

SPANISH 'FLU a "Safety First" suggestion for its prevention is to drink every morning a glassful of

"PINKET"

Purgative Water. It cleans out and keeps clean the digestive organs and wards off disease.

Distributors for the Maritime Provinces, R. B. COLWELL, Halifax and NATIONAL DRUG & CHEMICAL CO. OF CANADA LIMITED, St. John and Halifax

CITY CORNET BAND FAIR IS OPENED

Good Crowds Gather in St. Andrews Rink for First Night—44th Anniversary

The mammoth fair of the City Cornet Band opened in St. Andrews rink last evening and judging from the enthusiasm of the large gathering pleasure seekers, the interest manifested in the various games and amusements, the pleasure derived from the musical programme and the general excitement which was in evidence on all sides, it will be one of the most successful ever held under the auspices of this popular organization.

The spacious building, with its magnificent and artistically decorated booths, its illuminations and its unique and numerous attractions, bids fair to attract thousands of citizens. Those who have visited the great amusement resorts will be afforded an opportunity to recall those days of joy by a trip to St. Andrews' rink where will be found equally exciting amusements in addition to excellent music.

Attractive Booths.

Entering the rink the visitor beholds a panorama of decorated booths, with artistically draped bunting and paper trimmings, which blend harmoniously and give the building an appearance of a great festive auditorium. The alluring music of the band and whirl of the chance wheels, the gay chatter of the fair attendants and the happy countenances all unite in attraction for the one whom dame fortune has led into this whirl of joy.

On the right are an ice cream booth, a chance booth, a fancy booth, a sunken treasure booth, the H. M. S. Luscombe, a grocery booth with numerous substantial articles to be had for the taking. In the rear of the building is the good ship Victory on the decks of which the juvenile band are assembled. Alongside is a game known as "The Downfall of the Aps" quartette, which is to be one of the feature attractions. On the left side moving towards the entrance is situated a game known as "Kilenny Cats", followed by another attraction, the five ball tiffany. The Noctudy booth comes next, then jingle board booth, a percentage wheel, a candy and money booth and a refreshment stand. In the centre is situated gaily decorated band stand. In addition there are a large phonograph with numerous records, and a Pathophone, which is being offered to the lucky holder of a ticket. This was donated by the Pathe-Freres Company through their local agent, Amund Bros.

The musical programme last night consisted of selections by the band and choral songs by the juvenile band assisted by Mr. Punter. The programme of the former follows:

March—Crawley, by Jewell.
Overture—Oriental, by Bleg.
Waltz—Missouri.
Selection of patriotic airs.
Solo—"All the World Will be Jealous of Me".
Gavotte—Hypatia.
March—"So Long Mother".

The choral songs rendered by the boys made a great hit and the audience were generous with their applause. They were as follows: "We Sail the Ocean Blue", "The Black Ball", "In the Song", "Sailing", "Schmendahl", "Ship Ahoy", and "Rule Britannia". Miss Alex.

PAINS AND ACES YIELD QUICKLY TO SLOAN'S LINIMENT

Are you tormented by Neuralgia, Lumbago, Sciatica or any of those aches that require a counter-irritant? Then let the soothing, warming application of Sloan's Liniment stop the pain by drawing the blood away from the congested part.

It is the pressure on the nerves by the blood rushing to the inflamed muscle or joint that makes you ache. So when Sloan's Liniment relieves the swollen blood vessels by setting up a counter-irritant on the surface, the

circulation is equalized, sympathetic nerves all soothed, and soreness or lameness disappears.

Sloan's Liniment is probably the counter-irritant most widely used to overcome painful inflammation in cases of neuralgia, sore muscles, wrenched joints, strains, bruises, gout. Rubbing this required. This clear, clean liquid is easily applied as it does not stain the skin. Made in Canada. Generous size bottles at your drug-gists.

Sloan's Liniment KILLS PAIN

The World's

30c., 60c., \$1.20.

BEECHAM'S PILLS

When your head aches, it is usually caused by your liver or stomach getting out of order. These "sick headaches" quickly disappear as soon as the stomach is relieved of its bilious contents. Right your stomach and regulate and tone the liver with Beecham's Pills, which rapidly improve conditions and promptly

Help Headache

Directions of Special Value to Women are with Every Box.
Prepared only by Thomas Beecham, St. Helens, Lancashire, England.
Sold everywhere in Canada and U.S. America. In boxes, 25 cents.

