

CASCARETS 10¢

For Constipated Bowels, Sick Headache,
Sour Stomach, Bilious Liver

The nicest cathartic-laxative in the world to physic your liver and bowels when you have Dizzy Headache, Colds, Biliousness, Indigestion, or Upset. Acid Stomach is candy-like "Cascarets." One or two to-night will empty your bowels completely by morning, and you will feel splendid. "They work while you sleep." Cascarets never stir you up or gripe like Salts, Pills, Calomel, or Oil and they cost only ten cents a box. Children love Cascarets too.

LADY LAURAS' RELEASE

THE STORY OF A SPOILED BEAUTY.

CHAPTER XXXII.

He had never loved her; but her beauty, her grace—above all, her passionate worship of himself—had impelled him to treat her with something like affection and kindness. Now, however, he was tired of her—tired of her fair sweet beauty which might have held another man's heart captive forever—tired of the love that had no charm for him—tired because she was the living barrier between himself and the woman he loved better than any other—Gladys Rane. Still, if the world was so stupid as to require some conformity to outward appearances, perhaps he had better go to Rood. He did not like the idea of it; but there were many unpleasant duties to perform in life, and this was one of them. He argued with himself that there must be two sides to everything; and, if he enjoyed the advantages of a large fortune, he must at times put up with the disadvantages of having to share the society of the one who had endowed him with it.

So one fine morning at the end of October the gates of Rood opened to admit the man who was now practically the master.

"I did not write or telegraph to you that I was coming," he said to his pale startled wife; "I thought my arrival would be a pleasant surprise for you."

"It is indeed a surprise," she responded coldly; but she did not add that it was a pleasant one.

To Angela the captain's return meant every kind of annoyance. He had been passively indifferent to her before, now he was actively antagonistic. He lost no opportunity of annoying and irritating her, and his favorite method of attack was to speak lightly or sneeringly of the fear of wounding the heart of the girl whose grief in his eye was the great love she told her mother.

"You call this place an abbey, Laura," said the captain laughingly one morning. "It is really a hermitage. Pray let us have some visitors down."

"You can invite whom you will," returned Lady Laura.

"I wish to Heaven I could!" he cried impetuously; and she knew well of whom he was thinking. "Give me carte blanche, Laura," he went on; "and you shall have the gayest party ever gathered within these walls."

Her mind went back for a minute to the noble men and the fair women

did not spend much time with her visitors, for she felt that in some degree she was a restraint upon them. "I am not like the rest of them," she reflected. "They are happy, gay, and bright; but for me there is nothing but cruel, tormenting misery."

She was calm and indulgent, but she did not share in the general merriment, and none of the guests ever saw her eyes brighten with happiness.

At breakfast-time she would take her place at the table, having a kindly word for every one. She was a perfect hostess, graceful, considerate, and thoughtful. Though she seldom joined in the morning rides or drives, she was always present at luncheon and dinner; but in the intermediate hours she saw little of her guests.

"I can hardly believe this is the old home, Angela," Lady Laura would say to her daughter at times; "all the rest and peace are gone from it. They were a happy and noisy party; music, laughter, and singing hardly ceased resounding within the old walls. The guests seemed scarcely over to be at rest. Every hour of the day brought some new amusement, some new occupation, and the captain thoroughly enjoyed bustle and movement. Lady Laura, however, felt that she should be thankful when it was over and quiet once more secured."

During those days the captain was not unkind to her. But he paid far more attention to his guests than he did to her, and she could not help seeing that he was relieved by her absence, and that he felt her presence to be a restraint. She smiled bitterly when she thought how completely he had forgotten that Rood Abbey was her own, and his only by courtesy.

He never seemed to think of that, but assumed absolute authority, and did not, as he had the grace to do at first, even consult her. If he had been the owner of Rood and she a portionless wife, he could not have more persistently ignored her claims. She made no complaint, for she knew that she had prepared her trouble for herself; but at times she cried out to her daughter that she repented bitterly what she had done.

So the rest of October passed. The captain contrived always to have the Abbey full of visitors; but he did not again propose to invite Lady Kinloch and Gladys Rane.

