THE TRUE WITNESS AND CATHOLIC CHRONICLE.

HOUSE Nº HOME

CONDUCTED BY HELENE.

ONLY A CONVERT.

Only a life by pain and sorrow dark-

ened; Poor, struggling right crushed down by cruel wrong; ▲ weary, hopeless one hard burdens bearing, Crying: "How long? How long?"

Shepherd; A grateful heart that in His Church finds rest;

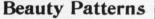
finds rest; simple trust the sweet, new With thought accepting That God knows what is best.

Only a convert, of His love unwor-

thy.

thy, Who may not give Him now the flowers of youth, But humbly hopes to bring. with later labors, Some fruits of faith and truth. --Unknown, in the Union and Times

True Witness





No. 8258-Girls' Over Blouse. Cut in sizes 5, 6, 7, 8 and 10 years. The six year size will require 2 1-8 yards of 36-inch material. This dainty lit-tle frock is simple yet most attractive. The waist is in full blouse fashion, and the slashed sleeves are a very pretty feature of the design. The straight skirt is attached to the waist and is fashionably full. China silk, lawn, dimity, checked gingham and albatross will all develop well be mailed to any address on the re-ceipt of 10 cents in silver or stamps.

	net neaven
PATTERN COUPON.	THE
lease send the above-mentioned tern as per directions given ow.	As over al The sums So over he There fa Blood
· No	The fields woods
	Are kindl
ne	rays, So at the to Grow fru
irese in fuir:	ways.

us together, or Time scattered them. We think of it during the day's toil as a haven of rest,—in the battle of We think of it during the day's toil as a haven of rest.—in the battle of life, as a refuge of peace; in grief and sadness, as an abode of healing and soothing, the oasis in the de-sert of life, which cheers the weary wanderer, and refreshes him by verdure and its pure springs of

bearing, Crying: "How long? How long?" verdure and its pure springs of attraction.
Only a soul that yearns for something higher;
Only a soul that yearns for something higher;
That seeks the light, but knows mot how to pray;
A faithful priest commissioned by the Master
To show te such the Way.
Only a lost sheep rescued by the Shepherd;
Verdure and its pure springs of attraction.
Only in the home shall we find pure, disinterested attachment. Our pursuits and interests are the same, taken and kneel at the same altar, and kneel at the same edd. Here the flame of love and devotion is kindled.
We go out into the world into scenes of business and pleasure, we

scenes of business and pleasure; we join the great army of workers, but still we are alone-the heart is des-olate. "Home is where the heart is," a sanctuary, where sympathy, honor and virtue may be found, where the eye may beam, and re-ceive an answering clance. ceive an answering glance: where love is ever ready to sacrifice every thing at the altar of affection. where

thing at the altar of affection. To make home happy, we must study to please, to serve, to be of use to one another. Make home attractive and pleasant, and the boys will not prefer the streets, the pool-room or club. Home is the best place for them, for there they are saved from a thousand tempta-tions. tion

Be careful, kind and agreeable at home, A smiling face is a blessing; its influence is like sunshine, for it warms the heart; not only the ho warms the heart; not only the home but the whole community is the hap-pier for cheerful people. Children instinctively recognize a smile as a welcome; its influence tends silently and sweetly to swell the tide of human happiness, while, on the trary, all usefulness is hindered conby an unkind, sour, and perverse ten

A cheerful spirit throws over the A cheerful spirit throws over the domestic enjoyment of the home a new beauty; it heightens our power over the heart of husband, wife, bronew beauty; it neightens our power, over the heart of husband, wife, bro-ther, sister, children and friends. When familiar faces are cheerful and smiling, the good-night kiss or morn-ing greeting, are the more endearing. The gentle words and looks of affec-tion, the forgiveness of faults, the warm pressure of the hand at meet-ing, and the bitter tears at parting, all these make life worth living. Never wear a frown, or utter an angry word at home, if you can pos-sibly avoid it. Some people have a smile for every one but their own home family, they are pleasant and agree-able abroad, but in their own home is a spot under heaven which should.

is a spot under heaven which should call out the best affections, the warm-est love and the kindest smiles, it is the home.

RELIGION IN THE HOME.