THAT BOY OF YOURS

He is not seriously wounded. No! But he never tells you of the pain he sometimes suffers because of a blistered foot after marching. He said not a word of how the ground near where he is billeted reeks with old gas which irritates cuts and sores and makes them ten-fold more painful and serious. He considers these the "little things."

For just such serious "little things" Zam-Buk is provided. It soothes the pain, draws the inflammation from cut or blister and heals eruptions and sores. In the homes of Canada, mothers consider it a necessity. How much more necessary is it to younder where your boy is!

See to it that he has a supply! Perhaps he gave that last box you sent to a comrade, so in your next parcel don't forget to replace it. For Zam-Buk in every parcel you send, for the boys all say "send us more."

Zam-Buk

McMullin acted as accompanist and her playing was appreciated by the audience.

The Committees.

The names of those on the various committees follow: Ice cream booth—Mrs. J. Sheehan, Misses A. McInerney, Hegan, E. Callahan, J. McNeil, G. McManus, E. Lyden, Ross and McCarthy. Chance booth—Mrs. Jas. McCarthy, Mrs. J. Millar, Misses A. Barclay, E. McCullough, K. Higgins, J. Mullin, M. Becca. Sunken treasure booth—Mrs. E. McBride, Mrs. R. Clark, Miss L. Scott, Miss G. Gallagher and J. Cavanagh. Fancy booth—Mrs. M. E. Finegan, Miss N. Brickley, Misses Annie Monahan, Annie Harris, Rose McAuliff, S. McWilliams, B. Sharkey, Florence McHale, Alice Monahan, Mrs. Sullivan and Mrs. Gallagher. H. M. S. Luscombe—Miss Irene O'Connor, Miss E. Walsh, Mary Lamin, E. Higgins and Miss C. McCrossin. Ticket wheel "Round the World"—B. Kneeland, Misses Lois Freeze, E. Driscoll, W. Conlon, Bean tose—Mrs. W. Monahan, Miss J. McNeil, Miss M. Doherty. Kilenny Cats—W. Bridger and J. Olive. Five Balls Tiffany—Arthur Howard and Mike Howard. Novelty wheel—Joseph Deven, Andrew Moore and J. Ewen. Jingle board—Miss Blain and Miss Garvin. Percentage wheel—F. E. Driscoll, E. R. Beck, F. O'Leary and P. McMahon. Candy and money wheel—B. J. Wall, A. H. Heenan and L. Cullinan. Refreshment booth—P. Carney and A. Martin. Punch board—W. McHugh and G. Strathford. Spindles—Daniel Connolly.

ACIDS IN STOMACH CAUSE INDIGESTION

Create Gas, Sourness and Pain How to Treat.

Medical authorities state that nearly nine-tenths of the cases of stomach trouble, indigestion, sourness, burning, gas, bloating, nausea, etc., are due to an excess of hydrochloric acid in the stomach and not as some believe to a lack of digestive juices. The delicate stomach lining is irritated, digestion is delayed and food sores, causing the disagreeable symptoms which every stomach sufferer knows so well.

Artificial digestants are not needed in such cases and do real harm. Try laying aside all acidic aids and instead get from any druggist a few ounces of Disrupted Magnesia and take a teaspoonful in a quarter glass of water right after eating. This sweetens the stomach, prevents the formation of excess acid and there is no sourness, gas or pain. Disrupted Magnesia (in powder or tablet form—never liquid or milk) is harmless to the stomach, inexpensive to take and is the most efficient form of magnesia for stomach purposes. It is used by thousands of people who enjoy their meals with no more fear of indigestion.

LABOR MEN TO LEAVE BRITISH CABINET.

Ottawa, Nov. 14.—The first order of the Canada food board issued after the signing of the armistice fulfills the board's undertaking to withdraw as many war-caused restrictions on food as possible at the earliest moment.

Following the action of the Allied food controllers, all orders and rulings, requiring the sale, purchase, use or consumption of substitutes for wheat flour are repealed from Thursday, whether in the trade or in private homes. The main factor enabling this to be done is the immediate release of Allied shipping to make the voyages from Europe to Argentina, India and Australia, where there are accumulated stocks of wheat.