The state of affairs at Rood Abbey did not quite escape the notice of the guests assembled there. It was a matter of comment that the handsome captain, so chivalrous, so devoted to other women, was most neglectful of his wife. Miss Boscawen was outspoken on the subject.

"It is the way with all handsome men," she declared. "Nothing would ever induce me to marry a handsome man; such men never love their wives."

"That is a sweeping assertion," laughed Lady Alan, who, secure in the love and devotion of her own husband, could afford to be generous. "I think," she added, "that handsome men are generally kind men, therefore kind to their wives."

"I do not," said Miss Boscawen. "If I had to choose this minute between a plain man and a handsome man, I should take the plain one."

"What do you say, Miss Rooden?" asked Lady Alan.

(To be continued.)

Then when the shame had come to him, the father hung his head. "Why should I bear this burden now?" he sorrowfully said. "And that small voice of conscience answers him both night and day: 'You told him not to bother you. You ordered him away.'"

So when he comes by night or day I drop what I'm at and to settle this or that. For I'm afraid the day might dawn, it I should lock my door. And tell him not to bother me, he'd come to me no more.

Now little boys are quick to learn, and as the weeks went by, to gain his father's confidence this youngster ceased to try. He'd learned he was a busy man and never sought his door. And till the day it was too late he bothered him no more.

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DOCTORS WANTED TO OPERATE

Mr. Quillon Tells How Lydia E. Pinkham's Vegetable Compound Saved Her from an Operation

Monkton, Michigan.—"After doctoring for eight or nine years with different physicians, without any relief at all, they advised me to have an operation. I was very nervous and did not want to have one. I had heard of Lydia E. Pinkham's Vegetable Compound and I decided to try it. I had finished the fourth bottle I was much better, the weakness stopped and the severe pain in my sides left me. I am now young and strong and do my own work and work in the factory besides. I am still taking the Vegetable Compound and give it all the praise."—Mrs. M. L. QUILLON, 17 Morris St., Monkton, Mich.

Women should heed such warning symptoms as bearing-down pains and weakness, for they indicate some female trouble, and a persistent and faithful use of Lydia E. Pinkham's Vegetable Compound will seldom fail to help.

Just Folks.

By EDGAR A. QUEST.

THE TOO BUSY FATHER.

I'd be afraid to say to him: "Run off, I haven't time to hear you now. I'm busy as can be."

I'd be afraid to lock him out and send him from my door. I'd be afraid that when he needed me he'd come to me no more.

I knew a father once who sent his little boy away. Who had not time to spare for him and what he had to say. He scolded to see his eager face and ordered him to go. And what was in that little mind he didn't care to know.

The little chap was 12 years old and when his trials came. He'd seek his father's counsel, but the answer was the same: "Run off and settle it yourself," he'd hear his father say. "Don't bother me with such affairs; I haven't time to-day."

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Toronto and Women Voters.

CANADIAN LEAGUE FORMED.

TORONTO. (Can. Press.)—Spurred on by a visit from Miss Katherine Ludington, National Treasurer of the League of Women Voters of the United States, Toronto women organized the nucleus of a Canadian League of Women Voters, several hundred enrolling after hearing the address on "Recruiting for Citizenship" given by the charming representative from across the line. Miss Ludington reviewed the progress of the league in the United States since its inauguration four years ago, stating its main object to be "turning out a better brand of citizen and making women a useful element in the electorate." It was not enough for women to have pious aspirations, she declared, but an actual machinery must be developed to make those ideals effective. Women were coming into the political world with a fresh viewpoint, and one old politician had described them as a clean, fresh stream of water coming into a muddy river—a reputation which the league hoped to enable women to retain. To make each woman a more ardent and effective member of her own political party through training her to think and function intelligently is the objective of the league, which aims to exert educational research and advisory duties only.

NEW RECORD IN HISTORY.

Referring to the common standard possessed by the Anglo-Saxon women, Miss Ludington stressed the value of co-operation in promoting welfare measures. The National League of Women Voters was a young organization and marked a new period in American history. Democracy was under fire from the extreme reactionaries, from the revolutionaries, and from the student bodies, yet democracy was needed, not absolutism nor social revolution. Democracy must be made to work.

