

"How Delicious" Is the opinion of all who have once tried... SALADA TEA

If YOU have not tried it, send us a post card for a free sample, stating the price you now pay and if you use Black, Green or Mixed Tea. Address Salada, Toronto

A JEWEL IN THE ROUGH

She came along humming behind her closed lips, and then suddenly turning a corner, stopped dead with a horrified stare in her eyes.

SHILOH 30 DROPS COUGHS

ture's waist, and supported her frail, tottering steps over the slippery, uneven ground. For an instant the man stood abashed and ashamed; then when the spell of those great fearless, scornful eyes was removed, their nature reassured themselves, and a general laugh went round.

CHILDLESS WOMEN

Please Read This Letter And See What Normal Health Will Do For You.

Berwick, Ont.—"I had organic trouble, and after taking Lydia E. Pinkham's Vegetable Compound and Blood Medicine all my troubles passed away. I was made strong and well and have been ever since."

quickly. "Take me away from here, she said abruptly and suddenly. She had been thinking all evening how she should approach the subject with him, and that at last his leaving had started away all her cautious phrases and left her only the crudest words at her command to express her meaning."

perhaps to sacrifice, the million dollars that he felt in a month or two he could take out of his claim; and to stay meant to stay in the city, to sacrifice, a human soul for a million dollars, a human soul!

Cook's Cotton Root Compound

He watched the orange light from the flames play over the oval face and throw up its regular lines. She was sitting sideways to him, gazing absently into the heart of the glowing coals, and her shadow, formed by the lamp between her and Stephen, fell strongly and clearly outlined upon the opposite wall.

He felt a strange, pathetic note in it. It ceased, and then there was silence. Stephen felt as if a hand were laid on his head and crushed down the voice that kept struggling from his heart. A second more, and then the girl laughed suddenly.

DR. MARTEL'S PILLS FOR WOMENS AILMENTS

stick to your calm and the idea you started with and so on. You will make a great success if you do, and that is all you want!" Her tone was jesting and cynical as ever now—the usual hardness had come back to her face. The moment of submission, of confidence, of repentance, had passed—a moment when she could have been moved, and won to love, and life he wished, and he had lost it. He felt it. Yet how could he have done otherwise?

If Your Food Ferments or Disagrees Just Read This!

"Thousands of broken-down despondent dyspeptics have recently been given back their health. These happy people do not proclaim it was a miracle that endowed them with a new lease of life—it was simply their common sense in selecting a tried and proven medicine, one specially adapted to their particular ailment."

ROYAL YEAST CAKES

are now packed in square packages. Each package contains five cakes, which are equal in quantity to six round cakes. All dealers are authorized to guarantee that the quality of the round and square cakes are identical in every respect.

JOY IN SORROW. The joy of Christ was not a thing apart from the rest of His experience; that is harsh and painful, but the joy of self-determination with humanity and the bearing of all its pains and sorrows. "He took not upon Him the nature of angels," remote from actual experience of life's reality. Still less did He take upon Himself the separateness of self-absorption.

THE RAINBOW. (Layman, in Sheffield, Eng., Independent.) The little church was slowly emptying after Evensong. Through the open doors came the soothing harmony of the voluntary as the organist followed the benediction "Amen" with soft strains that fell on the ear like a veritable "Nug Dimittis," finding their way almost unconsciously into the very hearts of the departing congregation, and adding to the sense of spiritual peace already induced by the service.

St. Isidore, P. Q., Aug. 12, 1894. Minard's Liniment Co., Limited. Gentlemen,—I have frequently used MINARD'S LINIMENT and also describe it for my patients always with the most gratifying results, and I consider it the best all-round Liniment extant.

A Deadly Indian Weed That is Cheap and Can Easily be Smuggled. (From the Hong Kong Telegraph.) The Indian weed is being largely imported into Inso-China at the present moment, says our informant, who holds a high position in the military world. He has given us a series of two or three paragraphs, which obviously lends itself to the work of smugglers. With first hand knowledge of his subject, he declares that the weed, more pernicious than opium or alcohol, will in the near future take the place of opium in the far East.

