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#### With the **Advance Guard**

For the interest of the public I am writing a short account of our jour-ney from Stob's, in the South of Scotland, to Aldershot in the South hundred miles. Unfortunately most or our journey was done during the would have added interest to this nar-

At 6.30 p.m. the advance guard of the Newfoundland Regiment, consisting of fifty-eight men, including two Sergeants, a Corporal and three Lance Corporals, under command of Capt. Rowsell and Lieut. H. Rendell entrained at Stob's Station to begin their journey to Aldershot. There was a little bustle at first but in a few minutes all was settled and we were As we are still amongst scene familiar to us, I will give you a de scription of the cars and how we were placed. We took up the two rear cars on the train, each car is divided into eight small compartment able to seat eight persons; in each there are two seats well cushioned and comfortable. As we had our equipments, rifles, kit bags and rolls of blankets, with us, we were to sit four in a compartment; though we got six in ours we were not crowded. By the way, there is no connection compartments, each ridor which runs along the front of

s we travelled along, there were many conjectures as to how we would oe situated at Aldershot, whether we would be in barracks or under can vas, and also as to the time we would arrive at our destination; however as hese were only conjectures we will let them pass.

We were now passing through a country somewhat bleak and waste On either side as far as the eye could see were grassy slopes rising and gradually rising until they seemed to touch the sky; such was the scene for several miles during the begin ning of our journey, the land being quite devoid of trees or any other vegetation. About seven miles from the station we made our first stop a a little place named Riccarton; we were only there for a few minutes when we were away again, and now we were travelling at a rate of about twenty-five miles per hour. High country now bounded us on both sides, on the left being the Cheviot Hills, which on the East of N. E. of England, form the border line between England and Scotland. At the time we were travelling in a south westerly direction away from

them and towards Carlisle. At 7.15 we stopped at the station at New Castleton, a small town or village about sixteen miles from Stob's. It seemed to be quite a cosy little place. It could boast at least three churches and a couple of schools and her of houses, a population of about

seven hundred. Continuing our journey after a few minutes delay, we passed several small places at each of which we made a slight pause, just to see the time I suppose. Amongst those were Hershopfoot and Renton. After passing the latter our travels led us through some of the finest scenery I have ever had the pleasure to gaze on. On our left were several large in the corridor. The lads inside in groves of trees whose branches were our compartment proved themselves groves of trees whose branches were moving lazily under the motion of a gentle evening breeze, between them were large squares of cultivated land, and may pleasant looking houses. While a little further back on the grassy sides of the hills we could see the sheep and cattle grazing. On the other side was a beautiful valley deep and the state of the sats on the floor they laid their equipments and on top of that their kit bags bringing it on a level with the seats. On this improvised hed the and wooded and filled with vegetation, through it a pleasant stream glided five of them stretched their weary slowly, as if delaying to nourish the frames and were soon in dreamland. trees and wild flowers on its banks. I found it very cold outside and had As the valley sloped gently up on the

FROM STOR'S CAMP TO ALDER- low side one could see a large plain of tall waving grass stratching away to tall waving grass stretching away tonight and undoubtedly many places were passed, a description of which minutes though and we continue could and all drew up together at

> into the station at Carlisle. with a red glow in the west.

This was our first stop at an Engish town. Carslile is about seven or eight miles from the border line. After about half an hour bucking back and forth, we got to the platform; with Capt. Rowsell's permission we got out for a few minutes to stretch our limbs. We were to have been served with refreshments here, Badajo's Barracks where we are now but it seems the plans for same did not materialize. When we travelled through there before they did supply us, but I suppose they have since a waiting the arrival of the remainder found out there is a war on and have her that the advance guard with the exception of a few of the cooks sisted of men from "C" Co.) amuse themselves by chatting to the "fair one" of Carlisle. Luckily, time was short, or there might have me broken hearts. The Newfoundland boys (4 and 2 per day) are great ady killers. We were off, however, efore any damage was done, though did see one young lady run abou fifty yards after the train when it had

started in order to shake hands with one of our Sergeants. These stripes are wonderful things. It was 8.45 p.m. when we left Carlisle and it was fast growing dark At 9.30 we again stopped and as was taking notes it being then to dark to see anything myself I en gaged in conversation with a young lady who told me it was Appleby, i contained, she told me, about three thousand inhabitants scattered throughout the district. Of course then had to tell her who we were and where we came from, etc. She volunteered the information that she had read of Newfoundland in history and geography, and I expressed my sat isfaction at the knowledge and told her I was glad to learn that she had been at school and had been taught something both useful and important.

