

3. Jet Black Rig

1. Plain Rachelich

2. Learn a Lass

CANADA'S own and beloved Mary Pickiord is about to produce one of the greatest moving picture plays of her career. It is a story abounding in love and humour, pathos

Careter, it is a many more than to select a canable actor who Many Pictord's big problem now is to select a canable actor who many picture action and the picture action and production. She can pick from all the presents moving picture actas areas in pick the pictures are shown is now Gown to the five favorite movie actors whose pictures are shown above. One of these five will be chosen by her to piasy the Leving Man's role in this great new movie production.

Do you hnow the Normes of these five Raverie Players? The object of this contest is to recognize and name these five most atoms movie actors. After you have recognized them, and in order help you name them correctly, we have put their right names under-

These Magnificent Prizes Given for Best Correct or Nearest Correct Replies

1st Prize 1920	Chevrolet \$990.00
2. J D.: 1920	Ford Tour- 2740 AM
2nd Prize, ing	Car, Value \$140.00
3rd Prize, \$150.00	14th Prize, \$5.00
4th Prize, 100.00	15th Prize, 5.00
Sth Prize, 50.00	16th Prize, S.00
6th Prize, 25.00	17th Prize, 5.00
7th Prize, 20.00	18th Prize, 5.00
8th Prize, 15.00	19th Prize, 3.00
9th Prize, 10.00	20th Prize, 3.00
10th Prize, 10.00	21st Prize, 3.00
11th Prize, 10.00	22nd Prize, 3.00
12th Prize, 10.00	23rd Prize, 3.00
13th Prize, \$5.00	24th Prize, 3.00
And 25 Extra Prin	res of \$1.00 each.
	I Cash Prizes will

This Great Contest is Absolutely Free of Levens. Send Your Answer Today. The start contest is Absolutely free of expense and is being con-ting the continent abbolishing for the starts of the starts of the starts contest is absolutely free of expense and is being con-ting the continent abbolishing for the starts of the starts the starts of the starts whether your contains the the transformed of the being whether the starts of the starts of the starts whether your contains the starts of the starts whether your as a subscription the type of the starts whether your as a subscription the type of the starts whether your as a subscription the type of the starts whether your as a subscription the type of the starts whether your as a subscription the type of the starts whether your as a subscription the type of the starts whether your as a subscription the type of the starts whether your as a subscription the type of the starts whether your as a subscription the type of the starts whether your as a subscription the type of the starts whether your as a subscription of the start of the start whether the start whether the start whether the start of the start whether the start whether the start whether the start of the start whether the start of the start whether the start whether the start whether the start the start whether the start whether the start whether the start whether the start of the start whether the start whether the start whether the start the start whether the start whether the start whether the start whether the start the start whether the start whether the start whether the start whether the start the start whether the start whether the start whether the start whether the start th

fathers lived and died of the plagues of ignorance so we live and die Not only ur houses are rendered unwholesome by exclusion of fresh air and sanitati t we even invade the courts of th. but courts of the Lord with our fouled and fetid air which we keep locked up to be used from Sab-bath to Sabbath. When slain by the "white plague." the result of our own foolish superstition. we seem to find consolution in attributing the cause to an "all-wise Provndence" and congratu-late ourselves that God is well-plensed with our abundant faith. Our school houses reek with the fifthy air breathed over and over again and send our chil-dren back to us devitalized in body and dishonored in mind. Lord with our fouled and fetid air which dishonored in mind.

In the matter of food and drink, it In the matter of food and drink, it frequently happens that little or no sanitation is observed. The cow barn where the milk used on our tables, and the most important article of die tor infants, little children and invalids, is produced, is frequently reeking with dirt and the foulest odors; but little atten-tion is article to absent the intermetion. and the foulest odors; but Jittle atten-tion is paid to cleanliness in the opera-tion of milking and the food becomes contaminated with disease germs which do certainly kill. In the matter of water supply, cess pools and privy vaults are adjacent to wells which become infected with typhoid-germs. I have seen the surface drainage from which water was constantly used for

household purposes. I have known whole families to be smitten with typaoid fever as a result of such in-excusable carelessness. And in respect excumble carclessness. And in respect to the animals, it often happens that their water supply is from a stagmant pond or dirty slough. Cows, especially, have been abused in this particular, but the neglect of these animals may at last be our own sorrow. An incident will serve to illustrate: A family had a run of typhoid. An analysis of the milk showed typhoid germs which were traced to a scure-overed pond in the pasture from which not only the cows drank, but waded into, smearing their adders with the muck of the slough. Then by unclean habits, of milking, the germs

## December, 19

were conveyed into the milk and the story of death was written.

