

# OUR HOME PAGE

## HOUSEHOLD NOTES

### FRENCH TOAST

Beat one egg until light, stir in one half a teaspoonful of salt and one cup of milk. Have ready about six slices of stale white bread cut one half inch thick. Dip them in the egg batter, turning until well moistened with the milk. Let them drain, and dip again if any batter is left.

Put into a shallow frying pan three tablespoonfuls of butter, lay the bread slices in and cook carefully till well browned; turn them over, and when the other side is browned remove to a hot dish and serve at once, plain, or with jelly or marmalade.

### TO CLEAN WHITE SHOES

First, bleach out any stains with salts of lemon. Wet the spot, then rub in a little of the salts and expose to the sun. If stain still remains cover it with a thick cream made of cornstarch and lemon juice, and allow it to dry on. Brush off.

Next scrub shoes with a good soap or mite of pumice soap (the hand kind); then, when dry, go over them with a regular shoe dressing. Put on shoe trees to clean.

### HAIR BRUSHES

Rubber brushes should never be washed with soda, however little you may use, for it destroys the rubber and damages the bristles. Ivory brushes should never be placed upon their back to dry, for the water will sink into the bristles and cause a green stain to appear upon the ivory back. The back and handles must be kept out of the water, otherwise they will be spoiled—this is specially applicable to cheap silver-backed brushes, which are apt to "spring."

### TRY THIS

Ham baked in grape juice is most inviting, and this mode of cooking may be adapted to a single thick slice or to a whole ham or smoked shoulder. For a whole ham or shoulder select one that is rather lean and soak and scrub it well after the usual fashion, then place it over the fire in cold water to simmer until partially tender. Do not cook as long as for boiled ham, as the finishing in the oven must be given some time. For added flavor drop two or three pieces of stick cinnamon, half a dozen cloves, the same number of peppercorns, and a piece of bay leaf into the kettle while the ham is simmering. Let the ham cool slightly in the water, then drain and trim it neatly, removing the skin. Now place it in a baking pan and insert cloves in neat rows over the fat side, sprinkling brown sugar thickly over it also. For a ten-pound ham pour a pint bottle of grape juice diluted with half its quantity of water into the roasting pan. Bake in a slow oven for two hours, basting frequently. The ham should absorb nearly all the grape juice with the exception of a small quantity which, with the fat that gathers in the pan, may be used in making the gravy. For added piquancy add a tablespoonful of sharp vinegar to the gravy as it cooks.

### BEEF TONGUE WITH RAISINS

This will make an excellent Sunday dinner dish. Select a smoked or pickled tongue and soak it overnight in cold water. Place it in fresh cold water, add half a lemon, thinly sliced, a bay leaf, three or four cloves, half an onion, six peppercorns, and if you have it, a small chili pepper. Simmer until tender, remove from the liquor, skin and trim neatly and set aside while the sauce is made. For this boil the liquor down rapidly to reduce its quantity. Melt two tablespoonfuls of butter, add two tablespoonfuls of flour, and cook to a smooth paste, then add three cupfuls of the liquor which has been strained, season well, and stir in the juice of half a lemon and half a cupful of large unseeded raisins. Simmer till smooth and slightly thickened, then add the tongue and continue simmering slowly for ten minutes. Remove the tongue to a platter and serve the sauce separately.

## Council Scores Hon. Murdock

It was decided at the June 20th meeting of the Toronto Trades and Labor Council to make the dirty conduct of the King Government in the postal strike, the chief issue of the North-west Toronto bye-election campaign.

The postal workers were endorsed one hundred per cent. for their stand in defying the Government and were promised the fullest moral and financial support.

Murdock and King were both condemned as betrayers of Labor and servants of the capitalists.

Should the Government crush the postal workers, an offensive would be launched against the entire civil service. It was urged that all Labor unite against the attempt to lower living standards.

The women delegates condemned the L.O.D.E. who volunteered to take the place of the men, as scabs.

An appeal was made to the railroad men to prevent strike-breakers from placing mail matter on the trains.

### LAMB CHOPS WITH PINEAPPLE

A very attractive dish may be served for a company luncheon very appropriately. Select rib chops and have them boned and rolled, then broil and season them with salt, pepper and paprika.