After about five minutes we were oing again, and as I could not se anything owing to the darkness, went inside. I was dozing when little past midnight we ran into Leeds (we did not knock it down though). We were here served refreshments, and were out on the platform for about fifteen minutes. quarter to one found usspeeding away again and as I was beginning to fee sleepy I decided to lie down for a fev hours and be ready to continue m notes in the morning. So I rolled up on a roll of blankets and slept out

APPLY IT FOR CRAMPS—COLIC— DIARRHŒA BRUISES—SPRAINS - SORE THROAT

25c. & 50c. Bottles.

At 3.40 a.m. I was up as we stopped at Leicester, a fair sized English town. I only saw one other beside myself looking out at that hour. At 3.50 a.m. the train flew off again and was now doing about forty per hour. At this time it was very foggy and cold. However when we reached Nenket Harbone at 4.10 a.m. the fog had cleared away and it was fine and cold I had a peep in at the lads about this time, one of them turned over, hit the man next him while doing so and was compensated with a kick, he turned over again, each swore twice to ease his mind and keep the balance equal and dozed off again. When I arms about each other, though whethr it was the "hold me tight and love" or "strangle hold" they were endeav-ouring to get I do not know. We were now passing Ketterine Iron Works, and a couple of minutes later ran into Kettering Station, but as it was again somewhat hasty I got no chance to form an idea of its size. After the usual two or three minutes we were continuing again and at 5.20 a.m. we arrived at Bedford, which is a base and equipping station for soldiers about to move for the front. As I know nothing of its size or

opulation, if you are interested and n't know yourself, look up your

geography and find out.

It is now getting warm and the sun is shining brightly. There was every promise of a fine warm day when at 7 a.m. we arrived at St. Pancras Station, London. We had been wondering all along if we would pass through London, and now here we are near on the edge of it. We took all our baggage off the train here and tramped to King's Cross where we descended about fifty feet under-ground and took the underground wards the horizon. This seemed to railway for Piccadilly Circus. These me like a picture I had formed in my trains are run by electricity, every mind of the Western Prairies of which few minutes a train rushes by at the I have so often read. I suddenly re- rate of about thirty or thirty-five call myself from my wanderings and miles an hour. As those trains never fancied rambles through these pleas- stop at a station more than one minant scenes to find that we are again ute, we could not all get on the one minutes though and we continue could and all drew up together at again. We were now gathering speed—or at least the train was—and were doing about thirty miles per again took the train (still under-hour and wishing it were about twenty-five feet (up stairs) we hour, and wishing it were sixty. A ground) for Waterloo Station. We little over thirty, however, was an average speed though there were times when we did forty.

came up to the earth's surface here by means of a lift. We had travelled about four miles underground. We We were now travelling through were now in the midst of the life of low country and at 8 p.m. we drew the greatest city in the world. It did (Say! not, I must confess, impress me very when I say we I mean the train also, much, as I could only see just what or, bedad, perhaps its the train I was near me; though as I looked mean and not we at all). The sun back it did seem strange to have been was now sinking slowly and shone riding under the earth with the thousands of buildings above us and all the business and hustle of the mighty city. We were at Waterloo Station about twenty minutes when we were crowded into a train and at 8.55 a.m. started the final stage of arrived at 10 a.m. and after a little destationed. You may bet we were glad to get off the train after being on over

> hat remains of C are I to Ayr, Scotland. Are there any soldiers here? It is said that in and around Aldershot there are about two hundred and fifty the air expecting to see them, and is not disappointed, for there is a flying corps here and we can often see an irship up aloft and of course it contains a Tommy, too. I'll have a look are a few there, too, even if they are

of the battalion, A, B, C and D, F and

dead ones.
ONE OF THE ADVANCE GUARD.

