A PAGE OF GENERAL INTEREST TO WOMEN READERS

Fresh from the Gardens

of the finest Tea-producing country in the world.

"SALADA" TEA B74

Sealed Packets Only.

Try it—it's delicious. BLACK GREEN or MIXED.

EXCHANGING WAR PRISONERS

Part Played By Swiss Red Cross—It's a Joyful Time, Even for the Totally Incapacitated.

Addressing a large gathering in the Masonic Hall Thursday afternoon, Mrs. Plumptre of Toronto, honorary secretary of the Canadian Red Cross Society, laid especial stress on the "international view," the fact that the Red Cross Society is an international organization, and a link still remaining between contending countries when all other relationships, commercial, diplomatic, etc., have been annihilated. She also referred to the work being done for prisoners of war in the different countries, Germans in France as well as Canadians, British and French in Germany, through offices of the Swiss Red Cross Society.

Madam Bohny, the wife of Col. Bohny, physician-in-chief to the Swiss Red Cross, has written the following account of the manner in which totally incapacitated prisoners of war are exchanged between France and Germany, by way of Switzerland. In one period of two weeks the number of those thus repatriated amounted to over nine thousand:

"The selection of prisoners to be exchanged was made at Constance on the German frontier and at Lyons by two doctors belonging to the Swiss Army Medical Corps. The Swiss Red Cross organized two hospital trains, one at each point to carry the wounded released by the medical examination.

"The personnel of each train was composed of a doctor major, in complete command of the train; a doctor captain for medical services exclusively, and a secretary whose task was to draw up an accurate list of the wounded. The feminine personnel was composed of a nurse in each carriage or fifteen to every train under the supervision of a Red Cross matron, who had complete charge of the equipment of the train and the distribution of the presents received at the railway stations.

"Meals were arranged for in the following manner: The French received coffee and white bread at Zurich, and warm milk at Geneva. The Germans received supper at Geneva and breakfast at Zurich.

"'I was of the belief at the outset,' says Madame Bohny, 'that man can grow accustomed to the sight of human miseries and become little by little indifferent to them. But no! The frightful aspect of all these young men in the prime of life mutilated, maimed and disfigured for the rest of their existence creates always a most poignant impression. One would imagine that the sight of such wretchedness would infallibly extinguish every thought of gaiety in the beholder. Nevertheless, the spectacle of the courage and joy wherewith they resign themselves to their lot enable you to share with them hours which are truly happy.'

"To die for one's country is nothing in comparison with a life full of pains and infirmities such as these men have in prospect. Nevertheless, they face this lamentable future with admirable courage.

"Here is an example: One of our invalids, the most deserving of pity, was a young man who had both his legs and one arm amputated, and at the same time was totally blind.

"I scarcely dared to address him a few words of consolation, but I was soon made aware that he asked for none. He talked gaily with me on all subjects and exclaimed with imperturbable heroism, 'Although I have lost everything, my heart still beats safe and sound in my breast.'

"The most of our unfortunates think and speak in the same manner, whether they are French or German.

"Our train was overflowing. No less than 320 severely wounded were distributed in fifteen cars. Amongst them were madmen, tuberculous sufferers and many sick whose lives were in hourly danger. The good nurses had certainly work in abundance. As soon as we had crossed the German frontier into Switzerland we were overwhelmed with ovations. A veritable cyclone of gifts fell on our train from station to station. Soon our carriages were transformed into moving gardens fragrant with flowers. All along the way enthusiastic crowds acclaimed us, even in stations where the train did not stop.

"Only those provided with a card of admission from the state department had the right to enter the train. This privilege was enjoyed principally of members of the various diplomatic bodies and by the Swiss Red Cross. These visitors made themselves useful by distributing gifts and speaking words of consolation to the wounded.

"After leaving Geneva the wounded received at Bellegards, the first welcome from their compatriots. To the strains of the "Marseillaise" the train drew slowly into the railway station, which was sumptuously decorated as on great festival days. The guard presented arms. Handkerchiefs and hats were waved. All voices were mingled in a thunder of patriotic welcome.

"It is impossible to describe the reception which we received at Lyon. An innumerable assemblage, officers in resplendent uniforms, high functionaries of category, numerous ladies of the French Red Cross in elegant white costumes, the richly decorated station, all formed a setting of extraordinary brilliance and magnificence.

