ADENOIDS

Having passed through "Cancer Week" there is another vital health subject to which a week might also be dedicated. We hear some troubled parent talk about "this new disease, adenoids." It is just as well for us to know that adenoids are neither new nor a disease. Provided the adenoid tissue is normal as to its condition there is nothing to be disturbed about and it will help the child's health instead of harming it.

Right up in the back of the throat, well out of sight, every child has normally some adenoid tissue. It is there for the purpose of filtering impurities out of the air as the nose breathes it in. When this little cushion of tissue becomes diseased it grows abnormally large and obstructs proper nasal breathing. Then it is that we say the child "has adenoids" and if the obstruction is at all bad the chances are that a slight operation is necessary to clear away the growth.

The same condition that produces enlargement of adenoid tissue often works in the same way at the same time on the tonsils. So it is a very common thing for a child with "adenoids" to suffer also with enlarged tonsils.

When these conditions, shut off nasal breathing the child becomes a "mouth breather." This is bad because air breathed in by the mouth reaches the throat and lungs in a raw state. It is not warmed to proper temperature in cold weather, it has not had impurites sifted from it. and it has not been moistened. A child breathing after that fashion soon develops nasal catarrh, becomes pale, narrow-chested and puny, has a disagreeable voice, pinched facial expression, dropped jaw, protruding upper lip and teeth, defective hearing and becomes dull in school. These symptoms, fortunately, do not all appear in the same child and it depends upon the degree of obstruction as to how many of them will come, but the adenoid child will be sure to have some of them.

Adenoids may be suspected in a child who sleeps habitually with open mouth, snores, has much difficulty with throat and nose, is always taking cold or is affected with "snuffles."

We know of no medical treatment that will materially benefit a child with adenoids sufficiently enlarged to be an obstruction. If left alone they may eventually shrivel away, but meantime the child will suffer seriously in development and may become deaf. The operation for removal of adenoid tissue is very simple but should always be done with every precaution and by one having special skill. Under such conditions it is a very simple and safe operation.

"FRUIT-A-TIVES" SAVED HER LIFE

This Fruit Medicine Always Gives Relief

917 DORION ST., MONTREAL.

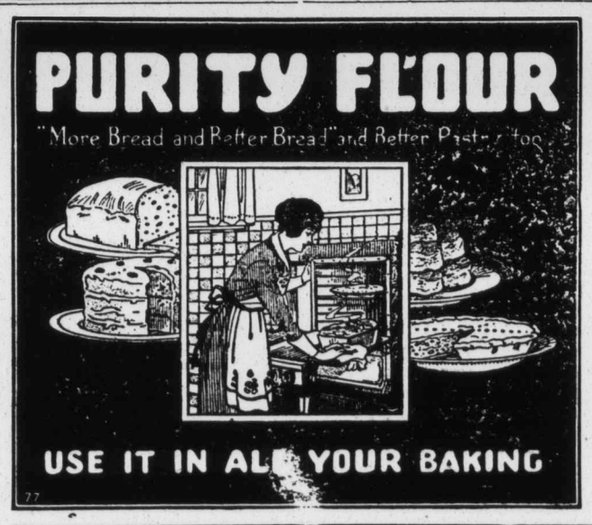
I suffered terribly with *Dyspepsia*. I had it for years and all the medicines I took did not do me any good.

I read something about *"Fruit-a-tives" being good for all Stomach Trouble and Disorders of Digestion*, so I tried them.

After finishing a few boxes, I was entirely relieved of the Dyspepsia and my general health was restored; and I am writing to tell you that I owe my life to "Fruit-a-tives"

Mlle. ANTOINETTE BOUCHER.

50c a box, 6 for $2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.



A LATE STEAMER

The Norwegian S.S. "J.L. Mowinckie," arrived in port last Wednesday morning. She is loading at Burchill's Mill Wharf. This is unusually late for a steamer to be in port.

CHANGES IN THE FISHERIES ACT

As the result of recommendations made at a conference of fishery officers and experts of the Maritime provinces, held last September in Shediac, new regulations have been put in force by the government of Ottawa. These regulations provide that the mesh of salmon gill nets shall not be less than five inches extension measure when in use, also that after the fishing season of 1924 he mesh of such grill nets and the mesh of the leader of traps shall not be less than six inches, extension measure, when in use.

