

THE EVENING TIMES AND STAR, ST. JOHN, N. B., FRIDAY, DECEMBER 10, 1915

The Five Roses Cook Book

"The Way to a Man's Heart"

HERE for the first time are infallible rules, unlimited cooking opportunities that strip baking of its mystery. A vast repertoire of practical, inexpensive directions painstakingly chosen from the contributions of over 2,000 successful users of FIVE ROSES flour throughout Canada—not compiled by experts for experts, but for the novice as well as for her who has forgotten how—for you, and me, and the neighbours. That longing to be a better home-maker—give it practical expression today. Accept this extraordinary offer.

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The Five Roses Cook Book

LARGE readable print, expressly made for it, 7 inches wide by 10 deep, the FIVE ROSES book of cookery brings you 144 pages of tried and true recipes, home-like recipes calling for nothing that cannot be obtained at the town or village store. Every recipe tested by the LAKE OF THE WOODS MILLING COMPANY, so that there is no possible waste of material or disappointment. Lies flat on the kitchen table, bound expertly to last for years, it has already satisfied every baking ambition of over 200,000 housewives.

Read the Headings

Doesn't it tempt you to bake? From the making of bread to Charlotte Russe! Canada's finest home cooks and a few professionals have contributed their finest for your benefit. Recipes for the making of Buns, Biscuits, Bread of all sorts, Cake, Candy, Cookies, Crackers, Crullers, the ever popular Doughnuts, Dumplings, Fritters, Gems, Gingerbread too, and Griddle Cakes, Icings, Muffins, Pancakes, Pastry, Patties, and Pies, Puddings, Puffs, Rolls, Rusks, Sandwiches, Sauces, Scones, Snaps, Tarts, everything.

Nevermore a Bad Loaf of Bread

The pages on bread will raise your level and reduce your cost of living. Presents simply and practically the side of baking that appeals to every housewife. Instant. Beginners get good results and encouragement. You

will be keenly interested in the various methods in favour in every province of Canada. There is a kind of bread described that can be made in 2 hours! And for the socially inclined, 5 pages of Dainty Sandwiches supply something absolutely original.

Pastry Making Made Easy

Pies and Puff Paste, Cakes and Cookies—every attempt is crowned with success. The FIVE ROSES recipes are infallible—it brings you luck in pie crust and these-called difficult things. Everything is guaranteed to turn out well. Something fresh every day if you want it—there are so many good things one never finds elsewhere—an endless selection, a chance to attempt what you never dared before.

Hundreds of recipes without eggs and with few ingredients for the economical cook. Hints for leftovers and scraps that reduce expense. The FIVE ROSES Cook Book is indispensable in the kitchen, where home improvement starts.

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A GREAT BATTERY OF MACHINE GUNS

So a Russian Expert Describes the German Army—Even Tells us the Results

Petrograd, via London, Dec. 10.—The enormous development in the machine gun equipment of the German forces along the Russian front is authoritatively discussed by Col. Clerget, of the Russian army, in an article in the Russian

Suffered Constantly FROM HEADACHE.

To suffer from headache makes life miserable, and it takes a person who has been or is subject to headache to describe the suffering and agony that goes along with it. The dull throbbing, the intense pain, sometimes in one part of the head, sometimes in another, is caused by some disturbed condition of the system. The stomach may go wrong, the bowels become constipated, the blood may not circulate properly, but whatever the cause, the presence of headache clearly shows that there is something wrong somewhere, and unless the cause of the headache is removed, some serious trouble is very liable to assert itself.

The fact that Burdock Blood Bitters reaches the seat of the trouble, and banishes the headache is due to its success in first relieving, and then permanently curing the cause of the trouble.

Mrs. Wallace J. Boyd, Milltown, N.B., writes: "Several years ago I was a constant sufferer from headache. I was all run down, and nothing seemed to do me any good. I read of Burdock Blood Bitters, and decided to give it a trial, and the result was marvellous. The headache stopped at once, and I feel better in every way since. I recommend it to all sufferers."

