

You Get Bilious

Because Your Liver is Lazy

You get a bilious attack when your liver refuses to do its work. The bile does not flow. You become constipated. Food sours instead of digesting. You have that "bitter as gall" taste. The stomach becomes inflamed and inflates—turns sick—vomiting, and violent headache.—The best preventative and cure for biliousness is Chamberlain's Tablets. They make the liver do its work—strengthen the digestive organs, and restore to perfect health. 25c. a bottle.—All Dealers and Druggists, or by mail.

Chamberlain Medicine Company, Toronto.

CHAMBERLAIN'S TABLETS



Watford Flour Mills

We have the following brands of Flour always in stock and can give you close prices on any quantity.

SUNRISE, First Patent from Manitoba wheat			
FIVE ROSE	do	do	do
ROYAL HOUSEHOLD	do	do	do
HORTON	do	do	do
HARVEST QUEEN, 2nd Pat. from Man. wheat			
GOLD DUST	do	do	do
RED ROSE, High Grade Blended Flour			
NEW ERA, Special Pastry Flour			

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

C. B. MATTHEWS & SON.

MILLERS AND FEED MERCHANTS

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

INTERNATIONAL STOCK FOOD

FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL

AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE
Crapping and Rolling Done While You Wait
PHONE 39

House Furnishings

MASON & RISCH
PIANOS, GRAM-
APONES, STRING
INSTRUMENTS,
MUSIC BOOKS,
SHEET MUSIC,
EDISON RECORDS

Our aim is to keep the latest and most popular goods in our line, and carry the FINEST ASSORTMENT of all lines of FURNITURE for

Parlor, Dining Room, Bedroom,
Library or Kitchen.

Comfort, Elegance, Durability and Value are features that our goods are noted for.

No Big Profits to Pay Here

Our prices are as low as consistent with reliable goods.

Let us show you the new patterns.

NEW & SECOND
HAND SEWING
MACHINES

REPAIRS FOR
STRING
INSTRUMENTS

THE NEW CUR-
TAIN STRETCHER

HARPER BROS.

PHONE 31
FINE FURNITURE FUNERAL DIRECTORS

THE MERCHANTS' BANK OF CANADA

President.....SIR H. MONTAGU ALLEN
Vice-President.....JONATHAN HOSKINS, Esq.
General Manager.....E. F. HEDDEN

Paid-up Capital.....\$6,000,000
Reserve Fund and Undivided Profits.....5,458,878
Deposits Nov. 30, 1911.....63,494,580
Assets Nov. 30, 1911.....81,928,960

197 BRANCHES IN CANADA.

General Banking Business transacted. SAVINGS DEPARTMENT at all Branches. Deposits of \$1.00 and upwards received and interest allowed at best current rates.

Watford Branch - E. KENWARD, Manager

A LESSON IN PLUCK.

List to the cock's crow, ringing sharp and loud. Answered with defiance by a cock as proud. See them join in battle, fighting to the end. Each his rights and family loyal to defend.

Now the bloody victor mounts on his dead foe. Claps his strong wings sharply and gives a loud crow. Like a mighty warrior who has won the fight. Downed his deadly enemy and upheld the right.

May you be as plucky to defy the wrong. Fighting for true principle, may you be as strong. What is blood or money in a fight like this. If to gain the earthly we must manhood miss?

If to gain a dollar or to win some fame. Men will play the traitor, win a coward's name. Don't forget that some day when the stars shall fall. They will be among those who have lost all.

C. M. BARNITZ.

BUCKWHEAT AS HEN FOOD.

We have often heard buckwheat bragged up as a great egg maker and have known fanciers to make it their staple grain for winter and summer feeding under this erroneous impression. But analysis proves otherwise, for it shows that buckwheat contains only 7.7 per cent protein and 53.3 per cent carbohydrates, or fattener, not egg maker.

People seldom eat buckwheat cakes in summer. They are too heating, and if eaten by men or hen winter is the season when they hit the spot. Buckwheat, like corn, is good for finishing poultry for market, but if fed in quantity to layers it makes them overfat and makes the pale yolk.

In England, France and Belgium it is much used in finishing fowls. It is bulled and ground and with barley, oats and milk is fed in troughs or used in the crumming machine.

This gives the white fleshed, white fatted poultry, so popular in European markets, but Americans demand the yellow butter bell birds, and these are only made of the yellow legged birds, like Rocks, Reds and Dottes, finished to a delectable golden tinge with cornmeal.

The large percentage of dry matter buckwheat contains is mostly made up of the tough brown shell that covers it, and to feed in quantity this shell is a tax on the digestive system.

It is all right to feed a little for variety, but fowls are frequently slow learning to eat it, as if instinct tells them there isn't enough in the big hull for the trouble to grind it.

FEATHERS AND EGGSHELLS.

Falls Creek, Pa., has a pig that has been trained to gather the eggs and carry them into the house and lay them at the feet of his mistress one by one. This is sure some pig tale and almost equals the feats of the Chihog-o cold storage hogs.

Colonel Roosevelt recently ordered a pen of Silver Laced Wyandottes from a fancier of Waterloo, N. Y. He will breed this beautiful variety at Sagamore Hill. We welcome him to the clan of chicken cranks and hope he doesn't meet a Waterloo in breeding this variety, so difficult to breed true to feather markings.

When Mrs. Everett of North Attleboro, Mass., went out to her hen yard she found a thief had stolen thirty fine Buff Orpington hens. The thief was captured and got a term in the penitentiary for the trick. There was satisfaction in seeing the criminal go to jail, but that didn't bring the birds back.