Home is the place of the highest joys; religion should sanctify it. Home is the sphere of the deepest sorrows; the highest consolation of sorrows; the highest consolation of religion should assuage its griefs. Home is the place of the greatest in-timacy of heart with heart: religion should sweeten it with the joy of confidence. Home discovers all faults; and albatross will all develop well. A pattern of this illustration will be mailed to any address on the re-sept of 10 cents in silver or stamps.

PRECIOUS BLOOD.

Il the earth there pours shine in a golden flood, earts in showers of grace alls the saving Precious

and orchards and the

led 'neath the sun's warm

ouch of Christ's dear Blood hits and flowers along life's

FOR MARRYING,

June is first choice. In Holland girls prefer to become blushing brides in May. About an eighth of Scotch marriages

About an eighth of Scotch marriages take place in June. One-seventh of the Swedish mar-riages occur in "the month of roses." Germany favors April, regarding it as the first of the spring months. February is first choice in Italy, especially the period preceding the beginning of Lent. Russia's favorite marriage month is January. So marriage lite like

is January. So marriage, le death, has all seasons for its own. TAKE A VACATION.

You need a rest. You need a change. Don't wait until the doctor prescribes it. Take it now. Take a month off. Or take a week off. Even an afternoon will do.

Take a half day out in the fields or by the shore of the lake. And then read this poem of Elizabeth Barrett Browning:

'The little cares that fretted me. I lost them yesterday Among the fields above the sea,

Among the heads above the sea Among the winds at play; Among the lowing of the herds, The rustling of the trees, Among the singing of the birds, The humming of the bees.

"The foolish fears of what might be, I cast them all away Among the clover-scented grass,

Among the new-mown hay; Among the nusking of the corn, Where drowsy popples nod. Where ill thoughts die and good ard

Where ill thoughts die and goo born, Out in the fields with God."

THE SUMMER GIRL.

THE SUMMER GIRL. She is a fluffy, pretty sort of a girl. It takes less to make her look well than it does in winter, so she revels in clean waists, lawn frocks, and dotes on bargain parasols and ribbons. Take her as she stands and year mount on her could be bought girl ribbons. every garment on her could be bought

for ten dollars. But if her good ap-



outlook for young men who will spend their money on her, if she ex-pects too much, she will soon be shunned. The average young man's pocket will not stand a very great pocket will not stand a very great tail feathers of the dispatch bearing torown of the German army. pects too much, she will soon be shunned. The average young man's pocket will not stand a very great strain and the girl who knows enough to keep down expenses when she is out with a young man will be the one whom he and all his fellows will like. When a young man working on a weekly salary of twelve or fif-teen dollars pars attantion to a stal

"A laud is what its women makes its men. The virtue and piety of the Irish women have been prover-bial," says Cardinal Logue. "It is that virtue and piety impressed upon Irish sons by Irish mothers that have held this one small island in a foremost place among those lands that furnish men to do the world's work for the world's betterment. Is it working in a good cause? Is it ighting a good fight? Is it laborworking in a good cause?

I do not ask to have my good deeds and directed his attention to I do not ask to have my good deeds known To all the world. Upon Thy altar stone I ay my gift, knowing Thy love for me Is the sweet guerdon of my trust in Thee! Thou knowest every winged thing I do not ask to have my good deeds small boy, asking him many ques-tiona turned to heaven, and Bobby was asked concerning the abode of the blest. "Yes," said the youngs. In the strate we're go-ing to move to "-Arconaut

Thou knowest every winged thing ing to move to."-Arg that flies; Without Thy will, no flower fades

or dies. O let Thy love and care o'ershadow me, Until at last I rest in peace with

Thee -Anna Barnum Kelley.

DID IT OCCUR TO YOU?

