

OLD TIME SPORT; A VARIED LOT

Frank Dowd's Speedy Work
on Skates

LANDSDOWNE TOURNAMENT

Exciting Horse Races at Moss-
path—Another Disputed Game
Between the Shamrocks and the
Nationals and Some Comments
on the Players' Work

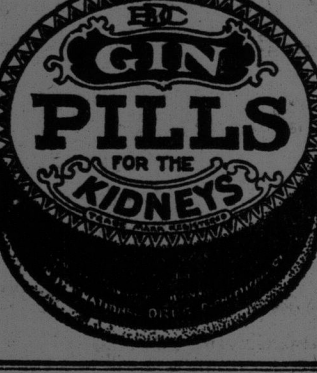
For several days previous to Saturday,
February 12, 1888, a proposed skating
tournament at the Lansdowne rink had
been almost the sole subject of conver-
sation among sporting men and those
interested in skating. The arrival of
Frank Dowd and W. E. Findlay, from
Montreal, to contest the championship
with the local speed artists gave the
race greater interest. This was attested
by the large number of spectators at
the rink on the opening night. The
race was run in mile heats, best two out
of three. There were five starters—
Frank Dowd, W. E. Findlay, Montreal
amateur, and Wilfred Campbell, Sam-
uel Akersley and Charles Whelpley of St.
John. Dowd won easily in two straight
heats.

It was a few minutes after eight
o'clock when Whelpley made his appear-
ance on the ice followed by Dowd and
Findlay and a little later by Akersley
and Campbell. All were heartily ap-
plauded. The men then took their po-
sitions. Dowd on the inside, Campbell
second, Akersley third, Whelpley fourth
and Findlay fifth. The starter and re-
feree was George F. Smith, the judges,
Col. J. R. Armstrong, Dr. Thomas
Walker, and E. I. Simonds; the times
Peter Clinch and Dr. Daniel.

At the word go Dowd went off like
a shot, closely followed by Whelpley,
Akersley, Campbell, and Findlay. The
latter had not gone far when he slip-
ped and partly fell. For the first three
laps the race was most exciting. Do-
wd was about 100 feet in the lead. K. Find-
lay fell again in the fifth lap and re-
tired. Campbell had broken his skate in
a fall a few minutes before, and
Akersley did not seem to be doing his
best, although far behind. Once towards
the close of the race Whelpley made a
strong spurt and gained on Dowd, but
the latter crossed the line an easy win-
ner. Time 9 m. and 21 s.
The second heat was called half on

WE'LL SEND THE FIRST

few doses of Gin Pills to you
free—if you have any Kidney
or Bladder Trouble. After you
see how good they are—get
the 50c. size at your dealer's.
National Drug & Chemical Co.
of Canada, Limited, Toronto



hour later. There were three starters,
Dowd, Whelpley and Akersley. Whelpley
went ahead and kept the lead for
eight laps when Dowd passed him after
a brief struggle and held the lead
easily to the finish. Time 8 m. 21 s. 2 s.
Second Night.

The second night's racing in the tour-
nament was on Tuesday evening, Febru-
ary 16. The feature race was a three

DON'T STIR IT WHILE COOKING

"Roman Meal" is granulated that the
particles may not cling together. Being
granulated, they are easily saturated by
the digestive juices, and readily digest-
ed. To stir "Roman Meal" while cook-
ing, destroys this granulation, making a
sticky coarse mush, instead of a deli-
cious porridge.

Always use a double boiler when mak-
ing "Roman Meal" porridge. Bring water
to a boil in both boilers, adding water
in the smaller boiler to suit the taste.
Slowly stir "Roman Meal" in the boiling
salted water in proportion of one cup
Meal to two cups water. Cook half an
hour, or as much longer as desired BUT
DO NOT STIR. (If preferred, you may
use three-quarters cup of meal to two
cups water, cook half hour at night and
warm in morning, while dressing. A
quantity of "Roman Meal" porridge may
be prepared one day and re-heated every
morning until entirely eaten. Remember,
however, DON'T STIR WHILE
COOKING—DON'T STIR WHILE
WARMING OVER—and you will have
the most delicious breakfast cereal,
more nourishing than meat. At your
grocers, 10c. and 25c.

ROMAN MEAL

A FOOD THAT
PREVENTS INDIGESTION
RELIEVES CONSTIPATION

mile event and the competitors were
Dowd, Findlay, Whelpley and Fred
Craft. The race was keenly contested
between Whelpley and Dowd, but the
latter won quite handsly. Time 11 m.
13 s. 4 s.

