•OR" is a little word but gigantic in possibilities. Success, happiness, practically all of the good things of life, depend on good health.

Most of the failures, the woes of life, rest their origin and continuance in bad health. The possibilities represented by the OR in "Good Health on Bad Health" certainly are gigantic, aren't they? Proper food more than any one other thing represents the difference between good health or bad health.

Any physician will tell you that a proper mixture of the whole of the wheat and barley malt is preeminently a proper food, one that builds normally, tones evenly, nourishes sufficiently, every organ of the body.

"FORCE" is composed of the whole of the wheat and barley malt scientifically combined in the form of a delicate, crisp flake. It cannot lose its good qualities in faulty cooking. for it is ready to be put on the table when it reaches the house. There's another OR worth considering-a hot kitchen fire on a hot summer day OR no kitchen fire.

****** Meet Me at Somerville's For a Glass of Ice Cream and Soda Water

Known as the Best in Town. Pure, rich Ice Cream, made by the most

rooms.

Refreshing, foaming Soda Water with exquisite Ffuit Flavors. Somerville's Restaurant and Lunch Rooms

The Chatham Loan & Savings Co Capital \$1,000,080

Money to Lend on Mortgages. Borrow ers wishing to erect buildings, purchase property or pay off incumbrances should apply personally and save expenses, secure best rates and other advantages.

Money advanced on day of application. All letters promptly answered. Telephone connection.

S. F. GARDINER Manager.

Lime, Cement

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We keep the best in stock at right

JOHN H. OLDERSHAW Thames Street, Next Pelice Station

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***** We are Back Again to REGULAR PRICES With the Best Work in the City. Goods Called for and Delivered.

Parisian Steam Laundry Co. Telephone 20 ******

Posts, Shingles Barn Lumber, Building Materials

> always on hand in large quantities at the yards of

The Blonde Lumber & Manufacturing Co., Limited, Lumber Dealers and Builders

Wedding Stationery

The PLANET

Carries a large assort ment of this stock. You can get what you want in short notice.

+++++++++++++++++++++++++ A WISE IDEA

To get your old carpet manufactur ed into beautiful durable rugs, at prices that are right. Call and see samples. Factory opposite Piggott & Son's lumber office in J. & J. Oldershaw's block.

THE CHATHAM BUG FACTORY.

Minard's Liniment Cures Colds, etc.

GREAT SALT LAKE.

This Remarkable Body of Water Will Vanish Within Fifty Years, Within fifty years from the present time the Great Salt lake of Utah, the most remarkable body of water of its kind in the world, will have ceased to. exist. It will have dried up, and its place will be occupied by an unattractive desert, save perhaps for a few

brigated farms, Such, at all events, is the opinion of geologists. Professor W. J. McGee of Washington remarked in conversation the other day that half a century was an outside estimate for the survival of the lake. He was inclined to think that it would be dried up twenty-five **+++++++++++++++++++++++ years from now. Already its waters show signs of receding from the shores, and causes are in operation which lessen to a great extent the supplies furnished to this curious inland

sea by streams. The lake is about seventy-five miles long by half that in greatest breadth, being in shape somewhat irregular, and is rather shallow. There may be places where it has a depth of as much as a hundred feet, but over most of its area it is less than fifty feet deep. The reason why it is so salt is simply that it has no outlet save through evaporation, and the streams during ages past have been

carrying salt into it. The contributing streams are now beginning to be utilized on a large scale for irrigating purposes, and thus the customary water supply is being withheld to some extent from the lake. Before long immense reservoirs will be constructed in the mountains to hold the storm waters during the rainy season in order that they may be conserved and poured out over the fields in the dry time. Operations of this kind conducted so extensively must lower the level of the lake quite

fast. When the lake is gone, much of the land thus made dry will be unavailable for agriculture owing to its conof various kinds deposited from the water in the course of many centuries. But it may be supposed that certain areas where the lake was comparatively shallow will be suitable for farming. Thus there will be some direct

Dyed Coffee Beans. In Germany it is not permissible to adulterate coffee. A wholesale grocer was recently tried in Hamburg, the charge against him being that he had adulterated, a large quantity of Brazilian coffee, with the object of selling it as Porto Rico coffee. His counsel admitted that he had changed the original color of the coffee, but pointed out that he had made the change before the coffee was roasted, and as the experts who had been summoned expressed the opinion that it was perfectly lawful to adulterate beans, though entirely unlawful to adulterate roasted coffee, the court promptly ordered a verdict of not guilty.