That your husband will admire your provess in making a good cake as much as your deftness in dressing your hair in the latest fashion?

your hair in the latest fashion? That eight out of ten men are un-critical as to the cut of their wife's new frock, but are extremely critical as to the composition of the soup at

That anecdotes of the children's sayings and doings may possibly pall on your visitors with frequent repe-

tition? That the oftener we make a deter-mined effort to control temper, the easier does the task become? That to talk deprecatingly of one-self is sometimes just as foolish as to talk boastfully? That ill humor, especially in chil-dren and delicate people, is often merely an indication of fatigue or of indisnosition?

indisposition?

indisposition? That over-fatigue, is a frequent cause of the naughtiness of children? That candor, though an excellent virtue, can sometimes if used with-out tact, cause a great deal of pain and wound the feelings past cure? *** *** SINGING PIGEONS.

she vocks. The queer Chinese change pigeons and into song birds by fastening whistles s and to their breasts. The wind of their ought flight then causes a weird and plain-dap-tive music that is seldom silenced in she the pigeon haunted cities of Pekin pret-and Canton. The Belgians, great to pigeon fliers, fasten whistles be-neath the wings of valuable racing

pearance has not cost much she must not forget to hold herself pret-ty well up. If she condescends to hint for treats, if she is on the



HOW TO CARE FOR POLISHED

TABLES.

Intel when a young twelve or fifter on a weekly salary of twelve or fifter on dollars pays attention to a girl, it is her business to see that he does things that are so simple that we forget to employ them. Here is an afford. She ought to shun attention for mean who is spending more than his income, for there may the trouble ahead for him and embarrassment for her because of it.
A LAND IS WHAT ITS WOMEN MAKE ITS MEN.
"A laud is what its women makes its men. The virtue and piety of the Irish women have been proverbial," says Cardinal Logue. "It is that virtue and piety impressed upon Irish sons by Irish mothers that have held this one small island in a foremost place among those lands. There, you see that held-miny pasture over there. Now, my horse he eat the grass, and it came up hair all over he's pack. Then my sheep he eats shoost de same grass und it grows wool all over him. And vot you think. My goose he eats the grass, 'too, and sure's I tell you it comes all over him feathers. You understand dot, do you? Heigh!'

NEVER RUB SOAP ON YOUR HAIR.

often

eats shoost de same grass und it grows wool all over him. And vot you think. My goose he eats the grass, 'too, and sure's I tell you it comes all over him feathers. 'You understand dot, do you? Heigh!" George (anxiously)-"I understand you'r father speaks very highly of e. verlyn-"Yes, but he doesn't mean a word of it."

CONTENTMENT.

conversa-Bobby

THURSDAY, AUGUST 13, 1908.

Women's Ailments

There is no need whatever for so many romen to suffer from pains and weakness, ervonmess and alsoplesmes, ansmin, yuteris and melancholin, faint and dinxy pells, and the hundred other troubles hich render the life of too many women round of sickness and suffering.

AND NERVE PILLS Have Restored Thousands of Canadian Women to Health and Strength

Wound to incarts and Strength Young girls budding into womanhood who suffer with pains and headchee, and whose face is pale and blood water, or women as the change of life who are ner-yous, subject to hot finahes, feeling of pins and needles, etc., are tided over these try-ing times by Milburn's Heart and News Pills.

Pills. They have a wonderful effect on a woman's system, making pains and aches vanish, bring color to the pale check and sparkle to the eye. The old, worn est, tired out, languid feelings give place to strongth and vitality, and life seems worth living.

trongth and vitativy, say strongth and vitativy, say living. Price 50 cents per box, or 3 boxes for Price 50 cents per box, or mailed direct on receipt of price by receipt of price by

Catholic Summer

School.

its certain inevitable destruction. On the special invitation of Rev. John

in the nature of an informal recep-tion in honor of Miss Katherine E.

piring growth since her last visit. With two lectures on "John Boyle

O'Reilly, 'The Man and His Work.' Miss Katherine E. Conway, a name synonymous with all that is good in Catholic literature, inaugurated the sixth week of evening lectures. A subject which, by reason of her in-

timate association with the

es on '

The Man and His Work.

founder

O'Reilly.

