

## Children Cry for Fletcher's

## CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no child has been made for it that its use for over 30 years has not proven.

## What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; relaxing Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*

In Use For Over 30 Years

Johnnie Francis nine years of age was ground to death in the cog of the machinery in the mill at Dresden.

## PROPERTIES FOR SALE

**\$3000.00**—On W. Dufron St., two story frame dwelling with every convenience, lot 35x110, possession arranged at once. Will accept part cash, balance monthly.

**\$1450.00**—On Water St., one story frame dwelling with three bedrooms in good repair. Owner not in city, therefore anxious to sell. Will accept part cash, balance arranged.

**\$3300.00**—On Albert St., one story brick cottage with large garage and large lot all in good repair, four bedrooms, good cellar, etc. Will accept part cash, balance arranged.

**\$3600.00**—On Daboth street. Two story brick dwelling, modern and with every convenience. A real home and the price is right. Will accept one-half cash, balance mortgage at 7%.

**\$3600.00**—On Raymond St., two story frame dwelling six bedrooms, large lot and barn, all in good repair. Extra value at the price.

**\$3800.00**—On Thomas St., two story frame dwelling, modern, in good repair and with every convenience. Will accept part cash, balance arranged.

**KERNAHAN & GRAVES**  
Phone 38 14 Queen St.

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Concealed at 15c Pair

By latest improved skate grinder. Call and see. Also furniture repaired at

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stenographers for general office correspondence. Must be experienced. Steady employment. Apply stating experience and salary expected

**PEDLAR PEOPLE, Limited**  
Oshawa, Ont.

## Oriental and French Ivory and Ebony

In Cases and Individual Pieces  
Shaving Mirrors and Shaving Sets,  
Military Hair Brushes

Orders Taken Now For Delivery Later of  
**Huyler's, Page & Shaw's and Willard's Candies**  
In Boxes of One-Half to Five Pounds

**ABBS & McNAMARA**  
Quality Druggists

30 Queen Street Phone 102

## BUILDING AN ICEHOUSE

Good Type for Use on the Average Farm.

Every Milk Producer should have one. The Work and Cost of Erection Light Compared With the Benefits.

(Contributed by Ontario Department of Agriculture, Toronto.)

EVERY Ontario farmer who produces milk—and most of the farmers do—should store a quantity of ice each winter in order to make it easier for him to cool the milk down after the evening milking, and to keep it sweet for such short periods, weekends for example, as he may be required to keep it before delivering it at the cheese factory or other point of disposal. In order to preserve the ice satisfactorily some form of ice-house or shelter is necessary. The purpose of this article is to describe in a few words a type of ice-house which will give good satisfaction.

The ice-house does not necessarily have to be expensive, but certain conditions in regard to it must obtain if the ice is to keep well. Thus, I shall emphasize first and they are, protection from wind, sun and rain. It is the wall, good drainage from the bottom of the house, either natural or artificial, free circulation of air through the top, air-tight foundation, plenty of good quality of ice stacked on all sides of the mass of ice, and close packing of the ice. If these conditions can be secured in a rough bin built under a shed, or a lean-to on the shanty side of a building, all well and good unless one has other good reasons for building a more expensive structure elsewhere.

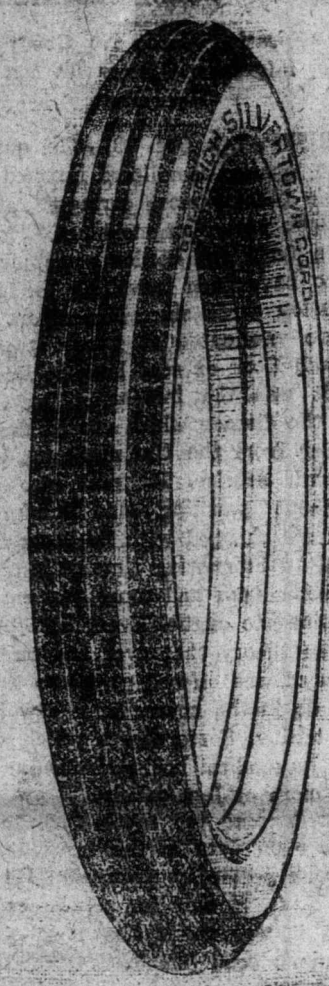
The matter of convenience is often a deciding factor in this case, and the type of ice-house I am describing is a simple one. It is a good illustration of this fact. Only once have I seen it in use, but there is no reason why it could not be used quite generally. The particular type consists of a lean-to structure of wood at one end of the barn which has the stable underneath. The size would vary with the amount of ice required, but probably a building 15 feet square and 12 feet high would be large enough for most farmers' needs. In this structure and at the side adjacent to the barn, or rather the lean-to wall, is built a concrete enclosure about 6 feet square and 4 or 5 feet high. A door in the basement wall admits one to it. In the side opposite to the doorway there is a row of 3 or 4-inch thick boards for letting in the cold air from the ice which is stacked closely to the concrete storage on all three sides and over the top as well. Between the top of the storage and the barn there is a narrow passageway or flue for allowing the cold air to get out, hence good circulation in the storage is provided for. In this particular case the farmer has his milk-cows stabling cream separator, etc. adjacent to this storage and when ever he wishes to cool milk or cream or store it he puts it in this storage. Other articles, such as butter and meat, are also stored at times but it is cool only for a few days at a time. Hence much lessening of ice is saved as well as considerable time. The building is made of wood, the standing being boarded up all the space between the two boardings with planer shavings or good quality sawdust. The roof is covered with shingles. The cables are left somewhat open for ventilation. Plenty of beams are used to support the ice next to the walls, and also a good depth over the top, none however is used between the cables of ice. If a few cables of ice are required for household use they may be easily taken out of the storage in the top of ice-house or at one side if more convenient.