The third night's racing in the tour-
nament attracted a large number of
spectators. The Montreal amateurs were
both defeated through unfortunate ac-
cidents. The mile dash was between
Findlay of Montreal and Wilfred Camp-
bell of St. John. Both men skated their
best for five laps, when Findlay's skate
caught something and he pitched for-
ward on his face. His hand struck the
brackets which supported the seats, and
he was badly stunned. He had to be
assisted to his feet, but once he felt him-
self on his skates he started off like a
shot, and cut down Campbell's lead.
The next race for the Lansdowne gold
medal, distance four miles, saw four
contestants, Dowd, Craft, Whelpley, and
Bailey. Craft took the lead and cov-
ered the first mile in 8 m. 32 s. and the
second mile in 6 m. 58 s. On the thir-
teenth lap of the third mile Whelpley
and Dodd slipped past Craft. Bailey at
this time was nearly two laps behind.
Once in front Whelpley tried to shake
off Dowd, but failed. The struggle be-
tween the two foremost skaters was
watched with the keenest interest. On
the thirteenth lap of the last mile, while
attempting to pass Whelpley, Dowd's
skate fouled the leader's and he fell
back on the ice. He was on his feet in
a second, but Whelpley had gained a
half lap and won the race. Time 10 m.
12 s. The judges held a consultation
over the race and decided to award the
race to Whelpley, but declared all bets
off.

The following night the tournament
was brought to a close. The race was
between Dowd, Whelpley, Craft and
Bailey. Craft led for some time, when
Whelpley jumped into the lead, but the
wood on his skate broke and he could not
finish. During the last two miles of
the race Craft made the Montrealer
work hard to keep in the lead, but Dowd
won.

In Victoria Rink.

On Wednesday, April 24, Dowd again
visited St. John and skated in the Vic-
toria rink. He met Whelpley and de-
feated him in one of the best races of
the season. Whelpley took the lead,
closely followed by Dowd. The race for
the first mile was a very fast one,
Whelpley evidently trying to wind his
opponent. Time 8 m. 16 s. The second
mile was a repetition of the first and
was finished in 6 m. 52 s. At the commence-
ment of the third mile Whelpley made
a magnificent spurt, but could not shake
the fifth and last mile. Dowd, who was
the local skater, and was greeted with
tremendous burst of speed and passed
Whelpley. The latter showed great
endurance and courage in his speedy
rival, but could not pass him. The time
was 10 m. 50 s. 2 s. and was a city re-
cord. Hugh McCormick held the
record, which was 10 m. 28 s. 2 s.

At the conclusion of the race an ef-
fort was made to match Dowd with
McCormick, but the former refused to
race St. John's idol because he was a
professional.

A good series of horse races were held
at Mossespath Park on May 24. One of
the largest crowds was in attendance
and the events were a grand success.

The first event was for pacers. The
horses entered were—Thomas Clark's
ch. m. Pretty Peggy; David Gibson's
bay m. Maud; Jay Bond's bay g.
Billy Boyce; John E. Kelly's white g.
Colonel; Charles A. Clarke's bay g. Lazy
Dan. All five horses appeared on the
scratch, and after a few preliminary
spurts up and down the track went
Maud took the pole. Pretty Peggy
second; Billy Boyce, third; Colonel;
and Billy Boyce fourth. The bell rang
for the horses to go back and in doing
so Gibson turned Maud short and upset
the sulky and he was thrown out.
Afterwards the race fell a few
minutes they were ready to start again.
When they had scored twice they were
sent off. Lazy Dan having the best of
it by a full length, with Maud well up.
Going up the back stretch Maud took
first position, but soon afterwards it
was captured by Colonel, which paced
in good style. Making the third turn,
Maud struck the shoe of her fore foot
with one of her hind feet and threw her
driver out of his seat. He held the reins
however, but before he could regain his
seat the other horses had passed under
the wire on the first half. Colonel
won the heat. Lazy Dan second, Billy
Boyce third.

