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FARMERS

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MARTIN-SENOUR "100% PURE" PAINT

We guarantee Martin-Senour "100% Pure" Paint (except a few dark shades that cannot be prepared from pure Lead and Zinc alone) to be 100% pure White Lead, pure Oxide of Zinc, pure Linseed Oil, pure Colors and Turpentine Dryer; and to be entirely free from adulteration or substitution; and sold subject to chemical analysis.

Every experienced Painter knows that the above formula is right. It is the standard of the paint world.

You get absolute purity—extreme fineness—uniform quality—when you insist on "100% Pure" Paint.

SENOUR'S FLOOR PAINT The old reliable.
RED SCHOOL HOUSE PAINT for the barn and sheds.
MARTIN-SENOUR WAGON and IMPLEMENT PAINT for wagons, tools, etc.

Write direct to the Martin-Senour Co., Limited, Montreal, for their 1916 Booklet, "Town and Country Homes", showing many new color schemes and giving valuable paint information.

KARL FREEMAN, BRIDGETOWN, N.S.

Lawrencetown

May 22

Services for Sunday, 28th: Baptist 11 a. m., Episcopal 3 p. m.; Methodist 7.30.

On Friday the subject at the League will be: "How our Country is Governed."

Miss Alice Sanford of Port Lorne spent last week the guest of her brother and wife, Mr. and Mrs. Chas. Sanford.

Miss Rita Phinney went to Halifax on Monday last to take the position of assistant bookkeeper in the Head Office of N. H. Phinney & Co. Limited.

Miss Georgie Brown of Melvorn Square, was the guest of Mr. and Mrs. B. S. Banks on Sunday. Also L. H. Banks of The Weekly Monitor staff spent the week-end with his parents.

Mrs. Kenneth Bishop announces the engagement of her daughter, Muriel Carrie to Robert Brooks Blauvelt of the 219th Battalion Nova Scotia Highlanders. Marriage to take place in June.

The Misses Edna Fulmer and Edna Burns of Bridgetown, are guests of Mrs. Palmrose, and on Sunday evening sang in the musical recital conducted by Miss Robb at the Methodist church.

L. W. Durling's handsome new residence with all the modern improvements, consisting of electric lights, town water, bath room, etc., is completed and sold to J. B. Jefferson, making two houses built and sold within the last year, and intends to build another one this summer. Who says you cannot live in Lawrencetown.

On Sunday night a sacred concert was given in the Methodist Church to an appreciative audience which filled the auditorium. All the numbers, which included an appropriate reading by Mrs. Warren, solos by Misses Fulmer and Burns, and Messrs. Miller and Bray, and duets by Misses Fulmer and Burns, and Messrs. Miller and Bray, and anthems by the augmented choir, were of a high order and very much enjoyed. The choir is planning on another musical evening on June 17th, Conference Sunday.

The Farm

PASTURING CATTLE

The time for turning cattle to pasture has about arrived, and farmers begin to breathe easy because the food supply for this year need not give them much more care. Nevertheless it is wise to remind one's self of the danger from turning cattle out to grass too early. The danger is not so much to the cattle as to the pasture for when a pasture is tramped over, when the grass is first beginning to shoot up, much damage is done and the growth of grass greatly retarded. A few extra days feeding in the barn may consume some more hay but it leads to saving the cattle's best food, pasture grass, the result will be well worth the price.

Sometimes farmers have no option in the matter, but, where they have, we strongly urge them not to turn cattle out on their permanent pasture until about the first of June. Even at that it is good practice during the first few days to give the cattle a feed, once a day, of dry hay. This counteracts the laxative tendency of the newly grown grass, and will prevent cattle from losing, as they do when they are getting all their sustenance from grass alone. The same principle applies in connection with all other transitions in feeding. The process should be gradual so that the cattle will gradually become used to their new system of feed.

Now is the time to remember the loss that accrues from poor pasture in August and sometimes throughout the Fall. Do not forget to put in even a very small amount of some green feed mixture such as peas and oats, or of peas, oats and vetch. Use 2½ bushels of oats, ½ bushel of Golden Vetch or Prussian Blue Peas and 1-3 bushels of common Vetch. If you cannot get the Vetch use the peas and oats alone. Next to this will come corn and even a very small plot of corn will give big returns. After the frost has nipped the corn pastures are likely to be good. Even then, for all the young cattle and the dry cows there is nothing better than Fall turnips, or as they are sometimes called White Turnips and Rape. A discussion of these turnips and rape will be found on page 169 of the articles on Soils, Soil Cultivation and Crops of Nova Scotia published in connection with the Annual Report of the Secretary for Agriculture for the current year.

