

A LIFETIME OF SICKNESS

Worn Out, Thin and Miserable Until She Took "Fruit-a-tives"

PALMER, June 20th, 1914.
 "Stomach Trouble and Distressing Headaches nearly drove me wild. Some time ago, I got a box of "Fruit-a-tives," your famous fruit medicine, and they completely relieved me. To-day I am feeling fine and a physician, meeting me on the street, asked the reason for my improved appearance. I said, "I was taking Fruit-a-tives." He said, "If Fruit-a-tives make you look so well, go ahead and take them. They are doing more for you than I can."
 Mrs. H. S. WILLIAMS.
 50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.
 Aim.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.
 Motto.—For God and Home and Native Land.
 Badge.—A knot of White Ribbon.
 Watchword.—Agiolate, educate, or organize.

OFFICERS OF WOLFVILLE UNION.
 President—Mrs. L. W. Sheep.
 1st Vice President—Mrs. G. Cullen.
 2nd Vice President—Mrs. H. Reid.
 3rd Vice President—Mrs. Geo. Fitch.
 Recording Secy.—Mrs. W. O. Taylor.
 Cor. Secretary—Mrs. L. E. Duncan.
 Treasurer—Mrs. H. Pingo.
 SUPERINTENDENTS.
 Labrador Work—Mrs. Fisking.
 Lumbermen—Mrs. J. Kempton.
 Willard Home—Mrs. M. Freeman.
 Temperance in Sabbath-schools—Mrs. (Dr.) Brown.
 Evangelistic—Mrs. Purves Smith.

When I Have Time.

When I have time, so many things I'll do.
 To make life happier and more fair
 For those whose lives are crowded
 now with care,
 I'll help to lift them from their low despair.
 When I have time.

When I have time, the friend I love so well
 Shall know no more these weary, toiling days;
 I'll lead her feet in tender paths
 And cheer her heart with words of sweetest praise.
 When I have time.

When you have time! The friend you hold so dear
 May be beyond the reach of your intent—
 May never know that you so kindly meant
 To fill her life with all love's sweet content.
 When you had time.

Now is the time! Ah, friend no longer wait
 To scatter loving smiles and words of cheer
 To those around whose lives are now so drear.
 They may not need you in the coming year—
 Now is the time.
 —London Christian Endeavour.

Thunderbolt of Truth.

I have read of a town meeting in Pennsylvania, says one, where the question of license was to be decided. As the question was to be put there rose from one corner of the room a miserable female, wrinkled and gaunt, and stretching out her arms, in a shrill voice she cried:
 "Look upon me. You all know me, or once did. You all know I was mistress of the best farm in the town ship. You all know too, I had one of the best—the most devoted of hus-

WOMAN WEAK AND NERVOUS

Finds Health in Lydia E. Pinkham's Vegetable Compound.

Creston, Iowa.—"I suffered with female troubles from the time I came into the world, which is known as small I had taken Lydia E. Pinkham's Vegetable Compound. I would have paid if I overworked or lifted anything heavy, and I would be weak and nervous and in so much misery that I would be prostrated. A friend told me what your medicine had done for her and I tried it. It made me strong and healthy and our home is now happy with a baby boy. I am very glad that I took Lydia E. Pinkham's Vegetable Compound and do all I can to recommend it."—Mrs. A. B. BOSCHAMP, 504 E. Howard Street, Creston, Iowa.

Tons of Roots and Herbs are used annually in the manufacture of Lydia E. Pinkham's Vegetable Compound, which is known from ocean to ocean as the standard remedy for female ills.
 For forty years this famous root and herb medicine has been successfully successful in controlling the diseases of women. Merit alone could have stood this test of time.
 If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Minnard's Linctum Cures Diphtheria.