In this case the adulteration consisted in making the beans of a greenish blue color and in pressing fine flour between the clefts. The rosy hue which characterizes Brazilian coffee was thus obliterated.

According to the experts, beans of coffee have been artificially colored in Hamburg for the last forty years, and if the practice is to be stopped, though they insist that the public is not duped, since it is not the color which gives quality to coffee, suits will have to be instituted against all the grocers of the city.

Theater Supper Parties. "No, we don't encourage supper parties," said the manager of the continuous performance theater, "but we are powerless to prevent them. They come early in the afternoon and camp out until the last turn at night. See the fat woman going in with the basket and the three kids? Well, she's a regular. In that basket you will probably find a lot of ham sandwiches, some pickles, an orange apiece and perhaps a tumbler of jelly. About 6 o'clock they will consume this provender and be prepared to enjoy the evening performance, despite the fact that they have already seen it in the afternoon, 'Chasers' have no effect upon the supper parties. A bum song and dance team will go on and do their worst to drive out the sitters in order to make room for the evening audience, but it's like pouring water on a duck's back. The people who stay for supper will stand for anything."

The World's Best Timekeeper. This is said to be the electric clock in the basement of the Berlin observatory, which was installed by Professor Fœrster in 1865. It is inclosed in an airtight glass cylinder and has frequently run for periods of two or three months with an average daily deviation of only 15-1000 of a second. Yet astronomers are not satisfied even with this, and efforts are continually made to secure ideal conditions for a clock by keeping it not only in an airtight case, but in an underground vault where neither changes of temperature

nor or parometric pressure span ever affect it.

The Croton Dam.

New York's Croton dam, the largest ever undertaken by man, is 200 feet thick at the bottom, 300 feet high from the base of the foundation, 150 feet high above the ground and 1,000 feet long. It is located three miles from Peekskill, the top of the dam being 216 feet above tidewater and 100 feet above the reservoir in Central park. The storage capacity is 30,000,000 gallons. Work has been in progress eight years and will continue three years longer. The estimated cost of the dam was \$4,150,573, but \$1,000,000 additional will be required.

If Catarrah is Your Trouble,

You will find instant relief and absolute cure in Catarrhozone, which kills the germs that cause the disease, cures the cough, prevents droppings in the throat relieves congestion and quickly heals the inflamed membranes. Catarrhozone cures perfectly the most chronic cases of Catarrh, Lung and Throat troubles, and is delightful, simple, and safe to use. Catarrhozone is a scientific treatment, highly indursed by doctors and druggists, and sells everywhere for one dollar, small size 25 cents. By mail from N. C. Polson & Co., Kingston, Ont.

seefsteak on the Gridiron. Sitting on the balcony of the Anglo-American club, Brussels, a Yankee and an Englishman spent a lazy afternoon guying each other on racial and national foibles and traits. The conversation veered into flags. "Yours," drawled the Britisher, "reminds me of nothing so much as a gridiron, a deuced big gridiron, dontcherknow!" "And yours," was the quick come back from the American, "reminds me forcibly of a beefsteak-a darned big beefsteak, but not so big that we can't cook it on our gridir on!"

A Sick Stomach

Is always relieved, and its unpleasant consequences averted by taking thirty drops of Polson's Nerviline in little sweetened water. It instantly relieves the nausea and by its soothing and stimulating powers, calms the stomach and enables it to complete the process of digestion. Nerviline has been proved more than a million times the best remedy for stomach and bowel troubles. Nerviline will cure you. 25c.

Inherited the Business. "Oi'm descinded from Brian Boru, ma'am, Oi'd hov ye know," declared the haughty Mrs. Fitz Clancey. "Is that all indade?" replied Mrs. Casey, the humble lady of the corner fruit stand, "Faith, Oi'm a descindant of Eve the first apple woman!"