Animal Pasture

Sometimes it happens that a farmer is confronted with a shortage of pasture land, and therefore wishes to grow some crop which will develop the same year in which it is sown, into a good pasture crop. Several mixtures have been experimented with at various Experiment Stations in Canada, but so far as we have observed the most satisfactory results have been wheat and barley sown in about equal parts. If such a mixture were not needed for pasture purposes it could be cut and cured for winter feeding. Experiments in Ontario have, however, shown that this mixture will make pasture fairly well and will often enable farmers to get their cattle successfully over the dry month of August and the first part of September.

Sometimes land is seeded down with this mixture, but, as the growth is likely to be fairly heavy, seeding down will not prove as satisfactory as it would with any of the above mentioned grains sown singly. Some more elaborate mixtures in which Sorghum, Early Amber Sorghum and Crimson Clover in addition to the above mentioned cereals are sown together, have given very good results in some of the inland provinces where warmer conditions prevail than in Nova Scotia, but our experience would lead us to caution farmers against such mixtures and to confine themselves to those classes of crops which ordinarily do well in the Province.

A crop which we have experimented with at Truro with a view to supplying forage in one year's growth is Millet. This crop may be sown even as late as the 10th of July, and if the land is rich it will produce a large amount of feed in about two months time. This may be either pastured or cut and used for forage. At Truro however, our experience was that we had great difficulty in getting it satisfactorily cured in September owing to the short days and the lack of heat which is necessary to the best curing.

PROTECTION AGAINST ENEMIES

There are many ways by which animals, insects and worms find protection against their enemies. Some of them are provided with scaly plates of armor covering the vital organs of the body, and fitting so closely together that there is little chance of doing them an injury. The knights of the fifteenth century clothed themselves in a coat of mail made of the finest steel, and laughed at the attempts to injure them with arrow, sword or lance, and the armor-plated animals are equally well protected from their enemies.

The scaly ant-eater of South America is a good example of an animal having this kind of protection. He is about two feet long and is covered from head to foot with large sharp edged scales, which overlap each other like shingles on the roof of a house. Each plate is fastened at one end and is loose at the other, which allows the animal the greatest freedom of movement. Part of the head, however, and the under portion of the body have no plates. So when the ant-eater is attacked he rolls himself up in a ball like a porcupine, tucks his head between his front feet and covers it from behind with his scaly tail. Thus protected he presents an armored front to the enemy which it is useless to assail.

Then there are the tortoise, turtle and clam that have a hard shell, into which they can retreat in time of danger, and be more secure than a soldier in the trenches. These vary somewhat in the kind of house they live in. The clam has shell which works on a hinge at the side, and opens and shuts like a lady's purse. They can be seen in the shallow water along the shores of the lake. As they travel slowly along the muddy bottom the shell, which is turned edge-wise leaves a narrow distinct trail. When they are at leisure the shell is opened out and the water runs freely through it, bringing small particles of food on which the clam feeds. But if an enemy approaches the shell closes up like a steel trap and cannot readily be pried open.

The mud turtle carries his house on his back. He is a good swimmer, and paddles along by thrusting his short stout legs out of his shell through portholes made for the purpose. He travels with more difficulty on land, and moves slowly along, presenting a very strange appearance—a good deal like a carpet sweeper passing over the floor minus the handle. His head is thrust out and turns from side to side or up and down as the case may be, the legs reaching and gripping the earth to produce the necessary locomotion. If he is at all alarmed he simply draws in his legs, head and tail, out of sight and reach, and remains stationary and secure until the danger is past. Indeed, the only way to get him out of his shell is to boil him in a pot of water and take him out piecemeal. Ordinarily if he should lose a claw or a foot by having it snapped off, nature has kindly arranged that it will grow on again in a short time.

Masquerades, disguises, and imitating the actions of others, play a great part with some insects in protecting them from their enemies. Some of them have little or no means of defence, but by putting on a bold front and pretending to be quite fierce and dangerous they frequently escape. Bluff goes a long way in the wilds of the forest, as well as in the crowded city. Bird and beast are apt to be taken at their face value, and the one that looks fierce, assumes a fighting posture and pretends to be vicious is often left alone for fear he really might be a dangerous fellow to meddle with.

