it. Every added band round the waist puts a further strain on the back and kidneys, two of the places where women doing housework give out very frequently.

Parasols.

There surely was never a season when parasols were so pretty and so reasonable in price, as they are this year. For wear with silk or fine wool or lustre shirtwaist suits there are parasols of dark shot silk to match or harmonize with the gown; these usually have hemstitched edges headed by clusters of narrow stripes of the lighter shade in the shot silk, of which the main body is composed. One of the most useful parasols is that made of Tussore, Shantung or Pongee silk in the natural color. These are good form with almost any gown and are very cool in hot weather. Red parasols, in the shade known as geranium, are more popular than they have been for years, and they can be worn with almost any shade of summer gown, except pink or yellow. The Lancashire folk say, "a red cloak looks grandly (grandly) in a green field," and a red parasol is infinitely prettier in the country than in the city. There is one thing to remember, however, and that is, do not walk out with a red parasol if there are cattle running loose. The bull and all his descendants, male and female, consider a red parasol the most deadly insult, and are unpleasantly apt to avenge themselves upon the carrier thereof. If you are able to afford three parasols, and really it is not a heavy extravagance, have a dark green or blue shot silk, a red one of either silk or any of the fine silk finished cotton goods, which are quite as pretty, and one of Shantung silk. Have natural wood handle in all of them, as they are the smartest. One of the new inventions that adds much to the appearance of the handle is to have the metal rod now put in the frames of all good parasols, incased in bamboo. This adds little to the weight and much to the appearance. Be careful to dust parasols carefully and hang up in a closet when not in use. Dust cuts as well as soils them, and tight rolling up to put in cases also tends to early cutting of the silk. If you are limited to one parasol, choose a soft black silk, this is always good form and will do for any and all occasions.

Boots and Shoes.

Fra Elbertus, of East Aurora fame, once said in an after dinner speech, that the only claim to fame that Bok, editor of the Ladies' Home Journal, had, was that he enunciated the gospel that "a widow should never wear tan shoes." These are the sayings of mere men when they try to be funny. Tan boots are in and they are in to stay. The favorite shade is almost a brown, but even champagne shades are greatly in evidence. The new feature about the tan shoes is the enamelled leather. This is fine, because it can be worn for a season and requires no attention but wiping with a damp cloth and rubbing dry.

When tan boots were in before they were not considered dress, this year they are distinctly a dress boot or shoe, as the case may be, and look particularly well with the silk shirt waist suits I have been writing about. The stockings and gloves should, however, always match the shoes, to be in good taste. I have written at some length about the tan shoes because I know the proneness of the merchant in country towns to say that a thing is not fashionable if he does not happen to have it in stock. There is no mistake, tan boots and shoes are the proper thing and they are very cool and much easier to keep clean than black shoes. For very hot weather there will be a revival of the canvass shoes and these will be shown in white, grey and fawn. They are very daintily made and in addition to being comfortable, look dressy. In closing, I would like to say a word to the woman who has to be on her feet a great deal. Have rubber heels on every pair of boots and shoes you

own and more especially those you wear in the house. They will add 50c. to the price of every pair and they will add 25 per cent. to the life of your shoes and still deduct 50 per cent. from your weariness in standing and walking. A rubber heel to your shoe is like the buffer in a car, it prevents the jar, it is also like an air cushion, and give a certain buoyancy in walking.

Colt Shook Ram.

The following is a little incident which came under the observation of the writer: Two young horses have been kept in a pasture with a number of cows and a year old calf, and they were accustomed to come up to the gate every night with the cows, the older leading the line and the younger bringing up the rear. Owing to a want of water in their own pasture some sheep were brought to the one in which the horses and cows were kept, and these sometimes followed the cows when they came at night to be milked. One night they did so, and when all the animals were standing together the ram butted the calf, which could not defend itself, and the older colt, going over to it, seized the ram by the wool on its back and lifting it entirely off the ground shook it vigorously. He then placed it on the ground and it quickly ran away, while the horse continued to stand guard over his friend.—Dumb Animals.

