

returning same, \$8.50 additional to be collected; going lake, returning rail, or going rail returning lake, \$4.25 additional to be collected. Also usual arbitraries *via* St. Lawrence route, for delegates desiring to return by steamer, on presentation of tickets to purser, viz., \$6.50 Toronto to Montreal; \$3.50 Kingston to Montreal. *Via* Northern Navigation Company, on lines where meals and berth are not included, the rail rate will apply; on lines where meals and berth are included, rate to be single fare, plus meal and berth arbitrary.

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## Publishers' Department

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### OBSERVATIONS IN THE TREATMENT OF IRREGULAR MENSTRUATION.

BY A. W. SHIELDS, M.D., EATON, COLO.

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In prescribing a new and comparatively unknown remedy, the conscientious physician must work slowly and carefully along lines which are necessarily of a more or less experimental nature! In my own experience, I have always found it hard to desert an old, well-tried preparation and transfer my faith to one which, though highly recommended and endorsed by reputable physicians, is known to me only through such recommendations and endorsements! But in the case of Ergoapiol I feel differently; for, when I first encountered it, the mere name in some way appealed to me as descriptive of a preparation or combination which I thought ought to prove efficient in the treatment of that class of cases for which it is recommended. I have in the latter part of my sixteen years' experience been a great believer in apiol as an emmenagogue, and especially in those painful cases which occur in young girls, who have just reached the menstrual period, and in whom functional inactivity is the chief cause which retards the normal process of nature.

But, after many successes and a still larger number of failures, due, I believe, to the unreliability or instability of the drug, I resorted to Viburnum and the various compounds con-