The common stick insect will alight on a shrub and arrange himself in such a manner that he would deceive a naturalist into believing he was part of the bush itself. The caterpillar of the swallowtail moth will erect himself on the limb of a tree, at the appropriate angle from the trunk, and it takes a close observer to detect the difference between him and one of the real branches. Some butterflies are so nearly like the leaves of the shrubs on which they alight in form, color and markings, that their enemies pass them by unobserved.

ROD AND GUN FOR MAY

Bonnycastle Dale contributes the opening article to the May issue of Rod and Gun Magazine, published at Woodstock, Ont., by W. J. Taylor, Limited. "Tales of the Trappers and Hunters of 1914-1915" is the title of the article by this well-known writer who can always be depended upon to know what he is talking about when he writes of the creatures of the wild. Frank Yeigh, another well-known Canadian writer contributes "One-Eye, Bunny and the Tenderfoot: The Tail of a Trail," a story that depicts some of the idiosyncracies of the sturdy little pack ponies of the Mt. Robinson region. There are a dozen or so other articles of interest before the regular departments, which are up-to-date and full of interest to the lover of out-door-sports, whose equipment includes rod, gun, dog or trap.

Real Estate for Sale

MARSH FOR SALE

A splendid piece of marsh containing 8 1-3 acres within fifteen minutes walk of Bridgetown. Just the thing you want for a little more hay to build up your farm.

The Monitor Publishing Co., Ltd.

CHOICE BUILDING LOTS

A lot of land situated on the south side of the river at Bridgetown, about three minutes walk from town. Beautifully situated and would make ideal building lots. Sufficient for three lots. Splendid drainage. Will sell whole or in lots. Price very reasonable.

Apply to

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FIRST CLASS FARM

Small farm situated about two and one half miles from Bridgetown. Ten acres of choice tillage land and five acres of excellent marsh. Capable of putting up three or four hundred barrels of first class fruit. Buildings in excellent condition. Never failing supply of splendid water.

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PROPERTY NEAR BRIDGETOWN

Property situated about five minutes walk from Bridgetown. Fifteen acres of land with two hundred apple trees, half of which are coming into bearing. Also pear and plum trees. House contains nine rooms, large pantry and two large halls, newly painted throughout. Large dry cellar. Barn 24 x 28 sheathed inside. Water in house. Hay and pasture sufficient for two cows. An excellent opportunity for a man who wants a small place. Will be sold right.

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5 The Monitor Publishing Co., Ltd.

CREAMERY OR FACTORY SITE

A lot of land in Bridgetown about 150 feet square with building one and one half stories, 40 x 50 front with lean-to on north and east sides. Building contains ice room, drying or curing room, churn, milk and cream vats, power separator, engine and boiler in good condition. Suitable for manufacturing cheese and butter or would make a fine canning factory for which industry there is a good opening.

Apply to

6 The Monitor Publishing Co., Ltd.

PROPERTY FOR SALE

Property just outside Annapolis Royal consisting of seven and one half acres of land. Large house with good rooms; size of house 36 x 48 with ell 14 x 21 and porch, ice house, wood house and wagon house attached. Good size barn with stable, hen house and shed for storing machinery. Approximately 160 apple trees on the place a few of which pick early varieties and the remainder hard or winter fruit. Cuts 9 tons of hay at present and can be made to double this quantity. Price on application.

Apply to

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SMALL PROPERTY FOR SALE

A small place in Bridgetown, containing about one acre of land with cottage house of eight rooms and pantry. Large verandah across front, and town water in house. A number of apple, pear, plum, and other small fruit trees. New barn 28 x 38, and carriage house. Will be sold at a bargain to a quick purchaser.

Apply to

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FRUIT AND DAIRY FARM

Valuable Fruit and Dairy Farm for sale. Contains 40 acres of cultivated land, 90 acres of woods, and 90 acres of pasture. Cuts about 125 tons of hay and yields from three to six hundred barrels of apples. House of 14 rooms, suitable for two families. Two barns, wood house, and other out-buildings. All in good repair. Farm is situated in good locality about five miles from Bridgetown. Near church and school house. Property will be divided to suit purchaser. Apply to

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For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of *Chas. H. Slichter* In Use For Over Thirty Years **CASTORIA**

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SOUTH SIDE BRANCH LAWRENCETOWN RED CROSS SOCIETY

This branch, since the granting of its charter, March 1, 1916, has sent to headquarters in Halifax: 9 hospital shirts, 12 pyjama suits, 30 pairs socks (field comforts) and this week sends: 14 hospital shirts, 9 dozen mouth wipes, 24 pairs socks (field comforts).