In the United States 27,000,000 new voters had entered the political arena, with enormous potentialities, and the league came into being to train these women to exercise their franchise intelligently. In conclusion, Miss Ludington expressed the hope that the women of Canada, the United States and Great Britain would have a frequent interchange of ideas and promote a solidarity of the women's point of view on a few of the fundamental problems now facing the world.

Aberdeen Trawlers' Protest.

The scarcity of fish and the arrival last week of other three German trawlers, having been at sea, knew nothing of Aberdeen fish salmen's recent decision about landing of North Sea fish at Aberdeen by German vessels, has brought about another crisis in the dispute. On the arrival of the new-comers buyers held an informal meeting on the quay, and decided to take steps to unload the catch. Approaches were made to various salesmen, who firmly refused, however, to break the pledge they previously gave to Aberdeen fishermen and trawlers.

Market porters also refused to handle German fish. The three German skippers held a consultation, and decided to stay on at port in the hope of buyers proving powerful enough to provide means for landing their catches.

Centenarian Salesman Wanted.

Buyers then held another meeting, and by 58 votes to 5 it was decided to express sympathy with landing of German-caught fish until home-caught supplies are equal to the demand. In the afternoon it was rumoured that they were doing their utmost to secure the services of a salesman courageous enough to auction German fish, but so far salesmen have stuck together. At 7.30 in the evening a mass meeting of charge hands, fishermen, and fish market porters was held in St. Andrew's Hall with the object of making arrangements to prevent Germans landing catches.

A resolution was carried, amid prolonged cheering, binding skippers and mates "to take most drastic action in power even to the extent of laying up their vessels as protest against German North Sea landings at Aberdeen." At midnight pickets were elected to prevent German fish being brought ashore.

When putting cooked currants in cookies, add them to the butter, sugar and egg mixture before the flour is added.

A PENNY SAVED IS A PENNY EARNED. Money Savers.

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| Colgate's Tooth Paste, large size | 30c. |
| Colgate's Tooth Paste, medium size | 15c. |
| Colgate's Face Powders, flesh & white | 15c. |
| Colgate's Compact Powder, flesh & white (new style package) | 60c. |
| Colgate's Soaps, all odours (box of 3 cakes) per box | 35c. |
| Woodbury's Face Powder | 40c. |
| Swansdown Face Powder, flesh & white | 35c. |
| Rouge, dark & medium | 20c. |
| Peroxide Cream | 30c. |
| Vanishing Cream | 25c. |
| Cold Cream | 20c. |
| Kolynos Tooth Paste | 40c. |
| Peroxide, 4-oz. | 18c. |
| Vaseline, in tins | 4c. |
| Soaps, assorted; per cake | 5c., 10c. 15c. |
| Evans Throat Pastilles | per box 27c. |
| Formolid Throat Ease | per box 10c. |
| Syrup of Tar & Cod Oil | per bot. 25c. |
| Emulsion of Cod Oil | per bot. 45c. |
| Johnson's Talcum | per tin 25c. |
| Colgate's Talcum | per tin 27c. |
| Ferrozone | per box 35c. |
| Catarrhazone | per pkg. 20c. |
| Menthol Plasters | per tin 25c. |
| Nursing Bottle Fittings, each | 10c. |
| Tinct of Iodine (two sizes) per bottle | 10 & 20c. |
| Hair Dye | per bot. 40c. |
| Hair Restorer | per bot. 50c. |
| Styptic Pencils, each | 10c. |
| Corn Cure | per bot. 15c. |
| Adhesive Plaster 1 in. 1 yd. | per tin 10c. |
| Adhesive Plaster 1/2 in. 1 yd. | per tin 5c. |

THIS LIST OF MONEY SAVERS AND MANY OTHERS AT

STAFFORD'S
Duckworth Street and Theatre Hill

ACID STOMACH!! MEALS SOUR OR FORM GAS, GAS

Chew a Few Pleasant Tablets Indigestion Gone!



Instant stomach relief! Hairless! The moment "Pape's Dipspsin" reaches the stomach all distress from acid stomach or indigestion ends. Immediate relief from flatulence, gases, heartburn, palpitation, fullness or stomach pressure.

Correct your digestion for a few cents. Millions keep it handy. Druggists recommend it.