It is further provided that the number of salmon that can be taken by one angler in any one week shall not exceed thirty.

Smelt grill nets and bag nets shall have a mesh of not less than one and one quarter inches extension measure, when in use. Smelt bag netting shall be permissable in the Baie Verte and Port Elgin rivers from Nov. 1 each year to Jan. 15 following, both ys inclusive. The general smelt fishing season opened last Friday

MADE IN CANADA

"How Fresh It Is!"

It is a pleasure to go to your cake-box when you have baked with ROYAL Baking Powder because it is in the nature of a pure Cream of Tartar Baking Powder to keep baked foods fresh.

This means a real economy and is just one of a hundred reasons why careful housekeepers insist upon Royal Baking Powder. Some others are:

It Contains No Alum
Leaves No Bitter Taste

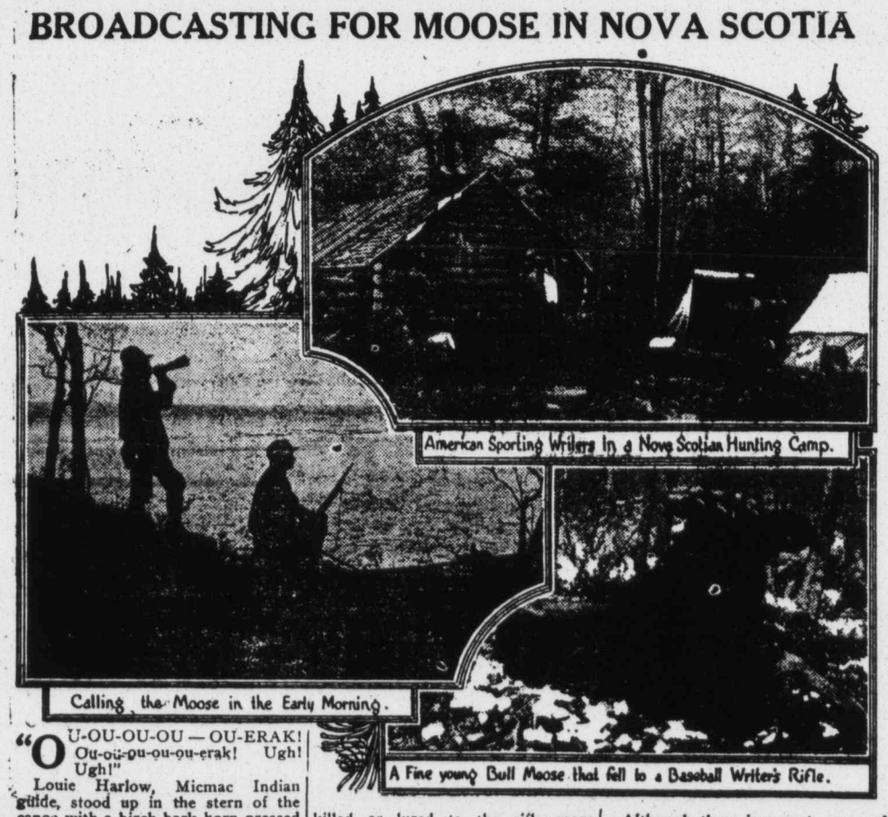
PROVINCE OF A NEWSPAPER

There are some people who take the view that a newspaper is a garbage bucket into which anything may be dumped. Mistake No. 1. There are some people who think that a newspaper is published only to serve their selfish interest and throw the harpoon into the other fellow. Mistake No. 2. There are some people who think that a newspaper should print what is obviously advertising matter without a single cent of compensation. Mistake No. 3. There are many other similar mistakes with regard to the publication of a newspaper, but these will answer for the moment.

MAIL YOUR REMITTANCE

We have rendered our subscription accounts and would respectfully request each subscriber to remit us the amount due.

BROADCASTING FOR MOOSE IN NOVA SCOTIA



"OU-OU-OU-OU — OU-ERAK! Ou-ou-ou-ou-ou-erak! Ugh! Ugh!"

Louie Harlow, Micmac Indian guide, stood up in the stern of the canoe with a birch bark horn pressed to his lips and sprayed the wilderness with this uncanny cry.

