THE GREAT BLOOD

"Fruit-a-tives" Cleans, Purifies, Enriches

Fruit juice is Nature's own remedy. "FRUIT-A-TIVES," the famous fruit medicine, keeps the blood pure and rich because it keeps the whole system free of impurities.

"Fruit-a-tives" improves the Skin Action; enables the stomach to digest food properly; makes the bowels move regularly; and relieves the strain on the Kidneys.

By its cleaning, healing powers on the eliminating organs, "Fruit-a-tives" rids the system of all waste matter and thus insures a pure blood supply.

50c. a box, 6 for 2.50, trial size 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

MEDICINAL PLANTS

Experimental Farms, and can be had merchant, and that is cost. Adams, who was formerly lecturer on A merchant either keeps an account

dian Poke, flowers May and June, profits for the year.

July or August, native in woods of his net or real profit.

\$5.75 per pound.

berta; 40c to \$1.15 per pound.

ada: 6c to 9c per pound.

Spearmint, grows in wet grounds to help him with his addition and in ly aided in its work of digestion. from Nova Scotia to Ontario; 7c to making his inventory.

index add to the instructiveness and farm? If you do, you are a good bus- ade" zone. Of these vessels twentyinterest of an exceedingly valuable iness man as well as a good farmer. seven were square riggers, all Norbulletin.

Minard's Liniment used by physicians making money. If you have never Friend.

FARMER SHOULD

Farm is Business Proposition and

Should be Eun as Such

The average farmer has more capital involved than the average business man, and some farmers have a great deal more. On the basis of capital, the average farmer is just as much of a business man as the man who has a store or shop. Surely, the business side of farming is worth the attention of the farmer as much as the agricultural side of his farm. You might safely say nearly all of the farmers do not pay enough attention to the business side.

Let's take a look at the methods

used by a store keeper and other

business men and see if they cannot and should not be applied and used in operating the farm. Of course there are some differences in the nature of farm and mercantile business, and some things we need not consider. For example, the merchant during the year sells many articles of the five hundred varieties of plants makes comparatively few sales, and al, as given in a more than ordinary sells milk, he gets cash at the end of interesting bulletin by Assistant Do the month. When he sells or ships minion Botanist, J. Adams, M. A., his stock, he gets cash for it. So would take up an exceptional an beyond the occasional sale of a cow ount of space. Mr. Adams entitles or a hog to some neighbour, the farhis publication, "Medicinal Plants and mer has few accounts of this nature. their Cultivation in Canada." It is But on this matter of selling, there is Bulletin No. 23, Second Series, of the one important thing to learn from the

free by addressing the publications | When you buy an article at the Branch, Department of Agriculture, store you usually find a tag on it, with Ottawa. Director Grisdale, of the the sale price, and below it are some Dominion Experimental Farms, maken marks that you cannot understand. a correct estimate when he says They are the cost of the article to "Such information as is contained in the merchant marked in a code which this publication should be of value to he alone can read. This cost usually many of our farmers." Dominion includes the price to be paid to the of plants possessed of medicinal knows exactly what his profit on the

Botany and Vegetable Materia Med- of his total goods in stock by what is ica at Dublin, Ireland, suggests that called a perpetual inventory, or else no farmer runs any risk by devoting he takes an account of all his stock a small plot of about an acre to drug once or twice a year. This invenculture as an experiment for afew tory he uses in figuring his yearly your total cheques will be the amount of "Tree Day" more nearly represents hour. The movements of the lond of years. But for anybody to go head- profits. To the value of his last year's long into the business as a specula- inventory he adds the cost of the goods he purchased during the year. After dealing with soil, climate, From this sum he subtracts the value cultivation collection, drying, im- of this last inventory, and that gives ports and exports, and explaining the him the cost of the goods sold during terms used, Mr. Adams gives promi- the year. He knows the amount of profit. From our total sales subtract arbor does not in the least convey nence, with faithful illustration in money received from sales during the your total expenses and purchases, to outline, to the medicinal plants in year, and from this he subtracts the this add the increase in the inventory American White Hellebore or In- bove, and this gives him his gross

poisionous, occurs in swamps and He has to do some more figuring wet woods from New Brunswick to before he can tell his net profits for British Columbia; price 8 to 10c per the year, for he has had lots of ex-Hop, flowers July and August, ripe light, heat, telephone, insurance, ad-Sept. and Oct., occurs in thickers vertising, poor accounts, and he has and on river banks from Nova Scotia to take into consideration the interest to Manitoba; cultivated in Ontario and on his capital. All these have to be British Columbia; 25c to 55c per lb. subtracted from his gross profits as