MILBURN'S HEART

THURSDAY, AU

AB

(By Fran

With a light t maid entered, al inside binds, le sumshime into th she stopped to ' ing one of her du and the calendar room agreed. As she quietly opened her drow dose them Though she was for the days that morring,' like she liked to beec gradually, drif on shallow wav revocably cast a A gentle yawn as she lay, half to move until co was no further l into oblivion. J none, for little l deared until she full wakefulness ber in the fac wall. With such wall. With such was no mistakin 35th of April. That she, who like of all calen recipient of one days in symbo and as black as a person who h need of a calend least offensive of agreeable innut the fact of a fari exactness, who H

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"Some'time in "Late in Octol ence does it make dermining her ne Georgiana —to V day and who ca

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of time-time p tics was incomp accepted it as a in the sacred nar hanging the ca bed, gravely insi-cal Nora to win

ing. Never since it

Never since it any day loome black to her im 25th of April. the year that si avoided, being o anniversaries the

mortals recognize ing, when what-from what-one-or

nost mortifying She buried her

She buried her shut the **calenda** good. Though s she could not cl reproach. and sl ing that whethe

her case was up "Do you know it glared satirica "Not exactly," mission. ."Thirt eight. If you p know precisely.

know precisely. dated, if it's all

our family we no

"You were bor Haughtily--"St

"Have you even

"And this same to-day To-morrow will

Do you know enough to have s daughter?"

daughter?" Miss Brant spry grasping the offer more force than the nearest draw that she never w

again. "How anyone o

days.

"Contentment," said Uncle Eben, "may be better dan riches, but dar ain't no way of negotiatin' it at de land"ard's office or de grocery sto'."

land"ard's office or de grocery sto'." 4 4 4 Bishop Ludden, of Syracuse, is not only a kind shephera over his peo-ple; he is also a great wit. The fa-mous Father Healy, of Bray, was not more sparkling than is the good Bishop when the latter is in humor. One day a number of ladies of fine social standing in the diocese found it necessary to go down to his resi-dence and explain why they had given an entertainment during Lent in which dancing was a distinct fea-ture. They had given it under co-ver, they thought, but the Bishop soon got wind of it. Result, a score of "charitably disposed" ladies tell-ing him what actually had occurred. "I did not take any part in the dancing," quavered Mrs. Tremolo. "I didn't either," protested Mrs. Alwaysgood.

Alwaysgood. "Neither did I," piped Miss Saint-

ly. "I sat still all evening," assured And so each ex-

Miss Lovey Mary. And so each ex-plained down to the last. "Ah," exclaimed the Bishop with a keen glance down the line, "I see how it was ladies; none of you danced. You were all-er-er-wallflowers!"

A YOUNG POLITICIAN

Representing one of the great move-ments of the Catholic Church in America, the Champlain Assembly, which has been the recipient of many indexesses, commendations and bless-ings, on Sunday was crowned with the commendation of the present Pontiff, Pope Pius X., and showered with the choicest blessings of His Holiness. The Pope's salutation and blessing came in the form of a letter to Rt. Rev. Henry Gabriels, D.D., Vice-President of the School, and bore the signature of Carolinal Merry Del Val. It was the meeting of the baseball team in a New England village, and the business before it was the elec-tion of a captain for the coming

Of the dozen youngsters present more than half were candidates for the post. * First one and then ano-ther rose and stated the claims and qualifications of his particular fav-

Sunday, as usual, was a most fit-ting preface to an eventful week. Be-ginning with services at six o'clock, more than thirty Masses were said before the Solemn High Mass at 10.30, which was sung by Rev. Wil-liam R. Charles of the Albany Ca-thedral. The sermon of the day was delivered by Rev. Thomas F. Burke, C.S.P., of New York. One of the most eloquent priests of the Paulist Fathers, Father Burke gave a power-ful delineation of the spiritual life with all its beauties and rewards in sharp contrast to the carnal life with its certain inevitable destruction. On orite. The matter was still undecided when the son of the owner of the ball-field stood up. He was a small, snub-nosed lad, with a plentitul sup-ply of freckles, but he looked about him with a decided show of dignity and confidence. "I'm going to be captain this year," he said convincingly, "or else father's old bull is going to be turn. orite. The

year," he said convincingly, "or else father's old bull is going to be turn-ed into the field."

He was elected unanimously. MODERNIZED.

