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Pray.

Do not afraid to pray—to pray is right.
Pray, if thou canst, with hope; but ever pray,
Though hope be weak, or sick with long delay;
Pray in the darkness, if there be no light.

Far is the time, remote from human sight,
When war and discord on the earth shall cease;
Yet every prayer for universal peace
Avails the blessed time to expedite.

Whate'er is good to wish, ask that of Heaven,
Though it be what thou can'st not hope to see;
Pray to be perfect, though material heaven
Forbid the spirit so on earth to be.

But if for any wish thou dar'st not pray,
Then pray to God to cast that wish away.

OVER LAND AND SEA.

"Make Christ your most constant companion."
Be more under His influence than under any other influence. Ten minutes spent in His society every day, ay, two minutes, if it be face to face and heart to heart, will make the whole day different. Every character has an inward spring; let Christ be it. Every action has a keynote; let Christ set it. Yesterday you got a certain letter. You sat down and wrote a reply which almost scorched the paper. You picked the cruelest adjectives you knew and sent it forth, without a pang, to do its ruthless work. You did that because your life was set in the wrong key. You began the day with the mirror placed at the wrong angle. Tomorrow, at daybreak, turn it toward Him, and even to your enemy the fashion of your countenance will be changed. Whatever you then do, one thing you will find you could not do—you could not write that letter. Your first impulse may be the same, your judgment may be unchanged; but if you try it the ink will dry on your pen, and you will rise from your desk an unavenged, but a greater and more Christian man.

A new uptown Congregational Church, to be known as Manhattan Church, has been organized in New York, under the pastorate of Dr. Henry A. Stimson late of the Broadway Tabernacle. It consists largely of educated and wealthy people who are determined to put everything connected with their church on an up-to-date basis. The Sunday school will be organized according to the most advanced principles of pedagogy. It is to have the President of the Teacher's College for its Superintendent. Separate classrooms will be provided. Promotion will be by examination step by step from the Kindergarten to the Normal class, and the scheme of lessons will be arranged to conform to this method. Not many schools will be in a position to follow its example, but the experiment will be followed with interest as possibly suggesting something better than the rather slipshod system which now widely prevails.

Once when Pastour was dining with his daughter and her family at her home in Burgundy, he took care to dip in a glass of water the cherries that were served

for dessert and then wipe them carefully with his napkin before putting them in his mouth. His fastidiousness amused the people at the table, but the scientist rebuked them for their levity and discoursed at length on the dangers in microbes and animalcules. A few moments later, in a fit of abstraction, he suddenly seized the glass in which he had washed the cherries and drank the water, microbes and all, at a single draught.

Saghalien, of the eastern coast of Siberia, presents a very curious anomaly of climate, says *Cosmos* (Paris, October 31). "The island is bathed by two cold ocean currents, and in winter nothing protects it against the icy north-west winds coming from Siberia. At the sea level the snow falls continually, and stays on the ground till the end of May, and the seashore is very cold. Farther inland, however, especially as we go higher up, the climate is modified—just the opposite to what is observed elsewhere. It has often been observed in Siberia and in central Europe that in winter the cold is greater in the plains and the valleys, and that the highlands have a sensibly milder temperature; it is as if the denser cold air accumulated in the lowlands. This fact is very often observed in our climate; there are several very good examples of it; all the trees and shrubs of a valley have been known to be killed by frost, while above a certain level, very clearly marked out, on the hill or the mountain, the vegetation has not suffered at all. The cold air often flows from the summits toward their bases. This is what takes place at Saghalien. The cold air accumulates in the low regions of the island and on the coast, the higher regions have a more elevated temperature. So it happens that the lower parts have an arctic vegetation while the intermediate altitudes have the vegetation of a temperate zone, sometimes subtropical. . . The birch, the ash, the pine, the fir, abound in the low regions and form often impenetrable forests, but toward the center of the island appear bamboos, hydrangeas, aralias, and other plants that one is greatly surprised to meet, and whose presence can be explained only by the altogether abnormal climatic conditions of the island."

Don't stay away from church. It is raining? You are neither sugar nor salt. It will spoil your good clothes? Wear some that will bear a little water. Go when you feel a little out of sorts, unless you are really unfit to go. It may be the healing of your blues. Go when your heart is heavy, and sing your burden away. Go where the people are the happiest and noblest on earth and shake hands with some saint. There is an electric shock in that grasp that will do you good. Go and hear what message God has for you by the mouth of His ambassador. You cannot afford to miss it.

There are some saints who, while they ought to be the salt of the earth would be more properly characterized as the pepper.