"As soon as the train was emptied of French prisoners of war, it was filled with Germans and proceeded on its way to Switzerland. Every night from station to station were renewed the joyous demonstrations above mentioned, as well as a rain of gifts of every variety. bring all these journeys to and fro, animated by an enthusiastic feeling of charity, the inhabitants of the districts through which the train passed, flocked to the railway station at no matter what hour of night.

"Thus journeyed for three weeks from Constance to Lyons and from Lyons to Constance a whole series of trains, exhibiting always the same spectacle and giving rise to sympathy, the same demonstrations and the same heartfelt welcome, but also affording always the same spectacle of the same misery, of maimed unfortunates, galvanized into a momentary life by the joy of seeing their native land once more.

"Once, during this period of lugubrious exchanges, two trains stopped for a moment on opposite tracks in the middle of the night. Heads leaned out of windows. Flowers were thrown from one train to the other. The one train sang the 'Marseillaise,' the other 'Deutschland Uber Alles.' Then the wheels moved and the trains disappeared in the darkness."

Local Items

Classes in London South.

This (Tuesday) evening, a meeting for the purpose of organizing first aid and home nursing classes will be held in St. James' Anglican Church schoolroom, when all young women of the district are invited to attend and to join.

Twilight Organ Recital.

Much pleasurable anticipation is evinced by music lovers in regard to the twilight organ recital, under the auspices of the Marian Keith Club, to be given by Mr. Charles E. Wheeler, F.C.G.O., in St. Andrew's Church tomorrow afternoon. Mr. E. Theodore Martin of New York, the assisting artist, has a rich and pleasing tenor voice, coupled with the gifts of power and expression. He is a singer of high attainments, and Londoners should not miss what promises to be a rare treat. Proceeds in aid of the Soldiers' Comfort Fund.

Attractive Program.

The fifth recital of the Woman's Music Club will be held in the Normal School on Thursday afternoon at 4 o'clock. The change of date was made in order that club members might attend Mr. Wheeler's organ recital on Wednesday. The program for Thursday is in charge of Mrs. Howard Fetherston and Miss Helen Ivey, and promises to be a most enjoyable one.

The following names appear on the program. Miss Luta Laymon, contralto; Miss Lenore Ivey (Toronto), soprano; Miss Geraldine Regan, violinist; Mrs. Ed Wyatt, soprano. Current events, Miss Helen Ivey; music club chorus, in charge of Miss M. Raymond, and a trio, composed of Mrs. Gordon Tennent, violinist; Mrs. Howard Fetherston, piano, and Mr. Howard Fetherston, 'celio.

Y. W. C. A. CLASS.

The Young Women's Christian Association class in first aid and home nursing will have its first lecture this (Tuesday) evening in the rooms at 472 Park avenue.

At the Top

The

PURITY FLOUR

standard of quality is so high that you get

More Bread and Better Bread —Better Pastry Too.

Buy it and see for yourself.

733

Pianos to Rent

If you need a Piano for a short time come in and see our list of Pianos for rent. All in perfect condition and terms very reasonable.

YE OLDE FIRME

Heintzman & Co., Ltd. 242 Dundas Street, London, Ont.

J11 14 18 21,25,28

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

She Would Exchange.

Dear Miss Grey,—With most sincere pleasure I take delight when I get all my work done to sit down and read over your page.

On Monday's page I noticed an item about the umbrella plant. This plant I would like very much to have. I have only a few plants myself, of which are begonias and the leopard plant. I would gladly exchange slips of the plants mentioned.

Dear Miss Grey, this is the first time I have had any correspondence with you, so I hope I will come out in the lucky boat. I am your friend,

MRS. TAY PAY.

Ans.—The interest in plants and flowers appears to be general among our readers. What do you think of "Lover of Flower, No. 4's" idea of starting a "Flower-Lovers' Exchange?" I do not know of anyone having an umbrella plant, but if any reader has maybe she will let us know. Hope you will like us well enough to come again.

Answer for V. V.

Ans.—Your note is to hand, and I shall look forward to receiving some of the domestic science recipes some day, when the "grip" is better. Was sorry not to be of any greater service to you, but the wool appears to be practically nil now. Hope you remember your promise to come again.

Dirty or Clean?

