spending a month, crowds turned out daily to see her wheel, and at her home in Conmiration from others, as she may do when naught Place, London, there are always to riding or driving." be seen little groups of women waiting for

athlete. Of fine, slender figure, she did not need to take violent exercise, and that "There's no knowing a woman." But as Lady Randolph Churchill herself explained it to me, "My husband was not well enough for any outdoor exercise besides driving, and I would not go without him,

The improvements which Lady Churchill has made in wheeling circles since she

gan to ride are important ones.

One of the best is the ankle practice She advocates and even instructs her friends im bending the ankle to make it supple. An hour's practice working the foot at the ankle joint each day will limber it up and ling, but also in walking With a supple ankle the pedal need never be struck a the select parks- But Lady Randolph

my lady is in the matter of coasting. She is saying much for a woman who has has an ingenious pose upon the wheel that takes the feet off the pedals, yet does not be given to her in other fields. raise them too far to allow them to be too quickly put in place again should obstacles

When asked about the morale of bicycl-My Lady to come out and take her place ing—that ridiculous ques in raised by a upon the wheel. upon the wheel.

The interest which Lady Randolph
Churchill takes in cycling is a surprise to
her friends because she has never been an
her friends because she has never been an

It is claimed that bicycling gives entershe should now wheel persistently sends tainments to young and old, grandmothers them shaking their heads and saying, and grandchildren. With a woman so beautiful as Lady Randolph Caurchill all question of age is put aside; but when one comes down to cold facts one finds that she was born in 1858, and that, therefore, her years must be on the other side of 40. otherwise I should have taken to the wheel Nevertheless' she is now at this minute one of the most beautiful woman in the world, and her great skill upon the wheel shows her to be as young in action as in

In America the woman of society have elevated by it; but in Lonon, while the street have been full of cycles, the royal make the member not only better in cyc- ladies, who set the fashions here, have violent b'ow atter it has turned—as so Churchill comes out openly, and a bonny many cyclers practice wrongly.

Another of the improvements made by is the fairest cyclienne of Lonon, and that

THE DEAD MAN AT THE WHEEL.

quickly put in place again should obstacles arise. This is an ankle pose, quickly learned by lifting the feet and holling them in the air, one, two, and three minutes at a time, without either extending them or drawing them very close to the body.

The number of hours for cycling a day, the best time to ride, and the necessary rests have all been considered by her ladyship, who practised with the Princess Louise in the Royal Gardens many hours a day at first. After much experience both ladies agree that the best time to ride are in the morning and after the early 4 o'clock tea. At these hours there are fewer vehicles in the streets, and the air is cooler, clearer, and more removed from the distempering or the lassitude of midday. In the matter of exercise after eating, both ladies find that it is no harm to cycle immediately after meals, as the exercise of the limbs in no way interferes with digestion, while the variety of scene even aids this function.

Lady Churchill wheeled at first because

SOCIETY ON THE WHEEL, the America, "just how" Jennie looks and how she passes her time in her social regarded to the America and the America a

Relations That Results in Occasional Embarrassing Episodes.

The embarrassments and annoyances incident to the existences of a man, whose stomach is occupied by a barstone frog, with a propensity for demanding recogni-tion at any time, under any circumstances, will readily suggest themselves. Yet this is precisely the predicament in which James Foley of Wheatland finds himself. One evening recently he was sitting with his family playing dominoes, when a pecu-liar grunting sound made the children jump. "What's the matter James; aren't you

well?" inquired Mrs. Foley.
"Why, I didn't do that." "Yes, you did, James. I heard you.

"Yes it comes from me, sure enough he was forced to admit. Like a flash his mind grasped the true state of affairs; he must have swallowed something in the drinking water, and it had grown inside

He has now brought suit against Pailip C. Dicki son to recover \$5,000 for damages to the plaintiff's health, alleged to have been caused by drinking impure water furnished by the defendant. The Foley and Dickinson farms adjoin, and Foley paid his neighbor \$12 a year for the privilege of using water from the latter's

Mr. Foley claims that the animal inside

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ousness of the material and its capacity both for absorbing water and parting with what it has one of which tends to make it

what it has one of which tends to make it dull and the other chalky and opaque.

