

The Woman's World



THE Women's department of the Standard is conducted by Miss Hazel Winter of Fredericton, supervisor of the Women's Institutes of New Brunswick, and all matter for publication in this page must be submitted to Miss Winter for approval.

Organizing New Institutes

The tour being made in the interests of the Women's Institutes by Miss Winter and Miss Ingon, has been most successful up to date, and as an Ontario gentleman remarked, "Women's Institute work in New Brunswick will soon be on a par with Institute work in Ontario."

Through the columns of the Standard an account of the meetings on Deer Island was given. After visiting Grand Manan, where Institutes already exist, they returned to Fredericton again starting out on Monday, August 3rd, when they visited Fredericton Junction. They organized with nineteen members the officers being, Pres. Mrs. E. W. Bailey; Vice Pres. Miss Carrie Currie; Secretary-Treasurer, Mrs. Thomas; Directors, Mrs. A. C. Harris, Miss Florence Alexander, and Mrs. J. E. Landers, Mrs. Minnie E. Murray.

Each member is to come to the first meeting with a suggestion on "How to Improve our Public School."

From Fredericton Junction they went to Hoyt Station, Welsford, and then to Lorneville, all of which have flourishing Branches, and are doing splendid work for their members and communities.

It was an agreeable surprise to have a large audience, consisting of men, women and children at the Chance Harbor meeting. Much interest was displayed in the demonstration given by Miss Ingon and thirteen signified their intention of joining.

The officers included, Mrs. Robert C. Thompson, president; Mrs. J. Hargrove, secretary-treasurer; Mrs. B. Thompson, director; Mrs. A. Thompson and Miss Clara Belding auditors. Great things are expected from this Branch as all present seemed intelligently interested in this movement.

Possibly no members of any Branch in the Province, take a keener interest in the work than the members of the Clifton Branch. A tea and sale of fancy articles was held on Monday afternoon, August 10th, the public meeting being held in the evening, when every seat available was occupied.

The sale was a decidedly successful one, \$35.00 being realized. The proceeds to go towards a piano for the hall.

This meeting will long be remembered. A School Inspector and one of the ministers spoke very highly of the Women's Institute, and how it was greatly benefiting the school and the many communities.

At the new places visited so far, possibly the greatest enthusiasm was displayed at Bloodfield. Not only was the meeting well attended, but twenty-nine handed in their names as future members, and one gentleman joined.

The officers appointed are: Pres. Mrs. Jas. Floyd; Vice Pres. Mrs. Frank Hayes; Secy-Treas. Miss Mary Raymond; Director, Mrs. Roy Raymond; Auditors, Miss Maude Mathews, Miss Grace Wetmore.

They next visited Lever Millstream, New Brunswick. These Institutes are very anxious to contribute towards the Hospital Ship Fund, and patriotic committees were appointed at the Sussex and New Brunswick meetings to supervise canvassing their localities. The women of both places heartily responded to the call and substantial sums were realized in a very short time.

On Monday evening, August 17, a demonstration on the School Lunch and a lecture on Institute work were given before a full house at a public meeting at Penobscot.

A very efficient staff of officers were elected, including Mrs. Jack Scott, president; Miss Pusaley, vice-president; Miss Rita Morton, secretary-treasurer; Mrs. E. J. Lisson, director; Mrs. A. Freeze and Miss Ella MacLeod, auditors.

The night being stormy, it was not expected that the meeting at Pettitcodic, but when the hour for opening arrived, they were agreeably surprised to find almost every seat in the hall occupied.

The women made the meeting particularly interesting, by asking many questions on housework in general on Institute work and they readily organized, the following members being put in office: Pres. Mrs. D. R. Trites; Vice Pres. Mrs. C. A. King; Secy-Treas. Mrs. Herb Trites; Director, Mrs. H. H. Magee; Auditors, Mrs. G. W. Fleming, Mrs. S. L. Stockton.

Institutes already organized, are taken even a greater interest in the work and the organizers are meeting with great success all the new places, in fact much more so than was had anticipated.

Eight new Institutes have been organized, making in all, forty-seven Branches, and the membership is now over twelve hundred. Not too bad for the first three weeks.