Talbot Smith, the choir of the Ca-thedral of Montreal came to Cliff Haven on Sunday and sang the Gre-gorian Chant at the Solemn High Pastor-And what, may I inquire, astor-And what, may I inquire, is your walk in life? Brisk Newcomer-Obsolete expres-sion, my dear sir. There are no walks in life nowadays. Everybody has to run like mad or got left. gorian Mass. Mass. By musical critics ranked among the great choirs on the Con-tinent, the singing both in the Mass and at the Family Gathering was most beautiful and inspiring. The Sunday evening gathering, which was presided over by Rev. J. F. Mullany, LL.D., of Syracuse, was

has to run like mad or get left. Farmer Checkerberry-Erza writes: "I fell off the water-waggon last might an' got simply paralyzed but am able to get up an' hev my bed made this mornin'." What in blue blazes does that fool boy wanter ride around on one o' them waterin' carts fer ? Serves him right, I say, fer not hirin' a buggy. Gol-ding it! I give him monsy ernuff tew ride decent like. tion in honor of Miss Katherine E. Conway. After a delightful rendi-tion of "Serenade" of Saint Sans by the Montreal choir, Father Mui-lany introduced Judge Walsh of New York, who spoke briefly and pointed-ly of the place the School held in the affairs of the Church, Following a baritone solo by Mons. Ladui, of Montreal, Dr. Mullany presented Miss Conway, who in responding spoke in a reminiscent manner of the early struggles of the school and the in-spiring growth since her last visit.

UNDERSTAND?

"You are the schpeaker?"

"You are the schpeaker?" "Yes, sir; I am." "Vel, vot you schpeak about?" "My subject, sir, is this: "Resolv-ed, that I will never believe anything I do not understand." "Oh. my! Is that it? Vell now, you shoost take von lectle example. There, you see that field-my pasture over there. Now, my horse he eat the grass, and if came up bajr all

F

pat bel

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Ad

CHEESE SALAD.

Make an ordinary French dressing in proportionns of one tablespoonful of vinegar to three of oil, a dash of of vinegar to three of oil, a dash of mustard, salt, and red peper, to taste. In this dressing rub Roque-fort cheese—the potted cheese is ready to use as it comes—the other must be grated or crushed until the whole is smooth and about the con-sistency of thick cream. Serve with crisp lettuce and hard crackers. FRUT JELLY. One package of grelatine dissolved

FRUTT JELLY. One package of gelatine dissolved in half a pint of cold water, juice of one lemon, one cup of sugar, two bananas sliced thin. one orange quartered, seeds and all white por-tions removed; stir together, being careful not to break the fruit, and cool. Serve with whipped cream or custard made of one egg, a pint of milk, three-quarters of a cupful of sugar and flavor to taste. HOME.

Home! the very word is expressive and thrilling. Dull indeed is the ear that does not respond to the immor-tal song of "Home, Sweet Home!" We love to think of our childhood's home, of the dear ones that compos-ed the domestic cricle, before Death came and broke the chain that bound

Oh, when we see the ruddy dawn. Or sunset's glorious sky of red, Our thoughts should turn unto that Heart Which for us all its lifeblood shed! Maria

-S.M.R., in Ave Mar THE COURTEOUS WOMAN,

She is not the woman who has one voice for her friends and as socialtes, and quite another for her servants and tired people behind

sociates, and quile another for her sociates, and quile another for her sociates, and quile another for her servants and tired people behind counters who wait upon her. Nor is she the woman who bids visitors an affectionate farewell in one breath, and in the next expresses her thankfulness at their departure. Certainly she is not the woman who discusses withone friend the fol-lies or secrets of another. A truly courteous woman induges in none of the petty shams and de-ceptions which make life insincere. She has the gentle manner and voice for all, high or low, and she never demeans herself by personal comments behind people's back which could not be openly said in their presence. So much a matter of gentle heart is genuine courtesy. The for home influence is not passing but an abiding one, and all-powerful for good or evil, for peace or strife, for happiness or misery. Each sepa-rate Christian home has been likened to a central sun, around which re-volves a happy and united band of warm, loving hearts, acting, think-ing, rejocimg, and sorrowing together. Which member of the family group can say: "I have no influence?" What sorrow, or what happiness, lies in the power of each!

dom and progress. Denied the free-dom and progress on their native soil, the spirit and hope of it never died, and given a chance in lands like this you see what the Irishman can do and has done?" A PRAYER.

