"1. Keep yourself fresh for your work, by constantly reading, not merely books on teaching, but the great literature of the world. Always remember and apply in your reading, however, the weighty advice which Edmund Burke gave his son. 'Reading', he said, 'and much reading is good. But the power of diversifying the matter infinitely in your own mind, and of applying it to every occasion that arises, is far better; so don't suppress the vivida vis.'

"2. Make special preparation for every lesson which you give your class. Always speak from a full mind. What the aim of the teacher should be in preparing herself for conducting a class recitation cannot be better stated than it once was by the late Superintendent Howland: "To secure this close, untiring attention (of the pupils)—the first essential of a successful recitation -there must be in the mind of the teacher a clear and well defined conception of what is to be done, the points to be gained and the conclusions to be reached, so that ambition may not be dulled and curiosity extinguished by misdirected effort and fruitless endeavour. The truth as yet ungrasped should be placed so temptingly near that indifference to its possession shall be an impossibility and earnest exertion a delight,'

"3. Where you find it necessary or desirable to engender and cultivate good intellectual habits, do so by

daily practice with your pupils, from the beginning of the term to the close. Do not repose in the idle belief that a good habit, say of memorizing good literature or pursuing a correct method of solving mathematical problems, can be acquired in a few days' or a few weeks' work at the beginning, the middle, or the close of a term

"4. Always remember that gentleness is the most valuable quality in a teacher. If you cannot lead children to perform desired tasks and acquire the necessary habits by gentle means, you cannot be a good teacher."-

The School Buletin.

"O God of Bethel by whose Hand," was King Edward's favorite hymn. It was sung over the grave of the great David Livingstone in Westminster Abbey.

The tremulo that some young ladies affect when singing is called by one gentleman "the cinematographic vocal wobble."

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N. B. OFFICIAL NOTICE

The Board of Education has given authorization to teachers and pupils of the public schools, to co-operate with the National War Savings Committee in the sale of Thrift Stamps and in such propaganda work as may be outlined by that Committee.

A War Book, showing the importance and need of saving, has been sent out to the teachers and pupils, who are carnestly requested to do their utmost to promote the aims of the Committee.

Teachers are requested to carefully read the introduction. It will there be noted that the war book is a text book and some time must be given to it each school day. Thrift Stamps are not for children only, but for every man and woman in the community who can be induced to

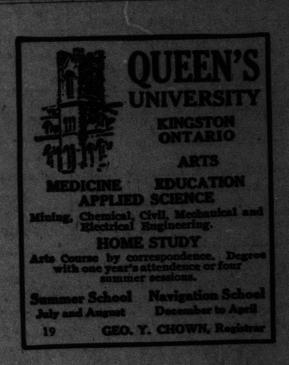
buy them.

Teachers and pupils can render great service by making known the contents of the War Book to all.

Teachers may act as treasurers for the money contributed for Stamps, and it is expected, will purchase them for any who may desire them to do so.

W. S. CARTER, Chief Superintendent of Education.

Education Office, Fredericton, N. B., Dec. 26th, 1918.



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