bands. You all know I had five noble hearted, industrious boys. Where are they now? Doctor, where are they now? You all know. You all know they lie in a row, side by side, in yonder churchyard, filling drunkards' graves. They were all taught to believe that temperate drinking was safe; excess ought to be avoided, but they never acknowledged excess.
 "But I saw a general change coming over my family and prospect with dismay and horror. I felt that we were all to be overwhelmed in one common ruin. I tried to ward off the blow; I tried to break the spell, the deflating spell in which the benefits of temperate drinking had involved my husband and sons. I begged, I prayed; but the odds were against me." And with her arms flung high and her tall form stretched to its utmost and her voice raised to an unearthly pitch, she exclaimed: "I shall soon stand before the judgment seat of God; I shall meet you there, you false guides and be a witness against you all." She spoke and vanished. "Shall any license be granted for the sale of spirituous liquors?" the response was unambiguous—"No!"—The Vanguard.

The Father of Prohibition in Russia.

This miracle has been accomplished virtually by one man. He is Michael D. Tchelisheff, a peasant by birth, or, originally a house painter by profession, then mayor of the city of Samara and now a millionaire. Physically he is a giant, standing over six feet four inches, and of powerful build. Although he is 55 years old he looks much younger. His movements display the energy of youth, his eyes are animated and his black hair is not tinged by gray.

Speaking of what he had accomplished for the cause of sobriety in Russia, M. Tchelisheff said:
 "I was reared in a small Russian village. There were no schools or hospitals, or any of the improvements we are accustomed to find in civilized communities. I picked up an education from old newspapers and stray books. One day I chanced upon a book in the hands of a Moujik which treated of the harmfulness of alcohol. It stated, among other things, that vodka was a poison. I was so impressed with this, knowing that everybody drank vodka, that I asked the first doctor I met if the statement were true. He said yes. Men drank it, he explained, because momentarily it gave them a sensation of pleasant dizziness. From that time I decided to take every opportunity to discover more about the use of vodka.

The famine at the end of the eighties impressed M. Tchelisheff with the effects of vodka drinking and he decided to fight the evil. He began his efforts as a reformer when an alderman by introducing a bill into the city council of Samara providing that the city give the revenue it receives for vodka into the imperial treasury. The bill passed, but the government promptly refused to take the money. Later he became Mayor of Samara and finally a member of the Duma. He continued the battle, but finding that all his efforts for reform were a failure he begged an audience with Emperor Nicholas. He was received with great kindness, presented his case and won the approval and assistance of the Czar. Mobilization precipitated anti-vodka measures. The press, instigated by M. Tchelisheff, took up as far as possible the fight against liquor. He also organized delegations to present petitions to the proper authorities and in a marvellously short time was successful in pushing his efforts which have resulted so wonderfully.

There remains now only to find elsewhere the revenue which up to the present time has been contributed by vodka. There has been introduced in this question the aim of this bill is not the creation of new taxes, or an increase in the present taxes, but an effort to render the government domains and possessions productive.

With the aid of a new garbage can is a receptacle for disinfectants in powder form, a little of which is shaken into the can when the lid is moved.
 Glycerine applied to the glass stoppers of bottles will prevent their sticking.

DR. A. W. CHASE'S 25c. CATARRH POWDER

is sent direct to the diseased parts by the improved blower. Heals the ulcers, cleans the air passages, stops discharges in the throat and permanently cures Catarrh and Hay Fever. See a box of blower free. Accept no substitutes. All Retailers and Druggists, Rates & Co., Limited, Toronto.

"Strange," said the first tramp meditatively, "how few of our youth full dreams ever come true."
 "Oh, I dunno," said his companion. "I remember when I used to dream a 'bout wearin' long pants, and now I guess I wear 'em longer than an owl's in the country."

A Year Indoors.
 "For thirteen months I was so bad with chronic indigestion that I could not get out of doors. Nerves were unstrung, the heart bad and a smothering feeling came on till I thought I would choke. Doctor's treatment failed me, so I began the use of Dr. Chase's Kidney-Liver Pills, which I thank for my present good health. I am now doing my housework and have a family of ten."
 The Optimist—Don't bet on a surging. It isn't fair to the other fellow.
 The Pessimist—Besides which you are generally apt to lose.

