

SEVEN YEARS OF MISERY

All Relieved by Lydia E. Pinkham's Vegetable Compound.

Sikeston, Mo.—"For seven years I suffered everything. I was in bed for four or five days at a time every month, and so weak I could hardly walk. I cramped and had backache and headache, and was so nervous and weak that I dreaded to see anyone or have anyone move in the room. The doctors gave me medicine to ease me at those times, and said that I ought to have an operation. I would not listen to that, and when a friend of my husband told him about Lydia E. Pinkham's Vegetable Compound and what it had done for his wife, I was willing to take it. Now I look the picture of health and feel like it, too. I can do my own housework, hoe my garden, and milk a cow. I can entertain company and enjoy them. I can visit when I choose, and walk as far as any ordinary woman, any day in the month. I wish I could talk to every suffering woman and girl."



—Mrs. DEMA BETHUNE, Sikeston, Mo.

The most successful remedy in this country for the cure of all forms of female complaints is Lydia E. Pinkham's Vegetable Compound. It is more widely and successfully used than any other remedy. It has cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing down feeling, indigestion, and nervous prostration, after all other means had failed. Why don't you try it?

Guide-Advocate

Watford, Ont.
PUBLISHED EVERY FRIDAY.
SUBSCRIPTIONS—\$1.00 per annum in advance. \$1.50 if not so paid.

ADVERTISING RATES.

Space	One Year	Half Year	3 Months
One column	\$60	\$35	\$20
Half column	30	18	12
One fourth column	20	12	8
One eighth	12	8	5
One width	8	5	3

Miscellaneous advertisements will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Wednesday afternoon. Business Cards—First insertion per line, 8 cents; subsequent insertions 4 cents each time per line; 12 lines makes one inch. Business Cards—Six lines and under, per year \$5.00. Locals—10c. per line each insertion. Minimum charge 25 cents. Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO. PROPRIETORS.

Guide-Advocate

HARRIS & CO. PROPRIETORS
WATFORD, AUG. 18, 1911.

NOTE AND COMMENT.

A returned visitor to the Northwest says that one of the remarkable things he noticed on his trip through the prairie province was the large number of abandoned farms to be found in Manitoba. There he saw tract after tract of land, which once yielded bountiful crops but are no longer under cultivation. The parties who first worked the land, simply reaped harvest after harvest, completely exhausted the soil, then flew their kite to other parts. This practice of taking everything from the land and returning nothing is spreading more or less all over the great prairies and the folly of it will sooner or later come to be fully realized. Land, in some choice sections is being held at as high as \$20 an acre and with no buildings on it

Every Woman
is interested and should know
MARVEL Whirling Spray
The new Vaginal Syringe. Best
—Most convenient. It cleans
instantly. Ask your
druggist for it.
If he cannot supply the
MARVEL, please do not
but send stamp for illustrated
book—sent. It gives full partic-
ulars and directions invaluable to ladies.
WINDSOR SUPPLY CO.,
Windsor, Ont. General Agents for Canada.

Chantry Farm,
KERWOOD
SHORTHORN SCOTLAND
AND LINCOLN SHEEP
ED. DE GEX.
KERWOOD P.O.

at that. When one considers that with five or six thousand dollars he can secure a splendid, well improved one hundred acre farm in the Garden of Ontario and enjoy every advantage comfort and convenience while occupying it and making a pretty sumptuous living off it as well, there is no earthly reason of him being lured westward. If you're comfortably situated or making headway where you are, he advises all with that restless feeling to stick in the old groove.

The most drastic campaign publicity legislation ever passed in either branch of Congress has been adopted by the U. S. Senate with the following important features: No candidate for the House or Senate shall spend in the election more than a sum equal to 10 cents for each voter in his district or state. No senatorial candidate shall spend a total of more than \$10,000 in the primary and general election; and no candidate for the House shall spend more than \$5,000. Publicity must be given to all primary campaign contributions and expenditures. All general election expenses must be made public before the election, beginning 15 days before the election, and making publication each six days until election. All promises of political jobs must be made public. The bill further makes it illegal to promise political places to secure election support; or to aid in influencing the election of any member of the state legislature.

