

### COULD NOT STAND ON FEET

#### Mrs. Baker So Weak—Could Not Do Her Work—Found Relief In Novel Way.

Adrian, Mich.—"I suffered terribly with female weakness and backache and got so weak that I could hardly do my work. When I washed my dishes I had to sit down and when I would sweep the floor I would get so weak that I would have to get a drink every few minutes, and before I did my dusting I would have to lie down. I got so poorly that my folks thought I was going into consumption. One day I found a piece of paper blowing around the yard and I picked it up and read it. It said 'Saved from the Grave,' and told what Lydia E. Pinkham's Vegetable Compound has done for women. I showed it to my husband and he said, 'Why don't you try it?' So I did, and after I had taken two bottles I felt better and I said to my husband, 'I don't need any more,' and he said 'You had better take it a little longer anyway.' So I took it for three months and got well and strong."—Mrs. ALONZO E. BAKER, 9 Tecumseh St., Adrian, Mich.

#### Not Well Enough to Work.

In these words is hidden the tragedy of many a woman, housekeeper or wage earner who supports herself and is often helping to support a family, on meagre wages. Whether in house, office, factory, shop, store or kitchen, woman should remember that there is one tried and true remedy for the ills to which all women are prone, and that is Lydia E. Pinkham's Vegetable Compound. It promotes that vigor which makes work easy. The Lydia E. Pinkham Medicine Co., Lynn, Mass.

### Guide-Advocate

Watford, Ont.  
PUBLISHED EVERY FRIDAY.  
Subscription—\$1.00 per annum in advance. \$1.50 in advance to the United States.

#### ADVERTISING RATES.

Space	One Year	Half Year	3 Months
One column	\$65	\$35	\$22
Half column	\$35	\$20	\$12
One-fourth column	\$20	\$12	\$7

Shorter periods 12 cents per running inch.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.

LOCAL ADVERTISING—First insertion per line, 10 cents; subsequent insertions 4 cents each line per line. Agents measure 14 lines to the inch.

Business Cards—One inch and under, per year \$5.00.

Autographs—\$5.00 a year.

Locals—10c. per line each insertion. Minimum charge 25 cents.

Advertisements without specific directions will be inserted till forbid and charged accordingly.

### HARRIS & CO.

PROPRIETORS.

### Guide-Advocate

HARRIS & CO. PROPRIETORS.

WATFORD, JULY 10, 1914.

#### NOTE AND COMMENT.

Near Sesiknikia station, near Hail-eybury, what are claimed to be the richest gold finds in Northern Ontario were uncovered a few days ago. Assays give thirteen hundred dollars in gold and one hundred and thirty of silver to the ton, with a spectacular surface showing. There are three veins with between eighteen and twenty inches of quartz.

An analysis of automobile registration in Ontario for the past year ending December 31, 1914, shows the number of automobiles owned by residents of the province to be 16,458, with a total seating capacity of 78,981, or accommodation for one out of every 33 people in the province; 3,161 are owned in rural parts and villages, 1,000 being the property of farmers.

Protest against the arduous nature of the homework imposed on public school pupils is multiplying. Parents testify that it is affecting the health of the children and disgusting them with school life. But even if homework did enable the pupils to make more rapid progress, that fact alone would not be enough to justify

it. Far better to go more slowly and safeguard the health of the children. It is an inexcusable, almost a criminal blunder to force speed upon a child's mind beyond its normal capacity.—Glencoe Transcript.

Sir Adam Beck has announced that the Ontario Hydro Electric Commission, which has accomplished so much as a vendor and distributor of Niagara power, has found means to generate an immense amount, 250,000 horsepower to begin with, for the people of the province independent of any private concern.

#### A Despot's Edict

Mr. Pelletier, the Postmaster-General, is aggravated. He announces in a letter sent out to publishers that because the Senate refused to pass his bill giving him the power to increase the rate of postage on newspapers up to one cent and a half a pound in bulk, and to recognize the zone system, he is now going to raise the rate himself to one cent for each copy of a newspaper where that paper is delivered by a carrier, and to one-quarter of a cent for each copy of a paper where the paper is called for at the post-office. There is probably no business in Canada in which there is keener competition than in the publication of periodicals. Competition has been so keen and periodicals, daily, weekly or monthly are to-day sold in Canada at so low a price, that there is no possibility of the publishers being able on any business principle to pay this increased postal rate. It simply means that the subscribers to papers will have to pay fifty cents a year more on all weekly publications, and three dollars a year more for their daily papers, where they live on rural delivery routes, or where they live in towns having a postal delivery. It also means that those who call for their own mail at the post-office in places where there is no delivery will have to pay the difference between the present bulk rate and twelve cents a year for their weekly paper, and eighty cents a year for their daily paper.