FARM MANAGEMENT

Good Judgment Necessary to Get Good Crops and Fair Return

No business needs better management all around than farming. So many chances for failure are present that it is the exceptional farm that is strong in every particular. Most farms succeed in spite of certain weaknesses. Some of these weaknesses can be corrected; others are due to conditions that can not be improved, such as naturally poor soil, short growing seasons, steep hills, etc.

Much worthy effort is expended in producing good crops, but oftentimes a gain in the best of crops is lost by feeding to inefficient live stock. There is no surer way of losing money than by feeding crops to animals the products of gain from which do not pay the cost of feeding.
 Some men attribute their success to the particular kind of crop they grow or the particular way of feeding live stock. More likely their success is due to a good sized farm business, good or average crops, and a good quality of live stock.
 On fourteen selected farms where the receipts per cow were less than \$40, not a farm made as much as \$1,000 labor income. On twenty-four farms in the same district, with only a slightly larger acreage but with the receipts per cow between \$101 and \$115, only three farms made a labor income of less than \$1,000. Half these farms made more than \$1,500. The first group of farmers were growing fair crops, but they could not possibly succeed when the other part of their business was so weak. The second group not only produced good crops, but they utilized them efficiently.

Another way in which some farmers fail is in the use of labor, both man and horse. Everything that is done to take about twice as long as it should, hence they receive only half pay for inefficient work any more than any other business. An acre of hay normally requires about ten hours a man labor for each cutting. Some men will waste nearly this much time in just getting started. They may grow good crops and have good stock but their inability to work lessens their chances of success.
 Successful farming calls for the best of judgment. It means good crops, good live stock well fed and handled, and a thoroughly balanced business in every way.

Pruning Young Trees

Severe pruning is needed when fruit trees are planted, but during the next few years it is not the best system to prune heavily. During this time the object is to encourage growth, to shape the tree and prepare for fruiting.
 It is a common idea among orchardists that the more a tree is pruned the more it will grow, but this is only true within very narrow limits. If the roots have grown freely and spread extensively as in a healthy tree they are sure to, then the heavy pruning of the branches will upset the balance. The tree will endeavor to restore the balance by forming new wood to support the place of that cut away.
 In this case the severe pruning would entail extra work upon the tree without a corresponding increase in growth.
 Many orchardists have come to recognize this fact and prune no more than necessary to shape the growth, prevent limbs crossing or coming out where not wanted. One must take into account the natural habit of each variety, but there are very few sorts that need much thinning out or heading back before they come into bearing.

One on Hon. James Duff

The story is told of an incident which occurred during a meeting of the Ontario Legislature some time ago. Just outside the assembly room is a telephone for the convenience of the members. One day a page called Hon. James Duff, Minister of Agriculture, to the telephone. In using the instrument he adopts a high-pitched voice and presently the loud sounds were heard in the hall. It disturbed the late Premier, Sir James Whitney, considerably. He stood it as long as he could, and then turned towards the page benches.
 "What noise is that?" he thundered.
 One of the Ministers sitting near informed him that it was Mr. Duff talking to Glen Grove.
 "Well, you on earth doesn't he use the telephone?" was the caustic question in reply.

Why Snow is White

Water being transparent, rays of light pass through it without being reflected by the water itself. When drops of water are partially frozen into snowflakes they are transformed into a crystal substance with a great many reflecting surfaces, from which the rays of light are sent back, just as a mirror reflects a great deal of the light or color thrown against it.
 A mass of snow is whiter than a single flake, because of the countless number of crystals that are compactly grouped, thereby greatly increasing the reflective power. Like a mirror snow will reflect the color of any light thrown upon it.

Rich in Coal and Iron

The value of Pennsylvania's mineral production about equals the combined production of West Virginia, Illinois, Ohio and California, the states next in order.

Scientific Garbage Pail

When the lid of a new garbage can is a receptacle for disinfectants in powder form, a little of which is shaken into the can when the lid is moved.
 Glycerine applied to the glass stoppers of bottles will prevent their sticking.

