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After spending the last few months at the United Nations and travelling to NATO headquarters in Brussels and the three European multilateral forums in Geneva, Vienna and Stockholm, where Canada is involved in discussions or negotiations related to arms control and disarmament, I have realized that the processes involved in moving the world away from the brink of nuclear disaster toward true disarmament are infuriatingly complex and painstakingly slow. In being frank with the Canadian public, I have to say that a commitment to the long haul, in which sometimes it is necessary to take one step back in order to take two steps forward, is the surest route if Canada is to make a lasting contribution to peace with security, freedom and justice.

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