"Ou-ou-ou-ou—ou-erak! Ou-ou-ou-ou-ou-erak!" was the perfectly simulated call of a cow moose. "Ugh! Ugh!" was the imitation of the grunt of a little bull, and the combination was designed to fool a big male and cause him to appear without unnecessary delay.

Long before the radio was heard of, Nova Scotia guides were broadcasting a moose love song with intent to lure the lordly moose within range of the hunter's rifle. Louie Harlow, of South Milford, N.S., is the wizard of this wilderness wireless, and he uses no complicated apparatus. He cuts a likely scroll of bark from a white birch, rolls it into megaphone form, length about a foot, and then sews it together with a strong and slender spruce root resembling cat-gut. No seamstress could do better. There are smooth loops at intervals, the whole length on the outside of the horn. Every knot is tied inside, even at the small end.

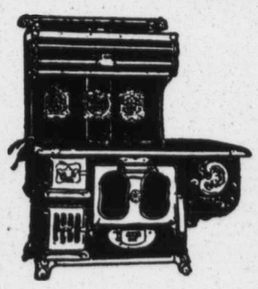
"How do I do it?" says Louie. "I ain' sayin'. Nobody else knows how."

There [illegible] have their secret tricks [illegible] proud of them. [illegible] to blow moose [illegible] and beg[illegible] killed or lured to the rifle more moose than any other guide in Nova Scotia. Louie is a half-breed Micmac and opines that his other half is Scotch. He was born at Bear River on the Indian reservation, and has worked as a guide under A. D. Thomas of South Milford for 23 years. Swarthy of complexion, with a black moustache and straight black hair, he resembles an Indian less than his own son, but is master of Indian woodcraft. He can hear a moose moving in the woods when his companions hear nothing, and is the first to sight a moose or deer swimming the lake or standing on the shore. "A moose in ten days, or less" is Louie Harlow's motto, and it is said that he has never yet disappointed a sportsman who can shoot. Louie's siren song will fool the wisest old bull in the woods, but when he comes within range the hunter must do the rest.

Five of the most popular sporting writers of the United States this autumn spent ten days with Harlow and his brother guides in Nova Scotia. They had been reporting the world's series baseball games, and welcomed the chance of the woods and the rest it brought. They were now to the woods, but they came out with a fair share of moose heads, and proved the old [illegible] they were [illegible]

Although there is a vast area of beautiful country in Nova Scotia along the western and southern shores particularly, including the famous Land of Evangeline, the interior is the moose hunter's paradise. There are miles upon miles of lakes, rivers, and forests well populated by moose, deer, bear, and smaller animals. A favorite approach to this region is through South Milford, easily reached via Annapolis Royal, N.S., by way of Boston and Yarmouth, N.S., or St. John, N.B., and Digby, N.S. The ride from Digby and Annapolis Royal on the Dominion Atlantic Railway to South Milford is by automobile, and from South Milford, the hunter or fisherman, with a few portages, can paddle in a canoe three-quarters of the way across Nova Scotia to the Atlantic Ocean. The moose season lasts from October 1 to November 15, starting with moose calling and ending with still hunting. A dozen guides, among them such celebrities as Louie Harlow and Sam Glode, both Micmac Indians, work under [illegible] of A. D. Thomas [illegible] the Liverpool [illegible] to conservation [illegible] limited to [illegible] some [illegible] moose [illegible]

Peerless Corona *Ranges*



We carry a large stock of the above Ranges, which are recognized to be the best on the market. The price is reasonable and the terns are right. They come in two sizes, with or without reservoir, polished top or water front.

Heaters

We also carry a full line of Heaters in different sizes and styles
NOW is the season of the year to be thinking about the cold weather. Give US a Call and we will solve the problem-

Fur Goods

Another very important necessity for the cold weather is Warn Wearing Apparel. In this line, we excel and can provide you with the following:—

Ladies Coats

Ladies Coats in Seal, Rat, Coon, Beaver, and Cloth with Fur trimmings.

Ladies Furs

Ladies Furs in all styles, including Stoles and Muffs. These are exceptionally good qualities and the Prices are Low.

Men's Coats

Coon, Alaska Beaver, Wallaby, Wombat and Cloth.
(All new goods and at the reduced prices)

Men's Mackinaw Coats

Guaranteed all Wool, and in all sizes and Colors.

Lounsbury Co., Ltd.

Dealers Moncton Blackville