Wheat substitutes only are affected by the new order. The same regulations as hitherto will remain for milling extraction of standard flour.

London, Nov. 14.—The British labor party today decided by a large majority to withdraw its members from the cabinet at the close of the present parliament.

GETTING OUR MEN BACK TO CANADA

Perhaps Bulk of Men Home By Next June — Canada's Claims For Damages Because of War.

Ottawa, Nov. 14.—It is expected that the great bulk of Canada's overseas army can be brought back and discharged by June of next year. The general principle will be to bring back first the men of the first contingent, with the 1918 reinforcements to come next, and the men who have been the shortest time away from home to come last. Departures from this principle will be made in cases where occupational services are concerned and industrial or business needs in Canada demand it. It is also probable that married men will be brought back ahead of the single men so far as is practicable.

ACTRESS GIVES RECIPE FOR GRAY HAIR

A Well Known Actress Tells How to Darken Gray Hair With a Simple Home Made Mixture.

Jockey Williams, the well known American actress, who was recently playing at the Imperial Theatre in St. Louis, Mo., made the following statement about gray hair and how to darken it.

Anyone can prepare a simple mixture at home at very little cost, that will darken gray streaked or faded hair, and make it soft and glossy. To a half pint of water add 1 ounce of bay rum, a small box of Oiler Compound, and 1/2 ounce of glycerine. These ingredients can be bought at any drug store at very little cost, or any druggist can put it up for you. Apply to the hair twice a week until the desired shade is obtained. This will make a gray haired person look 20 years younger. It does not color the scalp, is not sticky or greasy and does not rub off.

SAY TENDERS TOO HIGH.

At a meeting of the commissioners of the county hospital held yesterday in the office of the county secretary, J. King Kelly, four tenders for the proposed new balconies on the hospital were opened. The tenders and the amounts submitted follow: S. A. Williams, \$10,400; J. M. Bell, \$8,870; B. Mooney & Sons, \$8,980; R. A. Corbett, \$8,633. The estimated cost of the work was \$4,500, and as all of the tenders were nearly double this figure the commissioners decided to return the checks and to defer the work for the present.

ENO'S FRUIT SALT

Keeps the World Refreshed and Healthy

The Delicious Tonic Aperient

When weather conditions conspired to keep many away from the liberated houses of entertainment yesterday afternoon and evening, good-fated audiences nevertheless favored the Imperial which opened its doors after five weeks of cleaning and fixing up that met it prettier and more homelike than ever. The programme offered struck a note of cheerfulness from beginning to end with enough patriotism and good music to enhance its entertainment value.

The star of the bill was the redoubtable Geo. M. Cohan, Broadway's favorite son, who in the clever skit "Hit-The-Trail Holiday", once again exemplified his marvellous comedy talent in demonstrating the fly New York bartender who became an evangelist like Billy Sunday. Holiday is a celebrated character among New York bootleggers who plays the game square by refusing to serve drinks to youths or incompetents and never touches a drop of it himself. This causes him to lose his job and he drifts into a country town seeking employment. How Holiday puts the lid on this little brewer's drinking habit and brewery industry makes a very interesting picture indeed, full of laughs and thrills and many commendable stunts.

In fact the whole patriotic weekly was a succession of inspiring scenes which were loudly applauded. There were a Victory Loan picture featuring Douglas Fairbanks and a highly hilarious Vitagraph farce entitled "Bathing Beauties and Books."

The Imperial was resplendent in freshly painted floors of dove grey, redecorated box chambers, a stage setting in olive green and gilt, with plenty of palms and blossoms and the placing of ornamental lamps on the auditorium floor. The house was well ventilated and warm and everybody seemed to enjoy the return to such happy entertainment conditions.

BE PRETTY! TURN GRAY HAIR DARK

Try Grandmother's Old Favorite Recipe of Sage Tea and Sulphur

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome. Nowadays, by asking at any drug store for "Wyeth's Sage and Sulphur Compound," you will get a large bottle of this famous old recipe, improved by the addition of other ingredients, at a small cost.