That both charter and membership cards are signed by H. R. H. Louise Margaret, the Duchess of Connaught, brings the fact home to us that all the women of Canada are united in this humane work.

MRS. W. C. MacPHERSON, Secretary.

GREAT PARADE IN NEW YORK

New York's belief that the nation should prepare for war was expressed by nearly 145,000 men and women marching in one of the greatest processions ever assembled for the promotion of an idea. It is estimated that at least 1,000,000 persons saw the demonstration.

The growing of even a few vegetables by twice as many people as have vegetable gardens at present would enormously simplify some of our economic problems, and give to so many more thousands of families fresher and more healthy vegetable food. Considered in relation to a few families this may seem of small interest, but the cumulative result throughout the Dominion would be of great national importance.

Middleton

May 22

Miss Mary Reid is spending a few days in town.

Mr. Atwood Bent is spending a few days in Springfield.

Miss Floria Roop spent Monday at her home in Springfield.

Pte. Clyde Rafuse of the 219th Battalion, Berwick, was in town on Friday last.

Miss Alice Fairn of Aylesford was the guest of Mrs. C. M. Hoyt on Saturday last.

Rev. Mr. Layton of Kentville preached in St. Paul's Presbyterian church on Sunday last.

Miss Grace Jefferson of Lawrencetown spent Sunday in town, the guest of Miss Ella Cunningham, Main St.

Mr. Perley Grimm spent a couple of days in town last week. He went to Springfield to attend his brother's wedding.

Mr. and Mrs. Vaughn Young are moving to Middleton. Mr. Young is the first of the train men to locate in Middleton.

Miss Edith Sponage returned home on Wednesday last from Sackville, where she has been attending Mt. Allison Ladies' College.

Pte. A. Grimm of the 112th Battalion was in Middleton on Saturday enroute for Springfield, where he was to be married that evening.

Mr. C. M. Hoyt and son Freddie enjoyed a fishing trip last week in the south woods. Master Freddie made a fine catch of the speckled beauties.

FALKLAND RIDGE

May 20

Willard Swallow spent Friday last in Middleton.

C. R. Marshall made a business trip to Bridgetown this week.

G. W. Whalen of New Germany was here on business, May 20th.

Miss Allison Nichols of Hastings spent Sunday last at R. W. Swallow's.

Miss Nellie Elliott of Clarence is visiting her sister, Miss Edwina Elliott.

Mrs. Reginald Mason and daughter Jean, of Paradise, are visiting relatives and friends here.

Mr. Jacob Stoddart made a business trip to the Valley this week and returned home with a pair of steers he purchased.

Pte. Karl Marshall and Pte. Ralph Marshall who have been in training in Windsor are spending their month's leave of absence at their homes here.

Congratulations to Mr. and Mrs. Stanley Kaulbach on the birth of a daughter on Monday, May 15th. Also to Mr. and Mrs. Edwin Wiles a daughter, May 19th.

RHEUMATISM ARRESTED

Many people suffer the tortures of lame muscles and stiffened joints because of impurities in the blood, and each succeeding attack seems more acute until rheumatism has invaded the whole system.

To arrest rheumatism it is quite as important to improve your general health as to purify your blood, and the cod liver oil in Scott's Emulsion is nature's great blood-maker, while its medicinal nourishment strengthens the organs to expel the impurities and rebuild your strength.

Scott's Emulsion is helping thousands every day who could not find other relief. Refuse the alcoholic substitutes.

The Canadian Pictorial for May

A very fine number. Many of the illustrations, enabling one to get a more correct idea of battlefields and prisoners of war, and the employment of convalescent soldiers, and the strange looks of men in the kilties with gas masks on, than could be attained by cold words. The picture representing the wounded soldiers as expert needlemen at work in Queen Mary's Hospital at Southend, is very interesting.

Minard's Liniment for sale everywhere

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Hardwood Flooring is Cheaper and More Sanitary than Carpets

We have installed the latest up-to-date machinery and make the BEST article in the above on the market.

It is kiln-dried and end-matched in widths of 1½, 2, 2½ and 3 in. and sold at the lowest prices FACE MEASURE.

We sort it in two grades, No. 1 and 2.

Let us quote you for your requirements in this line.

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What Next?

Your term at the common or High School will soon be over. Have you decided where you will attend next year? There are no entrance examinations here. Each is classified according to course selected. You can be graduated at the end of any month. We have had over 150 calls for Maritime-trained since the New Year. If you would like more information write to

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