It will be noted that, even though the ever increasing size of newspapers is given as the reason for the increase of postage, this arrangement makes no difference as to the size of the paper, the extra charge will be placed on every single copy handled by the post-office no matter how small the paper. This announcement is openly made in resentment at the way in which the press sustained the Senate in vetoing an act which the party majority in the Commons had passed, giving the Postmaster-General automatic power over newspaper postal rates. Mr. Pelletier says the law already gives him power to do this, and he is going to do it, to meet the increasing demands of the railways. Its ruinous effect upon the cheaper papers, at least on those that look to their readers for support, will be obvious to the readers of our publications. As the charge is to be as big, on the smallest paper, as on the heaviest, its effect will be to crush all real journals in favor of those which are dominated by advertising, and to give political omnipotence to papers the least worthy of it. If the Government wants to be at the dictation of one or two papers this is the way to have it so. A more daringly despot's edict was never issued by any Canadian minister. All who value those papers which belong to the people and which the people pay for, will hasten to protest against this wild proposal of the Postmaster-General, and will immediately write to the Premier, the Right Hon. Sir Robert Borden, at Ottawa, to let him know the mind of the country upon it. We have never believed in subsidizing the press through the post-office, but a general edict of massacre is the politics of King Herod.—Witness.

#### Short Ship Races

MICHIGAN Short Ship races will be held over the half mile track in Port Huron July 7, 8, 9, and 10 at which time purses in the sum of \$9,000 will be distributed. As is pretty generally known the Short Ship circuit is foremost of the half mile track organizations and Port Huron boasts of one of the fastest two lap ovals out of doors. A big feature of the forthcoming meeting is the \$1,000 stakes which have attracted a class of horses which will be holding their own on the grand circuit later in the season. Four of these stakes are to be decided at the Port Huron meeting, which is underlined for four afternoons. In addition there will be two or three late closing \$500 events daily, so that the program for the meeting will be one of the greatest ever given on a half mile track. The outlook is for more and better horses than have ever raced on a 1/2 mile track in Michigan, and the Port Huron Driving Park & Agricultural association, under whose management the meeting is given, will conduct racing on the same conservative plan which has characterized the meetings held for years. The Short Ship circuit opened with an early start this year and the Port Huron meeting should find the horses in prime condition and not worked to a frazzle in training.

Wise and experienced mothers know when their children are troubled with worms and lose no time in applying Miller's Worm Powders, the most effective vermifuge that can be used. It is absolute in clearing the system of worms and restoring those healthy conditions without which there can be no comfort for the child, or hope of robust growth. It is the most trustworthy of worm exterminators.

Ready-made Medicine.—You need no physician for ordinary ills when you have at hand a bottle of Dr. Thomas' Electric Oil. For coughs, colds, sore throat, bronchial troubles, it is invaluable, for scalds, burns, bruises, sprains it is unsurpassed, while for cuts, sores, ulcers and the like it is an unquestionable healer. It needs no testimonial other than the use, and that will satisfy anyone as to its effectiveness.

For frightening his horse with his motor car and causing it to run away, tipping its owner over in the ditch, and breaking several of his ribs, Charles H. Fuller, of Union, was ordered to pay Charles F. Tapping, a farmer of Galesfield South, \$250 damages and settle the court costs.

#### \$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address: F. J. CHENEY & CO., Toledo, O.  
Sold by all Druggists, 75c.  
Take Hall's Family Pills for constipation.

#### This is Where we do Not Shine

Urging for a revival of interest in good literature and a wide cultivation of the habit of study a contemporary makes the assertion that the average working man in England is better read in politics, history, science and other lines than the average man in any class in Canada. This is a rather severe indictment, but without doubt correct. It must be admitted, whatever may be the reason, we are not a studious, reading people. We read all right, but not as reading is understood in its best sense. Possibly there is no people more given to newspaper scanning than Canadians and Americans. Also it is unlikely there is another people that surpasses us when it comes to the devouring of right literature. We scan the newspaper because we want to know what our neighbors are doing; we devour the short-story magazine or the cheap popular novel because we want to be amused or have our fagged mentalities stimulated. Of real reading and genuine studying, however, we do very little as a people.