Ontario, must be cultivated; \$5.45 to Now this may sound kind of complicated and you may think it takes dows, and from this you can figure White Mustard, flowers all summer, a lot of bookkeeping. It really isn't what you make on them. Or you occurs in fields and waste places; 8c so hard after all, for the merchant has can do the same with hogs or cattle Black Mustard occurs in fields and place, he pays his bills by cheque. Seneca Snakeroot or Mountain Flax showing what it was issued for. At time spent in the various operations flowers May or June, grows in Rocky least he marks this on his cheque woods from New Brunswick to Al- stub. From his stubs he can find out exactly what it cost him for goods Sacred Bark or Bear Berry, occurs purchased, and what he paid out for in moist situations in the mountains rent, help, etc., and he can check his of British Columbia; 8c to 10c per figures up against the figures shown American Ginseng, collected about year his total cheques show his total September, occurs in woods in Que- expense, including goods purchased. the stomach a lot of extra work, but Caraway, flowers May to July, oc- deposits in the bank all of the money curs on waste ground in Eastern Can- he has received from sales of goods, line Tablets regularly they would be a Peppermint, flowers July to Sep- for making change. The sum of his strain of over-work. No matter what tember, occurs in wet ground from bank credits show the total amount of ou eat or drink Tonoline tablets sweet-Nova Scotia to Ontario; 9c to 16c per money received. Often he comes in ing in five minutes. The heaviness

Mr. Adams in addition to giving de- chants, a large majority could tell all distress, but if taken regularly will scription and exact illustrations, in you the total amount of their sales absolutely cure indigestion by buildevery case quotes the market price during a year, the total amount of Following the plants in leading de- their expense, their total profit, and enough to digest the most hearty mand, he comes to those used in how much it cost to make a sale. If meal. \$1 for a 50 days' treatment. moderate or small quantities, such as you asked a hundred farmers who run Irish Moss, Ergot, Male Fern, White just as big a business, how many do Pine, Hemlock, Balsam, Fir, Juniper, you think could tell you these figures, and so on. These occupy 24 pages and how many could tell you any of two to five to a page, and then we them? Just for the fun of it, ask have been forty-five vessels sail from have foreign medicinal plants which twenty farmers you know, if they can Halifax with deal for the United Kingmight grow in Canada. A list of give you these figures. Do you your- dom and all but one of them have suc-54 publications and a comprehensive self know these figures for your own cessfully passed through the "block-

But it is a much harder proposition | wegian with the exception of the Calto get these figures and keep these burga, which was British; thirteen accounts on a farm. To get down to three-masted, and four steamers. Johnny, aged four, went into a near the last fine point on farm accounting These figures include only the vessels by grocery and asked for a box of can is quite a job, and most farmers could which have carried cargo consisting ary seed. "Is it for your mother?" ask not do it. However, there is a certain only of lumber and does not include ed the grocer. "No, of course not,' re- amount of bookkeping that every far- the many steamers which have carplied the little fellow, "It's for the mer can and should do, and if they ried general cargo. do not do it, they do not know whether they are coming or going, losing or Minard's Liniment Lumberman's



cept such accounts we would not adise you to attempt any elaborate system of accounting. Here is simple method that will show you much of what you want to know, and you make or do. You don't need any ground fancy books, you can buy all you

10 cents if you wanted to do so. of the feed has been used.

It is convenient to use one book for inventories, making each inventory for several years in the same book.

the end of the year the bank can ous. add all these up for you. Deposit all

of expenses and purchases. very simple. Next year take another value over the last inventory, or subtract the decrease in case the inventory is smaller the second year than the first, and this will be your

There are other figures you can Golden Seal, flowers in April, ripe in determined above in order to give him keep a record, separate from your feed and labor expended on milch Some farmers keep a time book in which they figure the cost of producing various crops, making note of the -"Banker Farmer."

STOMACH TROUBLES QUICKLY

stomach troubles for years, and imag-At the end of each day or week he they never think that the stomach needs extra help to do the extra work. If these people would take Tonokeeping a certain amount in his safe great big help to the stomach in its and uses the bank's adding machine disappears, and the stomach is great-

If you were to ask a hundred mer- Tablets not only promptly relieves

Mailed by American Proprietary Co.

