

**FOR WOMEN ONLY**

**Do You Feel This Way?** → [Backache or Headache, Dragging Down Sensations, Nervous—Drains—Tenderness Low Down.]

It is because of some derangement or disease distinctly feminine. Write Dr. R. V. Pierce's Faculty at Invalids' Hotel, Buffalo, N. Y. Consultation is free and advice is strictly in confidence.

**Dr. Pierce's Favorite Prescription**

restores the health and spirits and removes those painful symptoms mentioned above. It has been sold by druggists for over 40 years, in fluid form, at \$1.00 per bottle, giving general satisfaction. It can now be had in tablet form, as modified by R. V. Pierce, M. D.

[Sold by Medicine Dealers or trial box by mail on receipt of 50c in stamps]

**Fare \$2.50**

DAILY BETWEEN CLEVELAND & BUFFALO

**THE GREAT SHIP SEEBEE**

The largest and most costly passenger steamer on inland waters of the world. In Service July 1st. Length 600 feet, width 35 feet, 9 inches; 10 staterooms and parlors accommodating 1500 passengers. Magnificent Steamers SEEBEE, City of Erie and City of Buffalo

Daily—Cleveland and Buffalo—(May 1st to Dec. 1st)

Leave Cleveland 8:30 P. M. Leave Buffalo 8:00 P. M.  
Arrive Buffalo 6:30 A. M. Arrive Cleveland 6:30 A. M.  
(Central Standard Time)

Connections made at Buffalo with trains for all Eastern and Canadian points; at Cleveland for Put-in-Bay, Toledo, Detroit and all points West and Southwest. Tickets reading via any railroad line between Cleveland and Buffalo accepted for transportation on C. & B. line steamers. Ask your ticket agent for tickets via C. & B. line. Send 6 cents postage for handsome booklet.

**THE CLEVELAND & BUFFALO TRANSIT CO.**  
T. F. Newman, Gen'l Mgr. H. R. Rogers, Traffic Mgr. W. F. Herman, Gen'l Pass. Agent  
Cleveland, Ohio

**Watford Flour Mills**

We have the following brands of Flour always in stock and can give you close prices on any quantity.

**SUNRISE**, First Patent from Manitoba wheat  
**FIVE ROSE** do do do  
**ROYAL HOUSEHOLD** do do do  
**HORTON** do do do  
**HARVEST QUEEN**, 2nd Pat. from Man. wheat  
**GOLD DUST** do do do  
**RED ROSE**, High Grade Blended Flour  
**NEW ERA**, Special Pastry Flour

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

**C. B. MATTHEWS & SON.**  
MILLERS AND FEED MERCHANTS

**TRENOUTH & CO.**

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

**INTERNATIONAL STOCK FOOD**  
FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

**CALDWELL'S MOLASSES MEAL**  
AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE  
Chopping and Rolling Done While You Wait

PHONE 39

**COAL AND LUMBER**

We were never better prepared and equipped to meet the wants of our customers than at the present time. We have one of the most complete stocks of

**LUMBER, SHINGLES, BUILDERS' SUPPLIES, ETC.,**  
to be found in the West.

All Sizes of Reliable Coal at Lowest Prices  
Planing Mill and Factory in Connection  
PRICES REASONABLE AND EVERYTHING UP-TO-DATE  
Your patronage appreciated and solicited.  
Electric Light. Chopping Mill.

Established 1870 **GEO. CHAMBERS.**

**FOR YOUNG FOLKS**

Girls Can Play Baseball When They Wish to Learn.

**AN EXPERT WITH PADDED MIT.**

Healthfulness of Exercise In the Open. Girls at Van Cortlandt Park, New York—The Boy With a Queer Name. Riddles and Games.

Girls, as a rule, do not care much to play baseball, although most of them like to watch a game in which their brothers and acquaintances are taking part. Perhaps girls do not care to play because they lack the knack of throwing the ball. When they do acquire this art, however, and can throw overhand with precision girls do about as well as boys.