In the second heat Colonel took
the lead and passed the half mile in 1 m.
27 c. Maud then got down to business
and passed other pacers and at the
three-quarter pole was neck and neck
with Colonel; a few seconds more and
Maud was in front. At this point the
driver met with another mishap, as he
was thrown from the sulky. He was up
in a second again, but when he attempt-
ed to regain his seat the wheel came off
and the horse dashed down the track
with the remains of the rig. The run-
away was caught by Hugh Calder after
she had knocked down two spectators.
Colonel won the heat, with Billy Boyce
second and Peggy third. Gibson protest-
ed saying that Kelly had allowed with
him. The protest was not allowed.
In the third and final heat Colonel was
pushed hard by Maud, with a new
driver, but won by a neck. The time
in the last heat was 2:50.

On May 24, 1888, the Shamrocks and
Nationals met on the Shamrock grounds
and there is no doubt that many of the
fans of those days will recall the result
of the game. Apparently, from one
written account, there was considerable
feeling between the teams and the game
ended in dispute. Empire Fleming was



"The New and Better Sugar"

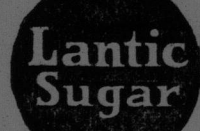
Lantic Sugar

Refined from pure CANE *only*, in the new Atlantic Refinery where every step
in the process of manufacture is one of care for *purity*. Wonderful machines
automatically refine, weigh and pack Lantic Sugar in cartons and bags.

Look for the Lantic Red Ball on each package—and buy in original
packages.

Lantic Granulated 2 lb. Sealed Boxes 1 lb. Sealed Boxes
Lantic Powdered 2 lb. Sealed Boxes 1 lb. Sealed Boxes
Lantic Iceing 1 lb. Sealed Boxes

Atlantic Sugar Refineries Limited MONTREAL, QUE. ST. JOHN, N. B.



DUSTLESS—By opening dust damper
and direct draft damper when shaking

McClary's Sunshine Furnace

all dust is carried up
smoke pipe. See
the McClary dealer or write for booklet.

Sold by M. J. Slaney, city,
Sumner Co., Montreal, N. B.
Boyle Bros., Hamilton,
Grant & Morin, St. George,
J. W. Montgomery, Hamilton.

NERVOUS PROSTRATION

Lady's Speedy Cure by Dr. Cassell's Tablets.

Was Terribly Run Down, With
Her Nerves all on Edge

Dyspepsia and Flatulence Also
Made Her Life a Burden

Had Suffered For Years But
Made Bright and Well By

DR. CASSELL'S TABLETS

Housewives especially, as well as other
members of the Dominion, should be
glad to read further proof of the power
of Dr. Cassell's Tablets to cure nerve
weakness, and the ill that come of
nervousness. This is well shown in
the case of Mrs. Spencer, who lives
at Wood Lawn, 124, Colborne-st.,
Cambridge, London, England. She says:

"I'm delighted to tell you that Dr.
Cassell's Tablets have done me a won-
derful amount of good; in fact, they
have set me up so thoroughly that I
am sure I never felt better in my life."
"I was dreadfully run down when I
commenced taking the Tablets. My
nerves were all on edge as it were, and
I was so weak that it was an effort to
do anything, or even to get about. Any
sudden noise would make me jump, and
at all times I was extremely nervous.
When going up stairs I used to feel that
I should fall, and I had a queer idea
that somebody or something was coming
behind me. My general health, too,
was seriously affected. I suffered much
with dyspepsia and flatulence. The wind
seemed to get all about my body; I
could feel it even in my arms. Dr. Cas-
sell's Tablets cured me of all that. They
did me more good than anything else
I ever tried, and altogether have made

me feel ever so bright and well. And I
had suffered for years! Now I am not
a bit nervous; my health is splendid,
and I feel quite strong. Certainly I shall
always praise Dr. Cassell's Tablets."

This is no exceptional case. Hundreds
of instances could be cited where Dr.
Cassell's Tablets have restored health
and well-being even in extreme cases
of nerve weakness, and the awful desper-
ation of neurasthenia. The explanation is
that Dr. Cassell's Tablets nourish and
vitalize the nerves, renew the functional
power of the system, and so compel
health where older-fashioned methods
are useless. When you feel run down,
when your work becomes an effort, don't
wait for more serious symptoms. Take
Dr. Cassell's Tablets and you will be
astonished at the bright and healthy they
will give you.

Manly Men Move the Whole World.

restoration in a natural, commonsense
way.