Drain canned pineapple slices from their juice and wipe them dry, brush each with butter, and broil or sauté to a tempting shade of brown; place the pineapple slices on a hot platter arranged a chop on each and garnish the dish with parsley. Top each chop with a fragment of pimento cut in some fancy form and serve all very hot.

### ROAST BEEF WITH BROWNED PEARS

Select your favorite cut for roasting, prepare and roast as usual in a hot oven. When nearly finished place large halves of canned pears, drained and dipped lightly in flour, about it, baste well and cook until brown. If preferred, the pears may be combined with parboiled white or sweet potatoes, browning both vegetables nicely, and serving them as a border around the roast.

### MEAT LOAF WITH BANANAS

This recipe calls for one and a half pounds of ground beef and four large, not too ripe, bananas. Mix the chopped meat with one well-beaten egg, half an onion grated, a teaspoonful of pepper, one cupful of soft bread crumbs and half a cupful of fat salt pork finely chopped. Form the meat into a loaf, and press it into a bread pan, or place it in a roasting pan, then cook as usual in a hot oven, 425 degrees F. When nearly finished peel the bananas and cut them in halves lengthwise, then crosswise, place about the meat, and continue baking until they are delicately browned. Sprinkle with salt and pepper and place as a garnish about the meat loaf when serving.

### BREADED PORK TENDERLOINS WITH APRICOTS

Have the tenderloins cut in inch-thick crosswise sections, then flattened well with the cleaver; roll them in fine bread crumbs, then dip in beaten egg to which two tablespoonfuls of water have been added, then again in the bread crumbs, and sauté in drippings or other good fat to a nice brown; remove to a hot dish. Drain a small can of apricots well, and dip each piece of fruit in flour, then sauté in the pan, turning carefully. Arrange the apricot halves about the pork filets and garnish with sprays of green. Make gravy from the fat in the pan, adding a few spoonfuls of the apricot juice.

### POT ROAST OF BEEF WITH CRANBERRIES

This makes a deliciously tasty dinner. For the meat one may select a piece from the top or bottom of the round, or a three-pound piece of brisket, taking care that it is not too fat. Wipe the meat carefully and flour it lightly all over, sprinkling it also with salt and pepper, then brown it nicely in a little fat, turning it all sides may become crisp and well seared. Cook a pint of cranberries in a pint of water until very soft, then rub them through a sieve, and sweeten them slightly. If very thick, add enough water to them to make a thin puree, cook for a few minutes, then add the meat and simmer gently until tender and well done. If no more water is added during the cooking, the cranberries will simmer down to a thick sauce which will be served with the meat in lieu of gravy. No vegetables are added to a pot roast prepared in this way, but mashed or French fried potatoes make an ideal accompaniment to it.

### SAUSAGE CAKES ON APPLE ROUNDS

Make sausage meat into small cakes and cook them well; slice large tart, red-skinned apples in crosswise slices without paring them and place in the hot fat from the sausages; sprinkle just very lightly with sugar and cook to a nut brown. Serve on a hot platter, a sausage cake on each apple slice, and garnish with toast points.

## Ask More Pay to Dodge Bullets

Atlantic City.—The latest fashion in strikes is believed to have been discovered in Atlantic City. Non-union workers in one of the basic industries of the country refuse to work unless paid more. The element of industrial accidents and increasing risks to the workers' health is involved.

It's the run-runners. They used to charge \$1.00 a case for going out to sea and bringing back liquor. Now they demand \$2.00 a case, because the coast guard patrols are more active in shooting at them. If caught by the officers they dump the cargo overboard—and get nothing but curses from their boss on shore. They say the bosses higher up make all the money, while they do all the work and face all the dangers of the trade. "Pay more and drink less, is the strike ultimatum.

## Peasant Women Oppose Black Priests

Mexico City.—The first congress of women peasants in Michoacan, Mexico, is asking President Obregon to expel many priests from the state. They say these priests took part in the recent rebellion and are opposed to the progress of the peasants.

During the revolutionary period, when night came these priests donned the costume of the peasant and went from ranch to ranch inducing the peasants to join forces with de la Huerta. They were threatened with eternal damnation if they refused. They were told also that Catholicism in Mexico would be saved only if de la Huerta triumphed. The women ask that after these priests have been expelled that no new ones be sent in.