In Van Cortlandt park, New York city, on Saturdays and holidays numbers of girls and young women can be



Photo by American Press Association.

**GIRL PLAYING BALL**

seen handling a ball with as great skill as their male companions. They can send a ball on a line with the real masculine throw, long supposed to be an impossibility for the gentler sex. The girl in the picture was snatched by the photographer as she was reaching for a throw. You can see that she handles her glove like a real ball player. There were several girls on the field fully as skillful, but she was the only one caught by the camera. Exercise in the open is necessary to robust health, and the young people of both sexes should take advantage of the summer season to strengthen their muscles and inflate their lungs.

**The Boy With a Queer Name.**  
Little "I will" was a very small boy with the sweetest face any one could wish to see, and under his white blouse, with its big sailor collar, beat the sweetest little heart that ever grew.

Of course "I will" had another name. His "really truly" name he would have told you was Louis, but those who knew him thought that "I will" suited him better.

"Dear," mother would say, "will you run upstairs and get my scissors? You will find them on the sewing machine."

"I will, I will!" would sing out the pleasant little voice, and in a twinkling the scissors would be put in mother's hand.

Or father would say: "Louis, gather up your toys. It is almost supper time."

"I will!" would come the smiling answer.

Dear little "I will!" He is a big boy now, big enough to study Latin and all sorts of other hard things, but the sunshine of his merry baby ways has never faded from his mother's heart.

What a pity there is not a little "I will" in every home!—Sunbeam.

**Game of Portrait.**  
In the game called portrait one person leaves the room, while the others choose the name of some one they all know. The person on entering the room has to guess the name selected by asking questions to be answered by "yes" or "no." For instance: "Is she married?" "No." "Have I seen her today?" "Yes." "Has she fair hair?" "No." Sometimes the company choose the one who went outside for the "portrait" and the guessing is more difficult.

**Riddles and Answers.**  
When is a soldier not half a soldier? When he is in quarters.

Why is a hive like a spectator at the circus? Because it is a bee holder.  
On what day of the year do women talk the least? On the shortest.  
What three letters turn girl into woman. A-g-e.  
What island is nearest heaven? The Isle of Skye.  
What pudding makes the best baseball player? A good batter.  
An Enigma.  
Three-fourths of a cross and a circle complete.  
Two half circles on a perpendicular meet. An angle, a triangle which stands on two feet.  
Two half circles and a circle complete.  
Answer.—Tobacco.

**Saving Surplus Potatoes.**  
An attempt is being made in Germany to save the 5,000,000 tons of potatoes lost annually in that country through lack of immediate market by desiccating, or drying the vegetable, so that it may be preserved in usable form.  
Pressure is used to withdraw the bulk of the water from the potato and artificial heat dries the resulting "meal." This meal has one-quarter of the original weight and occupies one-eighth the space. It tastes and smells somewhat like newly made bread. It may be used or kept in this condition for considerable periods. Pressed into cakes, it is used for animal food. In practice three and eight-tenths tons of potatoes yield about one ton of potato meal at a cost of about 66 cents a ton. Twelve cents a ton added for pressing makes the cost of the cake 68 cents, which is not high for fodder of such quality.

**CASTORIA**  
For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Wm. D. Galt*

The reports from Forest are that the fruit growers in that district will have a large crop of peaches and plums. The apple crop is also reported a fine one.

Holloway's Corn Cure takes the corn out by the roots. Try it and prove it.

**Fall Fair Dates**

The Western District Fair Association have fixed the following dates for the fairs of that circuit:

Strathroy	Sept. 15-17
Petrolia	Sept. 18-20
Forest	Sept. 24-25
Parkhill	Sept. 25-26
Wyoming	Sept. 26-27
Brigidon	Sept. 30
Alvinston	Oct. 2-3
WATFORD	OCT. 7-8

Miss Ivy Manning, of Forest, has been engaged on the teaching staff of the Alvinston public school.

