

ACCIDENTS and EMERGENCIES.

WHAT TO DO TILL THE DOCTOR COMES.

In the absence of a doctor, or when our remedies are not at hand, the following hints will be found valuable:

TO STOP THE FLOW OF BLOOD.—If an artery in a limb is severed, quickly wind a handkerchief around the limb between the wound and the body, and insert a stick in the handkerchief and twist it as tightly as the patient will bear. Apply cold astringent lotions, or compressing, or some dry powder like wood soot, to help stay the flow of blood.

NOSE BLEED.—Press a wad of brown paper tightly under the upper lip against the nostrils, and plug the nostrils with cold astringents, such as alum water, etc.

CUT WOUNDS.—Bring the edges tightly together with a stitch or by sticking plaster, and apply a compress and bandage of soft linen. If painful and throbbing, apply soft poultices of bread and milk, or powdered linseed, or slippery elm.

FRACTURES.—Handle the patient very carefully; if to be moved, let it be upon a shutter or board rather than in a carriage. Keep the parts injured in as natural a position as possible, being firmly tied, if necessary, to the sound limb or the body. Keep the patient in a horizontal position.

SPRAINS AND BRUISES.—Keep the parts perfectly at rest, and apply warm poultices or cloths wrung from hot water.

SCALDS AND BURNS.—If a person's clothing takes fire, roll them quickly in a blanket or anything handy to exclude the air and smother the flames. In entering a burning building to avoid suffocation creep closely to the floor, remember that heat and smoke rises. If a burn be blistered avoid removing the skin or opening the blister. Cover it with a thick paste of cold starch or soot, or cloths soaked in a mixture of one-third water and two-thirds linseed oil.

FROST BITES.—Rub the frozen part with snow, or apply cold water until the frost is extracted, and then procure Yellow Oil as soon as possible, or Arnica diluted with equal parts of sweet oil or water.

BEE STINGS AND BITES OF POISONOUS REPTILES.—Cleanse the parts and apply spirits of hartshorn and sweet oil (equal parts), or a poultice of onions, or moist clay.

FAINTING FITS, ETC.—Place the patient in a horizontal position with the head low, give warming stimulants and inhalations of hartshorn, camphor, etc. Give free access to pure air.

CHOKING.—Invert the body and slap smartly upon the shoulders; if this does not dislodge the substance, insert the finger or a flexible pipe into the throat and push the substance downward.

CRAMPS, COLIC, PLEURISA AND SUDDEN INFLAMMATIONS.—Give warming stimulants such as ginger tea, red pepper tea, a teaspoonful of soda in a draught of peppermint water, and apply hot packs of cloths wrung from hot water.

FOREIGN SUBSTANCES can be removed from the eye by holding water in the hollow of the hand and winking the eye rapidly; if the mete sticks to the eye invert the lid by rolling it over a stick or knitting needle, and carefully pick it out. Iron filings, etc., can be often removed by a bit of magnetized wire, or a penknife charged with magnetism.

FOREIGN SUBSTANCES may often be drawn from the ear by inserting a syringe and drawing upon the piston, thus removing it by suction where it cannot be otherwise reached.

POISONS.—In all cases of suspected poisoning send at once for medical aid, in the meantime give a strong emetic and induce vomiting. A teaspoonful to a tablespoonful of ground mustard in a half pint of warm water is a quick and safe emetic, or a similar dose of Ipecac. Repeat the drinking until it vomits.

ACIDS.—Spirits of salts, oil of vitrol, aqua fortis, oxalic acid poisons require copious draughts of water with alkalies, such as chalk, magnesia or common whiting.

ALKALINE POISONS, such as hartshorn, chloride lime, etc., require acids to neutralize them. Give vinegar and water and excite vomiting.

OPIMUM OR LAUDANUM.—Give emetics, keep the patient in constant motion, and give strong coffee freely.

ARSENIC, PARIS GREEN, ETC.—Give copious draughts of warm milk and excite vomiting.

COPPER POISONING.—Give one after the other, the whites of a dozen eggs in warm water and excite vomiting.

REGULATE the liver, keep the bowels, skin and kidneys in a healthy performance of their functions, and sickness will be a stranger at your door. Burdock Blood Bitters is the grand regulator of the secretions, and Nature's own remedy for all derangements of the organic system.

We are informed that a man's body is three-fourths composed of water; but it is hard to believe this while looking at the noses of some of our public officials.

LADIES who desire a clear skin and fair complexion, free from pimples, blotches and sallowness, should use Burdock Blood Bitters. It cleanses the blood from all humor, and imparts a youthful bloom to the face, far preferable to any cosmetic in use.

No better remedy for all forms of bowel complaints, in infants or adults, can be found than Dr. Fowler's Extract of Wild Strawberry, Nature's true specific.