Dear Miss Grey,—I am going to ask you for some points on a debate which we are having on Monday, 17th. The subject is "Resolved, that a dirty good-natured woman is better than a clean crank." Hoping that you will be able to give me the required information, I thank you in advance. Call me

JIMMY.

Ans.—I am perfectly willing to call you Jimmy since you request it, but please don't tell anyone! As you didn't say which side of the debate you are on, I guess I'd best give a few suggestions for each. On the affirmative these might be good: A man is happier with a good-natured woman who will let him smoke or sit around the house in his walking boots than with a crank who "nags" and insists on slippers in the house and no pipe; a man gets to shun his home when things are so painfully clean; a wife and mother who can go through life with a laugh, not worried to fretfulness by the cares of the home, is an example of the old proverb, "A merry heart doeth good like medicine"; a jolly, happy mother is likely to have children of the same type—carefree and amiable.

For the negative these points might be convincing: If a man's heart is reached by his stomach, the happiest prospect is for he who weds the "clean crank," for invariably she proves a better cook than the "dirty sloven"; the crank is also sure to be a saving woman, careful to make the best of material at hand; the man's bank account grows by reason of her thrift, where the happy-go-lucky sloven is wasteful; children of the careful housewife are industrious and ambitious, because of their home training; in the matter of mending, patching and sewing on of buttons, the crank has her good-natured sister beaten by far; a man would much prefer a good dinner, served in a clean house, by a woman who was always neat about her person, than a poor meal, spread in a dirty kitchen, by a woman whose hair was obviously not combed, even though she smile ever so sweet; with the careless housewife, sanitary conditions around the home are not apt to be in good order; this may lead to sickness in the family and cause doctor's bills.

Pattern Was Not Right.

Dear Miss Grey,—I see where a little girl signing herself "Seldom Swift," is asking the cause of her stovepipe dripping. It is lack of draft; if she has a damper in the pipe, leave it open till the pipe gets warm. Or if part of the pipe goes through a cold room, or if there is a flat strip of pipe; sometimes the chimney is not high enough, but the most likely cause is not draft enough, from some cause.

Miss Grey, I tried your baby boot pattern and I cannot get it right; when it raises for the front one side is square and the other is round. I guess I did not understand it. Could you print a knitted bootee and bonnet for boby and the little mittens without the thumb.

Wishing "Seldom Swift" success, I must say I enjoy your page. I remain,

AN OLD READER.

Ans.—Sorry that you did not find the bootee instructions satisfactory. They were among some other knitting and crocheting directions sent in to me by a kind reader. Shall try soon to hunt up designs such as you wish, and have them printed.

"Help One Another."

Dear Miss Grey,—I wish to make a request through your column to "Mother's Help," who gave us a recipe her mother used for "Snow pancakes," as to what amount of flour. Should it always be equal quantities of snow and flour? and what amount of baking powder for quart flour, and must snow be just fresh fallen? Also, does she know of any other recipes for using it? It certainly would be very valuable this year when eggs and milk are expensive. I for one thank "Mother's Help" very much for the recipe. Yours is certainly "The help one another club."

ALABAMA.

Ans.—Hope that "Mother's Help" will send "Alabama" the desired information. Pleased if the latter really finds the page helpful.

Amateur Plays.

Dear Miss Grey,—Having received help from your column before, I again call. Could you tell me where I might obtain catalogues for amateur plays?

Thanking you in advance, I am, sincerely yours, BUSY BEE.

Ans.—Write the Dramatic Publishing Company, Dearborn street, Chicago, Ill., or, the Ladies' Home Journal, Philadelphia, Pa., carries a line of plays suitable for amateurs.

Trying the Recipe.

Dear Miss Grey,—I have come to call on you again; do you think I call too often? I hope you don't. I read in one of the papers last week where one of the readers wanted the song, "Does Jesus Care?" so I copied it out and am sending it along, hoping to be there first. I was reading where Calamity Ann was giving Finis another raking over. Poor Finis, I am afraid she will think she is up against it this time. She seems to be getting a smack from all sides.

Well, I have seen different readers send in a way to dry pumpkin, so I am trying it today, so will know how it turns out. Will send a recipe for date cakes: Half cup brown sugar, 1 cup butter or lard, 2 cups rolled oats, ½ cup buttermilk or sour milk, ½ teaspoonful soda, 2 cups flour, Roll thin. Filling: One pound dates, 1 cup boiling water, 1 cup brown sugar; cook until thick. Cool before using.