WORKS FOR HUMANITY

Salvation Army Leader in Canada a Recruit of General Booth

Commissioner William J. Richards, the head of the Salvation Army in Canada, is full of overflowing with vital energy and personal enthusiasm. This has been the case during the whole of his thirty-four years' career as an officer in the Army. The commissioner is one of the officers of the Salvation Army who was personally called by the founder of the organization, the late General William Booth, and is, therefore, one of the pioneers of the movement. The story



COMMISSIONER RICHARDS

goes that the General visited the town in which the then Mr. Richards resided to conduct revival services and heard the young man speak. The General was so favorably impressed that he was asked if he could not enter the training home, and he did so. This was thirty-four years ago, and Commissioner Richards has rendered so many years of unbroken service.

Commissioner Richards was closely associated with the late General's "Darkest England" scheme, having done much to establish what is now known as the men's social work of the Salvation Army.
 His usefulness was not confined to this branch of Army service but having earned for himself the reputation of a clever and capable administrator and a brilliant platform speaker he had full command of the operations in Denmark, South Africa and New Zealand. The latter appointment was his charge when appointed by General Bramwell Booth to succeed the late Commissioner Rees in the Canadian territory.

It is interesting to know that four sons of Commissioner and Mrs. Richards have followed in their parental footsteps, and are now officers in the Salvation Army, holding important positions in Java, South America, the continent of Europe and London, England.

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May be the dough had forgotten to rise.
 Or had risen quickly overnight and fallen again—
 To rise nevermore.
 'Twas weak flour, of course.
 Meaning weak in gluten.
 But FIVE ROSES is strong, unusually strong.
 With that glutinous strength which compels it to rise to your surprised delight.
 Stays risen too.
 Being coherent, elastic.
 And the dough feels springy under your hand.
 Squeaks and cracks as you work it.
 Feels the feel of a FIVE ROSES dough.
 Note the wonderful smooth texture—soft—velvety.
 Great is the bread born of each dough—
 Your dough!
 Try this good flour.

Five Roses Flour

Not Bleached  Not Blended

FOR SALE BY WM. C. BLEAKNEY

CHOICE SALT HERRING

For \$3.00 Half Barrel
\$5.75 Barrel

Delivered Customer's nearest Station

We have never before seen such splendid Salt Herring as we were fortunate enough to secure this season. Excellent size, and quality, they are exceptionally well pickled.
 Put up in the new galvanized iron hopp, pickle tight barrels and we are shipping them anywhere in Nova Scotia, freight paid to customer's nearest station, at the following low prices:—

WENTZELL'S LIMITED

Eastern Canada's Greatest Grocery House

Halifax, N. S.

Hennigar Bros.

— MANUFACTURERS OF —

Sausage, Head Cheese, Beef Brown, Hams and Bacon.

WANTED

Beef Hides, Horse Hides, Veal Skins & Wool.

When Wanting Groceries, Meats or Fresh Fish

Kindly place your order with us. We will do all in our power to satisfy you. Thanking you for past favors, we remain yours respectfully,

HENNIGAR BROS.

Wolfville People Praise Simple Mixture.

Many in Wolfville praise the simple mixture of buckthorn bark, glycerine, etc., known as Adler's. This remedy is the most THOROUGH bowel cleanser ever sold being even used successfully in appendicitis. ONE SPOONFUL relieves almost ANY CASE of Constipation, sour or gassy stomach. ONE MINUTE after you take it the gasses rumble and pass out. Adler's cannot gripe and the INSTANT action is surprising. A V. Rand.

The cross-examining lawyer had adopted a rather unpleasant tone in questioning the witness, who, however, kept his temper.
 "Have you ever been arrested?" was among the questions put.
 "No, sir."
 "Have you ever been in this court before?"
 "No, sir."
 "Your face looks very familiar. Where have I seen you before?"
 "I am the bartender in the saloon 'cross the street."

Professional Cards.

DENTISTRY.

Dr. A. J. McKenna

Graduate of Philadelphia Dental College.
 Office in McKenna Block, Wolfville.
 Telephone No. 42.
 GAS ADMINISTERED.

