

Sixth, comes finally Gould's great service in calling our attention to the great class of eye-strain sufferers, who suffer from chronic headaches, migrain, nervousness, neurosis, insomnia, epileptoid or epileptic seizures, and finally the suicides and the insane.

Only a few days ago an article written by Dr. C. E. Pronger, of the Harrogate Infirmary, Harrogate, Eng., was published in the *Amer. Med. Jour.*, in which he says: "I firmly believe as a result of long experience, error of refraction to be the most constant and most powerful predisposing cause of insomnia."

He goes on to relate a number of cases, in which he proved the beneficial action of good glasses on all kinds of neuroses, and finishes: "We must hope for a diminution of this appalling number of suicides, and relief and happiness may be brought to that vast number, who, victims of insomnia and neurasthenia, or 'nervous break-down,' are dragging along a miserable existence."

Without taking recourse to my records, and writing from memory, I wish to illuminate the above by mentioning the case of a school principal wearing very strong cylindrical glasses, who suffered from violent pain in her right shoulder and arm whenever her glasses were worn bent and so the axis of the cylinders changed.

One of my physician-patients suffered from agorophobia (fear of crossing open places and streets) which symptom was greatly relieved by correct glasses.

One patient, a storekeeper, 56 years old, was cured of his vertigo, sinking spells and faintings by a pair of glasses.

A woman of 36 years, who had suffered for years of neurasthenia and denutrition, was immensely improved by careful refraction.

A woman of 48 I cured of migrain of twenty years' standing by refraction.

A mechanical engineer, whose trouble was diagnosed by an oculist as glaucoma and who treated him for this malady for six or eight weeks, the eyes of the patient certainly showing an abnormal tension, I refracted and cured by glasses. Of course, the patient had no glaucoma.

An insurance agent who was treated for rheumatism and syphilis and who was told by more than one physician that he would have to take anti-rheumatic and anti-syphilitic remedies for the rest of his life, was cured by glasses.

I mention these cases at random, not because they were exceptional cases, but because they came only lately under my care, because I have seen all of them long enough to know that the results were real and permanent, and because all of these patients had worn glasses for years without benefit, so there could be no question about suggestion.

I do not by any means want to insinuate that all functional dis-