Alive, Yet Half Dead,

Feeling miserable. This is the conlition of thousands of growing girls and women. Can't eat enough to be truly alive. Digest so little of what they do eat, as to scarcely know what life really means. Miserable? Of course. Eat more, digest more, then feel streaming through life's renewed current, the buoyancy, the strength, the hopefulness of youth. Simply done if you'll just Ferrozone, the wonderful blood maker, nerve strength and brain vigor. Mr. A. I. McCall, druggist, knows all about it, Call and ask him about it.

A man is lacking in diplomacy who tries to guess a woman's age. All great work consists of small deeds.

A man talks about owning his busi ness. But as a matter of fact his business owns him. His whole life is regulated by the demands of the business. The time at which he rises, his breakfast hour, the time given to meals, are all determined by business obligations. , He rushes through lunch because he "can't spare the time from business" to eat leisurely. He won't take a rest because he is needed at the store or office. He is in fact an absolute slave to business. The result which follow this slavery are to be seen on every hand. Men dyspeptic, irritable, nervous, with drawn faces, and hollow eyes, sit at the desk or stand behind the counter until they collapse in a fit of sichness, or are taken away by heart failure. Those who cannot escape the exactions of business will find a friend in Dr. Pierce's Golden Medical Discovery. strengthens the stomach, increases the action of the blood-making glands, increasing the vitality and physical vigor. It makes men strong and prevents those business break-downs which so

The most liberal creed is the

often terminates fatally.

that takes in the greatest need. Children Cry for CASTORIA

You cannot give light to the without burning yourself. Minard's Liniment Cures Distemper.

JEALCUSY AND PRIDE.

Through One Writer's Spectacles These Two Appear as Virtues. There is a little jealousy in all persons and especially in all women. It springs from deep love, which always desires to be first in the affection of the one beloved. A lover, whether man or maid, who is not susceptible to occa-

sional twinges of jealousy is not truly

in love. While jealousy, considered with reference to its origin, is not an ignoble emotion, it is frequently absurd in its outbreaks. A father is sometimes upset with jealousy because he imagines that his wife loves the children more than she loves him. Mothers are frequently jealous of the husbands or wives of their daughters or sons. Wives become jealous of the sisters or mothers of their husbands. No one is immune against the little green bacilli of

jealousy. Generally the tears or frowns of jealousy are swept away with a few kind words and a caress, but there are some unhappy persons whose jealousy is chronic and who make themselves ridiculous and annoying by their fits and storms of jealous passion. The jealousy of such persons is beyond reason. Indeed, it is a form of dementia which begets every sort of violence.

Pride is the strongest controller of jealousy. The theologians reckon pride among the seven deadly sins, but as a matter of fact pride is at the bottom of much of the virtuous action in the world. Pride is the root of most bravery, fortitude, courtesy, magnanimity, humility and industry. Pride is the essential spirit of thorough breeding, and in spite of being enumerated among the deadly sins pride is not connected with turpitude.

ONE MAN'S FINE CONCEIT.

Massing of Men, He Says, Means Strength; of Women, Bonnets. "It's an odd thing about women," remarked Jones to his wife as he settled himself for a special effort. "We admire you intensely in the individual. We adore you when taken singly, but it's a strange, sad fact that when a few hundred of you get together you lose distinction. A multitude of rare women brought together in one building for a common cause are far from venerable. Look at Sorosis. The club is undoubtedly made up of ideal mothers and wives, but one resolutely refuses to find it anything else than a convocation of bonnets. Earnest, intense wo meh recruit the ranks of the Woman's Christian Temperance union, but its mass meetings only amuse the rest of the world. An exclusively feminine tea was never an object of envy to those

who pass it by." "And what of you men?" suggested Mrs. Jones. "Are you all so much

finer in a crowd?" "Undoubtedly," replied Jones. "I isn't open to dispute that a 'gang' of men is at all times convincing. If it is only a mob with a rope looking up a criminal, the sight does not lack impressiveness. The imagination plays about a 'smoker' and speculates as to the quality of the cigars and the stories. And a good share of the world's work has been done by men in mass for a purpose. Union to us is strength, and the novelist has always remained below when the door of the banquet hall was opened for the filing out of the ladies."