C. E. Avery deWitt

M. D., C. M. (McGILL)
 (One year post graduate study in Europe.)
 Office hours: 8-10 a.m., 1-3, 7-9 p.m. Throat work a specialty.
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G. PURVES SMITH

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Consultation Hours: 10 a.m.—12 noon. 2 p.m.—4 p.m.
 Monday Excepted. Telephone 163.
 Westward avenue, Wolfville, N. S.

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A.B., M.D. (Harvard)

Office at residence of late Dr. Bowles.
 Telephone 23.
 Office Hours: 8-10 a.m., 1-3, 7-9 p.m.

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Repairing of Boots and Shoes of all Kinds

Has resumed business at the old stand in his new building.
Orders Solicited and Carefully Executed.

JOB PRINTING

Neatly and Promptly Executed at

THE ACADIAN

We print Wedding Invitations, Calling Cards, Letter Heads, Note Heads, Statements, Bill Heads, Envelopes, Shipping Tags, Business Cards, Receipt Forms in all the latest styles of type.

DOMINION ATLANTIC RY

STEAMSHIP LINES TO ST. JOHN, N.B., HALIFAX AND BOSTON VIA YARMOUTH

LAND OF EVANGELINE ROUTE
 Wolfville Time Table

Corrected to Sept. 29th, 1915
 Service daily, except Sunday.

Express for Halifax and Truro 8.15 a.m.
 Express for St. John and Yarmouth 9.54 a.m.
 Express for Halifax and Truro 4.15 p.m.
 Express for Kentville 5.54 p.m.
 Express for Annapolis 5.54 p.m.
 Accom. for Halifax 12.50 p.m.
 Accom. for Annapolis 1.35 p.m.
 Express trains leaving at 9.54 a.m. daily, except Sunday, and 5.54 p.m. on Saturday only connect at Kentville with C. V. Branch train for Kingsport.

Express from Kentville 6.15 a.m.
 Express from Annapolis 6.15 a.m.
 Mon. only 6.15 a.m.
 Express from Halifax and Truro 9.54 a.m.
 Express from Yarmouth 4.15 p.m.
 Express from Halifax 5.54 p.m.
 Accom. from Annapolis 12.50 p.m.
 Accom. from Halifax 1.35 p.m.

ST. JOHN AND DIGBY
 Daily Service (Sunday Excepted)
 Canadian Pacific Railway E. S. Yarmouth leaves St. John 7.00 a.m. arriving Digby about 10.15 a.m. Leaves Digby 1.00 p.m. arriving St. John 5.00 p.m. making connection at St. John with train of Canadian Pacific Ry. for Montreal and the West.

Boston Service
 Express train leaving at 9.54 a.m. for Yarmouth connects with steamers of the Boston & Cornwallis S. S. Co., Ltd., sailing Wednesdays and Saturdays for Boston.
 Buffet parlor cars run each way, daily, except Sunday, on Mail Express trains, between Halifax and Yarmouth.

R. U. PARKER
 General Passenger Agent,
P. Giffins, Manager,
 Kentville, N. S.

E. S. PETERS

wishes to announce that he is now delivering all kinds of

MEATS

Orders sent to Cor. Gasperau avenue and Prospect street promptly and carefully filled.
 Phone No. 124.

COAL COAL COAL

Carefully Screened and Promptly Delivered.
 Springhill, Albion Nut and Old Sydney.
GIVE US A TRIAL Burgess & Co.

HARD RED BRICKS

the Building Material that has stood the test of time.
 Also best of

DRAINING TILE

at fair living prices. 36 cm Shaw's Brick and Tile Works
AVONPORT

Fine Property for Sale

Consisting of a Large Convenient House with big Veranda; House at most new. Also Barn with Carriage House, Stable and Mammie Shed and Pig Pen combined. Two and one half acres of Land, in good order, all set with Fruit Trees, including Peaches, Plums and Apples. 10 minutes walk to Acadia University, Schools, Station or Post Office. For further particulars and terms apply to
 E. J. POWERS,
 Box 102, Highland avenue, Wolfville.
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