It will be seen, therefore, that this type of ice-house does double duty in a degree, namely, providing a small ice-cold storage room, cooled by the ice mass directly, in addition to housing ice for various incidental uses in the summer time. In a case of this kind there would not be much need for taking out ice except for supplying the household refrigerator as the storage-room would take care of the ordinary cooling and preserving of produce. Believing this arrangement to be valuable, and in many cases practicable on Ontario farms, I have much pleasure in recommending it to farmers in general.—R. R. Graham, O. A. College, Guelph.

**Still a Place for the Good Horse.**  
Horses have not been meeting a keen demand in Canada since the war broke out and have increased about \$50.00 since 1914. However, a real good heavy draft horse is hard to find, and if Old Country markets are any criterion of the trend of affairs an awakening in the Canadian draft horse market should soon follow. Draft geldings are selling in England for from \$300 to \$500 and even up to \$1,000 each. A returned officer told me recently of seeing a number of Canadian geldings (artillery and transport horses) sold in Old London for £100 (\$500) each. About one-fifth of Great Britain's ordinary supply of work horses went to the war and a number of useful blood nesses were also taken. France, Belgium, Russia and Germany, four of the great horse-producing countries, have lost a heavy percentage of their horse stock during the war. Already a shipment of Percherons has gone from Western Canada to France, and it would seem that during the period of reconstruction our horse market will be East and West. If it will pay to breed any horse on the Canadian farm the heavy draft, of good quality should turn in most money to his owner.

Mrs. N. Golden, Hamilton, who was severely burned while sitting before a fire nursing a baby, died in the hospital.

## Are Your Tires in Good Condition



to stand up against the wet and mud? Insure yourself from being held up at this time of the year. Goodrich Silvertown Cord Tires are the strongest constructed cable cord tires with the toughest black rubber and safety treads on the road today. Ask the man that is using them!

Goodrich Tires in actual use on road and pavement are to-day unfolding such matchless mileage, regularly in excess of previous adjustment basis, that Goodrich knows it has the strongest, most durable tire the rubber industry has produced.

