

A. In five ways: in our heart, in desire, in speech, in body, by sloth.

Q. How many sovereign (deadly) sins are there?

A. Seven: pride, avarice, the foul sin, anger, gluttony, envy, sloth.

X.

Q. What is a Sacrament?

A. Jesus Christ instituted the Sacraments as medicines of the soul.

Q. How many Sacraments are there?

A. Seven: Baptism, Confirmation, the Eucharist, Confession, the Sacrament of those grievously sick, Order, Matrimony.

Q. What is Baptism?

A. By this is remitted the sin that is in our heart when we are born. By it we are made children of God and of the Church.

Q. What is Confirmation?

A. By it is given to us the Holy Ghost, we are helped to be good children of God.

Q. What is the Eucharist?

A. The Eucharist, truly the body, blood, soul of our Lord Jesus Christ, although as it were under flour.

Q. What is Confession?

A. By it are remitted the sins which we have committed since we were baptized.

Q. What is Extreme Unction?