Mr. Nickle, M.P.

TAKES WOMEN TO TASK.

TORONTO.—Women electors are not evincing sufficient appreciation of their new responsibilities and opportunities, said W. P. Nickle, ex-M.P., and present member for Kingston in the provincial house. Mr. Nickle spoke under the auspices of Ward Three Women's Conservative Association, concluding his remarks by criticizing the Drur administration, and prophesying a Conservative victory in the coming provincial campaign. With regard to the argument that women are unable to understand political questions, he had only to say that judging by the way in which they improve every other situation, it was incredible to believe that they could not appreciate the significance of the problems confronting the legislative bodies. A true conception of the responsibility of citizenship could only be gained through understanding the fundamentals of representative government. Mr. Nickle's speech included a review of the history of Ontario from 1840; an explanation of the constitution of the Federal and Provincial governments; national development and centralization; the social legislation which had been put into effect especially regarding women and children; the need for upholding the principles of democracy; the status of the electors and the duties of the representatives of Parliament.

MURPHY'S GOOD THINGS!

We put this advertisement in the paper so you would see it. We have our fine stock in our store so you can see it, we will be pleased to show you. We have confidence in our goods and we know we have the prices right. If you see this ad. and see our goods you will see we have told the truth.



Spring Hats, sure to be received with interest, are these new Hats, one may choose any desired shade or shape.

Each \$2.98

Babies' White Wool Mitts. Grey Yarn. Each \$2.98

Children's Black and Tan Hose. All sizes. Per Pair 15c.

Melton Cloth. 48 inches wide, in colors of Fawn, Heather, Blue and Grey. Per Pair 19c.

English Long Cloth. 48 inches wide, extra fine weave. Per Yard 90c.

Babies' Winter Bonnets. Of velvet and other materials, silk and ribbon trimmed. Each 49c.

Blue Serge. 48 inches wide, will make up nicely in children's school dresses. Per Yard 69c.

Ladies' Sweaters. A limited amount to clear, this lot includes coats and pullovers. Each \$2.98

Regent Wool. A new shipment just in, all shades in this lot. Per Ball 19c.

Corticelli Wool. Per Ball 25c.

Men's Wool Tweed Work Pants. Strongly made throughout. Per Pair \$2.98

Boys' Braces. Per Pair 25c.

Suit Cases. Strong lock and grip, some with straps. Each \$2.49 to \$3.98

Auto Stop Safety Razors. Nickel plated, self-sharpening razor, 2 safety blades, 1 horseshoe strop, black finish metal case, velvet lined. Each \$2.98

Men's Wool Underwear. Heavy weight, all sizes. Per Garment \$1.49

Mackintoshes. Coats which will afford the best of weather protection. Each \$4.98

Men's Light Weight Caps. We have a good line of these. Each 98c.

Fashionable New Corsets. Well fitting, in White and Pink. Per Pair \$1.49

Quilt Cotton. Floral designs. Per Pound 49c.

Damaged Cotton. In light and dark shades. Per Pound 57c.

Fleece Calico. 36 inches wide, fine fleece facing with heavy twill back. Per Yard 29c.

Ladies' Ribbed Hose. All wool, in Mole and Putty. Per Pair \$1.49

Ladies' Black Moire Underskirts. These are a serviceable quality and are tucked and flounced. Each \$2.49

Men's Hip Rubbers. Per Pair \$5.75

Ladies' Rubber. Per Pair 49c.

Boys' All Wool Tweed Pants. Straight knee, to fit up to 15 years. Per pair \$1.98 to \$2.25

Pipes. Italian brier, popular bull-dog styles, straight or curved stem. Each 25c. to 98c.

White Granite Cup and Saucers. 19c.

White and Gold Cups and Saucers. 19c. to 25c.

Tea Pots. 39c. to 69c.

Milk Jugs. 29c. to 49c.

Rose Talcum Powder. Per Tin 10c.

Men's Boots. In Black and Tan, leather insole, Russian leather outsole. Per Pair \$5.98

Ladies' Spats. In Button, in colors of Fawn, Heather and Black, sizes 3, 4, 5, 7. Per Pair 98c.

Phil. Murphy

317 Water Street

Store Open Every Night and Holidays

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