Some of our state poultry experts deserve the criticism they get. They spend most of their time in the experiment station laboratories searching for microbes and striving to solve mysteries which have little to do with promoting poultry and do not get out into their states to learn actual conditions and, what is necessary, to increase poultry products and profits.

Occasionally a hen will get to monkeying with a bee and get stung. Her head will puff up, and if her owner doesn't remember that a hen, unlike some humans, can't get swelled head in ten minutes he will think she has a well developed case of roup. The swelling will half blind the hen for a day, but next morning she will be ready to tackle another eye bunger.

The Wabash railroad recently issued a circular on the poultry industry of Missouri stating that the last census showed receipts amounting to \$50,818,145, a crop return larger than wheat, oats, hay, hogs, sheep, exceeding every other farm crop but corn. The railroads are gradually falling into line for the promotion of the different branches of agriculture, a proceeding which would certainly make our great grandfathers sit up and take notice.

Some folks are astonished at the quick death of little quacks. One minute they will be well and lively; next minute they lie on the grass dead as a doornail. What did it? They monkeyed with a honeybee, swallowed it, it stung them in the throat, throat

Shiloh

The family remedy for Coughs and Colds. Small dose. Small bottle. Best since 1875.

closed by swelling, and they choked to death.

The food research laboratory of the bureau of chemistry is to be removed from Nashville, Tenn., to Sedalia, Mo. It is under Dr. Mary E. Pennington and Professor H. C. Pierce, and its work consists of studying the marketing of eggs and poultry from producer to consumer. It is estimated that \$3,000,000 per year is lost by the farmers of Missouri on bad eggs, and it is expected that these experts by their investigations will soon put the egg producers wise.

L. M. Barnitz.

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Children Cry
FOR FLETCHER'S
CASTORIA

Children Cry
FOR FLETCHER'S
CASTORIA

ARE YOU VERY BUSY?

Every little while you read in the papers that so many persons have died from Consumption.

It is all very far-off and matter of fact and possibly it scarcely arrests your attention.

Do you ever realize that each one of those "cases"—mere items in an official record—is a black tragedy to somebody, that behind each one of them lies long, hopeless days of pain, feverish nights of despair, lifetime plans that must be laid away, grinding poverty, perhaps a wife to fight her own way afterwards or children who know hunger now that the father is gone.

Just suppose it were your tragedy. Suppose it were your father, your mother, your brother, sister, husband, wife, your child, or perhaps your sweetheart, and you with the hospital doors shut in your face, wringing your hands in utter helplessness while the crowds hurry by, engrossed in their own affairs.

But no! You are in that crowd and you don't hear either because you are busy.

But wouldn't you give—and gladly—if you knew that what meant so little to you would go far to bring back the glow to somebody's wan face or the laughter to somebody's lips?

Just sit down and think of the one you love best in the world. Then say "If she lay there—" or "If he lay there—" and see how it sounds. What would become of all your plans and your busy days, then?

For eleven years now the Muskoka Free Hospital for Consumptives has cared for those whom others love best, and hundreds of them have gone home again well and happy. It keeps its doors open because a few busy people like you stop for a moment and remember.

Are you going to remember this Christmas?

Don't put it off. Use the attached form in sending your contribution.

To help the Muskoka Free Hospital for Consumptives continue its lifesaving work, I gladly enclose the sum of \$.....

Name.....

Address.....

\$ 5.00 will provide maintenance for a week.
\$ 20.00 will pay for four weeks.
\$ 250.00 will endow a bed for a year.

Since the need is such a permanent one, I should also like to subscribe the sum of \$..... Register my name accordingly.

Contributions may be sent to W. J. Gage, Esq., 84 Spadina Ave., Toronto, or to E. Dunbar, Esq., 1754 Balmoral Castle, Toronto.

The Habit of Signing Petitions

Men whom you think had arrived at the age of discretion and who are known as dependable citizens in a locality will sometimes unthinkingly put their names on a petition without investigation of the petition. The average men of today are always in a hurry and have come to consider that the easiest way to get rid of the circulator of a petition is simply to sign the thing and be done with it. It has been said that a man can circulate a petition to have his grandmother crucified head downwards; and plenty of the people will sign it cheerfully although not acquainted with the lady.

A good plan is to turn all petitions down that you don't know anything about. Every person who signs such a piece of paper is a party to the proposed act, and equally responsible with the writers and circulators of the petition. If anything is worth petitioning for sign it, but don't get the habit of signing every petition submitted to you. Remember your name is, or ought to be worth something to you.—Guelph Mercury.

Recently deciphered inscriptions on Egyptian monuments indicate that artesian wells were bored as far back as 1400 B. C.

The handles of an Illinois inventor's wheelbarrow form levers to dump it forward when the legs are resting on the ground.

A curious tree of the tropics, the mapalapa, grows only with the aid of another tree, which it gradually envelops and kills.

Perforated corrugations encircle a new stiff hat for men for ventilation, at the same time being so inclined as to shed rain.

A Household Medicine.—They that are acquainted with the sterling properties of Dr. Thomas' Electric Oil in the treatment of many ailments would not be without it in the house. It is truly a household medicine and as it is effective in dealing with many ordinary complaints it is cheaper than a doctor. So, keep it at hand, as the call for it may come most unexpectedly.

The khedive of Egypt, is an enthusiastic electrician and uses electrician appliances wherever possible in his palaces and yards.

Motor lifeboats carried by one of the newer trans-Atlantic liners are equipped with wireless apparatus having 200 miles radius.

Electrical apparatus operated by a miniature piano keyboard has been invented to play upon chimes in orchestras or dramatic productions.

Experiments on the Philippine Island of Mindanao seem to indicate that the finest qualities of rubber can be produced there profitably.

Trade in Watford and you go home satisfied.