DR. JOES AUG. SIROIS. The French authorities in Indo-China absolutely prohibit the hemp plant, but in country in ever-increasing quantities. It can be used as a narcotic, and if smoked or chewed; the physical and mental effects are deadly.

Substitute for Opium. The noxious weed is smoked much by the lower class of natives in South Africa, where it is known under the name of dahga and causes many crimes, the women and Hottentots running amuck when saturated with the hellish effects.

PLENTY OF ROOM. Boy—"Was the car very crowded when you came to-day, uncle?" Uncle—"No; I had a strap to myself."

HE KNOWS. "You women bear pain more heroically than men." "I suppose a doctor told you that?" "No, a shoemaker."

Killed By Blood Poisoning. Used an old razor for paring his corns. Foolish, because a 25c bottle of Putnam's Corn Extractor will cure all the corns in a family for a year. Safe, because purely vegetable. Use only Putnam's Extractor, 25c, at all dealers.

WOULD GO LIKE THE REST. (Boston Transcript.) Wife—Oh, John, our cook has become engaged to the milkman. Hub—Don't worry, my dear. Engagements are breakable and you know Bridget.

THOSE WAGE. (Boston Transcript.) Big—That's the fourth umbrella I've lost this year. Dix—Your overpaid expense must be considerable.

SUNDAY AT HOME

IT MIGHT BE WORSE. If everybody's misery was written in his face, There'd be but little pleasure here among the human race, The glow of cheerful happiness would fade away and die, And all the springs of joy and mirth would soon be running dry.

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Young Men Use Cuticura To Save Your Hair. Nothing like shampoo with Cuticura Soap and hot water, preceded by touch of Cuticura Ointment to spots of dandruff and itching to keep the scalp and hair healthy. They are ideal for all toilet uses.

THE INJURED FINGER. How to Treat It When No Antiseptics Are To Be Had. Every one knows that disfiguration and sometimes suppurative oftentimes follow the bruising of the fingers. Worse still, at times the injury results in an unsightly finger nail until the blackening disappears.

Now, the next time you squeeze your fingers in the door or hit them when you aim for the head of a tack seat yourself on a chair in front of a stationary washstand and hold your hand under the cold water faucet in as nearly an upright position as is possible and let the cold water run on the injured members for nearly an hour. If the water gets too cold turn it off or a few minutes, but be sure and keep the hand in the upright position, so that the blood will not run too freely into the bruised portions of the finger and discolor it.

Cold water is nature's own antiseptic. While away camping with a physician and his family where there were many campers in a lovely spot miles away from a drug store the doctor demonstrated the healing virtues of cold water in many ways. One day a member of the camp had the misfortune to get his hand poisoned by having it cut with the fins of a certain fish. When he came to the doctor for aid his arm was greatly swollen and darkly purple, even above the elbow. The physician washed the wound with small sponges of absorbent cotton saturated with cold spring water, and he also made him keep compresses made of absorbent cotton and cold water over the wound, changing them as soon as they became warm and fresh ones. It was one of the quickest and most satisfactory cures I ever witnessed.

FREQUENT HEADACHES. A Sure Sign That the Blood is Watery and Impure. People with thin blood are much more subject to headaches than full-blooded persons and the form of anemia that afflicts growing girls is almost always accompanied by headaches, together with disturbance of the digestive organs.

Whenever you have constant or recurring headaches and pallor of the face, they show that the blood is thin and your efforts should be directed towards building up your blood. A fair treatment with Dr. Williams' Pink Pills will remove the headache. More disturbances to the health are caused by their blood than most people have any idea of. When your blood is impoverished, the nerves suffer from lack of nourishment, and you may be troubled with insomnia, neuritis, neuralgia or sciatica. Muscles subject to strain are undernourished and you may have muscular rheumatism or lumbago. If your blood is thin and you begin to show symptoms of any of these disorders, try building up the blood with Dr. Williams' Pink Pills, and as the blood is restored to its normal condition every symptom of the trouble will disappear. There are more people who owe their present state of good health to Dr. Williams' Pink Pills than to any other medicine, and most of them do not hesitate to say so. You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.