During the past three months there

ORIGIN OF ARBOR DAY TRACED COALING BRITISH

Writing in the "Countryside Magazine," Margaret Woodward describes the origion of Arbor Day.

town was on the spot at the time ap- with. were carefully planted.

the true significance of the festival coal are controlled by two transport The figuring of your profits is now than our own title, "Arbor Day." The winches mounted on the collier, a word "arbor" in our locality at least, single lever operating the forward and inventory at the same time of the year | means strictly a bower, an inclosed backward journeys of the carrying that you took in this year, and then lattice covered with vines and pro-device. you are in shape to figure your year's vided with rustic benches. The word the idea of tree planting.

> ARCHERS FOUGHT NA POLEON

shoot an arrow with effect almost as duction and distribution.

WRITE THEM A LETTER

(Toronto Globe)

ed in it were "too late."



battleships guarding the shipping hole? In the Canton of Aragon, Switzer- routes on the high seas which must Mr. Suburb: "A body of water entireland, near the mouth of the River not relax their viligence for one mo-Reuss, stood the little town of Brugg, ment. On this account some means or rBtick, as it is known today. This has had to be devised to supply the obscure town had the honor of being vessel with coal without the necessity the cradle of the House of Hapsburg. of steaming back to port. As the sea for staying so late at lodge last night? A Swiss historian, writing in the Fifth wardens cannot come to fetch their Century, tells us that once upon a fuel, the fuel has to be taken to them, time the hamlet of Brugg decided and by means of a very ingenious dethat it wanted more than anything vice tons of coal can be transferred else a grove of oaks upon its com- on to our battleships while they are mon. A day was therefore set apart travelling through heavy seas at for the planting of oaks. Every able- twelve knots an hour without their bodied man, woman and child in the activities being in any way interferred

pointed. Holes were made in the A collier packed to the hatches with toned. ground and twelve sacks of acorns coal gets in touch by wireless with a battleship whose bunkers need re-After this ceremony was performed plenishing. On sighting the mother every one was given a wheaten roll. vessel the suppply ship manouvers un-Great was the disappointment of the til it is about 400 feet astern of the good people of Brugg when, after a battleship. The collier then dispatchsuitable length of time had elapsed, es a small boat which carries cables no young oaks appeared. In point of one set of which stretches from the you will be able to expand it so that fact, every acorn refused to sprout masthead of the supply vessel. The you can figure the cost of everything and show its green head above the lines are paid out as the boat advances, and when it reaches Another year the experiment was warship the cables are made fast on need for 25 cents or you could even repeated. This time, however, an- the port and starboard sides of her get along with one book for about other plan was adopted. The ground stern. The lines being brought to was first ploughed and the acorns the required tension, the two ships The basis of all farm accounting is then scattered in the furrows. Yet travel in a straight line, fastened toa good inventory-without it you can- again the attempts of the people of gether, while from the mast of the not begin to tell anything about your Brugg to possess an oak grove on the collier to the deck of the warship business. It isn't such a big job to common were met with failure. One stretches a transport cable for carrytake a farm inventory. Probably the would naturally suppose that the ing coal bags. Sacks of coal, in town rather the worse for a few drinks best time to take an inventory is the scheme would now have been aban- loads weighing a ton, are hoisted from for the year has been sold and much | zens of Brugg. Persistence was, and platform as its head, below which a has ever been, one of their virtues. | net is spread to protect deck hands This time they tried the experiment from falling pieces of coal which of transplanting young oak saplings might happen to come loose before from the forest. Every man, woman the sacks are despatched. By means List each article or group of articles, and child came provided with oak of wheels running on the cable the and stock, and note down the value switches. These were carefully set load is forced by automatic winches "What's the matter? "There is a piller- with express trains to and from Haliof them at the time of the inventory. Jup in place. Success at last crowned along the sloping transport line at catter-' "A what?" "A tapperkiller-' To keep account of this small cash the efforts of the people of Brugg. the rate of 3,000 feet per second. On "What in the world do you mean?" 'Oh Express between Halifax and Yar-Botanist Gusso explains that the wholesale merchant plus the cost of purchases, simply mark the cheque The young oaks grew and flourished reaching the deck of the battleship dear, she mounted him mouth. with which you draw out cash, by beyond expectations. They became the load is automatically released, frantically, "A kitterpaller! You writing the word cash in the corner, in time those mighty oaks for which and the transporter starts on its reor making it payable to "cash". At this little town has since been fam turn journey to the collier. This apparatus enables sixty tons of coal said George, with evident relief, and he From this time on, not only in to be carried every hour across the proceeded to brush the future butterfly the money or cheques received from Brugg, but throughout Switzerland, gap of water separating the supply away. the sale of produce or from any other tree planting became an annual ob- ship from the battleship. The great source. Your total bank credits at servance. The "Switch Parade" is advantage of this system is that both

