DAILY PAGE FOR EVERYBODY

Secrets of Health and Happiness

Why You Ought to Have Your Child Examined Now

By DR. LEONARD KEENE HIRSHBERG. A. B., M. A., M. D. (Johns Hopkins University.)



Maladies of various sorts are present in the air in germ form during the summer months, and these have by no means disappeared in the month of September and for a time thereafter.

The germs of many a disease are harbored in the summer air and are easily spread and made active. In this season of the year, moreover, the general resistance of the human mechanism is almost invariably lower than it is in winter, when the air, though cold, is invigorating, and favors resistance to the attack of fatal germs.

Assure Perfect Health.

the attack of fatal germs.

Assure Perfect Health.

Millions of germs, both harmless and fatal, repose in the mechanism of every human individual. This does not mean, however, that an individual is destined to suffer with all or any disease. If the digestive apparatus is constantly doing its full share of work, if the heart sends out its beats at regular pace, and the lungs take in their full share of fresh air, and if the liver and kidneys secrete their fuices properly and the whole human fabric is a hormoniously working machine, there is little or no need to fear the onslaught of any disease.

A healthy state of your child's body is one in which the development of disease germs is next to impossible. Many for example, tuberculous, marking for example tuberculous, and the bush of some antiseptic tooth paste. Take ten grains of bicarbonate of soda before each meal.

M. K., Kitchener, Ont.: Q.—Please tell me what to do for a mole?

A.—The lance, radium, X-rays will remove moles. The knife is most certain, less painful, not dangerous, and most quickly over with.

MRS. ED. H., Hamilton road, London, Ont.—A. If you will send a stamped a self-addressed envelope, with your query repeated, I will be glad to answer to the properties of the prop a heating state one in which the development of disease one in which the development of disease germs is next to impossible. Many germs, for example, tuberculous, malarial, typhoid and othe try to gain harial, typhoid and othe try to gain mastery in the human mechanism, and especially in that of the child. If these were all allowed to develop, the child would hardly ever live to see adult life.

A.—Go to see a good dentist, and the control of their actions.

—Chesterfield.

There is danger of mistaking wandering thought for brilliant thought. Discursiveness is not brilliancy.—Biair's Rhetoric.

were all allowed to develop, the child would hardly ever live to see adult life. Nature has taken sufficient precaution to preserve its offspring, and the child is protected from the very first against the manifold enemies of its life.

In the scarlet fluid of his structure the little lad or maiden has millions of white, living units called the white corpuscles to take care of the enemy germs. Just as soon as one of them attempts to find a secure foothold in the internal structure these white corpuscles engage in mortal combat with them, and almost invariably send them shooting headlong out of the blood or hold them fast, as if behind prison bars. Either they are cast out or they are rande helpless before the soldiers of the scarlet stream.

Try TETROL, 25c

BRUCE WALLACE

Perhaps at no time during the course of the year is the year in the course of the year is the year in the course of the year is the year in the year is the year in the course of the year is the year in the year in the year is the year in the year in the year is the year in the ye

THANK YOU, London, Ont.: Q.—Please tell me what to do for white spots on my finger nails, and also what to do for a white blister in my mouth? A.—Evidently your health is not perfect. It must be brought up to par. White spots on the nails is evidence. White spots on the nails is evidence of deficient vitality somewhere. They come sometimes after an illness, because it takes several weeks to come thing.—Charles Summer water may be used for the blister. Clean the teeth after each meal with some antiseptic tooth paste. Take ten grains of bicarbonate of soda before each meal.

What we say here will soon be forgotten, but what they did here will ever live in the nation's memory.—Lincoln at Gettysburg.

M. K., Kitchener, Ont.: Q.—Please tell men how to live and die happy.—
Joseph Brooks of Boston. A.—The lance, radium, X-rays will remove moles. The knife is most certain, less painful, not dangerous, and most quickly over with.

Men are born with two eyes, but with one tongue, in order that they should see twice as much as they say.—Colton.

don, Ont.—A. If you will send a standard ed self-addressed envelope, with your query repeated, I will be glad to answer tions, but by the results of their actions your questions.

Men are judged not by their interestions, but by the results of their actions—Chesterfield.

M. S., London, Ont.: Q.—Please give ne something for pimples and blackheads.

A.—Use a little of the following for your pimples: 2½ drams

Sulphur loti 2½ drams
Balsam peru ½ dram
Camphor ½ dram
Green soap 1 dram
Lanolin ½ ounce
Vaseline ½ ounce
Gentle massage with a sterilized piece
of absorbent cotton or chamols, followed by the application of a little paste
made up with the following, is very
good for blackheads:
Fuller's earth 4 drams
Vinegar 2 drams
Glycerine 3 drams

A cordial, warm shake of the hand takes my heart.—N. P. Willis.

ADELE GARRISON'S NEW

REVELATIONS OF A WIFE

What Harry Underwood Declared As He Said Good-by.

Harry Underwood sprang to his feet prise, good or evil, for her sake, in order ith a muttered exclamation.

to save her from danger. I felt that I was justified by his own words in "I give you my word of honor," I re"I give you my word of honor," I re"I give you my word of honor," I reLillian had always maintained that he
"I give you my word of honor," I reLillian had always maintained that he

turned quietly.

"Then the jig is up," he said despairingly, and dropping into the chair again, put his head in his hands.

And as I looked at that bowed, massive head, the black hair streaked much havoc with her life and mine. But that, in order to do so, he had involved himself in a plot against his country I had always been loath to believe.

Now I was convinced, and with the conviction came an intense desire to save him from the consequence of his wrecked—even if chivalric—folly.

I put out my hand, touched his hair conviction came an intense desire to save him from the consequence of his wrecked—even if chivalric—folly. I put out my hand, touched his hair "Mr. Underwood! Please!"

