

## SABBATH, March 15.—LESSON XI.—Bread from Heaven.—Exod. xvi. 1-5, 31-35.

**Leader.** 1. And they took their journey from Elim, and all the congregation of the children of Israel came unto the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after their departure out of the land of Egypt.

**School.** 2. And the whole congregation of the children of Israel murmured against Moses and Aaron in the wilderness.

**L.** 3. And the children of Israel said unto them, Would to God we had died by the hand of the Lord in the land of Egypt, when we sat by the flesh pots, and when we did eat bread to the full;

**S.** For ye have brought us forth into this wilderness, to kill the whole assembly with hunger.

**L.** 4. Then said the Lord unto Moses, Behold, I will rain bread from heaven for you;

**S.** And the people shall go out and gather a certain rate every day.

**L.** That I may prove them, whether they will walk in my way, or no.

**S.** 5. And it shall come to pass, that on the sixth day

they shall prepare that which they bring in; and it shall be twice as much as they gather daily . . . . .

**L.** 31. And the house of Israel called the name thereof manna:

**S.** And it was like coriander seed, white; and the taste of it was like wafers made with honey.

**L.** 32. And Moses said, This is the thing which the Lord commanded. Fill an omer of it to be kept for your generation; that they may see the bread wherewith I have fed you in the wilderness, when I brought you forth from the land of Egypt.

**S.** 33. And Moses said unto Aaron, Take a pot, and put an omer full of manna therein, and lay it up before the Lord, to be kept for your generations.

**L.** 34. As the Lord commanded Moses, so Aaron laid it up before the testimony, to be kept.

**S.** 35. And the children of Israel did eat manna forty years, until they came to a land inhabited; they did eat manna, until they came unto the borders of the land of Canaan.

## TOPIC—Food for the Hungry.

**Golden Text**—Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger. John vi. 33.

## OUTLINE.

I. THE MURMURING MULTITUDE, v. 1, 2; Num. xxxiii. 9-15; xl. 4, 5; Luke x. 15; 1 Cor. x. 10; 2 Cor. xi. 27.

II. THE MISERABLE LORD, v. 4, 5; Deut. v. 14; Ruth i. 6; Psa. cv. 40; cxlvi. 7; Isa. xxxiii. 16; xlix. 10.

III. THE MANNA PROVIDED, v. 5, 31, 35; Josh. v. 12; Neh. ix. 20, 21.

IV. THE MEMORIAL APPOINTED, v. 32-34; Num. xvii. 3, 4; Psa. cxxxv. 13; Joel i. 3; Matt. xxviii. 20.

V. THE MESSIAH FIGURED, Matt. iv. 4; v. 6; John vi. 31-33, 35, 41, 58.

QUESTIONS, &c.—Recite TITLE, TOPIC, GOLDEN TEXT, SELECTED VERSES, and OUTLINE.

1. *The Murmuring Multitude*.—Where was the wilderness of Sin? [Ans. *On shore of Red Sea; half-way between Suez and Sinai*.] Against whom did the Israelites murmur?

v. 2. Really, against whom did they murmur? Who was leading them? Where had he given them proof of his power to sustain them? Exod. xv. 24, 25; Who hears the murmurings of his people? v. 12. What did the Hebrews exhibit in their murmurings?

2. *The Merciful Lord*.—What did the Lord promise to Moses? v. 4. What reason is given for this act of Love? What reason is given in Neh. ix. 17?

3. *The Manna Provided*.—What was the food which God gave them called? v. 31. Why? [Ans. *The word means, "What is it?" It was a mysterious gift to them.*] By what other names is it called in Scripture? v. 4; Psa. lxxviii. 24, 25; cv. 40; 1 Cor. x. 3. Describe appearance and taste of the manna? v. 14, 31. What were the regulations for gathering it? v. 16-18. How was it to be prepared? Num. xi. 8. How did God teach them a regard for the Sabbath?

v. 5, 23-29. What other food did God provide for Israel at this time? v. 13. How long was manna thus provided for them? v. 35. From whom do we receive our daily food?

## SABBATH, March 22.—LESSON XII.—Defeat of Amalek.—Exod. xvii. 8-16.

**Leader.** 8. Then came Amalek, and fought with Israel in Rephidim.

**School.** 9. And Moses said unto Joshua, Choose us out men, and go out, fight with Amalek: to-morrow I will stand on the top of the hill with the rod of God in mine hand.

**L.** 10. So Joshua did as Moses had said to him, and fought with Amalek; and Moses, Aaron, and Hur went up to the top of the hill.

**S.** 11. And it came to pass, when Moses held up his hand, that Israel prevailed: and when he let down his hand, Amalek prevailed.

**L.** 12. But Moses' hands were heavy; and they took a stone, and put it under him, and he sat thereon.

Matt. vi. 25, 26. How has Jesus taught us to seek it? Matt. vi. 11.

4. *The Memorial Appointed*.—What did the Lord command Moses to do in remembrance of this miracle? v. 32. What was an omer? [Ans. *A measure containing about three quarts.*] Where was this manna kept? Heb. ix. 4.

5. *The Messiah Figured*.—What did the Jews say to Jesus about this manna? John vi. 31. What did Jesus declare of himself in answer? See GOLDEN TEXT, and John vi. 32, 33. What prayer in John vi. 34? Have you made this your prayer?

Where, from this lesson, do we learn—

1. That unthankful hearts forget past mercies?
2. That God is long-suffering and gracious? [ren] 1
3. That God provides for the temporal wants of his children?
4. That we are to hold the mercies of God in perpetual remembrance?
5. That God has provided for us the "BREAD OF LIFE"?

## QUESTION AND ANSWER.

14. *How doth Christ execute the office of a Prophet?* Christ doth execute the office of a Prophet, in revealing to us, by his Word and Spirit, the will of God for our salvation.

JOHN i. 18.—No man hath seen God at any time; the only-begotten Son, which is in the bosom of the Father, he hath declared him.

JOHN xx. 31.—These are written that ye might believe that Jesus is the Christ, the Son of God, and that believing ye might have life through his name.

JOHN xiv. 26.—The Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things.

**S.** And Aaron and Hur stayed up his hands, the one on the one side, and the other on the other side; and his hands were steady until the going down of the sun.

**L.** 13. And Joshua discomfited Amalek and his people with the edge of the sword.

**S.** 14. And the Lord said unto Moses, Write this for a memorial in a book, and rehearse it in the ears of Joshua; for I will utterly put out the remembrance of Amalek from under heaven.

**L.** 15. And Moses built an altar, and called the name of it Jehovah-nissi:

**S.** 16. For he said, Because the Lord hath sworn that the Lord will have war with Amalek from generation to generation.

## Home Readings.

- M. Exod. xvi.
- Tu. 1 Kings xvii. 1-16.
- W. Mark viii. 1-9.
- Th. Ps. lxxviii. 12-29.
- F. John vi. 26-40.
- S. Mark vi. 30-44.
- S. John vi. 41-58.