This is the way I make my rabbit pie: After the rabbit has been washed well and put in salty water over night, rinse well and cook until the meat will fall off the bones; pick the meat into small pieces, then add a big bowl of boiled potatoes chopped up, and 2 or 3 onions, salt, pepper, and a good-sized piece of butter. Then cover over with a crust like biscuit dough, and bake till nicely brown; it is very good, and so are the date cakes. Tell Mrs. Homeard to try them, as I think she would like them, too.

I have lots more I would like to say, but I guess my letter will be getting too long. I would like to tell you all what I think about the man who signed himself "A Reader," but I would have to get more paper before I would think of starting; but there must be something about the Mail-Box interesting or what makes him read it? Will stop now, so you will let me come again.

BLONDY.

Ans.—Always glad to hear from you, and to receive the practical help that your letters contain.

Cotton on Walls.

Dear Miss Grey,—I enjoy reading your page very much, but never had courage to write until I saw L. of P. P. letter. Now I dried 15 pumpkins this year, and this is how I do it; I peel and take out seeds and cut in slices just as thin as possible, and two inches long; put them on an apple rack and dry the same as apples. I put four large ones on at once, it is so little trouble. Now for a little help.

1. I am going to paper a room in the spring and it is rough boards. Could someone tell me how to keep paper on and from cracking?

2. What to do for children when they get the whooping cough, and is there any way to keep them from getting it

I hope you will be able to read this. I will sign myself,

MOTHER OF FOUR SMALL CHILDREN.

Ans.—1. I think if you cover the walls first with thin cotton or cheesecloth, and then with strips of wrapping paper, there should be no danger of the wallpaper cracking when it is put on.

2. Here is a whooping cough cure sent in by a reader. I do not think there is any way of preventing children catching the cough. Grate or put through meat-grinder enough horseradish to make a pint, add two cups of yellow sugar, let stand over night, cover and press down. Give one or two teaspoons of the juice every half hour.

Who Has Suggestions?

Dear Miss Grey,—This is my first letter to the Mail-Box, although I have been a constant reader of the page since it started.

Was sorry when I read "Finis'" letter, when I saw such a lengthy one looked at the signature hoping to see "Mrs. Homebird's" name (I am another admirer of "Mrs. H."), and imagine my disappointment at finding such a lot of knocking instead of "Mrs. H.'s" cheery words.

Now for a few queries:

1. Do any of the readers know of a place in the city where pieces of carpet can be made into reversible rugs?

2. I have two good washstands which are of no use to me; do any of the readers know of anything that can be made out of them?

If a "Plympton Reader" would cut a red onion in half and rub the chilblains with the juicy side, am sure they will soon be cured.

If a little cornstarch is added to whites of eggs it will help to stiffen them.

MARGOT.

Ans.—I hope some of our readers will come forward with helpful suggestions re the washstands, or perhaps they may know of a magazine or other publication that contains ideas for remaking furniture.

Your hints are gladly passed on, Margot.

Letter Forwarded.

"Rose of Sharon's" letter to "Mrs. Homebird" has been forwarded, as requested.

Tomato Bouillon.

Dear Miss Grey,—I read in The Morning Advertiser of January 1 where "Newcomer" wished to exchange some crocheted corset cover patterns for others.

Am inclosing a few in this letter, for you to send on to her, and I would be delighted with any she would send me. I am inclosing a stamped, addressed envelope for same. Also a few gum flags for you to give out as you wish.

Now, could you or your readers give me a recipe for tomato bouillon?

SARNIA COOK.

Ans.—Thanks for the yoke designs, and also the flags, "Newcomer," please don't scold, but I fear that I have mislaid your address. Wonder if you'll send it again.

Cannot now locate a tomato bouillon recipe. Has anyone got a reliable formula?

Answers Are Delayed.

Owing to Miss Grey's absence from the office last week, correspondence has accumulated and answers delayed. All letters will be published and answers given, as usual, just as speedily as possible.

Changed to Iceberg.

