# NOTES AND COMMENTS.

There is a current notion that to every practised and searching eye the characters of mer are written unmistakably upon their faces. In the May number of Black wood the grounds for this prevalent belie are sifted and rejected. Dr. Louis Robinson, who is known to have been for some time a student of the subject, examines the internal and external conditions which tend to mould facial expression, and arrives at the conclusion that it is extremely difficult, if not impossible, to interpret character aright by the general effect of the countenance.

According to Dr. Robinson, facial expression tells us not so much what a man is a what he tries to be ; and, as he tries to be what he is not, we find him wearing a mask which conceals his shortcomings, though to a keen glance it may reveal his aims. For example, a compressed lip is supposed to indicate strength of will, where as what it really expresses is the habit of struggling against inclinations and temptations. In fact, therefore, it tells rather of weakness than of strength. By way of confirming this paradox, Dr. Robinson points out that the leading members of the medical and legal professions do not display

the facial symbols to anything like the same extent as the rank and file. So, too, the sea captain, whose authority is seldom questioned, exhibits no sign of a constant endeavor to repress mutiny, such as is often visible in the face of a school teacher who cannot control his boys. Then, again, an artist's face grows into the expression of the ideal after which he is always aspiring, not into that which reflects his own predominant qualities. In a word, if we accept this theory, we must hold that our countenances are not telltales, but masks, on which the habitual attitude of our character is mirrored ; but the habitual attitude of a character is an index not of its greatest trength, but sometimes of its greatest weakness.

The effect of external circumstances upon the countenance may be to mislead the observer entirely. Dr. Robinson main. tains, for instance, that the faces of the riveters and boiler smiths in a shipbuilding town, mask completely their true characte by expressing mainly the muscular effort of the brow to keep the eye closed against the fragments of metal which fly about, and partly the slight deafness which gives them the expression of trying to hear what they cannot easily hear by reason of the surrounding din. The horsy look acquired by men who are chiefly engaged in training horses, represents mainly the predominance of the physical effort needed to control the animal, and throws no light on the underlying mental and moral qualities. The true actor's face is pronounced almost necessarily a mask, since it takes on the form of so many different emotions in tarn that they counteract each other and leave a kind of neutral expression. An actor's countenance becomes the playground, so to speak, of so many attitudes of mind that no record of his individual preferences can be engraved on it.

We are inclined to think that Dr. Robinson makes out his case up to a certain point. He undoubtedly shows that in many instances physical and moral causes conspire to prevent the face from betraying the true mind. The fact is nevertheless indisputable. that men whose buisness imposes on them the necessity of an unerring choice of agents, generals naval commanders, politicians, do, in proportion to their professional haracter instantly and correctly on an inspection of the face. Nor will any one deny to the great portrait maker the possession of the penetrating vision which Tennyson has ascribed to him

# A GRATEFUL MOTHER

Relates How Her Daughter's Life Was Saved.

nacmia and General Debility Had Brought Her to the Verge of the Grav<sup>6</sup> — Physicians Held Out No Hope of Be-covery—Dr. Williams' Pink Pills Again Prove a Life Saver. om the Ottawa Free Press.

From the Ottawa Free Press. A personal paragraph in the Free Press to some time ago simply stating that Miss Sophie Belanger, 428 Cooper street, Ottawa, had recovered from a serious illness caused by anzemia and general debility, has ap-parently awakened more than usual interest and pleasure among her relatives and acquaintances. So much so, indeed, that a reporter of the paper found it extremely interesting to visit the family and enjoy a chat with Mrs. Belanger on the recovery of hor daughter after sbehald for two years been considered irrecoverably a viotim of this terribly enervating and dangerous disease. Mrs. Holanger is a very intelligent French-Canadian, wife of Mr. Joseph Belanger, whose wall paper and paint and glass es-tablishment is at 146 Bank street. Miss Sophie Belanger, the whilom invalid, vascillating be ween death and life, is a promising young lady of seventeen years.

SHE LAY ON A COUCH LIKE ONE DYING. She is a student under the nums of St. Jean Baptiste school on Primrose Hill. Over two years ago she fell sick and rapidly wasted away. The nature of her disease appeared to be a profound mystery to the physicians as they were called in one after the other. Despair seized the family as they looked upon the once beautiful, spir-ited girl, laying day in and day out, weeks and months on her couch, simply slowly wanishing and even powerless even to raise a smile to her wan lips. Each suc-ceeding medical man told the parents to prepare for the worst. However, Mrs. Be-langer is not one of those women who give up in despair while there is still hope, as her own words will denote. "It was a terrible time," she said. "We had been told again aad again that nothing She is a student under the nums of St. Jean

"It was a terrible time," she said. "We had been told again aad again that nothing could be done to save Sophie, and had almost been forced by appearances to believe it. I have now to say that but for Dr. Williams' Pink Pills she would have been in her grave instead of attending school every day the liveliest of the lively. It began like this: The poor girl was coming to me three or four times a day exclaiming, 'Oh, ma; I have such a terrible headache. I cannot stand the pain of it.' This went on for a long time, weeks in fact, until we <sup>1</sup> Oh, ma; I have such a terrible headache. I cannot stand the pain of it.<sup>2</sup> This went on for a long time, weeks in fact, until we began to look at it in a very serious light. We had almost every French doctor in the oity called in, but with no result. Sophie got worse and worse. Her face was small and yellow while her hps were as white as your collar. She was listless and apathetic and so weak she could not raise her hand to her head. A leading doctor forced her to take a certain kind of powders, which seemed to be taking the flesh from her bones. Her skin became hot and parched, her eyes sank into her head and she lay on that couch as one dead, taking no interest whatever in things going on around her. Then it was we became confirmed to the popular belief that she was going to die. It was agonizing to look at her, but we became partially resigned to the faste that appeared to be overtaking us. She was watched day and night, but we could detect no change unless for the worse. All hope had gone. I had read of the scription published in the Free Press some-what similar to Sophie's case. Something seemed to urge me to give them a trial, and now I thank God I did. I sent for some and began giving them to her one at a time. Before long we saw an improve-

