THE QUIET HOUR

THE STORY OF THE CROSS. I .- THE QUESTION.

To those who purpose building a home this summer, the question of the cellar is of the first importto the well-being of all the family. As wholesome dampness at any season of of the year. The land should slope away from the house, preferably to-wards the sun. The north side of a

hill, for example, is not so cheery as a and make to perfection without the aid surrounding it cleaner. Don't stint your outlay on the cellar. Plan for the coming years. If you can afford to build at all, you can afford to spend more on the cellar proportionate ly than on any other part of the house. Indeed, it will prove the highest econmost comfortable and the newest homes. Note any defects. Ask for information and advice from those who have good cellars. I would advise that the cellar be the full size of the house, for many reasons, chiefly because the ventilation is likely to be something in the upper part of the house if the cost seems too great at first.

that are sure to come as the years go on. Take the trouble to inspect the This will require considerable space; so build the full size. You will find plenty of use for all the room there is, later on, if not now. Build substantial stone wall, using good material. Be sure to have the excavation deep enough to get well below the frost-line, the ground to cocure a circulation of air comparatively free from dust and organic particles, which eddy near the ground and of course obtain entrance to houses whose lower floors are nearly level with the ground. A good size for cellar windows is two and paper, while mother quite unconscious a half feet high by two feet wide. One of disappointing me, beamed through a half feet. Have the walls extend not have the chance to teach me. I have taken the liberty of publishing Many people use a boxing of plank inpart of the letter enclosed with "The stead, and do not floor the area at all. Story of the Cross," thinking that it The result is a rank growth of grass and may help others who are from England weeds spring up, which is hard to eradi-Dear "Hope": I am taking the liberty and who miss the holy services they cate, or indeed to keep in bounds at all to pen you a few lines to tell you how interested I am in your page, and in the work you are carrying on through the he did ask me not to publish his letter, these to remain they form a tangle of

INGLE NOOK CHATS

Dear Dame Durden: I am writing to

I have often thought if I had been

My mother is one who can mix, flavor

MOTHER'S RECIPES. HOUSEHOLD SANITATION.

By MARY E. ALLEN DAVIDSON, M. D. let you know that I think the letters in CHAPTER III.—THE CELLAR. the Ingle Nook must be very helpful to

a great number. To the young and inexperienced housekeeper they must tance. Indeed, a good cellar is vital be of special benefit. in every enterprise, the foundation following some of the recipes given in should be your chiefest consideration. your column instead of those given in In selecting the site for your house, some of the cook books I should have think of the cellar, and secure good had better results with my bread and drainage, so that there may be no un- biscuits, and would not have had to make such free use of "my ditch" or which I told you about a year ago.

slope that gives the sun for a constant of a cook book. But alas for her who friend. Another benefit is that rains hopes to copy mother's recipes, for they wash surface refuse down from the do not exist, save in her own brain, and house, and this makes the grounds they could never be transferred to paper A short time before I was married I got paper and pencil, intending to make a cook book out of mother's most valuable rules and recipes. Mother sat down, smoothed her apron folded her plump hands and said she omy to do so, for this is the one part of would be delighted to give me her recipes the house that in future years is most every one. "We will begin with the difficult to remodel, to suit the en-simplest," said I, "apple sauce-Will larged ideas of comfort and convenience is so fond of it. "Well," said mother, "I peel my apples nice and quarter them and put them on the stove with a little water. "How many apples and how much water do you use?" I inquired. That was a poser. Mother looked at me in real distress. "Dear me, Dell," said she, "I can't better from the greater space. Then tell you that to save my life! why, just you must have a furnace. Do without enough you know to do." "Well," said I, trying to approach the subject by a different way, "Sugar How much of that to say, a quart of apple? "Oh, I don't know, I just take the sugar can over to the stove and put on -well, what is required.' I gave up the apple sauce for buns. to prevent heaving and consequent but there also lurked defeat—when it cracking of the walls. Have these high came to currants. "Oh, I don't know enough above the ground level to allow said she slowly, "not many, but enough plenty of space to secure abundant light so there is one here and there. and ventilation for the cellar. This Gingerbread is one of her master also raises your house high enough pieces. Yet how much soda does she out to the sour milk? "Enough to sweeten it and make the cake rise real good. You will know when you try it. I sat with idle pencil and useless

foot of the height may be below the her glasses and discoursed on the east ground level. Build an area of stone- of cooking properly "if one only gave work, brickwork or cement outward one's mind to it." Mother could do it. from each window for about one and but she could not tell how, and she did from one inch or two below the sill to

I am sending a few hints which will
three or four inches above the ground help someone, I hope. Sometimes little level and floor this space with cement, things go wrong with dishes and the or bricks laid side by side. All dust cook is at a loss to account for them. The and other accumulations can be remov- recipe may have been followed carefully ed easily and often. Any rain water and yet the result is anything but that is held can also be removed. This successful. Many mishaps occur from

tends to keep the frame and window a lack of forethought. Do not begin sash dry and close, serves as a pro- to make a dish until you have carefully tection to the glass, and by permitting read over the recipe, collected all the of the early and frequent removal of ingredients and fixed the fire. Do one all material eddying into it renders thing at a time; make haste without such accumulations unlikely to obtain hurrying. Cakes, pastry and such entrance to the cellar or to impair the delicate dishes should be made when usefulness of the windows in providing there is no other cooking going on in abundant light and plenty of pure air. the kitchen. Give them your whole time O dear! I am afraid I may have worn

