

O my Lord and my God! behold I am Thy servant; give me understanding and excite my affection, that I may know and do Thy will.

Thou art the Lamb of God, the Lamb without spot, who takest away the sins of the world; take away from me, I beseech Thee, whatever hurteth me, and displeaseth Thee; and give me what Thou knowest to be pleasing to Thee, and profitable to me.

Thou art the portion of mine inheritance and of my cup; Thou art He, Who shall maintain my lot.

O may the burning power of Thy love absorb my soul, that I may die to the world for the love of Thee, who hast vouchsafed to die upon the Cross for the love of me, O my God, and my all. Amen.

I Humbly thank Thee, O most merciful Saviour, that Thou hast so plentifully refreshed my fainting soul, with the Holy Sacrament of Thy precious Body and

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