Those who wake up with bad breath, coated tongue, nasty taste or have a dull, aching head, sallow complexion, acid stomach; others who are subject to bilious attacks or constipation, should obtain a quarter pound of limestone phosphate at the drug store. This will cost very little but is sufficient to demonstrate the value of inside bathing.

Just as soap and hot water cleanse and freshen the skin, so hot water and limestone phosphate act on the eliminative organs.

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CUT THIS OUT

OLD ENGLISH RECIPE FOR CATARRH, CATARRH, DEAFNESS AND HEAD NOISES.

If you know of some one who is troubled with Catarrh of the Ear, head noises or ordinary catarrh cut out this formula and hand it to them and you may have been the means of saving some poor sufferer perhaps from total deafness. In England scientists for a long time past have recognized that catarrh is a constitutional disease and necessarily requires constitutional treatment. Sprays, inhalers and nose douches are liable to irritate the delicate air passages into the disease into the middle ear which frequently means total deafness, or else the disease may be driven down the air passages towards the lungs which is equally as dangerous. The following formula which is used extensively in the damp English climate is a constitutional treatment and should prove especially efficacious to sufferers here who live under more favorable climate conditions.

Secure from your Druggist 1 ounce of Perminat (Double strength). Take this home and add to it 1-4 pint of hot water and 4 ounces of granulated sugar; stir until dissolved. Take one tablespoonful four times a day. This will often bring quick relief from distressing head noises. Clogged nostrils should open, breathing become easy and hearing improve as the inflammation in the eustachian tubes is reduced. Perminat used in this way acts directly upon the blood and mucous surfaces of the system and has a slight tonic action that facilitates obtaining the desired results. The preparation is easy to make, costs little and is pleasant to take. Every person who has catarrh should give this treatment a trial.

NUXALIN

To Help Make Strong, Keen Red-Blooded Americans

Now

Being used by over three million people annually. It will increase the strength of weak persons, run-down folks in two weeks' time in many instances. Ask your Doctor or druggist about it.

Tired Nervous Mothers

Should Profit by the Experience of These Two Women

Buffalo, N. Y.—"I am the mother of four children, and for nearly three years I suffered from a female trouble with pains in my back and side, and a general weakness. I had professional attendance most of that time but did not seem to get well. As a last resort I decided to try Lydia E. Pinkham's Vegetable Compound which I had seen advertised in the newspapers, and in two weeks noticed a marked improvement. I continued its use and am now free from pain and able to do all my household work."—Mrs. B. B. ZIELINSKA, 202 Weiss Street, Buffalo, N. Y.

Portland, Ind.—"I had a displacement and suffered so badly from it at times I could not be on my feet at all. I was all run down and so weak I could not do my household work, was nervous and could not lie down at night. I took treatments from a physician but they did not help me. My Aunt recommended Lydia E. Pinkham's Vegetable Compound. I tried it and now I am strong and well again and do my own work and I give Lydia E. Pinkham's Compound the credit."—Mrs. JOSEPHINE KRAMER, 935 West Race Street, Portland, Ind.

An Inside Bath Makes You Look and Feel Fresh

Says a glass of hot water with phosphate before breakfast keeps illness away.

This excellent, common-sense health measure being adopted by millions.

Physicians the world over recommend the inside bath, claiming this is of vast importance than outside cleanliness, because the skin pores do not absorb impurities into the blood, causing ill health, while the pores in the tracts of bowels do.

Men and women are urged to drink each morning, before breakfast, a glass of hot water with a teaspoonful of limestone phosphate in it, as a harmless means of helping to wash from the stomach, liver, kidneys and bowels the previous day's indigestible material, poisons, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

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It is recognized, however, that plans may have to be changed to some extent by the probable desire of battalions to keep together and come back as a unit. There will be twenty dispersal areas established in Canada, soldiers on arrival in Canada being sorted out and sent to the dispersal area nearest their home for final medical examination and discharge.