I do not ask that every day be bright, With golden noon and radiant, star-

night,

I only ask, O Lord, for light to see The narrow path and know leadest me.

I do not ask for honor, wealth or

fame; I do not wish for an emblazoned name

But: Lord, a precious boon I ask of Thee: That Thou would'st give me true

humility.

I fear, O Lord, these wayward feet

And this rebellious heart will not obey. Into an humble heart, like

Thing

O Lord, transform this restless heart of raine!

Opinions differ as to how of the hair should be washed. The ture and quantity of the hair a the condition of the scalp should taken into consideration when Opini ing to upbuild a great city or a great country? Then there, always, you will find the strong sons of Erin, and they have been strong sons The nathe condition of the scalp should be taken into consideration when decident of the hair is the digits of the scale of the scal because they have had good mothers No longer a nation, without a part in its own government, Ireland has stood steadfast to its ideals, and in all the oppression of years the spirit of Ireland has never been subdued, and that spirit is always for free-dom and progress. Denied the freeand that spirit is always for free-dom and progress. Denied the free-

Bruise it first with a flat-iron, pour boiling water on it, leave for a few minutes, stir well and strain. Pour another pitcher of water on the bark and repeat the process. Wash your hair in the frst water, rinse in tho second, and then dry in the ordinary way. Shampooed in this way there is no danger of one's hair feeling sticky afterward, as there might be if soap were used. There is also a listerine shampoo that is porticular-ly good for blond hair. COWAN'S

FUNNY SAYINGS

THE LAST MOVE.

THE LAST MOVE. Bobby is the son of a Methodist minister and has had the experience of "moving" four times in the space of eight years' life. He disapproves strongly of the itinerant system which is the bane of the Methodist clergy. Some time ago an elderly minister was visiting Bobby's father

THE COWAN GO., LIMITED, TORONTO

ord of it George—"Are you sure of that?" Evelyn—"Certainly. He does it just to tormert mother" to torment mother

SIGN OF PRECOCITY

First Magazine Editor-I believe my youngster is cut out for an edi-

Second Editor-Why so ? First Editor-Everything he gets his hands on he runs and throws into the waste basket.

A TRAITOR TO HER SEX.

"She is a horrid girl!" exclaimed eight-year-old Elsie. "She's forever wishing that she was a boy." "Well," replied Kitty, also eight "I'an sure I wish I was, too." "Of course, but she wishes it out loud so the boys can beer ber"

loud so the boys can hear her.

Cocoa &

Chocolate

five lectures to Materialism," a subject of particular import at this time. With two most interesting studies in "The Works of the Monks in Ireland," the Rev. William M. Dwyer, S.T.B. of Svracuse, N.Y., closed the evening Syracuse, N.Y., close lectures of the week.

The week just closing, which has been so eventful, might quite fit-tingly be called "musical week" at Cliff Haven. With the recital on Tuesday evening by Mr. Leigo of Dilt delayed by Der Zerk Philadelphia, assisted by Prof. Zeck wer, as a prelude, the climax, alone of the week, but of the atome of the week, but of the sec-sion, was reached at the annual grand concert last evening. Never before in the history of this commu-nity has such unusual musical talent been assembled for a concert as Prof. Zeckwer had under his direc-tion has examine. The leadure so

The was a boy." bied Kitty, also depuised to be a concert as the first many depuised to be a concert as the bies of the second and the bies of the mathematical operators were taken by Miss Graco has evening. The leading so the mathematical operators were taken by Miss Graco has evening. The leading so the mathematical operators were taken by Miss Graco has evening. The leading so the mathematical operators were taken by Miss Graco has evening. The leading so the mathematical operators were taken by Miss Graco has evening. The leading so the mathematical operators were taken by Miss Graco has evening. The leading so the mathematical operators were taken by Miss Graco has the mathematical operators were taken by Miss Graco has the mathematical operators were taken by Miss Graco has the mathematical operators were taken by Miss Graco has the mathematical operators and member of the mathematical operators and member of the mathematical operators and the mathematical operators and the mathematical operators and member of the mathematical operators and member of the mathematical operators and the mathem