Exchange Meetings

We urge those Institutes not far apart to exchange meetings from time to time. It is not only a change, but many helpful ideas may be gathered from many new friends made. To simplify the exchange of meetings, let the visiting Institute bring the programme, the "hostess" Institute taking charge of the social part of the meeting.

Not long ago the members of the Welsford Branch were entertained by the members of the Hoyt Station Branch, and a short time afterward the former Institute returned the compliment, very enjoyable and instructive meetings being held on both occasions.

Another Institute to follow out this idea was the Branch at Corn Hill, when recently they were "at home" to the Havelock Women's Institute, at which time Mrs. D. R. Keith, a member of the latter Institute, read the following helpful and encouraging paper:

Benefits Derived from Women's Institutes.

"My paper will be very much like the old lady's mince meat of which you have probably heard. When asked how she made it, she said, 'she just put in a little of whatever she had on hand.'"

I wish to speak merely of my own personal opinion regarding a Women's Institute and the benefits that may be derived from it. It is rather a new movement among us, although we know that already it has done much good throughout the Province.

In beginning a work of this kind we may feel very much as one starting to climb a mountain—hardly knowing which path to take, but feeling sure that all paths lead to something good. Then when we finally reach the top we are surprised and delighted with our outlook. Let us hope this may be true of our Institute work, and even now we can feel that we are on the path to some very useful end.

Getting New Workers.

Those of us who are already in the work will surely feel that we want our neighbors and friends to join us. Once get the idea fixed in our minds that the Institute is not to take us from our homes to the neglect of household duties, but that, instead, we may learn to perform those duties in a more intelligent manner and accomplish a great deal more than we would if we struggle along alone without advice and help from those fitted by study and experience to teach us new methods. I feel we shall have no difficulty in making our Institute a success and inducing new members to join it. Not that the Institute is merely a school for the young and inexperienced, but that in the variety of topics, which are discussed in the course of a year, there is sure to be something interesting and instructive for each one.

Some meetings we cannot attend because of one or two members.

Your System Demands

an occasional corrective to insure good health and strength. Success is almost impossible for the weak and ailing. Enjoyment is not for the sick. Impaired health and serious sicknesses usually begin in deranged conditions of the stomach, liver, kidneys or bowels.

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are recognized all over the world to be the best corrective of troubles of the digestive organs. They tone the stomach, stimulate the liver, regulate the bowels. They cleanse the system, purify the blood and act in the best and safest way.

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case with our Institute meetings, as can plainly be seen here today. A poor old Irish woman was hailed one day by some neighbor women who were passing her house on their way to church. They asked her to come along and leave her troubles behind for a little while. But she replied: "Sure I can't leave my troubles behind for there's thirteen av thim and they won't sthlay alone."

Brighten Our Ideas.

To many a young mother, cooking is probably the greatest problem. We all know how failures in cooking have caused us many a headache, and our families many a stomach ache. Not in cooking alone, but in other household problems as well, we may learn from each other. We may rubbing bits of dry wood and moss together. We may at least brighten our ideas, even if we never set the world on fire, by rubbing our ideas together, and where can we do this more profitably than in our Women's Institute meetings?

A Movement for Simpler Living. We are very apt to allow ourselves to become slaves of forms and ceremonies—to become cumbered with a too elaborate serving. When Jesus was entertained by Martha and Mary, as we all know, Martha was worried about the serving of the meal, while Mary was sitting at the feet of Jesus learning new truths. When Martha rebuked Mary for leaving her to serve alone, Jesus said: "Martha, thou art careful and troubled about many things, but Mary hath chosen the better part, which shall not be taken away from her."

In the enlightened age we learn many things about simplifying labor, but if we wait to learn from experience we may be too old to enjoy what we have learned. Experience may be a great teacher—not alone for the simple but also for the wise—but experience often costs too dearly. In the Women's Institute we exchange ideas, set new ideas and save ourselves and our families lots of hard work.

Too Much "Red Lead."

In a mining camp, I heard of a fore-sinner, rather uncouth and with a small understanding of the English language who was sent out by the foreman to join together some lengths of pipe. Supposing that the fellow knew something about the work he gave him no further instruction than to use "plenty of red lead." When the work was completed the foreman came around and found that the fellow had used enough red lead to fix all the pipes in the country. He asked why so much red lead had been used and the fellow replied that he had been ordered to use "plenty of red lead."