and now I thank God I did. I sent for some and began giving them to her one at a time. Before long we saw an improve-ment, and gradually increased the dose from one to two and then to three at regular intervals. It was incredible to note the change. Her color came back, a different look in her eyes, her general health and appearance gave us all new interest in her. Before the fourth box was gone Sophie was able to be up and around again, and a further use of them fully restored her health, or rather snatched her from the brink of the grave. To Dr. Williams' Pink Pills is due all the credit for we had stop-ped doctor's medicine, and simply gave her these, following the directions around the box. My daughter's life was saved by Pink Pills and no one knows better than her mother. I wish to tell everyone of the cuare, as it is almost impossible to believe that the poor thing that lay there, and the happy rosy-checked girl who goes regularly to her classes are one and the same person in such a marvellously short space of time, and you may be sure I am advising alling neighbors to use this wonderful medicine." Just as the reporter was leaving Miss Beianger returned from school. She was the picture of grace, health and beeauty, her lithe physique denoting health in every movement, while her face showed the warm, ruddy glow of health. She corroborated all her mother had said be-sides adding some new testimony. Hap-piness now abideth in that home where misery held sway too long, and Mrs. Belanger rests her faith in Dr. Williams' Pink Pills, which will do for other weak and alling girls what they did for her daughter. some and began giving them to her one at time. Before long we saw an improve

come from healthy mothers. And mother will certainly be healthy if they'll take Dr will certainly be healthy if they'll take Dr. Pierce's Favorite Prescription. Nothing can equal it in building up a woman's strength, in regulating and assisting all her natural functions. It lessens the pains and burdens of child-bearing, "supports and strengthens weak, nursing mothers, and promotes an abundant secretion of nourish-ment.

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Precepts are like seeds ; they are little hings which do much good. - Seneca. things

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# Recipe. -- For Making a Delicione Bealth Drink at Small Cost.

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and deficions. The root beer can be obtained in all drag and grocery cores in 10 and 25 cent bottles is make two and five gallons.

Good is positive, All evil is so much death or nonentity.-Emerson.

### Tobacco Stinking Breath

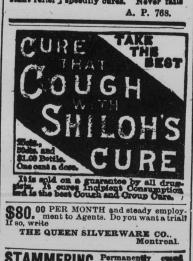
Not pleasant to always carry around but it don's compare with the nerve destroying power that tobacco keeps a work night and day to make you weal and impotent. Dull eyes, loss of interese in sweet words and looks tell the story. Brace up-quit. No-To-Bac is a sure quick cure. Guaranteed by Druggisti everywhere, Book, titled "Don't Tobacoi Spit or Smoke Your Life Away," free. Ad Sterling Remedy Co., 374 St. Paul St. Montreal.

What orators want in depth, they give you in length.-Montesquien.

Death Seemed Preferable to the Agon

izing Pain. Mrs. Roadhouse, of Williscroft P. O., Ont.-writes: "I have used Dr. Agnew's cure for the heart since last fall. having taken in all nine bottles, and I now feel entirely like another woman. I am 54 years old, and have been troubled with heart disease for more than twenty years; sometimes for than five hours at a time suffering such agony that death seemed preferable to the pain. The cold sweat would stand out in great beads upon my face. The Heart Cure gave mo re-lief from almost the first dose and has proved a great blessing. "You are at liberty to publish this letter if a great blessing. "You are at liberty to publish this letter if you think by so doing any good may be ac-complished."

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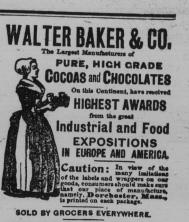
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"As when a painter, poring on a face, Divinely, through all hindrance, finds the man Behind it, and so paints him that the face, The shape and color of a mind and life, Lives for his children, ever at its best And fullest."

# Deliberately Cuts Her Throat.

Cora Blummer is aged 23 and is a schoolteacher at Napoleon, Ohio. Thursday was her last day of school. After the scholars had assembled she asked if any of the boys possessed a large penknife. Several were tendered and she selected a jack knite belonging to Isaac Patterson. She then excluded the entire school on the plea that it was not yet time for school to take up and closed all the windows and doors. The It was not yet time for school to take up and closed all the windows and doors. The scholars after a half hour became suspicious and notified neighboring farmers. The door was burst open and the sight that presented itself caused the hardy farmers to cry out in terror. Miss Blummer was lying on the floor in a pool of blood which flowed from two large gashes in her neck. One was the entire length of her larynx, while the other ran almost from ear to ear. She was conveyed to a neighboring farm house and the doctors have little hops of her recovery. After her school closed she was to have lived with her stepmother whom it is claimed she disliked, and it is thought that this coupled with having lost a valuable gold watch several days ago unbalanced her mind.

Every man is exceptional. - Emerson. Patch grief with proverbs. -Shakespeare. It is easy to see, hard to foresee. - Franklin. He had a face like a benediction. - Cer-

vantes

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