The International Federation of Trade Unions has taken steps to make use of wireless for anti-war propaganda on September 21st.

## Miners Use Part Time Strike

Meuselwitz, Germany.—At a meeting of the miners' delegates from central Germany it was decided to go on sympathetic strike with the miners in the Ruhr valley, Upper Silesia, and the Saxon district of Legnan-Oelsnitz. (The Ruhr miners are at work again.)

The strike takes the form, not of stopping all work, but of leaving the pits after 8 hours. At present central German miners are working 9 and 10 hours.

## Labor Organizer Talks About Lists

Charles Carnegie Had a Few Words at Bridgeland Community Club

Calgary, Alta.—Charles Carnegie, organizer for the Dominion Labor Party, addressed the members of the Bridgeland Community Club for about twenty minutes recently for the desirability of every person who is eligible to vote at the municipal elections this Fall having his or her name placed on the voters' list and of registering a vote on election day. Mr. Carnegie also sought the co-operation with the arranging of meetings in the autumn at which candidates for election may set forth their platforms and tell of the work which they have done as representatives in the past.

## Propose Canadian Old Age Pension

Ottawa.—An old age pensions scheme is to be introduced in the Canadian House of Commons. It provides for a pension of \$240 a year, payable monthly, to begging at 65 or 70. The proposal will include co-operation by the provinces, which are to pay half the cost. If the earlier age is chosen, it is estimated the yearly cost will be about \$42,000,000; while at the later age it is put at \$24,000,000.

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## Toronto Jewish Meat Strike Won

A novel struggle of the working masses as consumers against high prices of commodities ended in the defeat of the Jewish meat trust and the Jewish clergy—its partner.

Owing to old religious traditions, the Jewish population is obliged to buy meat only from butcher shops that have the "Kosher" permit of some Jewish rabbi, and, as usual, whenever "religion" combines with "business" it results in a heavier yoke upon the toiling masses. So, the Jewish clergy converted this "Kosher" business into a gold-mine for themselves, drawing big salaries from the butchers for their "religious inspection."

The butchers, with the assistance of these "Reverend Gentlemen," created a "trust" and started to dictate prices to the "Kosher" meat users. At this time, when work is so scarce and the pay envelope so small, a sudden raise of six cents on a pound of meat was a shock even to those who eat "Kosher" meat under "religious inspection" and a meat strike was declared. A consumers' league was established and it took over the leadership of the strike. Leaflets were distributed calling the wives of the toilers not to buy any meat until the strike was won.

Mass meetings were called where the "inside" of that "religious inspection" was disclosed and condemned. The fighting spirit of the working women rose even to the point of refusing to representatives of Synagogues the admission into the league. There were pickets, scabs, policemen and even broken bones of striking women, just as in every ordinary struggle of the working class.

But the butcher shops were empty—and they had to give in. So the butchers' association signed an agreement with the consumers' league for the old prevailing prices, giving the league the full right to control the quality of the meat sold, and to set the prices in the future.

The Consumers' League will now be on guard against the raising of prices on other commodities and it will strike to reduce the prices wherever they are too high at present.

## Dinner at Golf Club Discussed in House

Entertainment of Labor Convention Delegates Cost \$347

Ottawa, Ont.—Dominion jurisdiction on the eight-hour day, and a Labor convention which ended in a little dinner for sixty that cost \$347.50, featured discussion of Labor estimates in the House recently. There was considerable questioning as to the position in regard to the eight-hour-day convention, to which the Government assented at the first International Labor Conference held under the League of Nations. J. S. Woodsworth (Labor, Centre Winnipeg) complained that there had been too much playing with responsibility. If Canada could not enforce the eight-hour day it should withdraw from the convention.

**Dodging Question!**

Mr. Woodsworth asked if anything was being done to carry out the recommendations of the Commission which investigated the Cape Breton dispute. Mr. Murdock replied that so far as the eight-hour day was concerned the Provincial Government had full jurisdiction.