An Ontario inventor claims to have invented a process by which the pores of ordinary clay can be permanently closed so that it will not admit water, so that when a clay road is treated accordingly to his process the surface is hardened, and the roadway made smooth, dustless and noiseless. If the claim of the inventor turns out to be well founded and if the method is cheap enough to be practicable for general use, the invention will work a wonderful improvement in this county.

How's This?
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.
F. J. CHENEY & CO., Toledo, O.
We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm. WALTER D. KELLOGG, Wholesale Druggists, Toledo, O.
Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75c. per bottle. Sold by all Druggists.
Take Hall's Family Pills for constipation.

The Life We Live.
It's waking and sleeping, and heaving a sigh, and watching and weeping, and saying good-bye. It's long hours of labor and short hours of rest, it's helping our neighbor, and doing our best; it's fasting and dining, and striving in vain, and joy and repining, and sunshine and rain. It's laughing and crying, it's darkness and light, and wishing the dying a loving good night. It's dancing and wailing, and battling with men, succeeding and failing, and trying again. It's wooing and and mating, it's foolish and wise, it's loving and hating, and dealing in lies. Man says it is dreary as graveyard he goes; he says he is weary and longs for repose; he says it is hollow, deluding, and vain, and others who follow repeat the refrain. But I shall not worry this old world to leave; what though it may worry and gall us and grieve? It gives us good measure of joy as we go; there's always a pleasure to pay for a woe. I'm fond of the mixture of laughter and tears; I'd fain be a fixture for ten thousand years.—WALT MASON.

Do not delay in getting relief for the little folks. Mother Graves' Worm Exterminator is a pleasant and sure cure. If you love your child why do you let it suffer when a remedy is so near at hand?
Knead your bread with honesty; but ter it with serenity; chew it with deliberation; thus treated, it will prove nourishing.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of *Wm. D. Little*

The tillage of the soil is done to-day by one-third of the people of the country and fully one-half more is produced than when it was done by 90 per cent. of the people.

When cane-bottomed seats become slack through use they are uncomfortable and unsightly. Sponge both sides of the cane thoroughly with hot soapsuds in which a handful of salt has been dissolved, then stand the chairs in the open air. Treated like this, the seats will become as firm as when new.

A little time used in overhauling and cleaning up each piece of machinery when one is through with it is well spent. Tighten up all the bolts, saturate the bearings and cover all wearing surfaces with a good grade of machine oil. This will stay on from one year to another, and keep the parts from rusting. Plow lays and all polished parts should be cleaned or covered with oil or grease of some kind, to keep them to keep them in good condition. There is no part of the farm operation at which a little time can be spent to better advantage than looking after farm machinery.

For regulating the bowels, invigorating the kidneys and stirring up the lazy liver
Dr. Morse's Indian Root Pills
have proved for over half a century, in every quarter of the world, absolutely safe and most effective.
25c. a box everywhere.

NORTH END BAKERY
AND
ICE CREAM PARLOR
—X—X—X
OUR Bread, Cakes, etc., are noted for being strictly first class.
FRUITS of all kinds in season, Imported and Domestic.
CANNED FRUITS, full line, fresh and reliable.
ICE CREAM, cream soda and summer drinks.
OUR choice cigars are preferred by smokers.
WEDDING CAKES in the very best of style.
—X—X—X
S. E. THOMPSON,
NORTH END BAKERY.

GRAND TRUNK RAILWAY SYSTEM
TIME TABLE.
Trains leave Watford Station as follows:
GOING WEST
Accommodation, 27 8 44 a.m.
Accommodation, 29 2 45 a.m.
Chicago Express, 5 9 37 p.m.
GOING EAST
Ontario Limited, 46 7 46 a.m.
Accommodation, 28 12 06 p.m.
New York Express, 2 3 00 p.m.
Accommodation, 30 5 16 p.m.
C. VAIL, Agent, Watford.

International Machinery and Engines.
The undersigned is at all times prepared to furnish
Implements of All Kinds
on short notice, and
Gasoline Engines
for all kinds of power. Also a first-class line of
Buggies and Carriages.
Cream Separators.
AGENT FOR **Page Wire Fence.**
The Best Goods at the Closest Prices
Best of Satisfaction Guaranteed.
L. H. COOK,
124-6m Corner Huron and Main Sts.