Small Things That Count. It is said that Cæsar chose his generals according to the length of their forefingers in comparison with that of their second fingers. No man whose forefinger was over one-eighth of an inch shorter than his middle finger had a ghost of a show. Men with very short forefingers are supposed to be effeminate. I believe it is so. Napoleon's generals were selected by their noses. Cromwell believed that bowlegged men made the best soldiers. Washington preferred men with high cheek bones. Receding foreheads were the rule among his generals. Alexander the Great judged men by their teeth, those having very large canines being preferred as commanders.

Life In New York. Nobody living outside New York knows how difficult it has become in that city for people of moderate means to bring up their children in the love of genuine things. It is still done by many, but with increasing effort and only by dint of a strong will and an inheritance of the truest graces of life - simplicity, the domestic affections and the love of nature and one's kind. It is to the cultivation of these graces that we must look for a rescue

Tannoform is an insoluble powder of pinkish color. It is without odor and flavor and is practically nonpolsonous. When applied to the skin, it stops sweating and destroys the odor of sweat already secreted. Hence its util-

from the artificiality and the vulgari-

ty of the pitiable circle in every Amer-

ican city known as "the smart set."-



condition, equalizes circulation, stops pains in the groins, stress drains, thereby giving the organs their proper nutrition, viality the parts and restores lost powers; in Stricture it absorbs the Stricture tissue, stops smarting sensation, nervousness, weakness backache, etc., while is all presented the treatment will cure you that you can PAY THE TO STREET THE

PAY WHEN CURED You need pay nothing until you are convinced that a thorough and complete cure has been established. It makes no difference who has failed to cure you, call or write me.

Each time you call you see me Personally, or each time you write it receives my personal attention. The number of years I am estallished in Detroit, and the curse I accomplished after given up by other doctors, has placed me

The Latest Method Treatment Guaranteed to Cure and Stricture without sutting, stretching or loss of time; also Blood Poisses and Stricture without sutting, stretching or loss of time; also Blood Poisses, Private, Nervous, Impotency, Edney, Liver, Bladder, Stomach, Female and Rectal CONSULTATION FREE Call; if you cannot call write for blank for home treatment for those who cannot call. BOOK FREE All medicates existent of home treatment for those who cannot call. BOOK FREE All medicates existent of home treatment for those who cannot call. BOOK FREE All medicates existence of the property of the prop DR. GOLDBERG,

ity in case of offensive secretion (bromidrosis). For allied reasons it is useful when the feet become tender by overheating. Pedestrians and others will find it useful.

Worse For the Politicians. "Do you think that sugar is unwhole some for children?" asked the anxious

parent. "Well," answered the physician, "my observation is that it isn't likely to do children nearly as much harm as it does politicians."

One of the commonest forms of lunacy is that when the insane person imagines all others have no sense.-Memphis Cimmercial Appeal.

For Western Fair, London, W. E. Rispin will issue return tickets via Grank Trunk Railway Sept. 13 to 19 at \$1.95 each, and on Tuesday and Thursday Sept. 16 and 18, at \$1.55 each. Grand Trunk Railway, Sept. 19th, at \$1.95 each, and on Tuesday and Thursday, Sept. 16th and 18th, at \$1.55 each. All tickets good returning from London on or before Monday, Sept. 22nd. In addition to regular trains, special tham at 8 Wednesday, 17th, and Thursday, 18th.

Mr. W E. Rispin, City Passenger and Ticket Agent, will issue Western Excursion tickets via Grand Trunk and Wabash Railways on Sept. 25th, 26th and 27th, to Detroit \$1.25, Saginaw \$3.65, Bay City \$3.75, Cleveland \$3.75, Grand Rapids \$5.60, Cc. umbus \$6.50, Cincinnati \$8.80, Chicago \$8.70, St. Paul and Minneapolis \$35.40. All tickets good to return until Oct. 13th.

The education of the human mind ommences in the cradle

Children Cry for CASTORIA.

It's all right to take things as they ome, but it's better to go after them.

CASTORIA

For Infants and Children.

No entertainment is so cheap as reading, nor any pleasure so lasting.

Children Cry for CASTORIA

The most manifest sign of s contented cheerfulness.