Dear Miss Grey,—I wonder what is going to happen next? I've had children and even animals named after me, but "Snowflurry No. 2" beats all. Now I have got something a little more substantial, as you see. So we aren't to say anything more about goggle-eyed Finis, and as for that swearing old man who dared to show his grizzly head in the Mail-Box, pen and paper are much too valuable to waste on him, and the very idea of your offering him of your precious time for an interview, but, perhaps, you will give him a talking to he'll not forget for a time. Oh, dear, he will be so disgusted with my letter that he won't notice my unjunky questions.

1. When wishing to refuse to skate with anyone what is the most courteous reply to make?

2. I sent a stamped and addressed envelope for readings, but I guess none came in, so just put one of Mrs. Homebird's cookies in it, and I won't grumble or swear at you either.

3. Could any of the readers send in a good preparation for the hands, also cold cream recipe?

Just cut out any part which would make war, and give my love to "B. D." and "S. F. No. 2."

ICEBERG.

Ans.—1. You could make the plea of "being too tired just now," or of wanting to rest for that particular band, or yet again, that you were just on the point of leaving the ice to get warm.

2. Would indeed that I had one of the aforesaid cookies! Afraid that you'd a little of it, though.

3. This is excellent for the hands: Take about ¼ oz. (a good pinch, say), of gum tragacanth, pour over it 1 pint boiling water; let stand in a warm place 24 hours, or until dissolved; add 2 oz. rosewater, 2 oz. glycerine, and 15 to 20 drops benzoin; strain through a wire sieve. If too thick to pour from a bottle, add more water. A few drops of this daily will keep the hands and arms soft and smooth. It absorbs readily after using.

Cold Cream: Sweet almond oil, 2 ounces; rosewater, 2 ounces; spermaceti, ½ ounce; white wax, ½ ounce. Break the spermaceti and white wax into tiny bits. Put them into a china bowl. As they soften pour in the almond oil slowly. When the mixture has softened well, lift the bowl from the hot water, and stir in the rosewater, slowly beating it. Do not let the mixture become hot.

For "Just Nineteen."

Ans.—Was very much touched by your letter, and indeed it made me feel very unworthy. How glad I am for you that you are going to follow such a beautiful and useful calling, and may the "friend" in England return to you before long.

For your "surprise" affair, your idea of having it "simple, old-fashioned and enjoyable" coincides exactly with my point of view. If you see the "relatives," by all means ask them verbally. Sometimes special silver wedding anniversary invitations are issued and sent to friends and relatives far and near.

The hour you name, 7:30, would be admirable. Yes, quite all right to have the refreshments passed instead of seating guests around the table.

Don't you think this would be all right for the refreshment: Celery and cabbage salad, sliced jellied meat or fowl, home-made relish, fruit jelly with or without whipped cream, cake, coffee. This could be prepared beforehand and in readiness to serve quickly.

Am not sure whether you live in the city or not; think anyhow that nothing could be nicer than to have a bowl of cut flowers in each room, and should advise no other decoration. Carnations would be lovely, and last well. If these are impossible, however, evergreen and small flags always make an attractive decoration.

Can't Frighten Us.

Dear Miss Grey,—Am coming the second time to your interesting page, not with help nor questions, but like "Admirer of Mrs. Homebird," wanting a description of Mrs. Homebird. This time also wondering what you all think of "A Reader." I think he is a married man with no children, and drives a balky horse, and had just come home from a drive and was not feeling "pretty good." Think "A Reader" is trying to scare away (to my notion) the most interesting page in The Advertiser. Am sending a stamped envelope for a reading if you happen to have one, not too long, and thanking you in advance, and wishing Miss Grey and all our corner a very happy new year. COTTAM READER, NO. 2.

Ans.—Shall be glad to send you a clipping which I chance to have. Your letter is among those delayed in answering, but I hope the reply does not come too late. And don't fear, it will take more than "A Reader" to scare me away. The "Mail-Box" is nailed to The Advertiser gatepost, pretty securely.

She Must Wait.

Dear Miss Grey,—This is my first letter to your column, and hope I am not asking too much of you. I will try and be some help to you next time. Could you send me the songs: "You Can't Play in My Yard," "I Stood on the Bridge at Midnight," "The Corn Boy," and has anyone got a gum flag to spare? A few questions:

2. If a young man has been coming to see you for over three years and has never made known his intentions what would you advise a young lady to do?

3. I am 18. My height is 5 feet 2 inches. Weight 125 pounds. Do you think I am too stout

COUNTRY GIRL.