Mr. Hanson asked if Mr. Murdock had tried to persuade the Provincial Government to adopt the eight-hour day. Mr. Murdock said that the Federal Government could not undertake to instruct another Government as to how it should carry out its duties.

Mr. Woodsworth asked why Canada's representatives at the peace conference had endorsed the eight-hour day if the Canadian Parliament had no power to enforce it.

Mr. Murdock said that all concerned in the international conferences understood Canada's position. When all the provinces ratified the eight-hour day the Federal Parliament would be able to take the necessary steps to make it a Federal measure.

Mr. Woodsworth then complained that certain employees of Federal Government blast furnaces were working 12 hours a day and seven days a week.

Mr. Murdock said that the Civil Service Commission controlled such matters. The Commission had been asked to investigate this matter and was now working on it, he understood.

J. T. Shaw (Independent, Calgary West) said that he had been surprised to find out that the Dominion Police who patrolled the Parliament Buildings worked seven days a week. Surely the the Dominion Government had power to make regulations to cover its own employees.

Mr. Murdock agreed with Mr. Shaw, and he had done all he could to get these matters righted. However, others had jurisdiction. If Mr. Shaw would go before the Civil Service Commission and state that this practice was "obsolete and absurd" it would assist the Minister of Labor.

## The Big Dinner

Harry Leader (Progressive, Portage la Prairie) called attention to an expense account for a dinner given at the Royal Ottawa Golf Club to a provincial conference on Labor laws in September, 1923. The bill for 60 dinners was \$437.29, while the orchestra cost \$16, and a special car \$25. "I object to the high cost of dinners," said Mr. Leader.

Mr. Murdock said that he was not altogether enthusiastic himself about the necessity of such dinners. However, responsible and careful officials of the Department had indicated that when Provincial representatives were in the city it was necessary to entertain them. Now that the Minister of Labor was to be criticized for the expenditure, although he had no desire to dodge his responsibility, he thought it well that the names of the Provincial representatives who were at the dinner should be mentioned. Among them were Hon. George Murray and Hon. R. E. Flinn, of Nova Scotia; Hon. C. W. Robinson, of New Brunswick; Hon. E. C. Drury and Hon. Walter Rollo, of Ontario; Hon. Alex Ross, Alberta. Mr. Murdock closed by reiterating that he did not wish to dodge responsibility.

"If it is not right," he said, "you tell me, and it will not occur again in my department while I am Minister." There was some discussion of an amendment, introduced by Mr. Leader "to test the feeling of the House on the question" that the item be reduced by the amount spent on the dinner. Mr. Murdock protested that the dinner was not paid out of the item. Why not move the deduction when the vote for contingencies came up? Finally, on the Minister promising that no further sums were allowed for possible dinners in the coming year, Mr. Leader withdrew his motion and the item, of \$35,000 for the Lemieux Act, passed.

## T.U. Mvmt. in Dutch East Indies

There are no less than four trade union centres in the Dutch East Indies. Their names and membership are as follows:

1. Federation of Civil Servants' Unions—21 unions, with a total membership of 10,525.
  2. Federation of European workers of the Dutch East Indies—8 unions with a total membership of 4,100.
  3. Federation of Higher Grade Civil Servants' Unions—11 unions, with a total membership of 730.
  4. Federation of Indian Trade Unions—19 unions, with a total membership of 33,320.
- Apart from these, there are 53 trade unions which are not affiliated with any of the above federations. Of these, 21 with a total membership of 1,094, cater for European workers, and 32, with a total membership of 6,500, cater for native and Chinese workers.

Neither the Civil Servants' Federation nor the Federation of European workers adopts any definite platform. They differ from each other only as regards the fact that the one caters for civil servants and the other for ordinary workers. They co-operate whenever co-operation is necessary for the purpose of joint action.

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1. The Railway and Tram-workers' Union (Federation of Indian Trade Unions) with a membership of 12,000.
2. The Union of Workers in the Sugar Industry (Federation of European Workers) with a membership of 2,500.
3. The European Railway Union (Federation of Civil Servants' Unions) with a membership of 1,900.
4. The Teachers' Union (Federation of Higher Civil Servants' Unions) with a membership of 180.

A man is old when he can quit a warm spot in bed and face the chill morning without reluctance.

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