Sooner or later we are going to be sorry for this condition of affairs. What it means is that after a while a very few people will be doing the thinking for the multitude, for it is only the well-read men and students who can really be depended upon in time of crisis or emergency. If truth were told the reading, studying habit of the average Englishman has much to do with the success of Great Britain in maintaining first place among the nations, commercially, industrially and in point of power. Intelligence is bound to come to the top, but there can be no genuine intelligence when the opinions one holds are of the "canned" variety, put up by someone else, and absorbed by us just as we would use, for the sake of saving effort, some pre-digested breakfast food.

It is a Liver Pill.—Many of the ailments that man has to contend with have their origin in a disordered liver, which is a delicate organ, peculiarly susceptible to the disturbances that come from irregular habits or lack of care in eating and drinking. This accounts for the great many liver regulators now pressed on the attention of sufferers. Of these there is none superior to Farnes' Vegetable Pills. Their operation though gentle is effective, and the most delicate can use them.

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Two-thirds of all rural barn claims settled by forty insurance companies in Ontario in twelve years were due to lightning.

If your buildings are rodged you cut off two chances out of three of fire. Lightning Rods are almost absolute protection.

Some day you will rod. Why not this year?

Would you like a copy of our new Catalog?

**THE UNIVERSAL LIGHTNING ROD CO.**  
Makers of the Rod with the Lock-joint. HESPELER, ONT.

### SASH AND DOOR FACTORY

### PLANING MILLS and LUMBER YARDS

ALL ORDERS FILLED PROMPTLY

### PEDLAR ROOFINGS --

Corrugated Iron  
Carro Crimp Roofing  
George Shingle  
METAL CEILINGS AND WALLS  
METAL CULVERTS

These are the products of the largest sheet metal works in Empire.

SEE OUR PRICES

### READY ROOFINGS--Our J.-M. ASBESTOS roofing is different from every other kind of prepared roofing. It is an all-mineral product, composed of pure asbestos and asphalt—both minerals. That is why it is in a class by itself.

ESTABLISHED 1870.

### GEORGE CHAMBERS

## THE HOWDEN EST.

### GROCERIES

Our grocery department is always well stocked with the best we can buy in staple and fancy eatables. Lowest prices. If you are not already a customer, try us.

### CHINA

We import direct from the European factories and have a large stock to choose from in dinner and tea sets, toilet sets, fancy china and cut glass

### TINSMITHING, PLUMBING

No job too large and nothing too small to be taken care of. Furnaces, hot water heating and eavetroughing at reasonable prices.

### HARDWARE

Aluminum ware  
Builders' Hardware  
Stoves and Furnaces  
Enamelled ware  
Cutlery and Edge Tools  
Sherwin-Williams' Paints  
Pumps and piping

## THE HOWDEN EST.

### TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

### INTERNATIONAL STOCK FOOD

FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

### CALDWELL'S MOLASSES MEAL

AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Chopping and Rolling Done While You Wait

PHONE 39

## Watford Flour Mills

We have the following brands of Flour always in stock and can give you close prices on any quantity.

SUNRISE, First Patent from Manitoba wheat		
FIVE ROSE	do	do
ROYAL HOUSEHOLD	do	do
HORTON	do	do
HARVEST QUEEN, 2nd Pat. from Man. wheat		
GOLD DUST	do	do
RED ROSE, High Grade Blended Flour		
NEW ERA, Special Pastry Flour		

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

### C. B. MATTHEWS & SON.

MILLERS AND FEED MERCHANTS

### Every Woman

is interested and should know

**MARVEL Whirling Spray**  
The new Vaginal Spray. Best for all cases of Vaginitis. It cleanses, soothes, and restores. Ask your druggist for it.

If he cannot supply the spray, write to the Windsor Supply Co., Windsor, Ont. General Agents for Canada.

## Concrete Farmer

THIS LETTER of Redford how well satisfied concrete roads. N in Wayne Coun

"Mr. Edw B Dear Sir:— Our c we used to of produce day, and c We do no so we can will last t Hopi these road of this mo

Redford,

are the best, che Best, because the prove conditions and require present in building are open to traffic cost of living a Good Roads free, to everyon



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Plymouth Binder T right. It works s properly, and the l feeds as freely as i knots or breaks. stronger than the machine actually r

### PLYMO Binder

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