Ans.—1. I can send you words of the first and last pieces that you ask for, and possibly someone else can supply the remaining poem. A reader has forwarded a nice packet of gum flags, and I am mailing you one or two.

2. It is not her place to do anything. She need not, however, refuse attentions of other young men, for as long as no engagement exists she is free to accept their company. If you chance to be the "young lady" in question, as you are only eighteen now it is really something in the young man's favor, that he has not spoken of love to you; no doubt in a year or so he will have something to say.

3. One can scarcely say without seeing you; it makes so much difference how the avoirdupois is distributed.

ADVERTISER PATTERNS

1491—A Simple Shirtwaist in Attractive Tailored Style. Ladies' Shirtwaist.

This comfortable and up-to-date model is good for linen, lawn, madras, Georgette crepe, serge, flannel, taffeta, poplin or repp. The right front is shaped over the left at the closing. The collar is becoming and jaunty. The sleeve is in regulation shirtwaist style, and the fronts have neat patch pocket. The pattern is cut in six sizes: 34, 36, 38, 40, 42 and 44 inches bust measure. It requires three yards of 36-inch material for a 36-inch size.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

ADVERTISER PATTERN DEPT.

Please send above-mentioned pattern, as per directions given below, to

Name .....

Town .....

Province .....

Age (if child's or misses' pattern).....

Measurement: Bust..... Waist.....

CAUTION: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure you need only mark 32, 34 or whatever it may be. When in waist measure, 22, 24, 26 or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from date of application.

A School's Success

The success of an institution depends entirely on the results produced. The L. C. M. knows that its work is good, and those who are not already acquainted with its methods are cordially invited to attend the series of recitals given by its advanced students. These begin in February, and an invitation will be sent on 'phoning the registrar.

London Conservatory of Music

354-6 Dundas St. Phone 1101

Lottie L. Armstrong, Registrar. F. L. Willgoose, Mus Bac. (Dunelm), Principal.

One Earring More Distinguished Than Two

Decorating the ears with rare jewels has long been one of woman's pet vanities, but Miss Betty Lee, a young and beautiful southern girl, now in New York, has found a new way of wearing them—or it—for Miss Lee has started the fashion of wearing a single earring.

LONDON I.O.D.E. WILL GIVE DONATION

Votes $100 Towards Special Soldiers' Hostel.

LOCAL CLUB BOOMING

Business of Interest Discussed By Members Yesterday.

At a special meeting of the Municipal Chapter, Imperial Order Daughters of the Empire, held yesterday afternoon in Cronyn Hall, it was decided to give $100 from the various London chapters towards the I. O. D. E. wing of the King George and Queen Mary Hostel for Canadian soldiers on leave in London, England.

The matter was introduced by the reading of a letter from the National Chapter secretary, in which assistance was asked, the national body having undertaken to raise $4,000 among I. O. D. E. members in Canada for the purpose of equipping the proposed wing. Lady Drummond, of whom every Canadian woman may justly feel proud, is in charge of the effort to provide accommodation for these Canadian soldiers, some 1,200 of whom come up to London on short leave every week.

Encouraging Progress.

Much interest and enthusiasm was manifested in the report of the I. O. D. E. Soldier's Club in this city. Mrs. Macbeth gave the report, a most encouraging one from every standpoint. The club has now been open about one month, and is daily increasing in popularity amongst the soldiers stationed in London. The cafeteria, particularly, Mrs. Macbeth said, is meeting with more than the success anticipated for it. The men are eager for the home-made dainties supplied by members of the I. O. D. E., oyster stew, fried eggs, substantial, tasty sandwiches, tea and coffee, being among the favorites in demand.

It was reported that the exhibition of "British pictures for British schools" would be held in this city on the third week in February. These pictures, it was explained, were historical representations in original colors, and had only been obtainable through the educational committee of the National Chapter, I. O. D. E., which is endeavoring to stimulate an interest in British history, in this manner. It is expected that the local schools will co-operate in holding the exhibition, the proceeds to go towards purchasing pictures for the institutions.

A very interesting letter was read from Mrs. MacLaren-Brown, secretary of the C. W. C. A. in London, England, acknowledging the receipt of ten bales from the London I. O. D. E. Mrs. Brown told of the appreciation of the Canadian soldiers for the chocolates and other Christmas supplies sent to them. Some of the gifts did not come in time for Christmas, and it is planned to hold a twelfth-night festivity, when all remaining gifts will be distributed.

