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Selected Recipes.

SHIRLEY SAUCE.—Twelve ripe tomatoes, two large peppers, two large onions, one cup vinegar, two tablespoons of sugar and one of salt. Chop vegetables and boil all together one hour. Seal up.

CANTALOUPE PICKLE.—Seven pounds of melons after they are pared and cut in shapes. They must be nearly ripe. Lay in weak brine over night, then boil in alum water (a teaspoon alum to two quarts of water) one-half hour. Remove, drain, and in the meantime have following mixture: Three pounds of sugar, one quart of vinegar, two ounces of cinnamon bark, one ounce of powdered mace, and one and one-half ounces whole cloves. Add the melon and let scald all together fifteen minutes. Put away in jars.

Delicious stuffed green peppers were served at a luncheon recently. Very large ones were chosen. They had been split lengthwise into halves, the seeds removed, and a mixture of bread-crumbs and minced ham, well seasoned with butter, pepper, and salt, placed in them. They were then moistened with tomato juice and baked in a hot oven until brown. A little chopped parsley was sprinkled over them just before they were sent to the table.

The Family That Stayed By.

There was once a tiny little church in a small and scattered community. It had a varied career, but came at last, after a good many years, to a position of strength and vigor. A half-dozen times the church was torn by dissensions, or weakened by removals, or disheartened by the apathy of the community, but it never quite gave up.

Looking back over the long period of uncertainty, when the life and usefulness of the little enterprise hung in the balance, it appeared that the connecting thread of life from one period of hope to the next had been a single family. This was the more remarkable because the family was a humble one, and had not been prominent officially.

The mother was a widow, with a large group of children, and very little with which to feed and clothe them. She worked early and late for them, and they also worked as soon as they were able. There were so many of them that almost every class in the Sunday School had a representative from that home, and therefore at least one regular attendant. And although the mother was not always there, her heart was there all the time.

The Sunday School class might run down, but it never could quite disband; or if it did, there was the nucleus for a new beginning. And in time the children of that household began occasional work as substi-

tute teachers. One of the sons became church clerk, and one of the daughters, a rare, sweet girl, after some experience as assistant, assumed entire charge of the primary department.

The mother, busy as she was, was usually at the sewing society, where she took a modest but effective part. The women came to trust her, and she became an adviser and peacemaker.

But all the mother's work, and most of that of the children, was unofficial. Not in acts that could be recorded did this family do its work, but in constant and reliable support.

After a period of years, new life came to the community and the church. The troubles of the past were forgotten. Better homes were built, and new people moved in. A settled pastor was secured, and the work moved prosperously.

There came an anniversary, and as the minister looked over the records of years, too many for the work that appeared to have been done, he wondered why the church had not disbanded more than once. But always there had been a little nucleus of the faithful, holding on with numb hands, and always, inconspicuously among them, had been this widow and her household.

One day the minister called upon her, and out of a full heart he thanked her for all the fidelity of the years. 'It seems to me,' said he, 'that but for you this church would have disintegrated.'

The good woman fairly gasped; for she had been so busy caring for her children, helping her sick neighbors, doing little and mostly unremembered acts of good, it never had occurred to her that she was helping to make history. Yet it is such as she who are always making the history of the world worth while.

'Then shall the righteous answer him, saying, Lord, when saw we thee a hungered, and fed thee?' Heaven is filled with people who reached it by the way of good deeds performed and forgotten.—'Youth's Companion.'

Household Hints.

Washing soda costs about a cent a pound and it will remove almost any dirt. It will also remove the skin from one's hands and the paint and varnish from woodwork, so it

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should be used with discretion. One of the best uses of washing soda is in cleaning pots and dishes which macaroni, etc., have been cooked in. The usual way of scraping with a knife is bad, because it ruins the utensils. Put in hot water and a lump of washing soda and let boil for a few minutes, the adhering substance may then be easily removed.

To brighten tins and other cooking utensils, put them all in the wash boiler and place on the fire with plenty of water and a liberal amount of washing soda. Let them boil for twenty minutes, remove the wash boiler from the fire, but do not take the tins out for three hours. At the end of that time they will be when washed bright and new looking.

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