

Burdock BLOOD BITTERS C U R E S

CONSTIPATION.

According to the best medical authorities, fully three-fourths of the people of the civilized world suffer in some form from costiveness or irregular action of the bowels. That savages do not so suffer is due to their active, open air life, simple food, etc. There is no doubt that many distressing diseases are caused by constipation. Aside from creating impurity of the blood, it gives rise to headaches, piles, foul humors, fevers, debility, etc. Therefore it is of supreme importance to health that the bowels be kept regular. Simple food, fruit, etc., should be used, and rich food and stimulants of all kinds avoided. This, with the use of Burdock Blood Bitters to regulate the bowels and establish healthy action of the stomach, liver and kidneys, cannot fail to perform a complete cure even in the most obstinate cases. B. B. B. is a natural remedy for constipation, and its reputation is one of continued success, proved by the overwhelming evidence of thousands of testimonials.

Sure to Cure.

DEAR SIRs,—I suffered with constipation and headache, and having taken a bottle of B. B. B. on trial, found it doing so much good that I sent for several more, and it proved a sure cure. I use it in my family, and feel safe in recommending it to my friends.

MRS. GORDON McKAY,
Jordan Falls, N. S.

A Prompt Effect.

DEAR SIRs,—I was very bad with costiveness, and one bottle of your Burdock Blood Bitters cured me. I would not be without it.

MRS. WM. FINDLAY,
Bobcaygeon, Ont.

Felt Very Miserable.

DEAR SIRs,—I was troubled by costiveness and sick headache, and in fact felt very miserable until I tried B. B. B. I used seven bottles with Burdock Pills also, and they made me as well as ever I was. This was about two years ago, and I still enjoy the best of health.

MRS. A. McCULLOUGH,
Digby, N. S.