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Let Me Tell You How to Regain All Your Old Vim,
Vigor and Manly Strength. Be a "Health
Belt Man"; Feel Young for Balance of
Your Life. Age Doesn't Count
if You Have the Vitality.



"I could shout for joy.
After years of suffering
and Debility Your Won-
derful Health Belt Cured
Me. I am a Man Again.
Use My Name as You See
Fit."

C. Simpson,
Pilot Mound, Man.

Perpetual youth. That is precisely what I mean. I say as "man to man, give my Health Belt a reasonable chance and it will carry you through any business, mental or physical strain you may be under. It doesn't stimulate; it simply adds the electro-ionic element to your bone, nerves, tissue and blood; all the force and strength which has been drained from your system by some earlier indiscretion. My Health Belt is essentially a strength giver. It overcomes the private symptoms of weakness in men, which sap the vitality. If you are nervous and lack manly vigor you are passing away thousands of brain cells every day. Ask your physician if this is not true. I stop this awful weakening process. You wear my Health Belt nights; while sleeping a great stream of soft electricity passes into your body at the small of the back; it cures backache in one application; you feel better immediately; inside of an hour; two months will make a new man of you. No drugs; no privations; no restrictions except that you must give up all dissipation. Let me restore your vitality and you will be able to face the world with new ambitions. The Health Belt cures other ailments, too. A positive remedy for rheumatism in any part of the body, sciatica, lumbago, kidney, liver, stomach disorders.

Special attachments furnished, and worn by women as well as men.



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These Two Books
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They fully describe my Health Belt, and contain much valuable information. One is called "Health in Nature," and deals with various ailments common to both men and women, such as rheumatism, kidney, liver, stomach, bladder disorders, etc. The other, "Strength," is a private treatise for men only. Both sent upon application, free sealed, by mail.

If in or near this city, take the time to drop in at my office that you may see, examine and try the Belt. If you cannot call, fill in the coupon and get the free booklets by return mail. It is better than a fortune for anyone needing new vigor.

DR. C. F. SANDEN, 140 Yonge St., Toronto, Ont.

Dear Sir,—Please forward me your books, as advertised, free.

NAME
ADDRESS

FEEDING FOWLS FOR TABLE

EDITOR FARMER'S ADVOCATE:

The average farmer or poultry raiser does not specially feed his fowls for market. On the whole this is a pity, for if he did, he would get heavier birds and consequently more money for them. He generally prefers to let them run until big enough to kill. But the results are frequently disappointing, lean, gawky chickens with prominent breast-bones and poor prices.

In the first place the quality of the chickens has to be considered. There are breeds which are naturally plump, and others naturally lean. If breeding for table keep only those breeds which produce hardy, quick-growing chickens that will fatten naturally.

The less grain given chickens intended for the table the better, fed chiefly on soft food—that is, ground meal. This kind of feeding enlarges the crop and increases the capacity of the chickens for putting away food. There is nothing to equal ground oats, though a little barley meal added will do no harm. On a plentiful supply of this kind of food chickens will thrive and grow faster than on any other. Let the chickens have what milk is possible. Sour milk does them no harm. Then as the time comes when the chickens are large enough to kill, confine them in a smaller space, and be careful not to surfeit them. Never leave food lying before them. Allow them to get hungry between meals. A better plan is to confine them in fattening coops for the last fortnight.

The meal given the fattening fowls should be mixed to the consistency of porridge, and a little rough fat boiled down and added. Feed three times a day, exercising utmost regularity in the hours of feeding. For about ten days or a fortnight the birds will eat well, then, the confinement telling on them, their appetites will slacken, and they should be fasted twenty-four hours and killed, otherwise they will go back in weight and condition.

This shutting up and feeding will have a wonderful effect on the birds' weight when killed and the treatment is very little trouble. Clean picking and careful packing adds to the value of the birds. Old fowls do not as a rule require any special feeding. Fasting for twenty-four hours before being killed is all that is necessary.

There are firms in various parts of the country that make a special business of poultry fattening, and buy farmers' chickens as soon as they are ready. This is a decided advantage to the raiser, who is able to sell alive at regular periods the largest chickens, and by so thinning out gives the smaller ones a much better chance of growing and securing a share of the food. Also by this means a larger number might be raised than there would have otherwise been convenience for. C. F. Cook.

KILLING AND CLEANING

EDITOR FARMER'S ADVOCATE:

There are many ways of preparing fowl for market and different markets call for different methods of dressing, so I will just describe the way I dress mine. Taking it for granted that fowl have been well-fed and in good, healthy condition I starve them for twenty-four hours before killing, and if intended to be killed in the morning I go in quietly at night when they are sleeping and spot my birds. I try to have a large packing case handy and put them into it one by one till I have my number ready for morning, or put in two or three extra ones, so if any gain their freedom I still have my number. In the morning I catch my birds and cut the windpipe and neck bone. I use a sharp axe and take care that I do not sever the head from the body. I like to clean the head and leave it on because the buyer can tell by looking at it if the bird was healthy. I then dry-pick it till not a feather remains. I have a pan of hot water ready and plunge the feet into it for a minute till the skin will peel off clean. By cutting a small opening the inside of the bird might be taken out all except the liver and heart, which can be left attached. If bird is starved crop and all comes out readily. Then the fowl is ready for washing. Hang up by the head until all water drains out, when it will be ready for shaping for market. I shape by bending the legs close to the body just the way they are

OF DOUBLE INTEREST IS THIS LETTER

It Reports a Remarkable Cure of
Kidneys and Bladder Disease
From Belleville, Ont.

Also Recalls Mr. D. M. Waters' First Purchase of Dr. A. W. Chase's Kidney and Liver Pills and Ointment a Quarter of a Century Ago.

When you read this letter you will readily understand why it is of special interest to us, for the druggist who sold the pills in this case gave his first order in 1881.

For twenty-five years Mr. Waters has watched the growth in popularity of Dr. Chase's Kidney-Liver Pills and other medicines and can now point to hundreds of cures in Belleville and vicinity of these well-known medicines.

If you are tired of experimenting why not use a medicine which has proven its undoubted control over diseases of the kidneys and liver? Let this letter convince you, or send to us for records of hundreds of other cases.

Mr. Mark Ottrey, Bay Side, Ont., writes: "I purchased two boxes of Dr. Chase's Kidney and Liver Pills from my druggist, D. M. Waters, Belleville, Ont., and the amount of satisfaction my wife obtained from their use has led me to ask my druggist to send you this letter."

"Mrs. Ottrey suffered considerably with kidney and bladder troubles, causing great pain at times. The urine was very heavy and of a bad color. After taking a few doses of these pills she felt better and when she had used the two boxes she was entirely well."

The definite, direct and specific action of Dr. Chase's Kidney and Liver Pills on the liver, kidneys and bowels enables them to bring about a cure in the most complicated cases. One pill a dose, 25 cents a box, at all dealers, or Edmanson, Bates & Co., Toronto.

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when roosting. I then take a skiver, or a wooden pin about four or five inches long, slip it through their claws and right through the breast bone and through the gizzard, which has been opened and cleaned. The gizzard will cover the opening which was made. Put their heads back under the wing and tie all in position till cold. You have then a plump little or big fellow ready for the pan of the buyer, and they pack so much better for shipping than if their limbs were left spread.

Sask.

J. W. McN.