"Well," the foreman said, "Why didn't you use some judgment?"

"Why," the poor fellow answered, "You didn't say use that. You say use red lead."

SHEEP-KILLING DOGS

Sir— I would like to say a few words on the much discussed question of sheep-killing dogs. To my mind a good dog is as valuable as any animal on the farm. I like the black and tan collie trained to obedience from youth. The buff collies are too sensitive for ordinary work.

JAPAN'S WAR LEADER WHO IS FIGHTING KAISER.



Vice Admiral Kamimura is in command of the Japanese expeditionary naval and army forces fighting for the capture of Kiaochow, German possession in China. He is of the samurai or aristocratic class. He is sixty-four years old and has spent most of his time in Japan's naval service.

any mortals to handle. If farmers would castrate their male puppies it would in a great measure prevent band killing habit. I have never known a lone dog to kill sheep. I have a woolly dog which delights to be with the sheep, acts as a protector and will allow no scrapping among any of the stock on the farm. I have been handling sheep all my life. At present I have a flock that averages 12 lbs. of wool to the fleece; have 25 lambs from 14 sheep; thus far and more to hear from. I had one set of triplets that weighed when born 27 lbs. I have a few small team bells on my sheep, one to every 4 or 5 sheep and have never known them to be even chased by dogs.

R. W. Findlay, Danville, Que.—Census Monthly.

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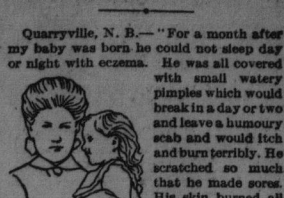
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Quarryville, N. B.—"For a month after my baby was born he could not sleep day or night with eczema. He was all covered with small watery pimples which would break in a day or two and leave a hummocky scab and would itch and burn terribly. He scratched so much that he made sores. His skin burned all the time and when the scab came off it left little marks like chicken-pox. At last I saw Cuticura Soap and Ointment advertised. After the first application he rested easier. I applied the Cuticura Ointment lightly and after an hour I would wash him with Cuticura Soap. After a month's treatment he was cured."

"I was greatly troubled with salt rheum on my hands. They broke out in little watery pimples and would be so itchy I could tear them to pieces. Then they would dry up and crack and bleed and when I put them in water the disease would fasten to the bones. They were so painful I had to keep them tied up with cotton rags. I could not do any work. One box of Cuticura Ointment with the Cuticura Soap cured them."

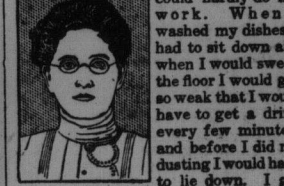
(Signed) Mrs. Grattan, July 31, 1913.

Cuticura Soap and Cuticura Ointment are sold by druggists and dealers everywhere. For a liberal free sample of each, with 32-p. book, send post-card to Foster Drug & Chem. Corp., Dept. D, Boston, U. S. A.

COULD NOT STAND ON FEET

Mrs. Baker So Weak—Could Not Do Her Work—Found Relief in Novel Way.

Adrian, Mich.—"I suffered terribly with female weakness and backache and got so weak that I could hardly do my work. When I washed my dishes I had to sit down and when I would sweep the floor I would get so weak that I would have to get a drink every few minutes, and before I did my dusting I would have to lie down."



I got so poorly that my folks thought I was going into consumption. One day I found a piece of paper blowing around the yard and I picked it up and read it. It said 'Saved from the Graves,' and told what Lydia E. Pinkham's Vegetable Compound has done for women. I showed it to my husband and he said, 'Why don't you try it?' So I did, and after I had taken two bottles I felt better and I said to my husband, 'I don't need any more,' and he said 'You had better take it a little longer anyway. So I took it for three months and got well and strong.'—Mrs. ALONZO E. BAKER, 9 Tecumseh St., Adrian, Mich.

Not Well Enough to Work.

In these words is hidden the tragedy of many a woman, housekeeper or wage earner who supports herself and is often helping to support a family, on meagre wages. Whether in house, office, factory, shop, store or kitchen, woman should remember that there is one tried and true remedy for the ills to which all women are prone, and that is Lydia E. Pinkham's Vegetable Compound. It promotes that vigor which makes work easy. The Lydia E. Pinkham Medicine Co., Lynn, Mass.

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