I make a little appliance which we
will call a VITALIZER, because I
think that is the best word to describe
its strange power. I don't want you
to think of getting one of these VIT-
ALIZERS just now, but I would like
you to investigate my claims as to
what I believe can be accomplished by
almost any weakened man who uses
this VITALIZER faithfully for a few
weeks. I speak, of course, of him who
is willing to give up dissipation and
lead a more conservative life, not
only while using the VITALIZER,
but for the future. The other kind
of man, the dissipated, can hope for
nothing from any treatment, no mat-
ter what it may be, hence such a man
is eliminated from my consideration.

This little VITALIZER is made to
wear upon the body all night. It
weighs only several ounces and is no
more unsightly than an ordinary belt,
yet it generates a great FORCE that
I call VIGOR, which flows into your
blood organs and nerves while you
sleep. Men say it often takes any
pain or weakness out of the back in
one application, and that 60 to 80
days' use has been sufficient to re-
store manly strength and to put men
in the "never felt better in my life"
class. Special attachments carry the
FORCE of the VITALIZER to any
part of the body, for the use of
women as well as men in cases of rheu-
matism, kidney, liver, stomach, blad-
der disorders, etc.

Over two hundred thousand of these
VITALIZERS have been used or are
now being used by men all over the
world.

You had better learn more of the
VITALIZER. It is fully described in
my free book. If you live near me,
why not call and test the VITALIZ-
ER yourself?

WHAT THE FREE BOOK TELLS

The free illustrated advice booklet mentioned above is meant to be a
simple declaration of certain important truths that every man in the world
should know. The day has gone by when men are kept in ignorance of the
real problems pertaining to these private subjects, and this illustrated advice
booklet, which I send to men sealed, by mail, gives certain important facts
relating to sex, just as these facts are. The booklet also fully describes my
VITALIZER and you are told how you may get one for your own use if
you decide that you want one. Please use coupon below, or call. Hours 9 to 6.

Dr. E. F. SANDEN CO., 140 Yonge St., Toronto, Ont.

The E. F. SANDEN CO., 140 Yonge St., Toronto, Ont.

Dear Sirs—Please forward me your book, as advertised, free, sealed.

NAME

ADDRESS

SHOE POLISHES

The Shine that Lasts
BLACK
WHITE
TAN

It's Up To You!

If You Want to

Save 50%

on Your Beds and Bedding—

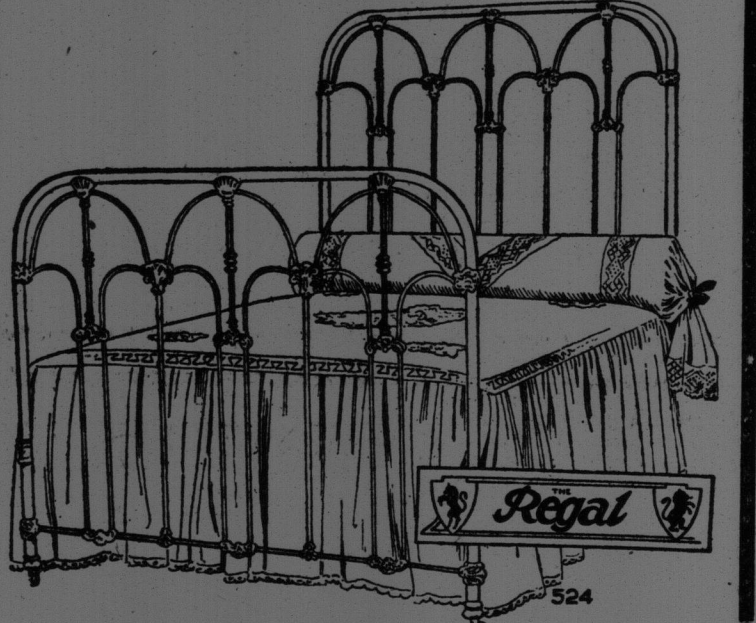
BUY AT OUR FACTORY

257 City Road!

We Manufacture Complete Lines in These Goods



We sell more Iron Beds, Springs and Mattresses than all
the furniture dealers in the city together. Why? Because the
people are commencing to realize that when they buy a bed,
spring or mattress from us, they take the middleman's profit
home in their pocket.



We carry a large assortment to meet all requirements,
and don't forget we manufacture the spring for the heavy man
and guarantee same for 20 years.

The Springs Manufactured By Us Do Not Sag.

Special Lines in Summer Camp Beds Complete.

J. C. Dalzell & Co.

Factory and Saleroom 257 City Road. Phone M 1753

OUR PRICES WILL ASTONISH YOU