By Frank Crerie

THE ECHO

DAILY MAGAZINE PAGE FOR EVERYBODY

Secrets of Health and Happiness

Stammering Not a Physical Only an Emotional Defect

By DR. LEONARD KEENE HIRSHBERG,



an engineer who has perhaps contributed more than any physician or surgeon to an understanding and a remedy for this speech disorder, says: "Probably the most tantalizing human disorder is stammering—absent in singing, in solitude, in concert reading or reciting, in ecstasy, in terror, yet present when the victim desires to say his name, to telephone, to apply for a position, to introduce a friend."

Most doctors as well as the general

Tantalus starving and thirsting in the water, with the finest fruits hanging overhead, only to recede

hanging overhead, of speech.

The stammerer's faise idea is, therewhen he strove to drink or eat of fore, that he has a physical speech defect, because he has difficulty with words. His conclusive efforts must be feet, because he has difficulty with words. His conclusive efforts must be staught to substitute easy words, to use signs, to write, but not to stammer. He should have congenial companionship, an absence of all arguments and heated discussions, a change of scene to provide distraction, and easy subjects of conversation.

Finally, the mere absence of the

Answers to Health Questions

M. F. S.: Q.—What should be done for hair that is falling out excessively? A.—Massage the head with a little of the following:

Quining e following:
Quinine 1 dram
Pilocarpine 2½ grains
Salleylic acid 15 grains
Lanolin ½ ounce
Petrolatum ½ ounce

ADELE GARRISON'S NEW

REVELATIONS OF A WIFE

How Cousin Agatha Unconsciously Aided Madge.

I went straight to my mother-in-law's normal specifications, yet he before the straight to my mother-in-law's normal specifications, yet he phenomena of stammering are in plain sight. They ignore or fail to record these ammers alone with the Japanese servant of the mysterious men next door had slipped late to the before the summer shows signs of embarrassement, and he also exhibits evidence and the summer shows a signs of embarrassement, and he also exhibits evidence and the summer shows a sign of embarrassement, and he also exhibits evidence and the summer shows a sign of embarrassement, and he also exhibits evidence and the summer shows a sign of embarrassement, and he also exhibits evidence and the summer shows a sign of embarrassement, and he also exhibits evidence and the summer shows a sign of embarrassement, and he also exhibits evidence and the summer shows a sign of embarrassement, and he also exhibits evidence and the summer shows a sign of embarrassement, and he also exhibits evidence and the summer shows a sign of embarrassement, and he also exhibits evidence and the summer shows a sign of embarrassement, and he also exhibits evidence and the summer shows a sign of embarrassement. The stammer shows a sign of embarrassement, and he also exhibits evidence and the summer shows a sign of embarrassement. The stammer shows a sign of embarrassement, the stammer shows a sign of embarrassement. The stammer shows a sign of embarrasse shift in the stammer shows a sign of embarrasse shift in the stammer shows a sign of embarrasse shift in the stammer shows a sign of embarrasse shift in the stammer shows a sign of embarrasse shift in the stammer shows a sign of embarrasse shift in the stammer shows a sign of embarrasse shift in the stammer shows a sign of embarrasse shift in the stammer shows a sign of embarrasse shift in the stammer shows a sign of embarrasse shift in the shi



When the ships sail away on the great adventure and one of them bears the one of the pears the of the great outdoors or the magic of love—back to her comes the echo, magically speed." Whether she stands on a headland overlooking the sea, and with her own eyes watches the boats of battle dim into the horizon, or only sees them sail home in VICTORY.

BY ANN MARIE LLOYD.

Bottled Gooseberries.

Wash the required number of gooseberries, after cutting off the tops and tails. Get the requisite number of jars and put in the fruit, allowing a quarter of a pound of sugar to each pound of berries; but previously put the sugar in a pan and pour in as much boiling water as will make a syrup, using discretion as to the quantity. Allow the sugar to melt by stirring it occasionally, without letting it boil. When the melted sugar has cooled, pour it over the fruit in the jars. Wrap a little hay around each jar, and put a layer of it at the bottom of a large boiling pot; this steadies the jars in the process of cooking. Fill up the pot with cold water—sufficient to rise to the necks of the jars. Bring the water slowly to boiling point, then remove the pot to the side of the fire, allowing the jars to remain until the gooseberries begin to rise to the surface. Next add to each jar a little boiling water until it overflows, and then screw on the tops.

