municipal

materially

4. The budget of the Health Department has been increased;

5. Not only have staff vacancies been filled, but the staff has been increased and the laboratory is functioning with a bacteriologist in charge.

These are, we feel, accomplishments due in constitute the measure to the contribution which the Health League has made and constitute the measure of the success of our main objective.

POPULAR HEALTH EDUCATION

Popular Health Miducation draws public attention to the need for health work. It constantly reminds the public that preventable illnesses are killing many of their friends, sampling others, and causing pain, sorrow and expense. The correction of this condition, what public health has to offer, the need and value of a health department, are points which are reiterated. At the same time, the elementary principles of healthy living are repeated and repeated, for if these principles were put into practice, much sickness, incapacity, crippling and ill-health would be avoided.

In this field of Popular Realth Education, the Realth League has furnished a weekly press article on Health. As a result of this effort, the Canadian Medical Association, a national body, has undertaken to continue the work which now has been extended to cover the whole Dominion. Two editions of a booklet, "Realth in the Home", were issued by our league, in English and in French. A book-plate of health rules was given to each school child. Both booklet and book-plate have received favourable comment, and have brought many requests for copies from outside places. A course of (ten) lessons with demonstrations was given to several hundred women. For three summers, public health nurses were furnished to two summer camps which take mothers and children. Such camps offer an excellent opportunity for effective health teaching. Those in charge of one of the camps were so satisfied that they provided the service for themselves last summer. Every opportunity has been taken to speak to groups, large or small, and to prepare special articles for various publications. The Managing Director has given, on an average, twenty-five formal addresses to groups each year. In addition, the public health nurses on the staff brought their health message to many hundreds of homes each year.

In these ways, the Health League has spread health knowledge, increased health practices and interested the public in an understanding of health problems and their solution.

A special value of the Health League's work was due to its being citywide. On the staff were French-speaking and English-speaking personnel in proportion to the population, and the budget was arranged on a similar basis.