Little Friends' Gift.

A letter and donation of $5 from "Little Friends of the Soldiers" in Clandeboye, were acknowledged. These little people have raised the money by giving small entertainments in their district. It was decided to send them a donation of material for making up into soldiers' comforts, and a vote of appreciation was passed to the little workers.

Mrs. Callard acknowledged the receipt of several donations for the work of the order. Other business of the meeting was the appointing of a sub-committee composed of the officers of the Municipal Chapter. Mrs. Niven presided over the session.

WOMEN'S INSTITUTE.

LOBO INSTITUTE.

The Lobo ladies will hold their next regular meeting at the home of Mrs. James Edwards on Wednesday afternoon, January 19, at 2:30 sharp. Roll call, "Sentiments on Current Events." All ladies welcome.

Several members of a woman's club were chatting with a little daughter of their hostess.

"I suppose you are a great help to your mamma?" said one.

"Oh, yes," replied the little miss," and so is Ethel; but today it is my turn to count the spoons after the company is gone."

CLEAN SWEET SCALP

May Be Kept So by Cuticura Soap and Ointment. Trial Free.

To have good hair clear the scalp of dandruff and itching with Cuticura Soap and Ointment. Nothing better.

Sample Each Free by Mail

With 32-p. Skin Book. Address postcard, Cuticura, Dept. L, Boston, U.S.A. Sold throughout the world.

FRY'S COCOA

CEETEE UNDERCLOTHING

Guaranteed Not To Shrink.

You Are Invited To Come

in and learn about our easy way to a home of your own.

We offer many inducements which should be of interest to every housekeeper and new starter.

Should you be unable to come in the daytime, phone 3248 and we will meet you in the evening.

H. Wolf & Sons

265 DUNDAS STREET.

Some Coal May Be Lower in Price, but

SCREENED SCRANTON COAL

is CHEAPEST when the amount of heat produced is considered, and is sold only by

Webster - Harvey

LIMITED.

51c yty

AN EXPERT CLEANER

is in charge of our New Dry Cleaning Department. This assures you of perfect work in every detail. Give us a trial on your Overcoat, Suit, Skirts, Furs or Gloves. Our wagon will call.

Parisian Laundry:

PHONES 558, 559.

ty

NO CHAFF NO 1 IS "Sweetheart" Coffee

I X L SPICE & COFFEE MILLS

y

Whenever the children suffer from earache, think of

COMPASS OIL

Three drops, heated in spoon, and dropped into ear, cures. y

An Old Family Cough Remedy, Home-Made

Easily Prepared — Costs Very Little, but is Prompt, Sure and Effective.

By making this old-time cough syrup at home you not only save about $2, as compared with the ready-made kind, but you will also have a much more prompt and positive remedy in every way. It overcomes the usual coughs, throat and chest colds in 24 hours—relieves even whooping cough quickly—and is excellent, too, for bronchitis, bronchial asthma, hoarseness and spasmodic croup.

Get from any drug store 2½ ounces of Pinex (50 cents worth), pour it into a 16-ounce bottle and fill the bottle with plain granulated sugar syrup. Full directions with Pinex. Keeps perfectly and tastes good.

You can feel this take hold of a cough or cold in a way that means business. It quickly loosens the dry, hoarse or painful cough, and also heals the inflamed membranes. It also has a remarkable effect in overcoming the persistent loose cough by stopping the formation of phlegm in the throat and bronchial tubes.

The effect of pine on the membranes is known by almost everyone. Pinex is a most valuable concentrated compound of genuine Norway pine extract, combined with guaiacol and other natural healing pine elements.

There are many worthless imitations of this famous mixture. To avoid disappointment, ask your druggist for "2½ ounces of Pinex," and do not accept anything else.

A guarantee of absolute satisfaction or money promptly refunded, goes with this preparation. The Pinex Company, Toronto, Ont.

HUNT'S DIAMOND FLOUR ALWAYS THE SAME

VEGETABLES

Cauliflowers, white, each 35c
Celery, home-grown, single, 5c, 10c
Spinach, handpicked, peck 30c
Rhubarb, bunch, 15c, 2 for 25c

MAIN & COLLYER

Telephone 2831. P. O. Box 275. tyw