#### Salvia Hair Tonic **Makes Hair Grow**

Ladies should have radiant hair. There are thousands of women with harsh, faded, characterless hair, who do not try to improve it.

In England and Paris women take pride in having beautiful hair. Every Canadian woman can nave lustrous and luxuriant hair by using SALVIA, the Great American Sage Hair Tonic. SALVIA is a (beautiful, pleasant non-sticky Hair Tonic. 50c. a bottle.

VAIN FEARS.



Why shoul I fear the hour of going? I'll venture forth, some good sport, upon the silent tide that's flowing to an unknown, uncharted port. The world jogged on before my coming, as it will jog when am dead, the

- WALT MASON spheres will on heir course go humming, the stars will glitter overhead. Man fears his passing, but he'd ortn't; the vine that o you trellis clings is just as valued and important, in old Dame Nature's scheme of things. Am I more craven Liner a War than the creeper that shades the doorway of my coop? Shall I be coward, loubter, weeper, when these old vines don't care a whoop? The roses do not ear the weather that puts the finis to their bloom; they scent the summer air together, and unprotesting meet their doom. Have I less courage than cargo of military necessities for the the roses, shall I forsake my cheer- Allies left this port yesterday for ful grin, when some old sawbones Liverpool on the White Star liner Balgrim discloses the solemn fact that tic. She carried about 16,000 tons of I'm all in? The lovely roses and the munitions and ammunition. lilies, the boys and damsels all must | She had only sixteen saloon passengo; it's natural; why have the willies? gers. The second cabin had ninety- their full weight and strength. It's no excuse for fear or woe.

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Men's Shoes

MEN'S TAN BUTTON BOOTS, MEN'S BLACK KID BUTTON BOOTS, MEN'S BOX CALF BLUCHER BOOTS. Reg. \$5.00 value. Now. . \$4.50

MEN'S LOW SHOES at \$2.80, \$3.50, \$4.00, \$4.50, \$5.00 and \$5.50.

MEN'S WORKING BOOTS for \$2.75, \$3.00, \$3.50, \$3.75, \$4.00.

Ladies' Shoes

60 prs. LADIES' LOW CUT SHOES. Regular \$3.50 value for .....\$2.50 LADIES' BOOTS, Button

and Blucher styles, only \$2.00 per pair. 30 LADIES' 1-STRAP SHOES only .. ..\$1.00 100 prs. LADIES' CANVAS

SHOES, with leather

. . soles, only . . . . . . . . 70c.

Boys' Shoes

BOYS' CANVAS SHOES in England; sizes 2, 4 & 5. Only 70c. and 80c. per

BOYS' CANVAS SHOES with rubber soles, at half price to clear.

Children's Shoes

CHILD'S PATENTPUMPS sizes 5 to 8, only ..\$1.00

GIRLS' PATENT PUMPS, sizes 9, 10, 11 and 12. Price only .....\$1.20 Only a limited number of pairs on hand.

CHILD'S PATENT LEA-THER BOOTS, sizes 5, 6, 7 and 8, only ..\$1.00

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When Vegetables Begin to Decay

They BECOME SOFT O. K. PICKLES are

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TOOTON'S the KODAK Store,

\$20 WATER STREET.

Storehouse.

Baltic Sails for Liverpool With 16,000 Tons of Munitions.

New York, Aug. 19.-Another huge

In the latter class were fifty-two Lassars, members of the crew of the German steamship Liebenfels, interned at

When the Baltic had backed out in to the stream fifteen firemen, who had been refreshing themselves in a nearby saloon, rushed madly to the pier, where a tug took them out to the de-

Persons Inclined to Bronchial of Lung weakness should take "The D. & L." Emulsion whenever run down eight passengers and the steerage 150. Minard's Liniment Cures Distemper.

Amusements.

