

Citrona Park

A TEMPERANCE FRUIT COLONY.

CITRONA PARK is situated 2 1/2 miles from Orland, Glenn County, California, and 160 miles north of San Francisco, in a district that is practically **FREE** from **FROST** and **exceptionally healthful**. The soil is a deep clay loam mixed with fine gravel. The drainage, both on surface and in subsoil, is perfect. There is an abundant and unfauling supply of water. The orange, lemon, fig, almond, apple, peach, pear, apricot, olive, grape, and all kinds of fruit flourish here in perfection. The rainfall is abundant, so that no artificial irrigation is required except for citrus trees.

A clause in every deed prohibits the manufacture and sale of intoxicating liquor on the property for all time.

TERMS—\$65 or \$75 per acre, according to location—cash or easy payments. Ten acres make a comfortable homestead. If desired, the lots of absentee owners will be planted and cared for at lowest cost. For prospectus and other information apply to

REV. T. F. FOTHERINGHAM, D.D.,
103 Elliott Row, - - - St. John, N. B.

God. "The peace of God which passeth all understanding shall keep your hearts and minds through Christ Jesus."

Third—We may have the God of peace. "Those things," writes St. Paul, "which ye have both learned, and received, and heard, and seen in me, do; and the God of peace shall be with you."

The first means life, the second power, the third fellowship, and all belong to us because we are Christians.



KNOW THYSELF.

To help a man to know himself; to strip off from his soul all the conventional disguises in which he moves among his fellows; to lay aside the character which his own vanity, or the pressure of circumstances, or the flattery of friends, or the fashion of the day, or the habits of his business have led him to assume; to cease to act a part either for his own deception or for that of others; to dare to face himself, his sins, his true hopes and fears; and through them all to discern what the maker of his soul intended him to be, what he might have been once, what he still may be; to behold his natural face, the outline of his moral being, as God devised and drew it, to see himself as

A School Teacher

ON WHOM TWO OTTAWA PHYSICIANS OPERATED IN VAIN FOR

Bleeding Piles

WAS AFTERWARDS COMPLETELY CURED BY USING TWO BOXES OF

DR. CHASE'S OINTMENT.

The folly of risking a surgical operation, with its pain, expense and danger, is illustrated in the case of Mr. Lepine, who was cured of bleeding piles by the use of Dr. Chase's Ointment after the surgeon's knife had failed.

Mr. Arthur Lepine, school teacher, Granite Hill, Muskoka, Ont., writes: "I am taking the liberty of informing you that for two years I suffered from bleeding piles, and lost each day about half a cup of blood. Last summer I went to the Ottawa General Hospital to be operated on, and was under the influence of chloroform for one hour. For about two months I was better, but my old trouble returned, and again I lost much blood. One of my doctors told me I would have to undergo another operation, but I would not consent.

"My father, proprietor of the Riche-lieu Hotel, Ottawa, advised me to use Dr. Chase's Ointment, and two boxes cured me. I did not lose any blood after beginning this treatment, and I have every reason to believe that the cure is a permanent one. I gratefully recommend Dr. Chase's Ointment as the best treatment in the world for bleeding piles."

Dr. Chase's Ointment, the only positive and guaranteed cure for every form of piles, 60 cents a box, at all dealers, or Edmanson, Bates & Company, Toronto.

Indigestion

It isn't always the stomach's fault that food is not digested. Torpid liver brings Constipation. Bile gets in the stomach. The kidneys become affected. The whole process of digestion is weakened. No wonder you feel so uncomfortable after eating.

Fruit-atives

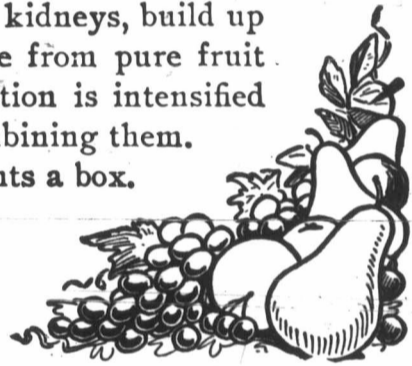
or Fruit Liver Tablets

make digestion complete by making the liver strong and active. They cause more bile to be excreted, thus effectively curing Constipation. They tone up the stomach, regulate the kidneys, build up the whole system. Made from pure fruit juices, their medicinal action is intensified by a secret process of combining them.

In tablet form, 50 cents a box.

At all druggists.

FRUITATIVES, Limited,
OTTAWA.



show their appreciation of their religion.

There are many ways of keeping Lent which will suggest themselves to the thoughtful. It is not, however, intended to decry actual abstention from food. That will always be the commonest method of fasting, because it is the easiest to regulate, and the one that most really occurs to the mind. It is, perhaps, in the majority of cases the kind of fasting most likely to be of advantage to both soul and body; provided, always, it be practised by those in health, whose systems are not apt to be injured by it. There are a great number of people who do not feast at any time. With many of them all days are fast days. They labour for small wages, and they have their wives and children to care for. Those who are better blessed can convert Lent into a pleasant reality by contributing of their abundance to their needs. In this way, by keeping Lent themselves, they will help and strengthen their less fortunate brethren, so that they will be able to keep Lent without injuring their health.



THE PATHWAY TO PEACE.

A ship captain whose boy had climbed the highest mast saw that the lad was losing his balance, and was likely to fall, and all because his eyes were turned down so that he could see the waves.

Putting his speaking trumpet to his lips the father shouted, "Keep your eyes up!"

Looking towards the heavens above, where all was calm, the boy eventually came down in perfect safety.

The storms are all about us, the turmoil, strife, and confusion on every hand, but if the mind is stayed on Christ, peace is the result.

First—We may have peace with God. "Being justified by faith, we have peace with God through our Lord Jesus Christ."

Second—We may have the peace of

God has ever seen him; this surely is the first work, the first revelation, for whose forwarding and guidance the gift of prophecy may still be lingering in the Church of Christ.—Bishop Paget.



YOUR RESPONSIBILITY.

Respect your individuality. It is a good thing to recall that we stand alone, that we are insulated from our fellows, that each of us stands out distinctly before God as if there were not another being on the planet. Realize this constantly. Do not confound yourself with other people, do not lean upon other people; stand on your feet.

We saw an article the other day in which the writer insisted that roses ought to be grown on their own roots; he said such roses were stronger and safer, and that they thus came to the utmost perfection of their splendid nature. It is the same with men. Keep on defining your individuality, hold personal fellowship with God, grow on your own roots, grow for eternity.

Realize your responsibility. Never attempt to limit it or to escape it; it is your glory; it alone distinguishes you from things and brutes.

We may not put our burden on our brother, but we may lean on God. He knows us personally. He does not know the ocean only, but the drop; not the milky way, but the star; not the meadow, but the flower; not the mass, but the atom; not the million, but the man. He knows you, and knows you altogether. And He can bear your burden. It would crush your neighbour, but it will not crush Him. He can bear it as easily as the Atlantic bears a bubble, easily as Mont Blanc a snowflake. Cast "all your care upon Him, for He careth for you.—Rev. W. L. Watkinson.

When writing to or purchasing from Advertisers mention The Canadian Churchman

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has held a proud position in the musical instrument world for over one-third of a century. A position won by merit and maintained by preserving a high standard.

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