Safely Treads 6,000 Miles  
Silvertown Cords 8,000 Miles

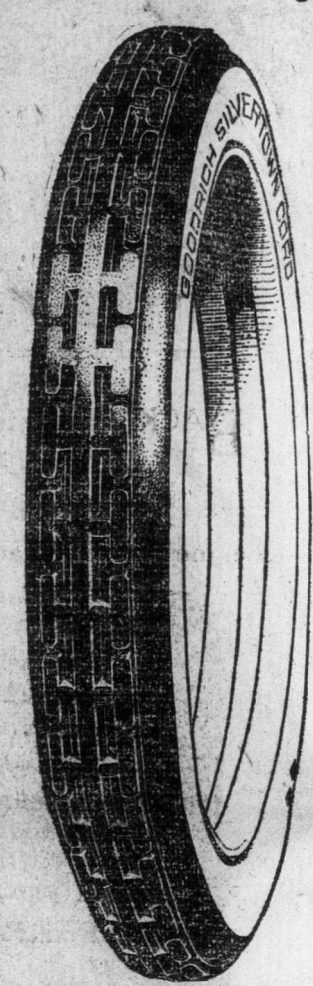
## Phelan's Vulcanizing Works

20 ST. PAUL STREET WEST

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House Phone 732

FREE AIR AT YOUR SERVICE

CITY OF ST. CATHARINES  
PUBLIC NOTICE

NOTICE is hereby given that the Municipal Council of the City of St. Catharines, at its meeting to be held at the City Hall, St. Catharines, on Monday, the 22nd day of December, 1919, at 8 o'clock p.m., intends to take into consideration and if deemed advisable to pass a by-law to close and stop up that part of the lane running through Block A of the Mittleberger Survey and extending from the west side of Henry Street in the rear of the Welland Avenue Methodist Church a distance westerly of eighty feet, and to sell and convey the soil and fee-hold of the portion of the said lane so closed and stopped up to the Trustees of the Congregation of the Welland Avenue Methodist Church. AND TAKE NOTICE that if the said meeting any person by himself, his Counsel, solicitor or agent, who considers his land will be prejudicially affected by the by-law may appear and will be heard.

Dated this 22nd day of November, 1919.

J. ALBERT PAY, City Clerk.

n25-42-9-16-23

**NOTICE TO CREDITORS**  
IN THE MATTER OF THE ESTATE OF ROBERT HENRY CROW, late of the Township of Grantham, in the County of Lincoln, Yeoman, Deceased.

NOTICE IS HEREBY GIVEN pursuant to Section 36 of the Trustee Act R. S. O. Chap 121, that all Creditors and others having claims or demands against the Estate of the said ROBERT HENRY CROW, who died on or about the Nineteenth day of July, 1918, at the Township of Grantham, in the County of Lincoln, are required on or before the 29th day of December, 1919, to send by post, prepaid or deliver to the undersigned, Solicitor for the Administratrix of the Estate of the said deceased, their Christian names, surnames, addresses and descriptions, with full particulars of their claim and a statement of their accounts and the nature of the securities, if any, held by them.

AND FURTHER NOTICE IS HEREBY GIVEN that after the last mentioned date the Administratrix of the said ROBERT HENRY CROW will proceed to distribute the assets of the said deceased among the parties entitled thereto, having regard only to the claims of which she has had notice, and the said Administratrix will not be liable for the assets or any part thereof, to any person of whose claim notice shall not have been received by her at the time of such distribution.

DATED at St. Catharines, Ontario, this 20th day of NOVEMBER, A.D., 1919.

GEO. F. PETERSON,  
24 Queen Street,  
St. Catharines, Ont.  
Solicitor for Administratrix.  
n 29 d 6 13 20

**ONE HORSE CARTING**  
and delivery work.  
Phone 361. - Cheapest Rates.  
**DAY AND NIGHT**  
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**DR. DEVAN'S FEMALE PILLS** reliable medicine for all Female Complaints. \$5 a box, or three for \$10, at drug stores. Mail order add on receipt of price.

**PHOSPHONOL FOR MEN** restores vitality; for Men and Women in various "grey matter" a tonic will build you up. \$3 a box, or five for \$15. Add on receipt of price.

**COOK'S Cotton Root Compositions.**  
A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$2; No. 3, \$3 per box. Free by all druggists, or spread on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT., Canada.

## VOTERS LIST

## COURT OF REVISION

Notice is hereby given that a Court will be held pursuant to the Ontario Voters Lists Act by His Honor Judge Campbell, Judge of the County Court of the County of Lincoln at the Court House in the Judge's Chambers, St. Catharines, on the 20th day of Dec. 1919, at 10 o'clock a.m. to hear and determine any errors or omissions in the Voters List of the Municipality of the City of St. Catharines for the year 1919.

J. ALBERT PAY, City Clerk.  
d 10 11 12.

## BEST DELIVERY

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**BAGGAGE, TRANSPORT, CARTAGE AND MOVING**  
Auto Service at all hours.  
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## Wood's Phospholine

The Great English Remedy. Tones and invigorates the whole nervous system. It makes poor blood healthy, mental and physical. It cures Nervous Debility, Loss of Energy, Exhaustion of the Nervous System, Headache, Dizziness, Indigestion, Pale Skin, etc. Sold by all druggists or on receipt of price. Non-patented. Mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly Watson).

## DR. J. G. SUTHERLAND

After three years overseas has resumed practice in diseases of the eye, ear, nose and throat and prescribing of glasses. Office hours 9 to 11 a.m., 1:30 to 4 p.m. and 7 to 8 p.m. Tuesdays: 7 to 8 p.m. Sundays: 2 to 4 p.m., by appointment. Office and residence 35 Church Street. Telephone 624.