B.B.B. is the oldest and best known blood medicine on the market to-day, having been manufactured for the past forty years by The T. Milburn Co., Limited, Toronto, Ont.

Invalid, published by the War Department. He states that the German army is becoming one great machine gun battery, the German government sparing no expense in constructing guns and supplying ammunition as well as teaching the rank and file the use of the weapons. It is the German aim, according to the writer, to instruct every common soldier of every branch of the service how to manipulate a machine gun in case of necessity. Even the teamsters and members of the sanitary corps, he adds, are receiving such instruction.

Automatic Rifles.

Another thing noted by Col. Clerget is the extraordinary rapidity with which the Germans are introducing automatic rifles, the presence of which was recently noticed. He says that the urgency of the German effort to transform their defensive line into machine gun batteries is indicated by their pressing automobiles of the sanitary service into use as transports for guns and ammunition. The German dislike for bayonet attack and their desire in every way to increase the effectiveness of fire-arms as opposed to bayonets is responsible, according to Col. Clerget, for the change in German tactics.

Austrians Improving

A doubly-explosive Austrian shrapnel shell, designed to explode when striking after having discharged a rain of bullets in the air, is also discussed by the writer. He contends, however, that the effects obtained by the second explosion are slight. He pays a tribute to the improved fighting qualities of the Austrian troops as compared with those reported to the Russians last year, giving it as his opinion that there is now little difference between them and the Germans.

CONTRIBUTORS

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CLEAR LEAD NEEDED.

(Ottawa Free Press)

Recruiting efforts, says N. W. Rowell, should be led by the federal government.

To Keep Straight, Unrulier Hair in Curl

(Woman's Tribune)

The straightest, contrast hair can be kept in curl and in the dampest weather, by such simple and harmless means, that use of the curling iron is altogether unnecessary. One need only pour a few ounces of plain liquid silimerine, from the drugist and apply a little to the hair before setting the result is quite remarkable, as the looking glass shows in the morning. The hair is fully wavy, fluffy and glossy, without being in the least greasy, gummy or streaked, and the effect lasts very much longer than where any other method is employed.

The silimerine is best put on with a clean tooth brush, drawing this through the hair from crown to tip, preferably after dividing it into strands. The application seems to gradually improve the texture and growth of the hair.

Canada, setting forth the present requirements and the urgency of meeting them. . . . The government should lead the recruiting movement. So long as this is lacking the efforts of those engaged in recruiting are largely unavailing.

There has been no such "positive appeal" from the government, and the effect has been largely as Mr. Rowell sees it. Individual members of the government have lent their services for recruiting meetings, but they carried no official request from the government. The young men of the country have been urged to enlist, but they have not had any positive statement from the leaders of the country that their services were needed. The government has not said whether or not recruiting was satisfactory, and it alone can speak convincingly.

In England the government made this its business from the first. Until recently Lord Kitchener devoted a great part of his time to securing men, and now the enlistment is in the official hands of Lord Derby. Here, the government has allowed recruiting to take care of itself to a large extent. Why shouldn't the leaders of the Canadian

people speak? They know what is required and the people will take their word as definite.

Windsor Table Salt should be in every Canadian home

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QUEEN'S RINK TONIGHT!

Inspiring Recruiting Meeting

Through Courtesy of Lt. Col. Dansereau
The Band of the 69th Battalion Will Play

Address by Hon. R. J. Ritchie
Address by Major Wilans
of 69th Battalion
Address by Lieut. Beaugue
of 69th Battalion

Song by Miss Travis
Song by Sergeant Skene
Song by Corporal Dunsmore

FOLLOW THE DRUM BAND TONIGHT!

