#### et The Pace In Your Own Home Tewn

(Continued from page 13)

The Queen of Hearts she made some

cakes in a war-time day,

Knave of Hearts he thought those

to steal away.

T YOU COME AND STEAL AWAY ONE OF OUR WAR-TIME CAKES?

"In return for which we will steal away a few of your pennies to help-(name of cause for which sale is being given).

#### The Candy Booths.

Without any decoration the can booth is, of course, attractive to Nevertheless let us trim children. a bit. Popcorn balls hung by bright red ribbons are appropriate for this e inasmuch as we are urged to corn instead of flour, and molasses stead of cane sugar. At each corner the booth place tins of corn syrup and honey—(these being advocated as

the best of substitutes for sugar). The recipes of war-time candies are easily obtained either from the various magazines or from the Educational Deparment of the Food Board at Ottawa. All lovers of chocolate will be glad to know that there is plenty of chocolate and cocoa, and we are urged by the Government to use more freely this nutritious food. The chief change in our war-time candy is, instead of chocolate cream to have centres of dates, cherry, nut, etc. Therefore, the following lines are suggested for the chocolate poster:

Give me quick a chocolate cream, that's what I used to scream,

But give me now a chocolate nut and sweetly then I'll beam.

The following is suggested for the molasses poster:
Molasses candy is sticky and good,

molasses candy is yellow

Molasses candy is best of the bunch, fit for a good little fellow.

The Pie Booth.

The only difference that one can really make between war-time pies and peacetime pies is in the matter of crust. For instance, serve a deep apple pie instead of an ordinary pie and sell custard, lemon, etc., pies. Really the best way to do with pie is to substitute and use puddings made with bread crumbs, and what is really better than a "Brown Betty Pudding"? While these puddings could hardly be sold at a bazaar still the housewives of the community will be able to make dishes appropriate for the table and the following poster could

Little Jack Horner sat in a corner eat-ing his war-time pie, He took one bite as if by right, and said:

"What a good boy am I." Many attractive decorations could be

used for this table War Ditties for the Little People.

Now let us come to an interesting booth where are sold little booklets, "War Ditties for Children," and a booklet of war-time recipes. If you have a branch of Girl Guides in your district you might get them to compile these booklets.

The best way to present this to them would be to have a competition between the different patrols, awarding the prize to the patrol handing in the best recipes. The captain and the patrol leaders between them can design and make the appearance as attractive as possible. If you have no Girl Guid s in your district, this is a form of patriotic work which would probably appeal to any

group of girls. Appropriate sayings or verses can be scattered throughout the book, as, for instance, in the "Hints on Gardening" section: "Live close to Nature for great content."

Our "War Ditties for Children" we must make just a dear little book, for which you would gladly part with at least fifteen cents. It would hardly pay, of course, to have these little books printed, but perhaps you could get someone who would be generous with his time to typewrite them off; and if the girls are still good-natured, they could help to make attractive little covers, as well as help to compile the jingles.

Please, dear reader, do not smile at our samples for these ditties, for the writer does not come from a poetical family, but we feel sure that when you make up the real book you will be able to think out better verses yourself. The following is merely suggested to put on the poster for the booth at which these little books are to be sold:

of Hearts and the following jingle used Jingles, jingles to the children tell; It honestly will help grim hunger to guell.

'WAR DITTIES FOR CHILDREN" SOLD HERE.

Needless to say, we will jot down only a few ditties, but the verses given for the various posters, especially the ones for the candy, might also be used.

A SONG OF BREAD. Mary, Mary, do you always eat white bread? y to buy for you brown

tead.

sugar mountain eve so

righ. with 's children sigh; And I wish somewhere I'd and a whole

pile of ships, perhaps I'd whitle them from bamboo chips.

Then with you I' take, a trip across

the deep, blie sea,
And say to Freich children, "These cakes am me;
I've far more to eat than is good for

me, they say, So let's divvy up' and hold old Bill at bay."