WEEDS ON VACANT LOTS

(Special Bulletin from the Commission

mediaeval weapons of war, abandoned making an honest effort to keep their ed. "Remarks" After staring at it by the nations of Europe four or five farms clean, is the crop of weeds awhile he beckoned to the clerk centuries ago; yet it is only 100 years found growing on vacant lots and "What's the matter, Pat?" asked that since soldiers fought with bows and roadsides in and around our towns arrows in European wars, and that, and cities. These vacant lots are oftoo, on the fields of southern Belgium, ten nothing more or less than nurseries and breeding places for all It was in 1813 when all Europe was kinds of weeds. This is especially t' write down the raymarks Bill made. armed against Napoleon. Every one true of towns where large areas ad of the allied nations brought every joining have been subjected to wildcat A greengrocer's boy hailed a vessel in July 1 possible resource of men and means subdivisioning and have had roadways dock at Liverpool, says an English news- July 10 to further this end. Among them was ploughed, forming lodging places for paper. The surly mate gruffly asked Russia. To the war she sent soldiers weeds, which are allowed to grow un- him what he wanted. from the newly conquered tribes that molested. These produce countless dwelt upon the steppes of Asia; Bok- numbers of seeds, to be blown and harans and Turkomans and Tartars scattered by the winds over the farms. and other half savage peoples. Many So far, bulletins, articles and advice of these regiments were armed with pertaining to weed control have been Throw them up one at a time, said the bows and arrows. Jomini, the mili-directed at the farmer. A glance at mate, and stood ready to receive the extary historian, says that these bow the conditions found in most of our pected vegetables. men held their own against the cities and towns will prove convincing "Ahoy, there, look out!" shouted the French infantry. Their aim, he says, that the farmer is not entirely to lad, as he threw a dried pea toward the was surprisingly good, and they could blame in the matter of weed seed pro- mate. "I've got a sack of these." In the West the weed inspectors

are being trained and instructed along lines that will enable them to assist A wounded officer who has returned ing place for weeds and a menace "Discharged!" from France says the soldiers there to his neighbours. In most towns would rather have a letter from home there are by-laws covering the weed any day than their pay. If you owe problem but too often they are not a letter to anyone in the trenches enforced. Those living in towns and write today. A mail from Canada ar- cities should co-operate and do their rived in Belgium after the battle of bit in the war against weeds. This Langemark, and many letters contain- is an important matter, and should stared at the judge. once and not deferred until the weeds judge. ripen and scatter their seeds.

TO BORE IRON

effective when one has not the proper tools for making a hole in an iron Boston and Yarmouth

Shape a piece of sulphur to the required dimensions of the hole, then where it is to be bored and press the Steamships Prince George and heat the iron white hot at the place sulphur against it. Sulphuret of iron is formed, and the stick passes Leave Yarmouth daily, except Sunthrough the metal.—Exchange.

The driest place in the world is at 2 p. m. that portion of Egypt between the two | Tickets and Staterooms at Wharf Office lower falls of the Nile. Rain has never been known to fall there.

Joker's Corner

There are a large number of British Mrs. Suburb: "What is a swimming

ly surrounded by boys.'

"Did your wife listen to your excuse "Oh, yes, she listened to me: then-"Then what?"

"I listened to her.'

Miriam, aged five, had been delegated to rock the baby to sleep. "I can't do it, mamma,' she said, after trying for some time. "He won't keep his eye but-

Dorothy was taking her first ride in the country, when suddenly the carriage wheels began to squeak. After a few moments she exclaimed in apparent distress: "I-I think I'd better get out, the wagon's groaning so!'

"Look here,' said the indignant misthe tress of the house to the peddler of small wares, "do you call these safety matches? Why, they won't light at all. "Well, ma'am,' said the peddler suavely, "wot could you 'have that'd be

> A farmer was driving home from when his horse fell down. The farmer board, and then exclaimed

"Get up, you old fool! Get up, or I'll drive right over you!'