**Children Cry FOR FLETCHER'S CASTORIA**

**Canadian National Exhibition**

**EXPANSION YEAR**

New Livestock Department  
Everything in Agriculture  
Exhibits by the Provinces  
Exhibits by Dominion Government  
Exhibits by Foreign Countries  
Acres of Manufactures

**MAGNIFICENT ART EXHIBIT**

Paintings from Germany, Britain, United States and Canada  
Educational Exhibits  
Cadet Review  
Japanese Fireworks  
Canada's Biggest Dog Show  
America's Greatest Cat Show

**AND NERO THE BURNING OF ROME**

The Musical Surprise  
The Musical Ride  
Auto-Polo Matches  
Circus and Hippodrome  
Roman Chariot Races  
Athletic Sports  
Great Water Carnival

**IRISH GUARDS BAND**

Score of other Famous Bands  
Twelve Band Concerts Daily  
Wreck of the Airship  
Withington's Zouaves  
New Giant Midway  
Grand Double Bill of Fireworks

**PATRICK CONWAY'S BAND**

Aug. 23 1913 Sept. 8  
**TORONTO**

**Sore Feet.**  
CHAFED PLACES. BLISTERS, &c.

Are your feet hot, sore and blistered? If so, try Zam-Buk. As soon as Zam-Buk is applied it cools and soothes injured smarting skin and tissue. Its rich, refined herbal essences penetrate the skin; its antiseptic properties prevent all danger of festering or inflammation from cuts or sores; and its healing essences build up new healthy tissue. For stings, sunburn, cuts, burns, bruises, etc.—just as effective. Mothers find it invaluable for baby's sores!

All Druggists and Stores—50c. box.

**Zam-Buk**

**COUNTY OF LAMBTON**  
Treasurer's Notice as to Lands Liable For Sale For Taxes A. D. 1913.

TAKE NOTICE that the list of lands in the County of Lambton liable for sale for arrears of taxes by the Treasurer of the County, has been prepared by me and that copies thereof may be had in the office of the Treasurer of the County of Lambton.

AND FURTHER TAKE NOTICE that the list of lands liable for sale as aforesaid is now being published in the Ontario Gazette in the issues thereof bearing dates the 5th, 12th, 19th and 26th days of July, A. D. 1913.

AND FURTHER TAKE NOTICE that in default of payment of the taxes in arrears upon the lands specified in said list together with the costs chargeable thereon as set forth in said list so being published in the Ontario Gazette before the day fixed for sale of such lands, being the 8th day of October A. D. 1913, the said lands will be sold for taxes pursuant to the terms of the advertisement in the Ontario Gazette.

AND FURTHER TAKE NOTICE that this publication is made pursuant to "The Assessment Act 4, Edward VII, Chap. 23, and amendments.

Dated at Sarnia this 5th day of July A. D. 1913.

HENRY INGRAM,  
jy11-13t Treasurer County of Lambton.

**WANTED**

**GOOD LOCAL AGENT**  
AT ONCE TO REPRESENT THE  
**OLD AND RELIABLE FONTHILL NURSERIES**

SPLENDID LIST OF FRUIT AND ORNAMENTAL STOCK FOR FALL DELIVERY, 1913, AND SPRING DELIVERY, 1914.

START AT ONCE AND SECURE EXCLUSIVE TERRITORY. WE SUPPLY HANDSOME FREE OUTFIT AND PAY HIGHEST COMMISSIONS.

WRITE FOR FREE PARTICULARS.

**STONE & WELLINGTON**  
Toronto - Ontario

**MEDICAL.**

**JAMES NEWELL, PH. B., M.D.**  
L. R. C. P., M. B. M. A., England  
Watford, Ont.

OFFICE—Main St., next door to Merchants Bank. Residence—Front street, one block east from Main street.

**R. G. KELLY, M. D.**  
Watford Ont.

OFFICE—MAIN STREET, formerly occupied Dr. McLeay. Residence Front St. East.

**THOS. A. BRANDON, M. D.,**  
WATFORD, ONT.

FORMERLY OF SARNIA GENERAL HOSPITAL and Western Hospital of Toronto.  
OFFICE—Main Street, in office formerly occupied by Dr. Gibson.