Deliver us this day, we beseech thee, from all sin and wickedness, or we shall fall into it; and from our spiritual enemy, who, like a roaring lion, is going about seeking whom he may devour; and from everlasting death, which our iniquities have deserved. O Lord God of our salvation, we beseech thee, by the Redeemer's agony and bloody sweat, by his cross and passion, by his precious death and burial, by his glorious resurrection and ascension, and by the coming of the Holy Ghost, to deliver our sinful souls from the curse of thy law, from the snares of Satan, from the sin that most easily besetteth us, and so, in the end, from everlasting destruction.

Let not our minds be this day so taken up with our wordly business as to forget Thee. But while we are diligent in business, may we also be fervent in spirit, serving the Lord. May our souls through this day often rise up to Thee in prayer and praise. Oh, that sin, wherever we discover it, may be hateful to us. May our conscience be enlightened and tender; whatever we do, may we do it as unto the Lord, and not unto men, striving to approve ourselves to him who searcheth our hearts. O Lord, graciously help us to love our neighbours as ourselves; and to do to all others as we would they should do unto us. May we duly honor all that are in authority over us, either as governors, teachers, spiritual pastors or masters. May we hurt nobody by word or deed. Make us true and