A little slum child was enjoying his John with Canadian Pacific trains the end of the year will be the a- the unique name given to this cele- vessels during the operations can first glimpse of pastoral life. The set- for Montreal and the West. mount you received from the farm and bration. We think this name or that move at the rate of twelve knots per ting sun was gilding the grass and roses of the old-fashioned garden, and he sat on a little stool beside the farmer's wife, who was plucking a chicken. He time. Then he spoke.

night, lady?"

Murphy, the foreman, was sent to railroad office to report a slight accident June 16, 1915. in the gang repairing the track. He What undoubtedly constitutes a was handed a form, and got along all We think of the bow and arrow as menance to those farmers who are right until he came to the space head official. "Well, sor,' said Murphy, "ye see, it was Bill's big toe he hit wid th' hammer, and it wudn't luk well for me

"I've got some vegetables for the

ship,' was the reply. "All right, you needn't come aboard.

robbing another of his watch and chain. the farmers in weed control, while at It was claimed that he had thrown a the same time provision by law is bag over his victim's head, strangled M made to-prevent any farmer from and robbed him. There was so little allowing his farm to become a breed- evidence that the judge quickly said-

The prisoner stood still in the dock, amazed at being given his freedom so soon. "You're discharged,' repeated the judge. "You can go. Youre free. Still no move from the prisoner, who

"Don't you understand? You have RAILWAY AND D. A. RAILWAY. council. Action should be taken at been acquitted. "Get out!' shouted the "Well," stammered the man, "do I

have to give back his watch and chain?" Minard's Liniment Lumberman's

Steamship Co., Ltd

Prince Arthur

days at 6 p. m. Return, leave Central Wharf, Boston, daily, except Saturdays,

> A. E. WILLIAMS. Agent Yarmouth, N. S.

Constipation the bane of old age is not to be cured by harsh purgatives; they rather aggravate the

TABLETS



On and after June 8th, 1915, train ervice on the railway is as follows: Express for Yarmouth ..11.57 a.m. Express for Halifax 2.00 p.m. Accom. for Halifax 7.40 a.m. Accom. for Annapolis .. 6.05 p.m.

Midland Division

Trains on the MidlandDivision leave Windser daily (except Sunday) for Truro at 7.05 a.m. 5.10 p.m., and 7.50 a.m. and from Truro for Windsor at 6.40 a.m., 2.30 p.m. and 12.50 p.m. connecting at Truro with trains of the In-"George," she screamed. "My neck! tercolonial Railway and at Windser

Buffet Parlor Car Service on Mail

St. John - Digby

DAILY SERVICE

(Sunday excepted.) Canadian Pacific Steamship "Yarmouth" leaves St. John 7.00 a. m., leaves Digby 1.45 p.m., arrives at St. John about 5.00, connecting at St.

Boston Service

Steamers of the Boston and Yarwatched the operating gravely for some mouth S.S. Company sail from Yarmouth for Boston after arrival of express train from Halifax and Truro. "Do you take off their clothes every Tuesdays, Wednesdays, Fridays and

P. GIFKINS. General Manager.

From Halifax

FURNESS

SAILINGS

Caterino July 1 July 20 Appenine Aug. 2

From London

From Halifax Durango June 26 Tobasco July 9

Furness Withy & Co., Limited Halifax, N. S.

A man was arrested on the charge of H. & S. W. RAILWAY

| | Time Table in effect January 4, 1915 | Accom. Mon. & Fri |
|---|--|---|
| 11.10 11.38 11.55 12.23 12.39 12.55 13.15 | Stations Lv. Middleton AB, Clarence Bridgetown Granville Centre Granville Ferry Karedale AB. Port Wade Lv. | Read up- 15.45 15.17 15.01 14.36 14.21 14.05 13.45 |

WITH ALL POINTS ON H. & S. W.

General Freight and Passenger Agent

The Foolishness

of young men who sarcastically say "shorthand is girl's work." is refuted by fact that Preside Wilson wrote in shorthand t celebrated note to Germany a personally transcribed it on own machine. Not even Bryan knew its contents it was read at the Cabinet, ing. The President's sal is \$75,000 net per year. Our next term opens ber 1st.

Maritime Business HALIFAX, N. E. KAULBACH.