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E. W. GILLET COMPANY LIMITED
TORONTO, CANADA
MADE IN CANADA

WARM WEATHER DESSERTS

Heavy desserts are being eliminated from the family menu. Housekeepers are realizing that, although not an entirely superfluous course, as some people who have no sweet tooth would have us believe, the real purpose of the dessert is merely to put a period to the meal.

For this reason its preparation demands more than a passing thought. Its mission is two fold: It must be of such a nature that, for the time being, nothing is left to be desired. At the same time it must furnish the gastronomic motif which will stimulate the flagging appetite in order that in its turn the dessert may be relished.

It is particularly true in summer time, when dainty desserts that appeal to the eye will also tempt the appetite. A great many housekeepers have an expensive and troublesome dessert.

Frozen Dainties

On the contrary, almost all frozen mixtures are much cheaper than pies, puddings, and similar sweets; and with a modern freezer, of a size suited to the family needs, the freezing process is so simple that even the bugbear of extra work is removed. Indeed, if time enough for self freezing is allowed, no labor, save the packing down in ice and salt, is entailed.

The following frozen dainty will appeal to those who have an eye as well as a cultivated taste for food harmony:

Dry- whip a quart of thick sweet cream and add sugar to make quite sweet, as freezing extracts the sweetness as well as the flavor from any mixture. Chop a cupful of maraschino cherries very fine, then add them together with their liquor to the cream. Turn the mixture into a mold, cover closely and bind around the opening with a strip of buttered muslin to prevent any salt finding its way inside. Bury in crushed ice and salt for six

hours. Dish for individual serving, masking each serving with whipped cream and garnishing it with split, blanched almonds.

Strawberry Ambrosia

This delicious beverage, which is as delectable to the eye as to the palate, is prepared by removing the milk from a large fresh coconut and placing it where it will become very cold. Press through a sieve a square of strawberries (reserving a few of the largest for decorative purposes). Add to these a small cup of sugar (confectioner's) and place directly on the ice.

At serving time add to the fruit the merest pinch of baking soda, one cup of stiffly whipped cream, the coconut milk, and sufficient iced milk to form three pints of liquid. Serve in a high glass pitcher in which has been placed a cup of shaved ice and pour into small spiral glasses, garnishing with large, luscious strawberries.

Rhubarb Lemonade

Cut into large pieces a bunch of rhubarb, and after covering with three pints of cold water cook for twenty minutes. Add in order mentioned one pound granulated sugar, $\frac{1}{2}$ shredded pineapple, one thinly sliced lime, $\frac{1}{2}$ glass orange juice, and one cup maraschino cherries. Stir the fruit puree until the sugar is entirely dissolved and when very cold pour in one pint of Vichy water. Serve from a high tankard into stemmed goblets that have been ornamented with slices of frosted limes, and accompany with long handled spoons so that the fruit may be eaten.

STRAWBERRIES

(Experimental Farms Note.)

With the strawberry season full upon him it is a good time now for the grower to note the adaptation of the variety or varieties he is growing to his conditions. Due consideration must be given to (1) yield, (2) size of fruit, (3) shipping ability, (4) quality and (5) any special feature. To select a variety solely on the merits of its yielding ability is poor practice. It must be a good shipper, palatable, of good size and if it can, in addition, be recommended to the consumer as an exceptionally good canning berry, so much the better.

The consumption of strawberries can be largely increased if growers will carefully select their varieties and give to the consuming public that which they require. The grower catering to a local market could overlook shipping ability somewhat and stress quality or size, or preferably both. For instance, Senator Dunlap is one of our best quality

berries, but not a very good shipper for distant markets, whereas Glen Mary is a better shipper, but perhaps not quite so high in quality, although good enough in that respect. Portia, a new introduction of the Horticultural Division, Experimental Farm, has the serious fault of being imperfect in sex, but is an excellent shipper, high in quality and the best of canners, an excellent example of a berry suitable for the grower who can cater to a discriminating market, where the consumers appreciate a berry combining table and canning qualities. Not only do varieties differ in these respects, but also in their adaptability to soils and localities. On heavy land in a comparatively moist, cool climate the Senator Dunlap will do much better than on light soils in a hot and dry locality. In the latter case Parson Beauty or Pocumoke give better results, so that the successful grower must ever be on the lookout for newer sorts, which might possibly fit in to his market requirements or his soil requirements just a little better than the kinds he is growing.

M. B. DAVIS, Pomologist.
Central Experimental Farm, Ottawa.

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Many of us get the idea that the man who does business in six or seven figures is not subject to the same rules as a man who writes a cheque in two figures. We also assume that it is easier for him to meet a bill for a \$1,000,000 than for us to meet a bill for \$10.00.

Yet the fact is that the man or business with a credit of a million dollars at the bank, builds up and maintains that credit in exactly the same way that a laborer builds up and maintains a credit for \$20.00 at the corner grocery. Both meet their obligations when due, and within their respective limits; one man is as good as the other man.

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