Light is the only protection against darkness.

When a man begins acting as if he thought he were a great deal better than anybody else, somebody else has given him ground for that conviction.

Beauty

is as much the art of the hairdresser as it is a gift of nature. Women who would acquire and retain that perfect pose which is the glory of beautiful womanhood of all ages should not delay until a personal visit can be made to Winnipeg, but should order our artistic hair goods by mail now. We guarantee satisfaction or refund your money.

Switches made up out of your own combings, also dyed and repaired. Price from \$1.00 up. Natural wavy switches, 20 inch, \$5.00. Natural wavy switches, 24 inch, \$5.00. Straight switches from \$1.50 up. Light fluffy pompadour, woven on net, from \$1.50 up; ventilated on vegetable net, \$5.00 up. Write us particulars today.

Seaman & Peterson, 276 Portage Avenue, Winnipeg, Man. NEW YORK HAIR STORE.

"Flourfax" Fables

The Honest Flour Barrell and the Farmer's Wife.

Once upon a time an honest flour barrell was sent out to a farmer's house, full of flour—the wise wife looked the barrell over carefully and then said to her husband—

"I don't think this is the flour I wanted—I don't see 'Royal Household' on it."

"No; it ain't 'Royal Household,'" said the farmer.

—but it is just as good

—for the grocer said so.

—when I asked him for 'Royal Household' he recommended this kind, saying it was just as good, but didn't cost as much, so I said I'd try it."

"I wish you had done as I said,—I don't think much of these 'just as good' grocers any way—I want the flour that is purified by electricity, for I believe it is healthier. However, since we have got this, I suppose we might as well use it," and she had the barrell rolled into the pantry and opened up.

"Looks pretty good," she said to herself.

"Madam," spoke up the Honest Flour Barrell, "even flour experts can't tell about flour just by looking at it. Any flour, if there is no other flour to compare it with, looks white and nice—but if you bake it into bread and then bake 'Royal Household' into bread you can see the difference."

"Now, the truth about this flour is, it is made of cheap wheat, in a cheap mill, by a cheap process. Flour that is not highly purified contains a lot of stuff that isn't flour, and the process of taking all of it out is expensive—that's why pure flour costs more."

"Pure flour is worth all it costs, and more too. If you knew the whole truth about flour, you'd send me back and get 'Royal Household.'"

And the Honest Flour Barrell, having said its say, subsided, but after the first baking, back went the barrell to the grocer and "Royal Household" Flour was sent in its stead.

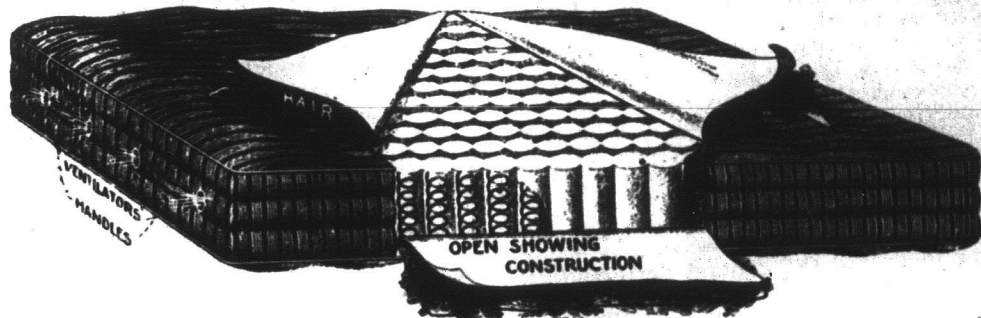
—now the Farmer's Wife uses "Royal Household" and nothing else.

—and the grocer doesn't sell the "just as good" flour any more.

Any reader may have the "Royal Household" recipes free by sending name and address to the Ogilvie Flour Mills Co., Ltd., Montreal.

Now comes a scientist with the claim that kissing is healthy. Will it not be wise to get this question settled once for all before the vacation season begins?

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