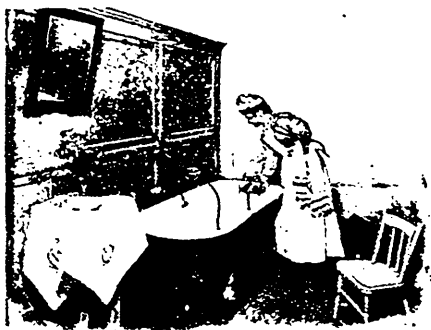


are high, and the ventilation unusually perfect. Every room is bright and cheerful. Palms stand in the windows or in niches around the rooms. Pictures hang on the walls, and flags are draped over the heads of the men and



ONE OF THE WOMEN'S BATH-ROOMS.

women while they work. The woodwork, and the hundreds of heavy machines used in the construction of the marvellous registers, are painted a soft yellow, an easy colour for the eye, and one that has a beneficent tonic influence on the nervous system.

Everywhere are found evidences of an intelligent interest in the physical development and health of the employees, both men and women. There are splendid bath-rooms in the different buildings, which are used by all the employees of the institution as often as they wish to enjoy the luxury of a bath.

The accommodation is of a superior kind, and the soap and towels are much finer than those provided in most city bathing houses. No charge is

made for soap, towels, service, or water. Every man and woman of the more than fifteen hundred employed in the institution is allowed twenty minutes each week from their regular working hours to take a bath. They are paid for the twenty minutes occupied in taking this bath at the same rate as when working. Each employee is therefore paid for taking one bath each week, and has the privilege of taking as many additional free baths as he wishes. The women are supplied with fresh cuffs and aprons twice each week.

Many of the women have to sit on high chairs while at work, and in order that they may obtain rest by changing their position when they desire to do so, they are provided with two foot-rests for each chair, one in front of the chair, and another suspended directly under the chair. There are convenient little rooms to which the women may retire and lie down on comfortable cots in case of illness, or when very tired.

All the female employees stop work for fifteen minutes each fore-



WOMEN'S REST ROOM.

noon and each afternoon. For ten minutes of each recess they are trained by an expert in physical culture, in order to improve