away my welcome by writing so much' P. S.-If S. F. M. C. of Feb. 27th

issue writes me, I can tell her something

(Your welcome does not show the work you are carrying on through the Farmer's Advocate. I think in these out-of-the-way places and among the young bachelors (like myself) your helpful words must be a great blessing posed to hide the fisht in my waste-specially as, in this place, there is no especially as, in this place, there is no paper basket, in spite of the writer's The rotted and consequent decay to washed through the window into the protect of the writer's these to remain they form a tangle of (Your welcome does not show the grass, weeds, paper, straw, chips and manly. Such strong, earnest Christianity is contactions, so I don't feel distant the window posed to hide the fisht in my waste-specially as, in this place, there is no paper basket, in spite of the writer's The rotted and consequent decay yet had any strain put upon it. Such cooks as your mother are like poets—or washed through the window into the protection of the places of worship the did ask me not to publish his letter. These to remain they form a tangle of (Your welcome does not show the grass, weeds, paper, straw, chips and manly. Such strong, earnest Christian the protection of the window in the places of wear and tear. In fact, in most unsightly and insanitary. Damps are proved to hide the fisht in my wastern the protection of the writer's these to remain they form a tangle of (Your welcome does not show the least sign of wear and tear. In fact, in most unsightly and insanitary. Damps are proved to hide the fisht in my wastern the protection of the writer's these to remain they form a tangle of (Your welcome does not show the least sign of wear and tear. In fact, in most unsightly and insanitary. Damps are proved to hide the fisht in my wastern the protection of the writer's the proved the or washed through the windows into born not made, and unable to trans-

EASTER HYMN.

Christ the Lord is risen to-day, Sons of men and angels say Raise your joys and triumphs high Sing ye heavens; thou, earth, reply.

Vain the stone, the watch, the seal; Christ hath burst the gates of hell. Death in vain forbids His rise; Christ hath opened Paradise.

Love's redeeming work is done; Fought the fight, the victory woll. Lo! our Sun's eclipse is o'er; Lo! He sets in blood no more

Praise we now our risen King; Where, O Death, is now thy sting? Once he died our souls to save-Where's thy victory, boasting Grave?

LIFE AND DEATH.

I thought of death beside the loneiy sea, That went beyond the limit of my sight, Seeming the image of his mastery, The semblance of his huge and gloomy might.

But from beneath the sea went the great earth.

With sober bulk and adamantine hold, The water but a mantle of her girth, That played about her splendor fold on

And life seemed like this dear familiar shore. That stretched from the wet sands' last

wavv crease, Beneath the seas remote and sombre

To inland stillness and the wilds of peace Death seems triumphant only here and

there; Life is the sovereign presence everywhere. -DUNCAN CAMPBELL SCOTT.

AN EASTER MEMORY.

The chime of bells across the waking year Peals out "The White Christ risen from

the dead,' The Gospel that the warming winds

have spread, The mystery the golden-wing makes clear.

The tender sky smiles over it; the air Is kind with love to comfort all the earth. The brown parks have forgotten winter's

Since daffodils and sunlight made them fair. But still the grey church from the crowded street

Allures me with the spell of broken dreams-O heart, my heart, to you and me it seems

That God has left his glory incomplete! Can we not see her, as a year ago, Beyond that sunlight flaked in colored

The up-turned face, the eyes of still desire,

The dusk-gold hair that now the angels know? What means this tender azure sky to

her, With bells that chime against the winds of spring?

Does memory move her when the bluebirds sing.

Or does she feel the old sweet pulses stir? The organ lays its voice across our

What is it that the sobbing notes would For you and me, my heart, another day!

For her—the Resurrection and the Life! -WILLIAM CARMAN ROBERTS.

service in any of the places of worship request. during the winter months.

Women walk sorrowing By His Side.

In His own raiment clad-With His Blood dyed:

Heavy that Cross to Him-Weary the weight-One who will help Him waits At the gate. See! they are travelling On the same road-

Simon is sharing with Him the load. Oh, whither wandering, Bear they that Tree? He who first carries it—

Who is He? II. THE ANSWER. Follow to Calvary-Tread where He trod-He Who for ever was SON OF GOD.

You who would love Him, stand, Gaze at His Face; Tarry awhile on your Earthly race.

As swift the moments fly Through the blest week, Hear the great Story the Cross will speak. Is there no beauty to

You who pass by In that lone Figure which Marks the sky III. THE STORY OF THE CROSS.

On the Cross lifted up Thy Face I scan-Bearing that Cross for me, Son of Man.

Thorns form Thy diadem, Rough wood Thy Throne-For us Thy Blood is shed-Us alone.

No pillow under Thee To rest Thy Head-Only a splintered Cross Is Thy bed.

-THE APPEAL FROM THE CROSS. Child of My Grief and Pain-Watched by My Love-I came to call thee to

Realms above. I saw thee wandering Far off from Me: In Love I seek for thee-Do not flee.

For thee My Blood I shed-For thee alone: I came to purchase thee-For Mine Own. Weep not for My Grief, Child of My Love-

Strive to be with Me in Heaven above. V .-- OUR CRY TO JESUS. Oh, I will follow Thee,

Star of my soul, Thro' the deep shades of life To the goal. Yes, let Thy Cross be borne Each day by me-

Though it press heavily, If with Thee. LORD, if Thou only wilt Make me Thine own, Fix my heart's longing on

Thee alone. Grant me each day of life To stand by Thee: With Thee, when morning breaks, Ever to be. Amen.

-Rev. E. Monro.