PERIL OF WORLD IN GERMAN VICTORY

Robert Herrick, professor in the University of Chicago, and a writer of eminence, in an article in the Chicago Tribune, suggested by reflections on a home-ward trip from battle-torn Europe, puts the danger to the world and to the United States in a German victory, whole or partial, in passages which arrest the attention and compel consideration. He writes:

"The German peril did not lie. I thought, in her big guns, her ships, her Kaiser and his 'Prussianized machine.' It lay in herself, her ideals. If she could win a victory with that monstrous creed of materialism illuminated by countless crimes, with its defiance of contracts; its law of 'indispensable severities,' its 'military reasons'—why, then, become the law of the world, the savage's law. Germany would make the public morality of the world. And all of us Christian peoples would fall in behind the band wagon. Even proud Americans cannot resist the fascination of success. German methods of government, German methods of suppressing the individual, German methods of morality—these for you and me as lone individuals and another because one when we get together as a state—would be inviolable. Perish the thought! And Americans would be the very first to run after these new old gods, the religion of that queer 'old German god' who apparently encouraged rape, murder, arson and tyranny. For in mighty America, with every blood and every social tradition on earth in its seething blood, there is already an insidious tendency to worship at his shrine. American big business can understand the Kaiser's philosophy, can reverence his 'old German god' more than anybody other than a real German. For it, too, believes in 'putting things over.'"

"When the old fourteen knot steamship finally rounded Sandy Hook and dropped anchor off quarantine, and the reporters came on board with the dust of America on their shoes, the roar of America in their ears, I was surer than ever that this greatest of world wars means a vast deal more to us than trade or charity, or politics, which is what we are making of it. It means the form which our national character is to take. The German peril is already in our midst, not so much at work blowing up ammunition plants as insidiously at work in our hearts. 'Well, a great many Americans seem to be saying, 'if the Germans put it over,' what of it? It can't hurt us much! Perhaps it shows that they have the real goods, are the Lord's chosen people for this little world of ours after all. As for broken treaties, atrocities, submarines, Edith Cavell, rough work over, and all that—well, it's all war and the man who does things is usually criticized by the other fellow who can't do them. The public will forget the German crimes all right, once Germany has put herself on top. Nothing succeeds like success,' which shows that already we are well Germanized."

Many Women Suffer FROM EXCOURAGING PAINS IN THE BACK.

Do you ever feel that you must have some rest for that lame and aching back? Do you ever feel that those shooting, stabbing, darting pains must be gotten rid of before you can get into condition, whereby you can attend to your household duties without a pain or an ache? When the back begins to ache it is a sure sign that there is something radically wrong with the kidneys.

What you want is a kidney medicine, and a medicine for the kidneys only. Doan's Kidney Pills know nothing but kidney disorders, because they are manufactured solely for the purpose of relieving and curing the kidneys.

Mrs. L. Melanson, Plympton, N.S., writes: "I am sending you what a wonderful cure Doan's Kidney Pills made for me. For years I had suffered so with my kidneys I could hardly do my housework. I used several kinds of pills, but none of them seemed to be doing me any good. At last I was advised to try a box of Doan's Kidney Pills. When I had taken the first box I found relief. I have used five boxes, and to-day I feel like a new woman. I cannot recommend them too highly."

Doan's Kidney Pills are 50c per box, 3 boxes for \$1.25; at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

When ordering direct specify "Doan's."

THE HUN AND GOIT

(Toronto News)

The Synod of the Lutheran church at Hohensalza wrote to Field Marshal von Mackensen congratulating him on his victories, and invoking on his head the Divine protection. Mackensen replied: "A year ago today I got myself ready in Cernochau to assume command of the army which had been entrusted to me a few days previously. Since then the Great Ally of Prussia, our Lord God, has not merely led this undertaking to the desired successful issue, but He has also been visiting with me in Galicia, on the Bug, and now again on the Danube. Vlasovsk, Gorlice and Belgrade indicate the beginnings of operations which have a great object in view. In the first two cases (Vlasovsk and Gorlice) the success went far beyond expectations, and with God's help the last (Belgrade) will also be carried to its ultimate aim. Next to God, praise and gratitude are due to the troops placed under my command. In reliance on such help one is not dismayed before the most daring decisions."