

Miscellaneous.

How to Cure a Cold.
A cold on the chest, as it is popularly called, is a far more serious matter than a cold in the head. This is particularly the case when the lungs are delicate and there is a predisposition to disease of the chest. It begins with a feeling of tightness and soreness across the chest; it perhaps now and then a sharp darting pain and some oppression, as if a weight were resting on the chest. There is a slight fever and later a cough. The whole surface should be well rubbed with warm camphorated oil, and covered with cotton batting, secured in place by a broad strip of flannel. This should be worn day and night and removed piecemeal by pulling off part of the batting every night.

The feet should be soaked in hot water with two tablespoonfuls of Eucalypti, the gallin, and a glass of hot lemonade taken. If the invalid bears quinine well, five grains may be given and repeated twice in twelve hours. If there is much pain apply a mustard plaster until the skin is red; when there is a hard dry cough, relief will be obtained by inhaling the steam from a pitcher of boiling water. As the cough becomes hoarse and the invalid begins to expectorate, a teaspoonful of a good cough mixture every two hours will help to soothe; flaxseed tea, warm drink of goat, hot milk or beef tea is very grateful after it of coughing. A person with a cold on the chest should stay in-doors, and will get rid of it sooner by not going out. It is obliged to go out, the house, warmer stockings should be worn than usual and the feet well protected against dampness.

When the ladies of the Chinese legation at Washington go out on the street, they walk, they are objects of universal attention. Their poor little feet are bare, and they come out in the open air, and they are not even wearing shoes. They are dressed in a simple, but elegant, and they are not even wearing shoes. They are dressed in a simple, but elegant, and they are not even wearing shoes.

Some public spirited women in a winter resort in Florida have formed themselves into a society which they called the Florida Improvement association, and have assumed the duty of keeping the streets clean. They employ a man to pick up every scrap of refuse which litter the pavement or gutter, and as this fact is practically in the employ and under the authority of every man in town, whose whimsicalness is necessary to the society, it is easily and efficiently accomplished.

At intervals along the pavement they have caused to be placed neatly painted barrels with a bit of very bright paper to utilize them by tying into them the bit of paper, cigar stub, or fruit skin which would otherwise be thrown down untidily. They have also organized the children into a society pledged not to throw any kind of litter into the public streets, and the motto of "Uppis clean," and suggests the idea that "city mothers" instead of fathers might be successful.

Comments on Rites.—Mr. George M. Putnam, the proprietor of \$20,000,000, recently said to a correspondent, when asked how it feels to be a millionaire: "I have never thought of that. But now that I mention it I believe that I am no better off—certainly not happier—than I was when I had a dollar to my name and had to work from daylight until dark. I was a good suit of clothing then, and I can only wear one suit now. I realized three meals a day then a good deal more than I do three meals a day now. I had fewer cares; I slept better; and I may add, generally, that I believe I was far happier in those days than I have been many times since I became a millionaire. And yet it is a comfortable feeling to be rich."—N. Y. Tribune.

POINT OF DANGER IN INFECTIOUS DISEASES.—Measles is most infectious in the early stages, and it is often too late to take precautions when the disease is fully developed. Scarlet fever is most dangerous in the convalescent stage, when the skin is peeling, and terrible risks are often run by children being taken out and about without sufficient precautions being taken to insure the safety of those with whom they may chance to come in contact. With whooping cough there is but little danger in the open air, but less than that in the house, and great risk is in being shut up in the same atmosphere, either in a close room or a railway carriage.

Coffee is far more dangerous when made with eggs than it is without. One who takes a cupful of ground coffee is about the right proportion for a rich extract, but less than this can be easily used by adding a trifle of cold water to a well-beaten egg and adding enough of this mixture to the coffee to make the ground coffee. We must feel a tree, because it is very gratifying to it to produce its fruit each and every year. The results with me from making have been very satisfactory. It keeps the ground in good condition and does not let the grass grow. However, manuring may be overdone with young trees, but when a tree comes into bearing it needs much food.—*Minnesota Horticultural Report.*

How long it is going to take our farmers to learn that a cow can give eggs, any more than a cow can give milk, without the food elements of which to make them? Give little food, (milk, sweet grain) and with proper care and treatment, she will readily give for its food, and it is cheap because it pays for itself, and pays a profit besides; and in a practical illustration of the old saw, "The best is the cheapest in the end." Certain it is, the so-called cheap foods are not cheap, but are very, very dear, and only the poorest, poorest class, those which apply bodily with the needed nourishment and give her stores of the truly cheap foods.

Fathers and Sons.
Fathers and sons as well as wives and daughters need a spring tonic to keep the system in good health. In Spring to prepare the system for the hot weather, and to keep the blood pure and healthy, and to keep the system in good health. In Spring to prepare the system for the hot weather, and to keep the blood pure and healthy, and to keep the system in good health.

Having and spitting, foot, head, loss of sense of taste, and the results of catarrh. Nasal Balm offers a certain and speedy relief and permanent cure from these troubles. Thousands of testimonials speak of its wonderful merits. Try it; sold by druggists and grocers.

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Agricultural.

Rules to Guide Dairyman.

The production of pure, wholesome milk should be the leading object of the dairyman, whether he is supplying milk for city trade or for cheese factories, cream for creameries, or making butter on the farm. Milk may not only be poor in quality, but may become exceedingly poisonous through putrefactive changes brought on by neglect and carelessness. Instances are becoming more plentiful of poisoning through eating cheese which has been made from milk produced by cows kept under unhealthy conditions. Dr. Vaughn is authority for the following rules for the production of healthy, nutritious milk:

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2. Cows must not be allowed to drink stagnant water, but must have access to pure fresh water.
3. Cows must not be allowed to be overfed or starved.
4. Cows must not be worried or heated before being milked.
5. The pastures must be free from noxious weeds and the barnyard must be kept clean.
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Breed Superior Animals.

There are at present two classes of persons engaged in stock breeding of trotters. The first make individuality their guide, and no matter whether well bred an animal may be, if he does not suit them, they physically he is rejected, and an animal of superior merit as an individual but inferior as a breeder is rejected.

The second class of breeders, those who are engaged in stock breeding of trotters, make individuality their guide, and no matter whether well bred an animal may be, if he does not suit them, they physically he is rejected, and an animal of superior merit as an individual but inferior as a breeder is rejected.

On my orchard of bearing trees I haul out as many as forty wagon loads of manure the every year and spread it over the ground. I think my trees are better for it. I think it is impossible for a tree to bear fruit and live any length of time, making a thrifty growth unless the ground is properly manured. If it requires all the vitality there is in a tree to ripen and mature its fruit, it is impossible for it to make a thrifty growth unless the ground is properly manured.

I have trees in my orchard that have stood there 25 years, and today they are just as healthy as when they were 20 years ago; at least I sold more of them than I did 20 years ago. I have trees in my orchard that have stood there 25 years, and today they are just as healthy as when they were 20 years ago.

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PILLS

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