HELEN GARDNER, FRANCIS X. If you did not attend the Crescent

nd see the fine picture show the Crescent has on. Helen Gardner, F. Bushman, Lilian Walker, Earle Williams and other noted movie stars are featured in the classy pictures at the popular Palace to-day. Mr. Harvey Collins, the Irish Tenor, sings "Mother Machree" and "My Little Gray Home in the West," hear Mr. Collins sing these two numbers. The Crescent has a big holiday show on to-morrow headed with a great Lubin masterpiece in two reels: "Toys of

THE "TWO WOMEN" IS MARVEL

The marvellous social drama entit d "Two Women" was given at the Nickel Theatre yesterday to crowded audiences. The greatest interest had been centered in this drama which had been called a story of life. The story was a sad one, but it called for exceptional ability in its portrayal, and Anita Stewart, Julia Swavn Gor on and Earle Williams did it justice It is full of intense situations and the icting was generally admitted to be the finest ever seen here. The photo graphy and setting were also features of the brilliant story. It was in three reels, and the tale was told in a min-ute manner. The hall was crowded to see it, and all agreed that it was one of the most impressive films they had ver seen. Those who could not atend yesterday should be sure and go O-day, as they should not miss it. The other pictures were also very fa-yourably spoken of. Forbes Law Dugnid who farewells this week sang a selection from Faust and was thun derously applauded. As an encore he gave a pretty Irish ballad. Mr. Duguid has lost none of the popularity ne gained on his opening night and the public are even more anxious to hear him now than ever, though for wind W. and S. W., light, with fine over six weeks he has been singing to crowded audiences. To-morrow there is a grand holiday bill including the "Million Dollar Mystery." The Nickel is the place on holidays; every one likes to go with the crowd to see the best pictures and hear the best music.

BRITISH THEATRE. The highest point of enthusiasm vas reached at the above Theatre last night when Madame Olive Timmons and Mr. P. J. McCarthy finished their beautifully artistic rendition of the duet: "Life's Dream Is O'er." The accompaniments were played in a most tasteful and masterly manner by Mr. A. H. Allen. Too much praise cannot be bestowed upon these clever artistes as the rounds of applause tesified. The Theatre was crowded yet cool and comfortable—by audiences who showed great appreciation and thorough enjoyment of a splendid all-round entertainment. Mr. Mc-Carthy, Madame Timmons and Mr. Allen will repeat their great success

at 8.30 and 10 o'clock to-night, whilst Madame Timmons will sing the Spanish waltz song: "Vida" at 3.30 this afternoon. The pictures are all of the highest grade, the feature three reel society drama: "Regenerating Love" being a magnificent production.

WONDERFUL LADY BARITONE.

riot. His Irish song: "McCarthy" was a big hit; his novelty song dressed as a demon and singing about the Kaiser was one of the most wond BUSHMAN, ETC., AT THE CRES-feul songs ever heard on a stage and for an encore sanghis own parody on Tipperary. After all this the Rus Olive Russell sang "Asthore simply electrified the audience, she sings first in a delightful soprano voice and then baritone, any lady could produce such a voice. The Russells are withoutt doubt the finest performers ever seen in this

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> Owing to faulty action of the kidnevs and liver, the blood becomes filled with disease germs that imperil

The first warnings are back-ache, izziness, headache and lack of enrgy. Act quickly if you would avoid the terrible ravages of chronic kidney emplaint. Get Dr. Hamilton's Pills o-day; they cure kidney and liver roubles for all time to come. No edicine relieves so promptly cures so thoroughly. For good blood, clear omplexion, healthy appetite, use that grand health-bringing medicine Dr. Hamilton's Pills. Get a 25c. box

From the Sagona.

The Reid Nfid. Co., received the folowing message from Capt. Parsons, of the Sagona yesterday afternoon:— "Arrived at Domino this a.m. (Monday). Reached Hopedale 21st inst.; prevailing winds N. and N. E., with thick weather going north: returning,

Vigorol A SPRING TONIC.

The latest medicine on the market is the Great French Tonic VIGOROL. Every home should have it. VIGOROL tones the whole system. Rundown men and women can be made strong and healthy. It tones you at once. That tired, dragging, sleepy feeling is removed, and you become bight and The blood is purified, pimples and blotches are removed and a clear skin is the result, and life becomes worth while. Do you need toning up? Well, then get a bottle of VIGOROL at all durg stores.

MORE PIT PROPS. - The S. S. diff with 1,784 cords of pit props. Last night there was a superb pro-gramme at Rossley's East End Thea-