Do You Feel Fit when the Whistle Starts the Game?

The Young Men's Christian Association provides facilities where a man can keep physically fit, both indoor and outdoor.

The Gymnasium classes are graded to meet the needs of all classes of men and boys.

Shower baths, and a well lighted and heated swimming pool, open all the year round.

Basket Ball, Hand Ball, Wrestling, Rugby, Soccer, Athletics, Tennis and Harriers' Club are some of the physical activities conducted under supervision.

Debating Club, discussion groups, health talks, reading-rooms.

Good sport, good spirit, and good fellowship.

Come in and investigate for yourself. Building is located at corner of Cambie and Dunsmuir Streets.

Y. M. C. A.