Now, dear reader, what are you going to do about this war-time sale of cooking? Will you not take the initiative in your district, or if you have neither the time nor strength to do it yourself, interest some friend who has, and make the conserving of food attractive as well as practical. You know from your own experience that if a thing becomes stylish, so to speak, the rank and file of people will fall into it quicker and with more spirit than if they read volumes of books on the same subject or listened to the most oratorical c-speeches. Make it "the thing" in your district to serve unfrosted cakes and war-time candies only We emphasize again—make it stylish

The old sayin is still true that "great oaks fron little acorns grow," and small ideas swn here and there through rural mmunities (for of such communities 3 Canada largely composed) will sown mourt up to a mighty wave which vill sweep from "the Athantic to the acific"; and surely every housewife we have to be riding upon the crest of that are, holding firm over her heart, or he sake of her boys in France, he merit badge of a "Soldier of the Kitchen" of the Kitclen."

## Smoked Glasses

(Continued from preceding page.)

was always playing pranks and pulling curls and getting into all sorts of mischief.

"There was a king fairy, too, with a heart of gold. But the grey fairy had forgotten that he was a king. She couldn't see his heart nor his crown. Nothing but his everyday, brown robe."
"Was there a dragon?" demanded

Witch Marian, wriggling onto knees and putting both dimpled hands on aunty's shoulders.

"Yes, and he was such a funny dragon," twinkled Julia. "He had a queer name, too. He was called the Dragon of Domestic Dullness. 'Course you never heard that name before. And (Continued on page 41.)

#### AN IDEAL SUMMER OUTING.

The Provincial Government of Ontario earned the gratitude of all lovers of out-of-doors when it set apart, in 1893, nearly two million acres of heavily timbered land starred with beautiful lakes and winding streams, as a preserve for the wild things and a recreation ground for the people. They called it Algonquin Park. Away up in the "Highlands of Ontario," 200 miles north of Toronto, 170 miles west of Ottawa, and two thousand feet above the level of the sea, this lovely region remains to-day unspoiled, a perfect refuge for the creatures of the forest, and an ideal camping ground for the sportsman and business man. The Grand Trunk operate hotel and log cabin camps, which offer first-class accommodation in this wild and rugged playground. Illustrated descriptive literature may be had for the asking. Write C. E. Horning, D.P.A., Toronto.



#### "Your Beauty Ladies"!

"Ladies your beauty depends on the toilet preparations that adorn your dressing tablechoose them carefully. Buy the soap that is purethe Scents that are natural in their fragrance—the Creams and Powders that are soothing.

Those bearing the name VINOLIA are best and purest of all.

# VINOLIA LIRIL SOAP

is made from sweet soothing vegetable oils—and the delightful essences of sweet flowers—gathered fresh and fragrant from Nature's gardens and forests.

Vinolia Liril Soap is white before adding the perfume—but the Violet Essence changes the colour to a natural brown.

All Druggists sell Vinolia Liril Soap 10c a cake

THESE WILL PLEASE YOU

Royal Vinolia Tooth Paste 25c. Royal Vinolia Face Cream 25c and up. Vinolia Face Powders 50c and up.

VINOLIA COMPANY LIMITED

London 202

TORONTO





### Turnbull's "M" Bands For Babies

Are a necessity for every Infant from the date of its birth

They are made only of the softest and purest Australian Merino Wool, finely knitted, thus keeping the baby warm and comfortable.

The tapes, which are attached to the tabs front and back of the "M" bands, and go over the shoulder, carry all the strain of the diaper, absolutely preventing any stretching of the garment.

The diaper is pinned to the tabs, which not only provide a firm hold for the pin, but due to the support given by the tapes keep the diaper snugly in proper place, no matter how active the infant may be. Put up in sanitary boxes in sets of three. Price \$1.50 per box.

Sold by the best dry goods shops or direct by mail.

Send for a box to-day-giving age of Baby

The C. Turnbull Company of Galt, Limited GALT, ONTARIO 

PEERLESS POULTRY

#### ST. MARGARET'S COLLEGE

TORONTO A RESIDENTIAL AND DAY SCHOOL FOR GIRLS CANADA FULL ACADEMIC COURSE, FROM PREPARATORY TO HONOUR MATRICULATION, FULL COMMERCIAL COURSE—MUSIC—ART—HOUSEHOLD SCIENCE—PHYSICAL EDUCATION

Mrs. George Dickson, President
Miss Florence Neelands, B.A., Head of Senior House
School Reopens Tuesday, September 17th.

Miss Isobel G. Brown, Principal
Miss Marjory A. Ford, Head of Junior House
Calendar sent on application Calendar sent on application