## LUMBER

James M. McBride & Sons,  
George St. near Welland Ave.  
Telephone 414

## DOCTOR WARD, The Specialist

SPECIALIST IN THE TREATMENT OF NERVOUS CONDITIONS, NERVE EXHAUSTION, BACKACHE, LUMBAGO, RHEUMATISM, STOMACH AND LIVER TROUBLES, ACNE, SKIN DISEASES, CATARRH, ASTHMA, RECTAL TROUBLES, PILES, FISTULA AND BLOOD CONDITIONS. The knowledge gained from many years' experience in treating diseases just like yours is of much benefit to you and assures the ailing man of prompt relief. When a man knows that he is again feeling well—that he is rid of his ailment—he feels that a heavy load has been lifted from his shoulders. Give every patient the benefit of the knowledge acquired through the long experience of a graduated, licensed and registered specialist, in order to bring about the most satisfactory results in the shortest possible time.

## NERVE EXHAUSTION

A CONDITION AFFECTING MANY MEN—THE GREAT AMERICAN DISEASE—IT IS BROUGHT ON BY OUR MANNER OF LIVING—OUR WORRY AND HURRY—AMERICANS EXHAUST MORE NERVOUS ENERGY THAN ANY OTHER RACE OF PEOPLE.

There are a great many men who need treatment for their nervous system. These men do not know what is the reason they don't feel right—why they can't work like they used to—why they tire so easily and why they are irritable, nervous, dependent, weak, pale and lack ambition. These conditions require the expert knowledge and treatment of a specialist who has had many years' experience in just such ailments. A specialist learns by experience to know just the right treatment at the right time so that the patient can be dismissed at the earliest possible time. Men affected with nervous exhaustion have no endurance—no ambition—everything they attempt is an effort. Life to them appears as a long, gloomy future. Their appetite is poor and variable—they become irritable, cross and discouraged. They have pains and aches in various parts of the body and there is often indigestion and pains in the stomach. Sleepless, wakeful and restless nights follow.

## RHEUMATIC AILMENTS

SCIATICA AND OTHER FORMS OF RHEUMATISM, LUMBAGO, PAINS IN BACK, SWELLING, ACHING, PAINFUL CONDITIONS IN ANY PART OF THE BODY—INFLAMED AND SWOLLEN JOINTS OF LEGS AND ARMS—MANY OTHER SYMPTOMS.

Hundreds of men are suffering with some form of Rheumatism. Many of these men go from day to day, suffering untold agonies thinking they cannot be cured. They have tried liniments, rubbing, massage, salts and other treatments without experiencing any relief, and they are now going through life thinking they are martyrs to that burden called Rheumatism. If these men could only know how easy it is to get rid of many rheumatic conditions I know they would not suffer another single day. Then all sufferers of rheumatism would be strong and healthy if they could get rid of the condition. Rheumatic patients are nearly all strong and robust before being attacked by this ailment, and therefore it is so hard for the man to understand why he should suffer the agonies of such a condition. When a man gets rid of such a condition he feels that a heavy burden has been lifted from his life, and he starts right out to make up for lost time both in money and pleasure. When a man comes to my office suffering with the above condition he is given a most careful examination, and he is given treatment that he feels is giving him great benefit.

## Quick and Lasting Results Assured the Ailing Man

**BLOOD** YOUR WHOLE HEALTH OF BODY AND MIND DEPENDS ON YOUR BLOOD. Any "building process" of the body and mind, of the muscle and tissue formations, of any of the various vital organs, can be accomplished only by working direct through the blood stream.

DR. HERRICK

Treatment Without Operations

DR. WARD

**DR. WARD**

Buffalo's Leading and Most Successful Specialist  
79 Niagara Sq., Buffalo, N. Y.

## A Maso

BACK of the conditions of lence. To the same knowle



91 St. Paul Street

## "MAYTIME" COMING

The influence of "Maytime" the musical play which the Messrs. Shubert are sending to this city within a week or so is still being felt in New York. The "Magic Melody" which is being presented in that city, is by the composer of "Maytime" which, without question, is one of the most remarkable successes of the past two years. "Apple Blossoms" is another instance.

## EMPLOYERS

## EMPLOYMENT

The PROFESSIONAL has been established to technical men and women

Many officers, soldiers sacrificed their positions secure employment in the been specially trained.

Employers should not forces them to employ an look ahead and avail them to enlist the services of h secured only with differe referred to you, for exam

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These workers are n increased initiative, a b capacity for work.

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has a representative re-establishme

TORONTO,