Thump! Thump! Thump!" came the briar patch, and Bunny Rabbit, and a gun."

Preserve of Rhubarb and Apricot.

Preserve of Rhubarb and Apricot.



ONE man of her heart, she calls to him where of sho may do one a weak with her speed." Whether she stands on a heedland on one of one of the short of new properties and the speed of the stands of the speed of the The other day I because it would give him a chance were to a health of the property of the pro

so cunning.

"Mr. Coon, Mr. Skunk, old man Owl and Red Fox are always looking for us if we venture out after dark," said Bunny Rabbit, sniffing the air with his nose.

There was a rustling sound in the briar patch, and Buly Mink in his slim, dark coat came slipping down one of the tiny paths, and if Squeedee hadn't been there, no telling what might have happened. But before Bunny Rabbit could give the warning thump Squeedee changed them all into big, black spiders and Billy Mink passed on through the briar patch and out the other side without knowing they were there.

After Squeedee changed the Bunnies back again he and Dotty bade Manma handle had and her family good-bye and support the logic of the same land to the standard of the same land to the same land to

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Miss Ellis is the kind of a girl who is called "willowy" by some of her friends, and "overgrown" by others.

She is exceptionally tall and slender, and, like many other overly-tall women, has gotten into the habit of drooping her head forward a trifle in a vain endeavor to reduce her height. I never can understand this peculiar affectation of tall women, for, from a dress point of view, a tall woman is the easiest person to fit. All the long graceful lines can be draped on her, and she can wear many more varieties than the short type.

Miss Ellis came in with a demand for a military street frock, and she looked as though she didn't expect to be suited.

"Please don't tell me that I oughtn't to wear military designs," she begged Madame.

"I should not like to see you in one of the conventional military designs," admitted Madame, "for their stiff, straight lines would make you look taller and flatter than ever. However, you can wear a modified military design which will give you all the charm of a feminine military effect without any of its disadvantages."

Then Madame asked me to bring out a complete costume—hat, frock and slippers—over which she immediately made exclamations of delight.

The frock is of brown, silk serge, with a beige-color georgette collar and Mandame asked me to bring out a complete costume—hat, frock and slippers—over which she immediately made exclamations of delight.

Wanderful For the Rlond!

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Cures Sallow Skin, Headache, Languor and Tiredness.

You don't need to be told how vo feel—blue, sort of sickish, poor ap-petite, vague pains, tired in the morning. This condition is common at this season. Fortunately there is prompt relief in Dr. Hamilton's Pills which immediately relieve the system of all poisons

and disease-producing matter.

and disease-producing matter.

Thousands have been so utterly depressed, so worn out as to be despondent, but Dr. Hamilton's Pills always cured them. "I can speak feelingly on the power of Dr. Hamton's Pills," writes C. T. Fearman, of Kingston. "Last spring my blood was thin and weak, I was terribly rundown had awful headaches and a down, had awful headaches and a gnawing, empty feeling about my stomach, I couldn't sleep or work until I used Dr. Hamilton's Pills—they did me a world of good." At all



Military Frock for a Tall Girl.

without a second's delay, scooted under the without a second's delay, scooted under the without a second's delay, scooted under the warning Squeede and Dotty to huirry.

"What's the trouble?" asked Dotty, "Probably his mamma warned him of danger." replied Squeede. "A rabbit thumps with his hind legs to warn the others when danger is near."

Then holding Dotty's thy hand—for Squeede had been done to state the others when danger is near."

Then holding Dotty's thy hand—for Squeede had been done to state the other of the state of the whole for 20 minutes. While it is hold to pour into a dry Jar and coverelosely.

Cake Without Eggs or Baking Powder. An economical yet delicious cake can be supposed to self-raising—half a pound of caster sugar, half a