Money to Loan on Mortgages at 41 and 5 per Cent. FOR SALE-FARM AND CITY PRO-

PERTY. Brick house, two stories, 7 rooms, lot 40 feet front, by 208 feet deep,

Frame house, 8 rooms, and summer kitchen, lot 60 ft. by 208 ft., good stable, \$1100,00. House and lot, 9 rooms, \$1050,00.

House and Lot, 5 rooms, \$400.00.
Farm in Township of Raleigh, 50 acres. All cleared. Good house and barn, \$3,100.00. Farm in Township of Harwich, 200 acres. Large house, barn and out-buildings, \$12,000.00.

Farm in Township of Raleigh, 4 acres. Good house, new stable and granary, \$2,250,00. Ten acres in suburbs of Chatham,

Valuable suburban residence, rooms with seven acres of land. Good Apply to W. F. SMITH,

\$++++++++++++++++++++++++ Chimney Sweep

JAS. SOOTT Will fill all orders left at Simmons Barber Shop or at 110 King street.

+++++++++++++++++++++++

The Wrath of the Bee. At the end of winter most hives have exhausted their stores and become dangerous. When this is the case, woe to him who touches the hives. Smoke has lost its spell, and you shall scarce have emitted the first puffs before 20,000 acrid and enraged demons will dart from within the walls, overwhelm your hands, blind your eyes and blacken your face. No living being except, they say, the bear and the sphinx atropos, can resist the rage of the mailed legions. Above all, do not struggle. The fury would overtake the neighboring colonies. There is no means of safety other than instant flight through the bushes. The bee is less rancorous, less implacable, than the wasp and rarely pursues her enemy. If flight be impossible, absolute immobility alone might calm her or put her off the scent. She fears and attacks any too sudden movement, but at once forgives that which no longer stirs.

Children Cry for CASTORIA

MEDICAL.

DR. J. P. SIVEWRIGHT .- Office and residence, 117 King street, (over Backus' Harness Shop) telephone 236. Night bell.

DENTAL.

A. A. HICKS, D. D. S .- Honor graduate of Philadelphia Dental College and Hospital of Oral Surgery, Philadelphia, Pa., also honor graduate of Royal College of Dental Surgeons, Toronto. Office over Turner's drug store, 26 Rutherford

LODGES.



Mortgages.

WELLINGTON Lodge No. 46, A. F. & A.M., G. R. C., meets on the first Monday of every month, in the Masoric Hall, Fifth St., at 7.30 p. m. Visiting brethrer neartily welcomed.

ALEX. GREGORY, Sec. A. O. U. W.

Every United Workman should atend our meeting Friday evening, September 19, and hear the report regarding "Sick Benefit By-laws" which will be given by the committee appointed for this purpose. As it's intention of Peninsular lodge to add sick benefits to our order, it is requested that you be present and lend us your assistance in carrying out this noble

W. G. ARNOLD, JOHN R. SNELL, M. W. Recorder

J. B. RANKIN, K. C. - Barrister, Nos tary Public, etc., Victoria Block, W. F. SMITH - Barrister, Solicitor, etc. Office, King Street, west of the Market. Money to loan ou

B. O'FLYNN-Barrister, Solicitor, etc., Conveyancer, Notary Public Office, King Street, opposite Mere chant's Bank, Chatham, Ont. SMITH & GOSNELL-Barristers, So-

licitors, etc., Harrison Hall, Chat-ham; Herbert D. Smith, County, Crown Attorney; R. L. Gosnell. WILSON, PIKE & GUNDY-Barristers, Soliciters of the Supreme Court, Notaries Public, etc. Money to loan on Mortgages, at lowest rates. Office, Fifth Street. Mat-thew Wilson, K. C., W. E. Gundy, J. M. Pike.

HOUSTON, STONE & SCANE-Barries tera, Solicitors, Conveyancers, Not taries Public, etc. Private funds to loan at lowest current rates. Office, Scane's Block, King Street. M. HOUSTON, FRED. STONE, W. W. SCANE.

**** Trust and Private Funds to Loan On farm and city property. Terms to THOMAS SOULLARD

Room 26, Victoria Block.