story of death was written. Thus it will be seen that the water supply said preparation of food beer me exceedingly important. It is idle to deay that hygienic measures are not as eccessary on the farm as in the city. Yet our runal friends, as a whole, have not learned the value of sanitation as have the urban dwellers. This may be due to the fact that the city has to adopt these sanitary precautions to adopt these sanitary precautions to avoid disaster to the, aralitudes and millions of dollars have been spent in hyding of severs, disposal of garbage, and securing pure water. Not only has the been necessary to rigidly guard these things, but inspection of milk and meat and other food products is imperative oprevent epidemic of one kind or write.

to prevent epidemic of one kind or smother. That the average farmhouse is not properly ventilated in the winter is a tragic fact. And this fact becomes more momentous in view of the high intelli-gence and common sense of the western farmer. No class of people have less excuse for lack of fresh air and abund-ant sumshine. In the great out-of-dor as with the limitless stretches of blue sky, amidst the surges of unpolluted air and uncrowded by multitudes of disease-bearing people, there is no reason why these farm bomes should not be sanitary and hygienic. But they are not! In the modern residence, the architect has neglected the ventilation of the house altogether, or abandoned it to the heat shall be hated, but whether the fresh air shall be taken in from the outside and foul air climinated through escape ducts, does not enter into the considera-tions. It is probably true that most houses heated with bha air formaces, have no system of ventilation at all. houses bented with hot air furnaces have no system of ventilation at all. There is a system of circulation-mot ventilation—of the air already in the bouse. The cold air is taken from the front hall in all likelihood and sent through the 'nrace where it is heated and carried back to be inhaled by the occupants and exhaled to again be car-ried back to be heated and ce-wreathed and so on ad infinitum. That the air may be thus heated successfully and eiz-culated as well is true, but the disar-trons effects which follow in the destruc-tion of human life is amazingly true. The fatal thing about these systems is that usually the instructions to be folthat usually the instructions to be fol-lowed require that the house shall be kent closed as nearly airtight as pos-sible. There is a warning that any de-viation will interfere with the perfect working of the plant. Thus the house becomes a veritable hot-house and the inhabitants thereof come forth physi-cally devitalized and many of them join the ranks of the white-faced throng.

cally devitalized and many of them join the ranks of the white-faced throng. The stove-heated farmhouse as gen-erally prepared for winter is positively vile. I have seen these houses banked up with manure or dirt, storm windows on and storm doors. I have seen the cracks and crevices calked with rags and the house as meraly herrifetically scaled as possible. Here coughs and colds have been constant while the mortality from possible. Here coughs and colds have been constant while the mortality from possible. Here coughs and colds have been constant while the mortality from possible. Here coughs and colds have been constant while the mortality from possible. Here coughs are star-patiling. I have seen physicians fighting for fresh air in these homes, to be re-putients, either-or interfered with by anxious friends, and which resulted in the death of the patient and too the detriment of the doctor? reputation. From these unventilated homes gome forth many children with tonsilitia and sore throat, coughs, colds and catarrhal inflammations of the air passages.

Tuberculosis is a house disease and this plague would soon be rendered in-occuous if our dwellings, especially the alceping rooms, were properly ventilated so as to insure an abundance of fresh air to be constantly admitted.

ah to be constantly admired. The value of fresh air cannot be over-stated. Not only do the lungs require a vast amount every hour, but the skim-which has been called the third lung-must have a constant supply of air in order to do its proper functioning. Add to this the necessary bathing of the body at frequent intervals and with proper diet, there is no reason why the farm-



4. Sell Raw Hip

neath their pictures in jumbled letters. Uns them into their right order and you will have t are not familiar with the names of the most actors today, the names below will help you.

5. In for a Bad Glass Uk

cramble these letters, put heir names In case you popular n.oving picture

ing your copy to just four friends or neighbours, who will appreciate this really worth-while Canadian magazine and want it to come to them every month. You will easily fulfill this simple condition in a few min-utes of your spare time.

Names of Some of the Favorite Players Fred Huntley, Allan Sears, Owen Moore, Milton Sills, Jack Gord, Charlte Chapile, Charles Ray, Ellot Oceter, Wallace and Jack Gilbert, Havold Goodwin, William S., Hart, Thomss eignan, Antonio Moreno, Stuart Holmes, Francis X., Bushmana, Illam Parnum, Robert Harron, Douglas Fairbanks, Earl Illams, Ralph Lewis, Tom Moore.

## How to Send in Your Solution

Use one side of the paper only, and put your name and add ating whether Miss, No., Mr. or Master) in the upper right-h mer. If you wish to write anything but your answers, use a sepa

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