They have been known to be carefully cut and laid away, and upon opening the paper had crumbled into dust within a tew weeks. A species of opal known as the hydrophane, found in small quantities lately in Colorado, has wonderful powers of absention. In its yound state it is at yallow. sorption. In its usual state it is of yellowish, waxy tint, but when water is dropped u, on it the tint passes slowly away and from being translucent it becomes transparent. On exposure to the air the water evaporates in an hour, leaving the stone as it was before."—Washington Post.

## Have you been drinking again 2" Mr. Foley was in the act of making a most empathic denial, when the sound was

Allow your Dealer to Recommend Something Else.

people testify in favor of Paine's Celery Compound; such letters cannot be shown by the proprietors of the medicines you are asked to avoid.

TORTUBE OF CRIMINALS.

Dole's date was 1611. The next notable bune. instance of the use of torture was in 1692,

Consumption of Spruce Lumber.

The consumption of spruce in the manu-

Trans-Siberian Rulway, contains greatest spruce forests in the world, and Tortube of Criminals.

Not Confined to Europe but Used in the Early Days of America.

The constitution of the United States and of the various States, in prohibiting cruel and unusual punishments, were not fighting an absurdity. The use of torture in legal processes was not, when these instruments were framed, so remote as it is now.

When Sir Thomas Dole came as High Marshal to Virginia he crushed a conspiracy by killing the ring leaders by torture.

One had a bobkin thrust through his tougue and was chained to a tree until he died, others were broken at the wheel. It is quaintly stated that Sir Thomas was "a man of good conscience and knowledge in divinity."

Dole's date was 1611. The next notable

The Public Often
Imposed On.

The Public Often
Imposed On.

Proprietary Medicines
and Pills that are
Utterly Worthless.

When you ask for Paine's
Celery Compound do not
Allow your Dealer to

Dole's date was 1611. The next notable instance of the use of torture was in 1692, in the Salem witchcraft excitement, when Giles Cory was pressed to death—the "peine dure et torte," the most horrible of deaths. A far worse instance was the burning of the negroes at the stake in New York, already described in these columns. Throughout the early colonial period the use of the stocks "cage," and pillory was common, but these were torture only to the sensitive spirit. A sim'lar device is the cangue, or plank nacklace, four feet square, which Chinese prisoners still carry.

Executions were in public throughout the East until comparatively recent times. When Quelch, the pirate, and six others were hanged in Boston, Sewall wrote in list diary: "When the scaffold was let to sink there was such a screech of the Woman that my wile heard it, sitting in our intry next to the orchard," though the gallows was a mile away and the wind unfavorable.

Consumption of Spruce Lumber.

There is no poetry outside of it. And the poetry has all the more chance to live long

The consumption of spruce in the manufacture of paper pulp increases at the rate of over a hundred million logs a year. Half of the spruce lumber in the United States has already been consumed. Where the future supplies are to come from begins to be a serious problem. At this rate it will not be long before the somewhat limited areas upon which the spruce grow will be entirely denuded. Other woods may be found to supply its place in pulpmaking, though none so good has yet been petted and loved.—Max O'Rell. in French matrimonial life because

cooler, clearer, and more removed from the distempering or the lassifuls of mid-day. In the matter of exercise after eating, ooth ladies find that it is no harm to cycle immediately after meals, as the exerties of the limits in a way interteres with digestion, while the variety of seeme exeties of the limits in a way interteres with digestion, while the variety of seeme exeties of the limits in a way interteres with digestion, while the variety of seeme exeties of the limits in a way intertered with the digestion, while the variety of seeme ex
lady Chromitis wheled at after because of the lastic district of the seemed a rational and delighting and the seemed and the seemed and the seemed are altituded and the seemed and the seemed and the seemed and the seemed are altituded and the seemed are altituded and the seemed and the seemed and the seemed are altituded and the seemed and th A Stunning Gown is Easily Made FIBRE CHAMOIS to give it the style and stiffness. Put the Light weight, No. 10, in the sleeves and skirts; make the collars, cuffs and belt of the Heavy weight, No. 30; and use the Fledsm weight, No. 20, through the body to give a comfortable windproof warmth. This is also the best grade for capes, coats or wraps. Always cut it across the goods and never be satisfied unless yo find the name and number on every yard. imitations are miserable failures Patented July 1890, March 1895

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