

who cares to carry out this procedure that tinfoil can be made a valuable adjunct in many cases where oxy-phosphate plastic fillings have to be used. I showed this method to several dental friends at my house last August, and they were much pleased with the adaptability of the tinfoil to the purposes I have endeavored to describe.

STORY OF A GOLD FILLING.

By E. A. RANDALL, D.D.S., Truro, N.S.

Thirty years ago Dr. — was one of the foremost in his profession, enjoying a large and lucrative practice in a New England city.

Twenty-five years later he was a poor old man not fit to appear in the operating room, and was employed to polish plates in a laboratory.

It was my duty to extract several teeth for a lady preparatory to having an artificial set. "See," said she, "that gold filling in the front tooth; that was put in by Dr. —, twenty-five years ago." The filling was still perfect. I took the extracted tooth into the back office and showed it to the old man. "Here is an old acquaintance," said I; "do you recognize it?" (Of course he did not.) "Mrs. — says you filled that tooth for her twenty-five years ago, and I have just extracted it." The old man's eyes filled with tears. "Give it to me," he said, and he was more pleased than a child with a new toy.

Surely there is a lesson to be learned from the story of the gold filling.

HINTS.

By A. LAZY MAN.

1. I could write six pages instead of six lines on any subject. But I'm too tired, and I never read or write anything that will spoil a yawn.

2. Sharpened chisels dipped in oil trim vulcanite as easy as cutting soft chocolate.

3. If you pack vulcanite warm *and wet*, it packs clean as well as easy.

4. Save your eyes—and your patients—by wearing glasses when you need them. Go to an oculist—no one else—and find out if you need them. No man knows the *exact* condition of his own eyes any more than of his own teeth.