NA-DRU-CO LAXATIVES
are new and entirely different from ordinary preparations. They accomplish their purpose without disturbing the rest of the system, and are therefore the ideal laxative for the nursing mother, as they do not affect the child.
Compounded, like all NA-DRU-CO preparations, by expert chemists. If unsatisfactory we'll gladly return your money.
25c. a box. If your druggist has not yet stocked them, send 25c. and we will mail them.
National Drug and Chemical Company of Canada, Limited, Montreal.

NEW ARRIVALS
Two Crates Dinnerware
One Crate Toilet Sets
One Crate English China
One Crate Hand Painted Japanese China
These goods are direct from the makers at prices that will please you. See our assortment before you buy.
The N. B. Howden Est.

50,000 FARM LABORERS WANTED
FOR HARVESTING IN WESTERN CANADA
\$10 Going Trip \$18 Additional for Return on Following Conditions:
GOING DATES
AUGUST 3rd—From all stations on all lines on and South of the Grand Trunk Main Line, Toronto to Sarnia, including all stations on C.P.R. Toronto to Detroit and Branch Lines including Guelph sub-division from Guelph South and Brampton South.
AUGUST 12th—From all stations North of Grand Trunk Main Line, Toronto to Sarnia, including C.P.R. points, Bolton Jct. and west; also Grand Trunk points, Toronto to Calendar inclusive.
AUGUST 16th—From all stations in Ontario, Toronto and East, Orillia and Scotia Jct. and East on G.T.R. also Azilia and Eastern Ontario.
AUGUST 23rd—From all stations Toronto to North Bay inclusive and West.
AUGUST 25th—From all stations Toronto and East in Ontario and Quebec, also East of Orillia, Scotia Jct. and North Bay.
ONE-WAY SECOND-CLASS TICKETS WILL BE SOLD TO WINNIPEG ONLY
Representative farmers, appointed by Manitoba, Saskatchewan and Alberta Governments will meet and engage laborers on arrival at Winnipeg.
Free transportation will be furnished at Winnipeg to points on Canadian Pacific where laborers are needed, east of Moose Jaw and Saskatoon, including branches, and at one cent a mile each way west thereof in Saskatchewan and Alberta.
A certificate is furnished with each ticket, and this certificate, when executed by farmer showing that laborer has worked thirty days or more, will be honored from that point for a second class ticket back to starting points in Ontario, at \$14.00, prior to Nov. 30th, 1911. Tickets are good only on special Farm Laborers trains, which will be run from Toronto and Ontario points to Winnipeg without change, making trip in about 36 hours, and will be issued to women as well as to men, but will not be issued at half fare to children.
For full particulars see nearest C.P.R. Agent, or write—
R. L. THOMPSON, D.P.A., C.P.R., Toronto
JOSEPH H. HUME, Watford, Local Agent.

Do You Own a
"PARKYTE"
Or Are You a Slave to Ill-Health?
A "Parkyte" Sanitary Chemical Closet
in your home is the strongest kind of insurance against the germs of disease. It is a preventative against epidemics and contagion in the summer, and an absolute necessity the year round.
Requires neither Water nor Sewage; can be placed in any part of your home; costs less than a CENT a day, and Lasts a lifetime.
Endorsed by the leading Physicians, and Health Officials; Specified by the most prominent Architects, and adopted by whole Municipalities.
OVER 15,000 HAVE BEEN INSTALLED IN CANADIAN HOMES IN LESS THAN ONE YEAR.
Ask Your Dealer For Prices.
The "PARKYTE" SANITARY CHEMICAL CLOSET is made in Canada by **PARKER-WHYTE, Limited, WINNIPEG, Man.**
BRANCHES:—Toronto, Montreal, Calgary and Vancouver.
and is sold by **J. MCKERCHER, WATFORD, Ontario.**
If you have anything you want to sell try a "Special Notice" in the GUIDE-ADVOCATE. The cost is small.