

# Time on your hands? Give it away!

CYNTHIA KIRKBY

THE BRUNSWICKAN

If you have a few extra hours, if you're tired of t.v., if you want a job but can't find one, why not volunteer?

than they have to. Then they know that you're going to be open to learning new skills as the agency changes."

She added that you shouldn't just expect your prospective employer

**Students interested in volunteering might find it helpful to visit the Student Resource Center, room 114 of the Student Union Building, where they will find a list of places to volunteer and a person to contact at each. Here you will also find what requirements different organizations ask of their volunteers. If you would like to check on a place or business before you volunteer, contact Counselling Services or the Better Business Bureau.**

Volunteering can help you find a job. "It's work experience," said Mary Louise Luck, Coordinator of Career Counselling at Counselling Services. "It's irrelevant whether you get paid or not. You develop skills, and you can put that on your résumé as work experience."

"Employers value the skills, but also the drive and initiative that someone shows in taking on more

to notice these skills, though, if you bury them in your résumé. "It's incumbent on the student to pull out of that experience what's going to be relevant to that particular employer. You have to articulate that."

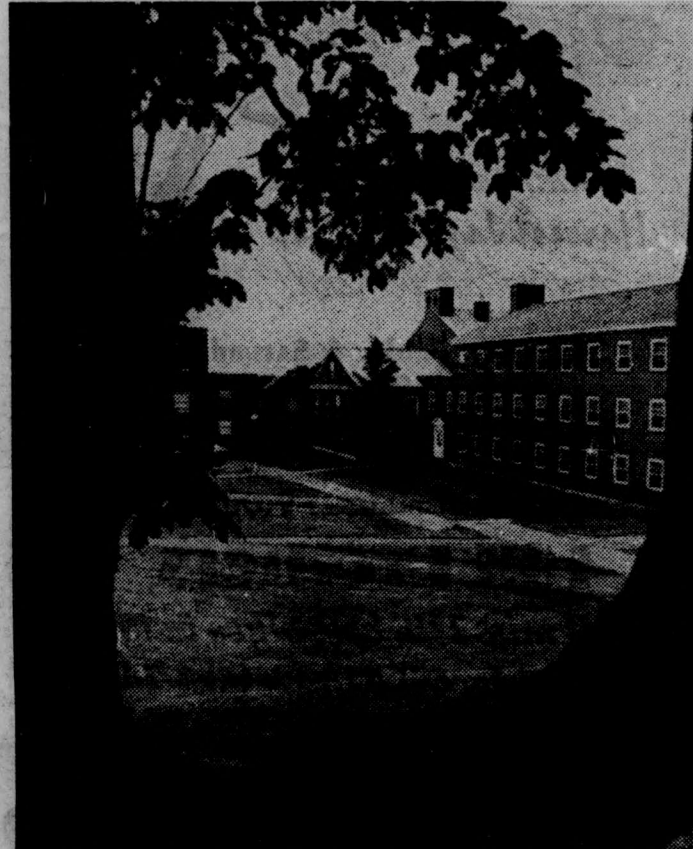
Volunteering, she said, is also a good way to network. "Through volunteering, you meet people you can go to for information, and for

work leads. You can actually get references from [your supervisor] because they can evaluate the work you've done."

Volunteering can also help you decide what field you'd like a career in. "It's a chance to explore a work setting," Luck said, "which helps you make decisions about what you want to do and in what environment."

Besides the career related aspects, volunteering can make you feel good about yourself. "If most of your activities are fairly self-centered, doing work for others can broaden your sense of connection to the world," she explained. "If, for instance, you volunteer at the soup kitchen or the Boys and Girls club, it really provides a sense of purpose and meaning."

It also helps those you work with. "Peers are often the most effective helpers for a whole range of things. For example, here at the university, with peer helpers and Men Against Sexual Aggression," Luck said. "It's making a contribution."



Pat FitzPatrick photo

An unusual angle, but a lovely view.

## Student Resource Centre offering helpful courses

Another year has passed, and now you find yourself lost in the uphill maze of red brick buildings and busy people. Don't fret. There is a logic behind all this chaos and after your purpose becomes clearer to you, you may still

want a little help in making the academic ends meet. Enter the Student Resource Centre. This year we are proud to sponsor and promote the following academic extras for you:

- Computer workshop, October 8

- and 9 at 7:00 pm in the Wu Centre
- Career planning workshops, every Thursday from October 3 to November 7, 7:00 to 9:30 pm

- Preparation for your job search: a job skills seminar, time and location to be announced

- Choosing your major, time and location to be announced
- Career week, October 29 to November 4

- We also suggest that students pick up a calendar of extension courses offered, or that they drop in to the

SRC for information on other helpful courses offered here at UNB. Keep your eyes peeled for posters giving you more information on these and other upcoming events.

Erik Mooers is SRC Coordinator

## AIESEC

If you are visionary, entrepreneurial, proactive, open-minded about different cultures, bi/multilingual, interested in global issues, travelling and living abroad, developing practical skills and meeting people from across Canada and around the world, why not join AIESEC?

We are an international student-run educational organization active in 87 countries. We help students develop leadership skills through participation and implementation of

a variety of international projects and programs. We are located in Room 30 of the Student Union Building, and can be reached by e-mail at aiesec@unb.ca or by phone at 453-4959.

Check out our upcoming events: AIESEC Week '96, September 9 to 13 (check on bulletin board of Room 30, SUB for details); Career Day '96, September 25 in the SUB's blue lounge; Atlantic Regional Conference '96 in October with students from Dalhousie, St. Mary's, and others.

## GALA Welcomes You to UNB

You may not have noticed any signs of a lesbian (lesbian, bisexual and gay) community here in Fredericton but rumour has it that this city has the second largest per capita lesbian population in North America. This has not been proven of course but what we can tell you is that, yes, there is a fairly large lesbian community in Fredericton.

We represent GALA. (Gay and Lesbian Alliance), an organization that looks after the interests of lesbian students and faculty at UNB and STU. Lesbians come from a variety of racial, social and cultural backgrounds but we all have something in common that binds us together — our sexual orientation. By this we do not mean to emphasize our sexual preferences; there is more to our identity than with whom we choose to sleep. Lesbian identity is also about self-acceptance and falling in love with someone who just

happens to be of the same sex.

The main purpose of GALA is to provide social and peer support to lesbian students who are just coming out and those who are already out. GALA also organizes social activities where those new to the Fredericton gay community can meet others and where they can find information of relevance to them. Although GALA is not primarily a political action organization, we do organize such campaigns as the Blue Jeans Campaign on National Coming Out Day (October 11).

If you would like to see what we are all about, you are welcome to come to our first meeting on Wednesday, September 11 at 7:00 pm. For information on the location or if you have any other questions regarding GALA or the lesbian community in Fredericton, please call the Gayline at 457-2156 on Mondays or Thursdays in between 6:30pm and 8:30pm.

GALA also welcomes gay-friendly people.

We would like to extend this warning out to those it may concern. Most gay bashings occur around this time of the year in the downtown area during the wee hours of the morning. We encourage lesbians not to walk downtown late at night by themselves.

Katie Wright, Joel Burrows and Kris Powers are Representatives of GALA



## SILVER FOX BOOKING AGENT

284 Greenwood Drive, E3B 5W5  
Federation of Musicians of America  
Local 815 AFM, NOC12328  
1-506-453-9798  
Fredericton

*Silk*  
**STREET**  
Records/Productions