He started up, his face drawn with pain, grasped my arm so flercely that I winced inwardly with the hugt. "For God's sake, child," he wildly cried, "go and get that paper and give Madge Breaks Down.

Madge Breaks Down.

"You know I cannot do it, even if there is such a paper as you describe," I answered. "But won't you try to get out of this terrible intrigue? You have said—some—things. Lillian had hinted—Oh, I cannot say what I wish—it sounds too absurd. If—you have any thought of—protecting—me—by involving yourself in this thing, won't you please believe that I would far rather die—have anything happen to me than die—have anything happen to me than accept such a sacrifice from you—from anyone—even Dicky! I don't want to preach, but don't you see that we—we don't belong to ourselves now, but to our country? What happens to each one of us is no matter as long as we are true to the flag."

My use of Dicky's name was unfortunate, although I had only used it for fear that Mr. Underwood would twist fear that Mr. Underwood would twist
my little speech to mean that I would
accept nothing at his hands. But his
was a black, reckiess mood, ready to
blaze at the slightest pretext.

"I don't think you need to worry
about being called upon to accept much
of a sacrifice from the Dicky-bird," he
sneered. "He's too busy twittering about
other cages to concern himself much
about home, country or flag."

The steel-tipped irony of the words
pierced the chamber of my heart in
which I had shut up all my doubts and
fears of my husband, let out a flood of
shamed grief which overwhelmed me.
To my horror I found I couldn't control the tears of humiliation which
rushed to my eyes. I flung my hands
over my face, and, turning my head,
buried my face in the back of my chair,
while sobs I had so long repressed tore
at me.

"I'm Mad About You."

"Oh, child, don't do that!" Mr. Underwood adjured frantically. "I was a low-down, ornery pup to pull that last spiel. I don't know anything about Dicky or where he is. I simply spilled over with crazy jealousy."

He knelt by the side of my chair, and with the touch of his strong hands, as gentle as a woman's, turned my head toward him, took my hands from my face, and thrust into them one of his own large, fine handkerchiefs.

"This sort of thing don't get you anywhere," he said practically, and then—

own large, the handkereniers.

"This sort of thing don't get you anywhere," he said practically, and then—as I sat up stiffly, in anger at my own weakness—his voice and manner took on a humility utterly foreign to my knowledge of Harry Underwood.

"Of course, it's nothing but mockery for me to ask your forgiveness," he said, "but I do want you to know that I'm sincerely sorry for having caused you pain. It's no news to you, probably, that I'm mad about you—have been for ages—Lil saw it long ago—and when I'm with you I'm hardly responsible for what I say or do. And I'm just ass enough to believe that if I had met you long ago when we both were free I could have made you care, and also made you riotiously happy. But there's no use hashing that over now. The Dickybird's always had you hypnotized, always will have, and I've always known just where I got off at with you, which is exactly nowhere.

"But, Lady Fair." he spoke the name which he had given me with such tender solemnity that I was awed. "you

"But, Lady Fair." he spoke the name which he had given me with such tender solemnity that I was awed, "you can't keep me from watching out for you, doing my little bit to thwart the devils that have it in for you. I suppost there's a nut loose somewhere in my upper story, but flag and country come second to you with me. You're my flag, country and religion just now, and I'll fight for you till hell freezes over. Good-bye."

He bent over me, took my face between his hands and looked into my eyes for a long moment. Then his lips touched my hair, the merest shadow of a caress, and the next moment he was gone.



By Genevieve Kemble SUNDAY AND

SUNDAY AND MODAY,
SEPTEMBER 8-9.
Sunday's aspects promise some unusual, probably unconventional and unexpected occurrence in domestic, social or romantic affairs. The position calls for the september of the sep

supports.—Washington.

Friendship which flows from the heart cannot be frozen by adversity, as the water that flows from the spring does not congeal in winter.—Cooper.

The dame. The dender it is may change, travel and make new friends, being generally successful. A child born on this day will be clever, industrious, original and fond of the gayeties of cocial life.

Al-Minter

exists to the east of the town of Gaza. It is where Samson is said to have carried the gates of the city. On the road the gates of the city. Those with whom we can apparently It is where Samson is said to have carried the gates of the city. On the road from Gaza to Jaffa are those ancient olive trees, many of them more than a thousand years old, with gnarled bark and immense trunks. There is an old legend which credits Gaza with the invention of the first mechanical clocks. These were perhaps the sand clocks which are still used in some mosques.





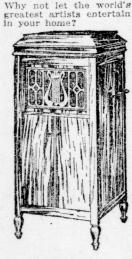
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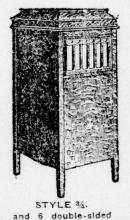


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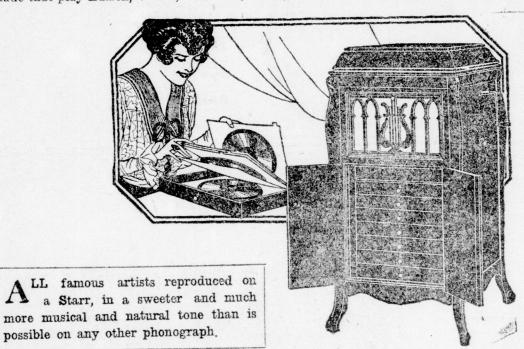
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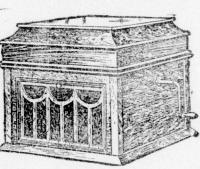
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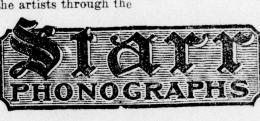


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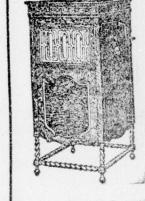
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