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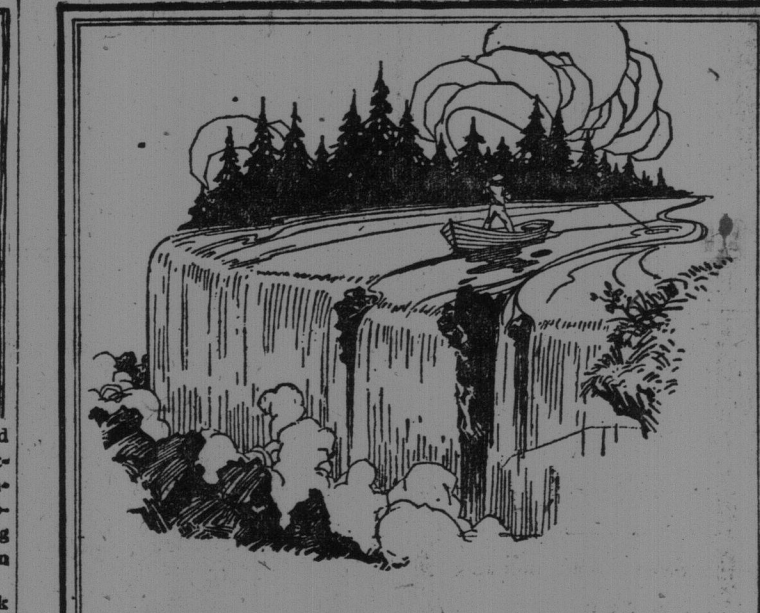
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ENO'S FRUIT SALT

Keeps the World Refreshed and Healthy

The Delicious Tonic Aperient



Thirty Feet of Danger

The intestinal canal is an important part of every individual, important every inch of its thirty feet.

The upper portion of it is intended for the digestion of food and absorption of its useful portions. But the lower part is concerned with the elimination of waste materials.

It is, in other words, the great sewer of the body. The more food eaten the greater the waste. If a sewer becomes clogged up, its contents stagnate and become more and more dangerous.

Constipation means more than failure to evacuate the bowels regularly and thoroughly. It means stagnation, increased fermentation, putrefaction and germ action. Increased amounts of irritating and poisonous substances are formed. Absorption of these into the blood follows. Self-poisoning results.

Danger, disorder, disease, or even death follows.

Pills, purgative mineral waters, castor oil, salts, etc., do not cure constipation or prevent its consequences. They make it worse because they do not only irritate the bowels, but they "wear out" in effect and so must be taken in increasing doses, making constipation a habit.

But the Nujol Treatment for constipation overcomes constipation by helping Nature re-establish easy, daily, thorough bowel evacuations as "regular as clockwork."

Nujol prevents stagnation and self-poisoning.

Nujol forms no habit, except a natural, healthy habit.

After Nujol has trained the bowels to act, it can be dispensed with.

Nujol for constipation

Send for Instructive Booklet
CHARLES GYDE & SON
P.O. Box 875, Montreal
CANADIAN SELLING AGENTS FOR
Nujol Laboratories
STANDARD OIL CO. (NEW JERSEY)
NEW YORK CITY
"Regular as Clockwork"

Warning:

NUJOL is sold only in sealed bottles bearing the Nujol Trade Mark. Insist on Nujol. You may suffer from substitutes.

Arrangements are also being made for the speedy demobilization of Canada's naval forces on duty in home waters. The total Canadian naval force on the Atlantic and Pacific coasts is about 4,000.

Canada will file its claim for damages and reparation when the peace details are up for consideration. There will be a demand for reparation for the direct war losses including such items as the Canadian hospitals bombed by the Huns, Canadian ships torpedoed and probably also for the destruction caused in the Halifax disaster.

SEVEN SEAS CHAPTER MEETS.

A meeting of the Seven Seas Chapter, I. O. O. F., was held last evening at the residence of Mrs. A. Wilson, Queen street, the regent, Mrs. L. D. Estey, presiding. Plans were completed for the holding of a Christmas shop. It was decided to purchase a Victory bond and to donate \$10 to Captain Kirkpatrick and his men of the Forestry Battalion for Christmas cheer.

Coughs and Colds Mean Restless Nights

Which sap the vitality? Danger lurks in every hour a cold is allowed to run. Assist nature in bringing your children quickly back to health and strength and avoid serious complications by the prompt use of Gray's Syrup—over 60 years in use. Always buy the Large Size.

GRAY'S SYRUP OF RED SPRUCE GUM

Montreal D-WATSON & CO., New York

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.