

Let it be after your morning or evening prayer, or any other time. If you cannot secure the same time every day, be not troubled. Only see that you do your work. Christ chose you and appointed you to pray for others.

If at first you do not feel any special urgency or faith or power in your prayers, let not that hinder you. Quietly tell your Lord Jesus of your feebleness; believe that the Holy Spirit is in you to teach you to pray, and be assured that if you begin, God will help you. God cannot help you unless you begin and keep on.

Pray without Ceasing.—How do I know what to pray for? If once you begin, and think of all the needs around you, you will soon find enough. But to help you this little tract is issued, with subjects and hints for prayer for a month. It is meant that we should use it month by month, until we know more fully to follow the Spirit's leading, and have learned, if need be, to make our own list of subjects, and can dispense with it. In regard to the use of these helps a few words may be needed.

1. How to Pray.—You notice for every day two headings—the one **What to Pray**; the other, **How to Pray**. If the subjects were only given, one might fall into the routine of mentioning names and things before God, and the work become a burden. The hints under the heading **How to Pray** are meant to remind of the spiritual nature of the work, of the need of Divine help, and to encourage faith in the certainty that God, through the Spirit, will give us grace to pray aright, and will also hear our prayer. One does not at once learn to take his place boldly, and to dare to believe that he will be heard. Therefore take a few moments each day to listen to God's voice reminding you of how certainly even you will be heard, and calling you on to pray in that faith in your Father, to claim and take the blessing you plead for. And let these words about **How to Pray** enter your hearts and occupy your thoughts at other times too. The work of intercession is Christ's great work on earth, intrusted to Him because He gave Himself a sacrifice to God for men. **The work of intercession is the greatest work a Christian can do.** Give yourself a sacrifice to God for men, and the work will become your glory and your joy too.

2. What to Pray.—Scripture calls us to pray for many things: for all saints; for all men; for kings and all rulers; for all who are in adversity; for the sending forth of laborers; for those who labor in the gospel; for all converts; for believers who have fallen into sin; for one another in our own immediate circles. The Church is now